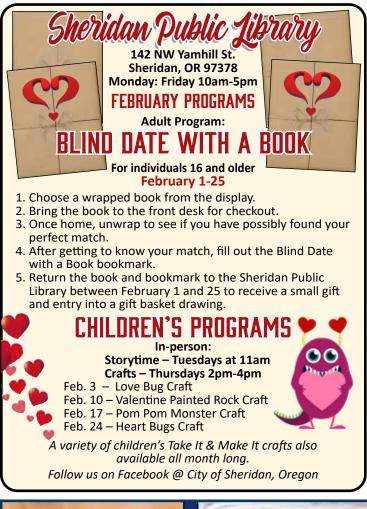




# Willamina Fourth of July Committee Seeking Donations for Annual Fireworks

Willamina's Fourth of July Committee raises money every year to pay for the spectacular fireworks displays that have lit up the Willamina skies every Fourth of July for the past 70 years. The fireworks generally cost



between \$10,000 and \$13,000. The Willamina Mud Drags are the major contributor, often giving \$3,000 per year. In addition, the Willamina Chamber and Willamina's Economic Improvement District each donate \$1,000.

First Federal has also pledged a generous donation but suggests bank patrons consider writing in Willamina's Fourth of July Committee on the bank's 2022 Customer Ballot program that is currently underway for additional funding. The committee will also apply for one of First Federal's community grants. The committee will host a Bingo

fundraiser at 6 p.m. on Saturday, Feb. 12, at the VFW Hall in Willamina. In addition, an Easter bake sale fundraiser is scheduled for Apr. 16 at the Best Stop Market. Funding the balance depends on the generosity of citizens.

The Fourth of July Committee is a 501(3)c organization, meaning those who donate can claim a tax deduction for their contributions, not to mention the satisfaction of these donations benefitting the local community.

Donations may be dropped off at either fundraiser or mailed to the Fourth of July Committee, P.O. Box 95, Willamina, OR 97396.

The Fourth of July Committee meets at 6 p.m. on the third Wednesday of each month in Coyote Joe's meeting room. All who want to be a part of this family-friendly, fun-filled event are welcome to attend.



Happy Groundhogs Day • Wednesday, Feb. 2 • Groundhog Day, Feb. 2, is the day we check with a groundhog to see whether or not we're in for six more weeks of winter. Each year on Groundhog Day, people flock to Gobbler's Knob in Punxsutawney, Pennsylvania, to await the forecast of local rodent celebrity Punxsutawney Phil.

The tradition orginated with German settlers who came to Pennsylvania in the 1700s. Legend has it that if Phil sees his shadow on Feb. 2, the winter chill will continue. Oddly, if the weather is cloudy and he doesn't see his shadow, we can expect warmer temperatures and early spring.





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# BULLETIN BOARD CLASSIFIEDS **Need Extra Cash?**

Your unwanted items may be another person's treasure. The Bulletin Board classified ads cost only 20¢ per word per week. Call 503-687-3000 or email your ad

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I Will Sew for You: sewing, hemming, alterations and more. Call 971-203-3040. (c)

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# **Help Wanted**

Looking for a great local job? Sheridan Building Materials is seeking to hire an individual with strong customer service skills who can lift 50 pounds. The successful applicant must have cashier skills, must be able to count cash, and must be computer literate. Experience driving a forklift or the willingness to learn is expected. Stocking shelves and inventory work will also be part of this position. Interested? Stop by Sheridan Building Materials, 345 S. Bridge Street, to pick up an application.

#### **Free Parakeets**

Free parakeets: 20 parakeets and six cages to give to someone who can take good care of them. Currently in three cages. Call 971-241-4929.

#### Wine Making Equip.

Home wine-making equipment: Fantastic deal on three six gallon carboys, wine bottle corker, and hydrometer. All for \$50. For more information call 907-617-1694.

#### Announcement

West Valley Mercantile will temporarily be closed on Mondays. We are open from 9 a.m.-5:30 p.m. Tuesday through Friday; and 9 a.m.-4 p.m. on Saturdays.



## THE CITY OF SHERIDAN

currently has three vacancies on its Budget Committee, which meets annually in May. You can find an application and get more information on this volunteer position on the City's website or at City Hall.

You would enjoy serving on this committee if you like analyzing your own budget or are interested in helping the City prioritize spending, including tax dollars and water/ sewer revenues.

Terms are three years long. Applications are due by 4 p.m. on Feb. 10, 2022.

For further information contact Yvonne at Sheridan City Hall Email: yhamilton cityofsheridanor.com; Phone: 503-843-2347; or visit Sheridan City Hall 120 SW Mill Street.

#### Services

We make house keys and padlock keys. Limited styles. \$1.99 for regular blanks; \$2.99 for keys with colorful graphics. Sheridan Building Materials, 345 S. Bridge Street in Sheridan.

#### Announcement

Does your business serve the West Valley? Would you like more customers? Consider The Bulletin Board's classified ads. For only 20¢ per word per issue vour ad will be delivered to more than 2,000 West Valley readers every week. Call 503-687-3000, email bulletin@wavecable.com, or stop by 136 E. Main Street in Sheridan.



## YVHC to Celebrate **Oregon's Birthday**

Yamhill Valley Heritage Center will celebrate Oregon's birthday from noon-3 p.m. on Saturday, Feb. 12, at the center.

Special exhibits, "hands-on history" activities at the covered wagon, and spinning will be offered. Music by the Allie Washburn Band is scheduled from 1-3 p.m. All are welcome to visit the 1880's schoolhouse, tour the museum, and watch blacksmiths at work.

Admission is free, but donations are gladly accepted. The event will be hosted by the Yamhill County Historical Society, at 11275 SW Durham Lane, Mc-Minnville.

For more information call 503-472-2842. Regular museum hours are 10 a.m.-4 p.m. Fridays and Saturdays.





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**GET INVOLVED WITH** WEST VALLEY COMMUNITY CAMPUS

#### Every Donation Helps

Please make donation checks payable to West Valley Community Campus and mail to:

West Valley Community Campus **PO Box 491** Willamina, OR 97396

#### Volunteer

The West Valley Community Campus relies on the support of volunteers to operate and improve the facilities. Get involved with WVCC and the community by volunteering to help out at WVCC's monthly work day on the third Saturday of every month.

If you can't make it to a Saturday work day but would still like to GET INVOLVED email info@westvalleycommunitycampus.org to sign up.

