

Voters to Determine New Mayor; Fill Three Council Seats in Sheridan

Five candidates are officially in the running for a spot at the Sheridan City Council table, signaling the beginning of a busy election season in Sheridan.

In addition to five council candidates, two mayoral candidates look to win over voters and secure a mandate in City Hall. The incumbent Mayor, Rich Cox, dropped out of the race early on. Voters will choose a Mayor and Council to lead them in the next four years of recovery and growth.

The Bulletin Board will publish candidate's statements and photos in the Oct. 19 issue, giving voters the opportunity to acquaint themselves with all candidates. The Bulletin has asked for submissions from all council and mayoral candidates for this initial introduction.

Sheridan Rotary will host a candidate's forum at 7 p.m. on Tuesday, Oct. 25, at the Sheridan High School. Brad Myer will emcee the event, which is open to the public.

Mayoral candidates are Wendell Cunningham (AKA Johnny Ketchup) and Marianne Thomson.

Council candidates are incumbents Lucy Hebert, Rose Hauck, and Sandy Walker, who will be joined in the race by Cale George and Liz Hodgins.

In Willamina, Ila Skyberg will run unopposed for the mayor's seat. Three candidates have filed to run for the three open council seats, Jennifer Pederson, Karl Klym, and Vickie Hernandez.

City Council Okays Settlement with Former City Manager Frank Sheridan

The Sheridan City Council met in executive session toward the end of its Oct. 3 meeting to discuss litigation brought against the City of Sheridan by its former city manager, Frank Sheridan.

Following the executive session, Council members returned to regular session to vote, which resulted in five approvals and one abstention. The council faced an extreme-

ly difficult decision in whether or not to approve a settlement payout of \$55,000 to Frank Sheridan to resolve a tort claim he filed against the City.

The settlement was paid on behalf of the City by CIS.

While admitting no wrongdoing, the payout will put an end to any further threat of litigation from Mr. Sheridan or his attorney related to this matter. It clears the way to concentrate on recovery and growth for Sheridan.

In other business, the Council unanimously approved four resolutions authorizing the mayor and city manager to execute service agreements with Groundwater Solutions, Inc. (GSI) for professional services related to Sheridan's water rights; Water-Drop Water and Wastewater Consulting for services related to water and wastewater services; Integrity Maid Service for cleaning services for city buildings; and MORE Realty for real estate and broker services for properties owned by the City of Sheridan.

VICTORIA BUDICE COMMUNITY DRIVEN RURAL VALUES "A voice for ALL of us." Victoria4OregonHouse.com Paid for by Victoria Ernst for District 24

WIN A PIT BOSS NAVIGATOR 850G PELLET GRILL

<image>

Tickets may be purchased at Skyberg's Lumber and Hardware, from Fourth of July Committee members, or at advertised venues throughout Willamina.

Drawing will be held on March 8, 2023, during Wet Season Music at West Valley Community Campus. (Need not be present to win.)

BULLETIN BOARD CLASSIFIEDS 503-687-3000 • bulletinwestvalley@gmail.com • 136 E. Main, Sheridan

Employment

Administrative Assistant: provide professional office support to employees, supervisors, production manager and outside agencies; answer phones, greet visitors, data entry, spreadsheet preparation, HR administrative support, assist with employee on-boarding, bi-weekly payroll, coordinate employee benefits, AP/AR, audit and email invoices, maintain positive work atmosphere while leading production personnel. Job requires high school diploma or equivalent, attention to detail, organizational skills, proficient use of Word and Excel. Must be able to push, pull, squat, bend, lift and reach. Hours: Monday-Friday, 20-30 hours per week. Pacific Fir, 355 SW Mill St., Sheridan, 503-843-4477.

Help Wanted: Great environment, 12-15-plus hours per week. Senior adult care home. Leave message, 503-843-4724.