266 SE Washington Street • Willamina (503) 929-4037 • westvalleycommunitycampus.org

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# A MESSAGE FROM THE WILLAMINA SCHOOL DISTRICT

### **Graduation Rates and More!**

The State of Oregon recently released graduation rates for the 20-21 school year. We are proud to announce that our 20-21 four-year cohort graduation rate was 84.21%, slightly higher than the 82.79% state average. Also noteworthy, our graduation rate for American Indian (AI) students was 85.7% (state average for AI is 69.85%). While we still have much room for improvement, this is a true milestone of the efforts of our staff, K-12, over the past five years!

In the spring of 2017, when this same report came out, Willamina School District had a 64.1% graduation rate (54.5% for our American Indian students), only 54.5% of our freshmen were on track to graduate, and only 74% of our primary students attended regularly. All of these statistics correlate positively with graduating on time for students.

In the Fall of 2017 the district created a school improvement team, and partnered with The Oregon Department of Education to pilot a new improvement process. This included a deep dive into our data, many staff interviews and surveys, and monthly meetings guided by an improvement coach. Our focus was to improve academic outcomes for all students, improve attendance, and ensure all students had the opportunities to make their goals a reality. While this is pretty standard for school improvement goals, the work was not. The team met monthly to create adult action plans to ensure that these goals became reality!

**Improved academic outcomes** require two essential components...teachers armed with adequate resources to do their job and explicit professional learning to do it well. We purchased a new curriculum, invested heavily in staff training, and identified evidence-based instructional practices that would be used with fidelity.

**Improving attendance** is more than just calling families and inquiring about why their student is not at school This was about shifting the culture of our school, creating the space where students want to be. We adopted the RULER social & emotional learning curriculum, which centers on regulating emotions and building positive relationships. We also hired additional staff to support students who are experiencing trauma. A trauma-informed approach has improved how we respond to negative behaviors and provides support for both students and staff.

**Ensuring equitable opportunity** required us to look at our big gaps! In an effort to improve success in high school, we created a high school success team. The focus is individualized for each student to make sure they have a successful 9th grade year, passing six credits by the end of freshman year is essential for a successful high school experience.

**Fast forward**. Our rates began to improve. In 17-18 we had 83% regular attenders K-3, 79% of freshmen were on track to graduate and 69% graduated on time. In 18-19 attendance was at 87%, freshmen on-track were 83%, and graduation saw a huge increase to 83% (with 82% of our American Indian students graduating on time). In 19-20 Covid hit us and the state only reported on graduation. Willamina posted a 84% graduation rate. With the return to a more normal school schedule we are excited to return to our improvement work, our lofty goals will not elude us!

With great Bulldog pride, Carrie Zimbrick, Superintendent

Willamina Elementary School 503.876.2374 Willamina Middle/High School 503.876.2545 School District Office 503.876.1500

# **Rep. Gomberg Reports: Red Cross Declares National Blood Shortage**

#### Rep. David Gomberg

Largely as a result of the ongoing pandemic, we're now facing a national blood crisis.

According to the American Red Cross, this is the worst blood shortage in over a decade, posing a concerning risk to patient care. Blood product distributions are outpacing donations. Red Cross supplies about 40% of the nation's blood. At times, as much as one-quarter of hospital blood needs are not being met. Why is this happening?

•Since the pandemic began, we have seen about a 10% decline in the number of people giving blood.

•At schools and colleges, we've seen a 62% drop in blood drives. •The pandemic also caused ongoing blood drive cancellations and staffing limitations.

•The current surge in COVID-19 cases may compound an already dire situation.

What this means is that hospitals are forced to delay elective or non-critical surgery and doctors must decide who gets help and who waits.

You can be part of the solution. The best way to find out when and where blood drives are scheduled is to go to **www.redcrossblood.org** and search by zip code. Then sign up for an appointment. Appointments minimize wait times and help organizers with scheduling.

As an example, I entered a Newport zip code and found 12 sites with times available between now and July. My own appointment is in Lincoln City next week. Also, please understand that some immediate drives may already have a full schedule. We'll still need blood 2, 3, or even 4 weeks from now just as importantly as we'll need blood tomorrow. So scheduling a donation in a few weeks is just as necessary as right now.

#### The following results are from www.redcrossblood.org

Friday, February 25, 2022 Building I 9615 Grand Ronde Road Grand Ronde 10 a.m.-3 p.m.

Monday, March 7, 2022 Willamina Middle School 1100 Oaken Hills Dr Willamina, OR 97396 9 a.m.-2 p.m.

**Tuesday, March 22, 2022** Willamina VFW 4211 771 East Main Street Willamina, OR 97396 12:30 p.m.-5:30 p.m.

Wednesday, May 11, 2022 Sheridan High School 433 South Bridge Sheridan, OR 97378 9 a.m.-2 p.m.

# Check DMV Online Before Going to Office In Case of Unplanned Winter Closure

If you need a DMV service, even if you already set an appointment, be sure to check online before you go. This is especially important this winter when DMV offices may need to close without notice due to weather or staffing – or both.

"Weather and staffing challenges cause occasional office closures every winter," DMV Administrator Amy Joyce said. "This winter DMV is experiencing the same kind of staff shortages and hiring challenges that other retail and service industries are seeing."

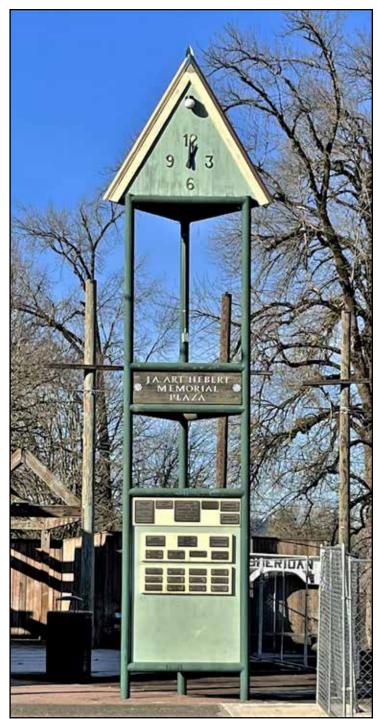
The current surge in COVID-19 infections also might further limit access to DMV offices. Masks continue to be required inside DMV offices and during drive tests.

"If we need to limit the number of people in the lobby, close an office or reduce business hours in your area, we'll update that office's page at OregonDMV. com," Joyce said. "We do our best to contact customers who have an appointment, so check your email."

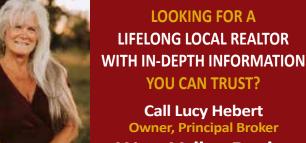
You might be able to get the DMV service you need online at DMV2U.Oregon.gov and save yourself a trip. Or make an appointment at DMV2U if you need to visit in person – such as adding the Real ID option to your driver license.

"DMV has nearly caught up with the backlog from the restrictions in place since early 2020 for COVID safety," Joyce said. "We stopped requiring appointments last spring. And we have largely caught up through overtime work, temporary staff, and by putting over 20 new services online at DMV2U."

There is a technical name for the fear of long words. It's called "hippopotomonstrosesquippedaliophobia."



Stuck Electric employees Cannon Clemmer and Fisher Stuck took a look at Sheridan's clock in the Hebert Plaza last Friday. They checked connections and looked to see what needs to be done in order to make the clock operational again. This town attribute has not kept time for the past several years.



West Valley Realty

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# SHERIDAN CHAMBER OF COMMERCE

invites Chamber members & potential Chamber members to join us for a free

# CONTINENTAL BREAKFAST

8 a.m. Friday February 11 at the Monroe Event Center





Join business owners, managers, and caring citizens who will come together in an effort to strengthen our business community by building relationships and working together.

Bring your business card to drop in the box for a chance to win fun prizes!

Don't miss this opportunity to have fun with others who would like to help Sheridan's business community grow and succeed.

> Machine Inside

Store

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Hours: Sat 7am-10pm; Sun 7am-9pm; Mon-Thur 6am-9pm; Fri 6am-10pm





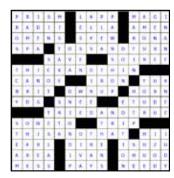
#### Can You Find Corky Hidden Inside The Bulletin Board?



Corky is hiding somewhere inside every edition of The Bulletin Board. Challenge your friends to see who can find him first.

# Thank You, Phil Lybarger

The Bulletin Board thanks Phil Lybarger for his great idea to used the crossword puzzle solution words for the word search list of search words.





Crossword puzzle have you stumped?

You might find just the word you need to finish up the crossword puzzle in the list of words below.

А	М	Е	S	S	L	К	Х	J	Ι	Н	Ν	Y	S	U	I	0	J	Е	0
D	Е	W	Ν	R	Ι	G	А	Е	R	А	D	А	Н	А	Т	0	Ν	Т	J
В	V	L	G	L	А	D	S	М	S	S	J	L	V	0	V	S	0	V	А
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AMEN	HORN	OMENS	SOWETO
AREA	IRON	OWNUP	SPA
BRIT	ISUZU	PAYS	SPEW
CANOE	IVAN	PRISM	THICK AND THIN
DIRE	LAPP	RADII	THIS AND THAT
EARL	MAGI	RONA	TOSS AND TURN
ELLA	MESS	SAVE	TRIED AND TRUE
ETUDE	NEEDY	SNEE	TRIP
HIJ	OHGOD	SOIREE	YDS
			YUK

## Obituary

#### Donna Gammon Jan. 12, 1941 – Jan. 23, 2022

Our world sadly lost a beautiful soul on Sunday, Jan. 23, 2022, when Donna Frances Gammon went to be with our Lord Jesus Christ, her parents, and her sister.

Donna was born on Jan. 12, 1941, in Wenatchee, Wash., to Albert and Viola Taylor. She joined a sister, Leila, and brothers Owen and Anthony, who currently reside in Washington.

Donna and her siblings grew up in Loon Lake. Donna cherished life's beautiful offerings, starting with her husband of 58 years. She and Ron met at the Gazette-Times in 1961, a little newspaper in Corvallis.

She was inspired to work for a Bachelor's Degree and teach.

Donna was a wife, friend, aunt, grandma, great-grandma, and the best mother the world has ever known.

A teacher of life, patience, and virtue to all she touched. So many have been influenced by her vision and immense love for all.

She enjoyed teaching, traveling,

Warm JuZie's

Dear Lunch Bunch: We thank you bunches for our lunches! Everything was delicious! Thank you for your special delivery service, too! You guys are great cooks and some of the most thoughtful people we know! -- DM, SC & MT

Sheridan Volunteer Fire Department published a cookbook years ago and I purchased a copy. I wanted to thank Assistant Chief Gary Giddings, who'd been with the department for 30 years, for his absolutely delicious Bean and Bacon Casserole recipe. -- Pat



helping others and was an accomplished artist.

She is survived by her husband, Ronald Gammon, and their children, Ryan, who married Dion, and their sons Reece and Reid; and daughter, Rhonda, who married Andy, and their beautiful daughters, Tina and Megan. She is also survived by her four great-grandchildren, Landon, Henley, Roxanne, and Everix.

Her legacy will live on in the hearts and minds of everyone she interacted with as well as those she reached but never met.

Private family graveside services were held at the Alsea cemetery. To leave condolences, visit www.macyandson.com.

#### **Memorial Service**

#### Frieda Jarvis Dec. 28, 1926-Sept. 24, 2020

A memorial service for Frieda Jarvis (born Dec. 28, 1926; died Sept 24, 2020) will begin at 1 p.m. on Feb. 5, 2022, at Trinity Lutheran Church in Sheridan. Refreshments will be offered in the fellowship hall following the service.



## **Obituaries**

#### Kenneth Albert Eisele

Aug. 19, 1959 - Jan. 22, 2022 Kenneth, Ken, Kenny, Hippie Kenny, Bo -- a man known by many names and for his mischievous grin, passed away in his home surrounded by his wife and daughters after battling cancer since 2018.

Anyone who knew Kenny knows that he was a man of honor, could make a friend anywhere he went, believed in doing things right the first time, lived by the code "work hard, play harder," and had the stories to prove it. Kenny was the sixth of eight children born to Stanley and Shirley Eisele. He grew up playing on the farm with his siblings and cousins next door, building forts, swimming in the river, and eating more berries than they picked. In his younger years, he attended St. Michael's, later graduating from Sheridan High School in 1977.

He met Debra Jones in 1988. They had their first daughter, Alyssa, in 1991 and bought his childhood home the following year. They married in 1994 in Reno, Nev., at a small gathering of their closest friends and family. They had their second daughter, Sabrina, in 1996, making them the fourth generation to live and grow up in the same house.

After nearly 20 years at Sumco, Kenny went into business for himself in 2006, fulfilling his wish to be his own boss. Ken's Re-Use-It and Equipment Services offered excavating and tractor services, home dig outs, foundations, utility line work, and numerous projects for the Willamina School District. He also brought scrap metal home to his 'impile' much to his girls' dismay. He knew a little about a lot, a true Jack of All Trades. But, what he didn't know, he figured out or



created his own solution.

Kenny was a member of the Buell Red Prairie Water District board for many years and continued to provide his expertise and help to the water district with leaks and projects through his business.

He joined the Independence Elks Lodge, earning Elk of the Year for his outstanding involvement in various fundraisers and events. He acted as Santa for their annual Christmas party; he was a pro with his incredible beard and years volunteering for the Girl Scout's Tree of Giving with his daughters volunteering as elves while Deb drove them all around town.

His annual birthday party, the Leo Bash, was the highlight of the summer for his many friends and loved ones. Kenny and his friends spent many weekends creating the perfect camping space 'out back', where everyone could gather to listen to music, sit around a campfire and make lasting memories.

In his honor, there will be a celebration of life in August, details to follow. Until then, as Kenny would often say in a booming voice, "PEEL OUT!"

#### Kenneth A. "Kenny" Larsen Nov. 3, 1955-Jan. 19, 2022

Kenneth A. "Kenny" Larsen, a resident of Grand Ronde, died on Wednesday, Jan. 19, in the Salem Hospital. Kenny was born on Nov. 3, 1955, in McMinnville, the son of Edward and Verna Riggs Larsen.

Kenny graduated from Willamina High School in 1973. He was a three-sport athlete who played basketball, baseball, and football.

Kenny worked at Riverside Lumber after graduating from high school. He later built log homes in the area as well as in Japan and Hawaii. In addition, Kenny was a self-employed contractor specializing in home remodeling.

Kenny and Pamela Estes started dating on Mar. 3, 2007. They later married on Mar. 3, 2010.

Kenny took pride in the fact that he had lived in his house since 1963, almost 59 years. He was proud of his house, its history, and the work they did to restore it. He lived in only one house prior and has always lived in Grand Ronde.

Not many know, but Kenny also has Scottish roots and loved the bagpipes.

Kenny and Pamela enjoyed traveling. They traveled to Europe, Canada, and Mexico. They enjoyed traveling around the U.S. and exploring the national parks with their retro travel trailer. They spent several winters snowbirding in Arizona and the southwest. They also enjoyed visiting Maui.

Kenny enjoyed competing in corn-hole tournaments and playing corn-hole at Fort Hill with friends. He once came in second in the senior division at the state championship tourna-



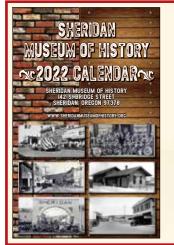
ment. He also was an avid golfer. Kenny loved spending time with family and friends. He was a kind, gentle, but strong man with an amazing sense of humor. Kenny was a member of the Confederated Tribes of Grand Ronde.

He is survived by his wife, Pamela; stepchildren John Sayler, Anne Marie Martin, and Jennifer Ann Smith; 11 grandchildren; sisters Susie Gillam and Carole Larsen; and brother Eddie Larsen Jr.

He was preceded in death by his parents, Edward and Verna Larsen; brother, Michael Larsen; and sister, Jeannie Larsen.

Funeral services will begin at 1 p.m. on Sunday, Feb. 6, in the Grand Ronde Tribal Gym. Interment will be in the Grand Ronde Tribal Cemetery.

Memorial contributions may be made to the Portland Shriner Hospital for Children in care of Dallas Mortuary Tribute Center, who is caring for the family. To leave online condolences or to share a memory with the family, go to www.dallastribute.com



The Sheridan Museum of History's 2022 Calendar of Historic Sheridan Available for purchase: Cost: \$15 each (Museum Member Price: \$12) Available at the museum 10 a.m.-3 p.m. Saturdays 142 S. Bridge Street or The Bulletin Board Noon-6 p.m. Mon.-Fri.

136 E. Main + Sheridan







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# Decaffeinated Coffee Contains Small Amounts of Caffeine

Caffeine is a stimulant that untold millions, if not billions, of people across the globe insist they cannot go without. Whether it's in a morning cup of coffee or a midday energy drink, caffeine serves as a vital kickstart for individuals whose energy levels could use a boost.

Caffeine is often painted in a negative light, but such characterizations are misleading. The Mayo Clinic notes that up to 400 milligrams of caffeine per day appears to be safe for most healthy adults. Coffee drinkers know that certain cups of coffee are stronger than others, but the U.S. National Library of Medicine indicates that a typical eight-ounce cup of coffee contains between 95 and 200 mg of caffeine, while a 12-ounce soda typically includes between 35 and 45 mg of caffeine.

Coffee and soda are widely recognized sources of caffeine, making it a lot easier for individuals who consume these popular beverages to track and control their caffeine consumption. In addition to coffee and soda, various other foods and beverages contain caffeine, some of which may surprise consumers. Manufacturers are not required by the U.S. Food and Drug Administration to cite caffeine content on nutrition labels, a controversial subject that various health advocates argue fails to protect consumers.

Without new rules that mandate manufacturers to cite caffeine content on nutrition labels, consumers are on their own to determine how much caffeine they're consuming each day. Recognition of these hidden sources of caffeine can help individuals avoid overconsumption of this powerful stimulant.

• Decaffeinated coffee/tea: The terms "decaffeinated" and "caffeine-free" are not interchangeable. That's because the process of decaffeination leaves trace amounts of caffeine, meaning decaffeinated coffees and teas contain a small amount of the stimulant.

• Chocolate: Consumers may or may not be surprised to learn that cocoa beans naturally contain caffeine. As a result, products that contain chocolate, which is made from cocoa beans, also contain caffeine. Dark chocolate generally contains more caffeine than light chocolate, with the U.S. Department of Agriculture reporting



that a one-ounce serving of dark chocolate typically contains 12 mg of caffeine. However, various candies and other products that contain chocolate, including light varieties, are fortified with extra caffeine.

• Headache treatments: Certain products that treat headaches contain caffeine. The manufacturers of two of the more popular pain relief products, Advil<sup>®</sup> and Tylenol<sup>®</sup>, assure consumers that their products do not contain caffeine. However, individuals who take Excedrin<sup>®</sup> to treat headaches should know that three Excedrin<sup>®</sup> products - Excedrin<sup>®</sup> Extra Strength, Excedrin<sup>®</sup> Migraine and Excedrin<sup>®</sup> Tension Headache - contain caffeine.

• Breath mints: Certain breath mints contain caffeine. For example, Viter Energy mints, which some consumers see as an alternative to coffee, contain caffeine. Viter notes that its Energy Mints contain 40 mg of caffeine per mint, or roughly the same amount as a 12-ounce can of soda.

Health care professionals feel that caffeine is generally safe for healthy individuals when consumed in moderation. But it behooves individuals to recognize hidden sources of caffeine that could potentially compromise their health if consumed to excess or along with other caffeinated products



Souvenirs our hearts collect throughout the years. Contributed by a Bulletin Board Guest Writer

We are leaving the little tworoom schoolhouse for home. I have to walk one mile. My cousins have further to go, past my home. There are three of us. My 6-year-old cousin and I are walking together. We are the same age. Her sister is 8. Halfway to my place, the 8-year-old turns around and walks back to us. She, being older, walks ahead of us, faster, of course. I think she is coming back to tell us to hurry up and stop lollygagging around. But, instead, she slaps my face and says, "You're just as black as I am."

I'm shocked and crying. She grabs her sister's hand, and they go running down the road. I get home, and grandmother says, "What happened to your face?" as I have a red handprint on my lily-white little cheek. I say, "My cousin slapped me." Grandmother says, "What did she say when she slapped you?" I replied, "She said 'you're just as black as I am.'" Grandmother grabbed my little hand, and my little feet flew over the rocks on the way to their house.

She opened the gate to their home and parked me at the gate. She said, "I'll be right back." I stand outside with my hands on the gate, feeling like a little parked puppy. The front door flies open. She grabbed my other hand, and as my little feet flew over the rocks again, she said, "That will never happen again."

I'm a snowflake for sure, but my cousins are only tan.





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### Thick Juicy Oven-Baked Parmesan Pork Chops

Ingredients

4 thick boneless pork chops
3 large eggs
¾ cup grated parmesan cheese

¾ cup plain bread crumbs½ tsp kosher salt

- ¼ tsp black pepper
- ¼ tsp paprika
- 1 tsp garlic salt Instructions

Preheat oven to 350 degrees. In a shallow dish, whisk eggs until well beaten. Set aside.

In a separate shallow bowl, blend parmesan cheese, bread crumbs, kosher salt, pepper, paprika and garlic salt together with a fork. Set aside.

Dip pork chop in egg mixture (both sides) and then into the bread crumb mixture, pressing gently to coat pork chops. Repeat process and dip a second time in the egg, then again in the bread crumbs. Place on baking sheet lined with foil.

Repeat for remaining pork chops.

Bake for 45-60 minutes or until internal temperature reaches 145 degrees. For thinner pork chops, bake 25-35 minutes.

Keep your pork uncovered in the oven while baking. Halfway through the cooking time, use a pair of tongs to flip your chops. Allow chops to rest 5 minutes before serving. Sprinkle with shredded parmesan and parsley for garnish.

Tip: To get the most flavor in your baked pork chops recipe, you'll want to use grated parmesan. Whether you freshly grate



it yourself, or use the stuff in the green can, you'll get maximum flavor by choosing this option over shredded.

Shredded parmesan cheese will make a great garnish on these pork chops, however it won't make a nice topping. You want to opt for the grated to help make your crunchy crust, as it blends well with the seasonings and breadcrumbs.



#### YVHC to Host Talk on McMinnville History

Yamhill Valley Heritage Center will host the program, "Secrets of the Past" from 6-7 p.m. on Tuesday, Feb. 15, at the center. Local historian Kory Knutz will give a talk titled, "McMinnville – A Town of Purpose and Vision." He will answer questions, such as, "Who were McMinnville's founding fathers and what did they envision for the town in the 1840-1850s?" Kory will share details about

how William T. Newby, Samuel Cozine, and John G. Baker all worked to establish the town and make it thrive.

The program is free for Yamhill County Historical Society members; and \$5 for guests.

YVHC is located at 11275 SW Durham Lane in McMinnville. Call 503-472-2842 for more information.

There's a village in southern Norway actually named "Hell." And every winter it freezes over.

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# Sheridan Museum of History Annual Membership Application

Support your local museum by becoming a member. We cannot survive without community support. We are completely funded by your kindness. We are a non-profit 501c3 organization so your donation may be deductible.

Name:						Make checks payable to: Sheridan Museum of History
Address:						PO Box 652 Sheridan, OR 97378
City:		State:	Zip:			For questions call Donna
Phone:		Cell:				Hulett, membership chairman, at 503-843-2843
Email:						
Annual Membership	Fees (6/1 thru 5/3					7.11 47.00
Individual	\$15	Family Basic	\$30	Patron	\$125	Pillar \$500
Individual Senior Couple	\$15 \$20	Family Basic Friend	\$30 \$55	Patron Partner	\$125 \$250	
Senior Couple By filling out his form, the	\$20 member gives the She purpose of obtaining	Friend ridan Museum of History grants. Member informatio	\$55 he right to rei n will never b	Partner	\$250 contact i r any oth	Other Amount
Senior Couple By filling out his form, the	\$20 member gives the She purpose of obtaining	Friend	\$55 he right to rei n will never b	Partner	\$250 contact i r any oth	Other Amount

# •••••• Business Directory ••••••





# Committee Seeks 2022 Hometown Days Theme

Why should Hometown Days have a theme? A good theme can help bring Hometown Days to life. Themes are often associated with town celebrations, bring everything together, and give each year's event a special cohesiveness. It can set a tone and provide parade participants, vendors, and community members ideas to start planning floats, outfits, and activities that may be theme-related.

A theme creates consistency and sets the tone for a town celebration. It gives everyone a chance to tailor their messages and create artwork and outfits that may leave a lasting impression, making the 2022 Hometown Days event a memorable time.

A good theme can create excitement and have participants looking forward to next year's event.

It's time to let your creative side ponder the possibilities and submit your ideas via email to bulletin@wavecable.com or mail your entries to The Bulletin Board, 136 E. Main Street, Sheridan 97378.

All theme ideas are welcome, but just for fun, here are a few ideas: Dreams Can Come True, It's a Magical Day, Havin' Fun in the West, Fantastic Adventures, A Time for Remembering, or Pages from the Ages.

Deadline for entries is Friday, Feb. 25. The winner will be selected by the Hometown Days Committee and will be announced in the March 2 issue of The Bulletin Board.

The contest is open to all ages. Creator of the winning theme will receive a \$50 prize.

Barry Manilow didn't write his hit song "I Write the Songs." And before he recorded it, Barry didn't even think it was a particularly good song.



BC/LC Contractors crew, working in the former Terry's Auto Repair shop at 131 SE Sheridan Road, is prepping the wood to be used for the new ceiling they will install at TJ's Superette, 129 W. Main Street. The BC/LC crew said the company is looking into renting the space to use for their shop.



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# BUSINESS DIRECTORY ADS



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Deadline: Ads should be submitted by Friday for the following Wednesday's issue.

Email: bulletin@wavecable.com or mail your ad or stop by 136 E. Main Street in Sheridan. *We're open from noon-6 p.m. Monday through Friday.* 



Since its premiere at the Tennessee Repertory Theatre in 2000, My Way: A Tribute to the Music of Frank Sinatra continues to be one of the most popular musical reviews in musical theatre history with over 500 productions and multiple national tours, playing to sold out houses in all 50 states.

Twelve performances are scheduled for Fridays, Saturdays and Sundays from Feb. 11 through March 6 at the Gallery Theater, 210 N. Ford Street in McMinnville. On Fridays and Saturdays curtain time is 7:30 p.m.; on Sundays, 2 p.m.

The cost is \$20 for ages 18-61; \$16, students ages 5-17 and se-

### Live Comedy Show to Feature Gabriel Rutledge

A live comedy show featuring comedian Gabriel Rutledge is set for Feb. 5 at the Willamette Valley Comedy Club and 3rd Street Pizza Company at 433 NE 3rd Street in McMinnville. The show will be inside 3rd Street Pizza Company's Moonlight Theater. The box office will open at 8:30 p.m. and the show will begin at 9 p.m.

Gabriel Rutledge has performed his comedy at clubs and colleges across the United States and around the globe. He has been featured on several television shows and on TikTok.

Rutledge brings his own blend of dad-humor and relatable takes to his shows.

Tickets are priced at \$12 through Eventbrite or \$15 at the door on the the day of the show.

The Willamette Valley Comedy Club is an independent enterprise producing shows within the space. Food and drink will be available before and during the show.



The show is recommended for

For more information call 503-

472-2227 or email info@galler-

TRINITY LUTHERAN

Sunday School for all ages: 9:10am

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Industrial / commercial property available now. Three bay shop with roll up doors, 2600 sq. ft., cement floors and 210 wiring. Covered area off side of shop is 2100 sq ft. Was used as a truck shop in the past, adequate parking. Billboard income also. Highway 18 frontage.





Great investment opportunity! Duplex, both units have 3 beds, 2 baths, one car garage, oak kitchen cabinets. Refrigerator, stove and dishwasher included in the sale. Great neighborhood, 10 minutes to Spirit Mountain Casino, 30 minutes to Oregon coast, 1 hour to Portland.

Country setting 4 bed, 2 bath, large shop, fenced for animals, small barn, water rights, roof PENDING h windows.

Great opportunities with location and road frontage 30 minutes from Salem, the Oregon coast, and McMinnville. \$495,000. Willamina.



3 bedroom, 2 bath, 2 car garage, open concept home located in Willamina. Perfect for a first time home buyer or downsizing. Call listing agent for more details.





I know you've seen those red signs on poles around town. They're usually at intersections and have S-T-O-P written on them in big white letters. Since I've seen people treat them differently, I thought I'd look up the meaning of that word.

Well, Webster's Dictionary has about 30 meanings for it. It's a verb of various sorts. Having read through all of them, I never found the meaning that said "speed up" or "coast through" or "don't give the other guy a chance to get through the intersection first."

Most meanings were of the cease, quit, or discontinue type. I sure hope everyone will pay close attention to those red signs at the intersections. Some of those signs are in neighborhoods where dogs, cats, kids, moms, dads, and old folks happen to live. Driving carefully is "What's Up in Willamina."

#### **Mayor and Council Seats** Up for Grabs in November

The mayor's seat and three Sheridan City Council positions will be up for grabs in this year's November election.

The newly elected officials will be sworn in at the first council meeting held in January of 2023. Potential candidates may wish to attend Council meetings throughout the year to be well-informed about all of the issues facing the city.

Mayor Aaron Baer's seat will be on the ballot, along with council seats currently held by Rich Cox, Sandy Walker, and Lucy Hebert. According to Sheridan's City Charter, to be considered for mayor or council positions, candidates must have resided within Sheridan's city limits for at least one year preceding the election and must be qualified voters in the state of Oregon. The mayor is paid \$100 annually; councilors, \$75.



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## Albany Hell on Hooves **Rough Stock Rodeo Feb. 5**

Wild West Events, Inc., will present the Albany Hell on Hooves Rough Stock Rodeo beginning at 7 p.m. on Saturday, Feb. 5, at the Linn County Fair Grounds in Albany.

Doors open at 5:30 pm; and the rodeo will start at 7 p.m.

Tickets will be \$15 presale and \$20 at the door the night of the rodeo.

Kids age 5 and younger will be admitted free thanks to Douglas M. Johnson, DMD, of Albany. Tickets are available at Wilco, Double H and Albany Bi-Mart.

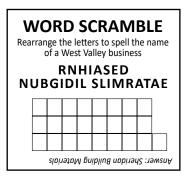
Dolly Parton once entered a celebrity look-alike contest, without revealing her true identity, at a club in San Francisco. She lost to a drag gueen.

The blob of toothpaste that sits on your toothbrush has a name. It's called a "nurdle."

### SHS Senior Collecting **Clothing Donations**

Sheridan High School student Mercedes is working on her senior project. She has decided to gather donations of dress clothing for men (appropriate for job interviews or college interviews) and warm winter clothing for men, along with hats, gloves, socks, etc.

For further information or to make arrangements to drop off donations email mobmercedes@gmail.com.



CROSSWORD PUZZLE

21



### Sam Stewart Seeks **Funds for New Flag**

Sam Stewart of Sheridan, also known as the "flag guy" is seeking cash or "Go Fund Me" donations to purchase a new flag for the flagpole in the Church of the Nazarene parking lot. Additionally, he'd like to paint the pole, and add a sidewalk and benches to create a place to relax on nice days. He figures the flag will cost \$1,722.08; the paint, \$300; and the rope, \$123.54.

To donate via Go Fund Me, go to Sam's Facebook page: https:// www.facebook.com/sam.stewart.39142072

So far, Sam reports, he's collected around \$145.

43. Units of magnetic flux

44. Parthenon locale

45. Second Amendment

46. Good thing to blow off

Does electrical work

54. Shirt that once had a

59. "That's all \_\_ wrote"

density

advocacy gp.

47. Chicago hub

51. Prima donna

53. Massive

reptilian logo

52. Waiter's burden

55. Punch's partner

16



- 1. Light refractor
- 6. Scandinavian native
- 10. Biblical gift bearers
- 14. Lines from the center
- 15. First name in scat
- 16. "You said it!" 17. Prophetic signs
- 18. Expel with force
- 19. Gossipy Barrett
- 20. Health resort
- 21. Suffer from insomnia
- 24. Relief pitcher's goal
- 25. Evening party
- 26. The gamut of personal circumstances
- 31. River rental
- 32. Golf bag item
- 33. Guffaw
- 36. Telly watcher
- 37. Confess
- 39. Rush hour blower
- 40. QB's stats
- 41. Dagger of old 42. Chopin technical piece
- 43. Reliable
- 46. Site of a 1976 anti-
- Apartheid uprising
- 49. Voyage
- 50. Miscellany
- 53. String before K
- 56. Countess's spouse
- 57. Ominous
- 58. Trooper automaker
- 60. Polygon measurement
- 61. Netman Lendl
- 62. 1977 George Burns/John
- Denver film
- 63. Clutter
- 64. Settles, as a debt
- 65. Hard up

- 5. Error 6. Diminish

Down

**3**. "An

of Music'

1. Major Leaguers

imagination": Frank

4. Sermon subject

7. Range in "The Sound

**8**. Courtroom statement

is salvation by

2. Freeway exit

Lloyd Wright

- 9. Hocking site 10. Sheen or Short 11. Love affair
- 12. Literary category
  - 13. Cockamamie
  - 22. Reproductive cells

23. "Nothin' !" 42. Book's first printing, 24. Dundee denizen sav

62

- 26. Frozen dessert
- franchise
- 27. Challenging
- 28. "Last one \_\_\_\_ a rotten
- egg!"
- 29. Had supper
- 30. Capote, on
- Broadway
- 33. "I'm \_\_ man"
- 34. Pakistani language
- 35. Joint with a cap 37. Potato chip
- enhancement
- 38. Lilliputian
- 39. Internet address
- starter 41. Mex. miss









CHARMING FARMHOUSE STYLE HOME ON NEARLY 5 ACRES! 4 BD/2 BA. Many updates & remodel in recent years. Vinyl windows, wood stove & more. Animals? Barn is 60x36 in center & 2-12x60 covered lean-to areas (60x60 total), 10 mini stalls (was 5 regular) 14' tall door in front & 10' ft door out the back. RV cover, 2 large animal shelters, tool shed, greenhouse, fish pond, wrap around deck, creek runs down the middle of the property w/a walking bridge over it for barn/ pasture access, 3 fenced level usable pastures, 2 driveways & gates. \$479,900.

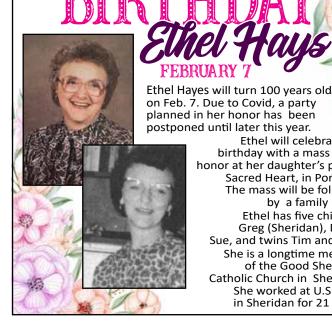




DEVELOPMENT POTENTIAL! 3.5 acres just outside of Sheridan city limits and in the UGB. Not dividable if you leave it in the county or annex into the city and receive city services and possibly divide. Buyer to do their own due diligence. Plenty of privacy as you are surround by trees and wildlife! Mostly sloped or rolling homesites. Remove some trees for an incredible view. \$184,900.

MCMINNVILLE P blished neighborbo 5 BA, bath & Eter, huge living room as WIC in t a wood burning fireplace, ramps for easy access. Oversized lot has a small, but usable shop, fenced yard, large covered back patio, apple & cherry trees, raspberries, strawberries, rose bushes and raised garden beds. Brand new roof this year! \$350,000.





Happy 100



The City of Sheridan makes yard debris recycling available to Sheridan residents on Cherry Hill Road from dawn to dusk seven days a week. Acceptable items include grass clippings, weeds, briers, leaves, tree trimmings, Christmas trees, vines, and yard and garden vegetation. Unacceptable items include trash, dirt, soil, sod, plastic bags, lumber, wood, stumps, rocks, concrete, bricks, metal, wire, furniture, animal waste, cat litter and all other non-plant based materials.



birthday with a mass in her honor at her daughter's parish, Sacred Heart, in Portland. The mass will be followed by a family lunch. Ethel has five children, Greg (Sheridan), Diane, Sue, and twins Tim and Tom. She is a longtime member of the Good Shepherd Catholic Church in Sheridan. She worked at U.S. Bank in Sheridan for 21 years.

Ethel will celebrate her

You're twice as likely to be killed by a vending machine than a shark, according to the New England Aquarium. So when is Discovery Channel premiering their "Vending Machine Week?"



This wonderfully updated home is a great option for your family, or someone looking to downsize. The vaulted ceilings and lot's of natural light provide a great place to relax and spend time with the family. The home sits in a quiet neighborhood and has a fenced in backyard. New A/C installed in 2018 means this home will be comfortable year round. NO flood insurance required here. HURRY this one won't be around long, \$365,000.



# Pioneer Sidney Smith Crossed the Plains in 1839 to Settle in Oregon

The following information is from a book titled, Portrait And Biographical Record of the

Willamette Valley of Oregon, published in 1903 in Chicago.

(This book is on display at the Sheridan Musuem of History.) SIDNEY SMITH. One of the distinguished pioneers of 1839, whose residence in Oregon extended through a period of over 40 years, Sidney Smith was a man whose life was filled with kindly deeds, whose highest ambition was to help his fellow man and to assist in the establishment of a Commonwealth, to which he gave the best years of his life. He was a descendant of old revolutionary stock, his great grandfather being a powder manufacturer in Vermont near the New York line during the memorable struggle for independence. The grandfather was a commissioned officer in the continental army. The father of Sidney, captain John Smith, was a native of Vermont and served as captain of a company engaged in quelling the whiskey insurrection in Pennsylvania in 1799. Sidney Smith was born in Amsterdam, in the Mohawk Valley of New York, on October 2, 1809. He was reared in Johnstown, N.Y., and when a young man, went to Ohio, where for three years he studied medicine but never engaged in practice. In 1839, his interest in Oregon was awakened by the reports of the Lewis and Clark expedition; accordingly, he resolved to journey to the northwest, and with that object in view, joined a company of sixteen young men who were similarly minded, among them being P. K. Fletcher, Amos Cook, Mr. Shortless and Mr. Farnham. They left Peoria, Ill., in the spring of 1839 and were the first to cross the plains with the intention of making a permanent settlement. They intended to supply their larder with wild game and fish, so started with very little provisions, but not finding the food supply they had expected along the way, they reached the verge of starvation, living for sixteen days upon a biscuit a piece each day and upon dog meat, which they purchased from the Indians. Dissensions also arose in the party, and they guarreled among themselves almost to the point of separating into two companies, but eventually, they continued on their way together. Mr. Smith was less fortunate in one respect, for he accidentally shot himself, which deprived him of three of his ribs. He was carried on a stretcher resting on the backs of two mules, but after three weeks of suffering, he finally recovered. At one time, the Indians stole their horses, and Mr. Smith, with another chief, asked that the horses be returned. At first, the Indians refused, but with drawn guns, the demand was repeated, and at length, the chief promised to return the stolen animals by sundown of the following day, which he did.

At Fort Boise, the company divided and Mr. Smith with a few companions started for Oregon. Others dropped out one by one until there were but two who completed the journey and arrived safely in Oregon. On October 2, Mr. Smith assisted in building a house at The Dalles. He was deeply interested in the new country to which he had come to establish his home, and in his diary, he speaks of the effect produced upon him when he first viewed Mount Hood. He also mentions his first meeting with a white woman in this far-off land. He was employed by Hudson Bay company, working barefooted in the rain for seventy cents a day. He was afterward employed by the Methodist Episcopal Mission at Salem, rafting up and down the Willamette River, and during this time, he boarded with Gustovich Hines, one of the first pioneers of the northwest.

He next found employment with Ewing Young at Yamhill County, who had brought a large band of Mexican cattle from California, settling in the Chehalem Valley, to which he supposed that he could lay claim. Mr. Young had the reputation of being a hard man to serve, but he found his equal in Sidney Smith, who stood up for his own rights and usually got them. When Mr. Young died, our subject was his only companion. He left a large herd of cattle, and having no known heirs led to the organization of the provincial government for the purpose of disposing of his estate. Mr. Young had often said that when he died, he wanted Sidney Smith to have his property; this the latter refused to accept, but when the auction was held, he purchased the brand and the right to the stock that had not been rounded up, also the right to the land, and continued on the claim in the cattle business for several years. When the donation claim act went into effect, Mr. Smith found he was entitled to but 640 acres of the land, and there he lived with but few comforts and many hardships, having considerable trouble with the Indians from time to time, and no white neighbors. The experiences and episodes of that period of his career would make an interesting volume if written in detail. With some of the Indians, he formed warm and lasting friendships.

There was no man who figured in his early history of the state who did more for the immigrants than did he. A large-hearted man of kindly nature, no one ever sought his aid and did not receive it. He frequently would kill a beef to furnish food for the travelers, and his house was the shelter for many an immigrant traveler. He was indeed liberal, helping the needy, feeding the poor, and assisting the widows and orphans in many ways.

In 1845 Daniel Bayley, who was en route with his family to Oregon, obtained permission from Mr. Smith to remain upon his place for the winter. This was an eventful day for Mr. Smith. During the long dreary winter days, Cupid was acting his silent part, and Mr. Smith married Mr. Bayley's daughter Mianda in the fall of '46. During their courtship, they planted an acorn upon the grave of Ewing Young, which has grown to a large tree and still stands. It was about this time that the Hudson Bay company tried to persuade Mr. Smith to declare himself a British subject, as he was an actual settler, and the British wished to lay claim to this section of the country. Though they offered him much land, he refused, saying that the company had not land enough to buy him.

In 1849 he went to California and returned with considerable gold. Wheat and oats were selling very high in those days, and in his business undertakings, Mr. Smith was very prosperous. In 1856 he located in Lafayette, Yamhill County, Oregon, and the following year engaged in merchandising, which he followed for about ten years when he retired to his farm. As the years passed, he accumulated land until he was the owner of one thousand two hundred and eighty acres.

Mrs. Smith was born in Ohio, May 6, 1829, and was the daughter of Daniel Bayley, who was born in 1802 and died when about ninety-two years of age. He married Elizabeth Munson, who was a lineal descendant in the seventh generation from Thomas Munson, who served as a sergeant in the war against Pequod Indians. The ancestry of the Munson family dates from Thomas Munson, who came to America in about 1634 and settled in Hartford, conn., when he became prominently identified with the early history of that city. Timothy Bayley, father of Daniel Baley, was a captain in the Revolutionary War, and like many other barefooted patriots at Valley Forge, suffered all the hardships of that memorable winter. Jared Munson, the father of Mrs. Bailey, was a physician. Mrs. Bailey was a woman of wonderful resources and ability, and after coming to Oregon, acted as a physician to the entire countryside for miles around. Mrs. Smith is still living, a fine Shakespearean scholar and a lady of mark refinement and culture. She resides in Lafayette and is the mother of five children.

Mr. Smith was a Democrat in politics but cast his vote for Lincoln and took an active part in the establishment of the first school in Oregon. He was a friend of every enterprise tending to improve social and political conditions in the state. He lived to see Oregon become possessed of all the comforts and evidences of civilization known to the older east. And to see it enter statehood of the union. He looked with pride upon what was accomplished. assuming no credit for the part he bore in the attainment of this end; but history acknowledges its indebtedness to him, and many of the pioneers remember with gratitude the great and unselfish interest he exhibited in all matters pertaining to the welfare of the community in the territorial days. Since his death, which occurred September 18, 1880, his memory has been enshrined in their hearts.

He was among the one hundred and two men who met at Champoeg to decide whether Oregon should become a British or American territory, and when Joe Meek, who was in favor of British sovereignty, drew an imaginary line upon the ground, one side representing the United States and the other Great Britain, Mr. Smith was the first man to step up on the side representing the United States, and thus declared himself in favor of American sovereignty.



# New Year, New....???

We are here to help you achieve your 2022 goals! If those goals require a healthy body and mind we are the place for you to begin.

Membership Options: All Access Plus - \$55/month. Includes 24/7 access to the gym and unlimited classes at the studio All Access - \$35/month. Includes 24/7 access to the gym and 1 free class each month Limited Access - \$25/month. Includes 10am-4pm access to the gym and 1 free class each month







Join now: \$1 + first month dues with annual agreement

OR

\$60 + first month dues for monthly membership

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