The Riverside Cafe, 128 S. Bridge St. in Sheridan, is now hiring for all positions. Applications are available at Hofenbredl Realty's office in Willamina. Call Barb Hofenbredl, 503-910-9261, to make other arrangements to pick up an application. (C)



For Sale

10K KW Duromax generator. New, never used. Just clean the carburetor and fuel tank. \$500. Leave message 503-843-4724. (11/23)

Puppies for Sale

German Shepherd puppies available. Two female, one male. Willamina. Call 503-560-3704.



Rotary and Chamber Schedule Joint Meeting

Sheridan Chamber and Rotary will hold a joint meeting at noon on Oct. 26 in the Sheridan Fire District conference room. The meeting is open to all interested.



Firewood

Seasoned Doug Fir. Come and get your firewood before winter. \$225/cord. You haul. Call 503-879-5146 and leave message (23)

Seasoned Oak. Split and delivered to Sheridan or Willamina areas, \$350. 503-437-3442. (1109)

Services

Do you have a fallen tree in your yard that you'd like to turn into firewood? I will cut, split, and stack using my brand new chain saw, starting at \$175 per cord. Contact Andrew Martin, P.O. Box 441, Sheridan 97378. (c)

Situation Wanted

Do you have a small room available? I will trade a place to stay for work around your home as payment. Contact Andrew Martin, P.O. Box 441, Sheridan 97378. (c)

Donation Account for Susan Chamberlain Set Up at First Federal

Sheridan Rotary has established a dedicated donation account for Susan Chamberlain at First Federal in Sheridan. Those who wish to contribute can deposit a check at First Federal made payable to Rotary, noting Susan Chamberlain on the check's memo line.

Susan was seriously injured in an car accident a few weeks ago was hospitalized. A lengthy recovery period is expected.

Bingo Fundraiser Planned Oct. 28 at VFW

Grand Sheramina Food Bank will host a bingo fundraiser on Friday, Oct. 28, at the VFW Hall in Willamina. A bake sale and auction will also be offered.

Doors will open at 5:30 p.m.; ticket sales will begin at 6 p.m.; and games will begin at 6:30 p.m.

Children age 10 and older may play. Younger children may attend but will not be permitted to play bingo.

Food bank staff are seeking auction item donations. For more information call Judy, 503-313-5702.

Quality Online Radio: https://radiooooo.com/

Radiooooo.com may be a one of a kind of website. You can click on the decade of your choice, from 1900 through current times, and choose different countries. It will connect you to the relevant radio streaming of that period and location. The sound quality is crystal clear. You can also choose multiple decades and countries and pick a theme for your playlist.

WVCC Clean-up Day Scheduled Oct. 15

Join other community volunteers from 8 a.m.-1:30 p.m. on Saturday, Oct. 15, at WVCC, 266 SE Washington Street in Willamina. Lunch will be provided for volunteers.

Volunteers meet on the third Saturday of every month at the campus to clean, organize and repair the old Willamina High School building. Through community efforts the campus is open and can bring benefit to many.

The Bulletin Board's Email Address: bulletinwestvalley@gmail.com



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Friday, October 14 **NOISE PARADE** around noon (Followed by lunch break)

POWDER PUFF GAME 6-7 p.m. Wednesday, Oct. 12 Friday, October 14 HOMECOMING CORONATION 6:30 p.m. (Preceding game)

HOMECOMING GAME Sheridan vs. Nestucca at 7 p.m. Friday, October 14 HOMECOMING DANCE

The Homecoming Dance will begin directly after the Homecoming Game in the Sheridan High School Cafeteria. Dance will end at midnight.

Ruff Life Rescue 29795 Salmon River Hwy. Grand Ronde rufflifekennels.com

Carquest of Sheridan 1233 W Main Street Sheridan 503-843-4486

Sheridan Fire District 230 SW Mill Street · Sheridan 503-843-2467

Best Stop Market 313 E Main · Willamina 503-876-9091

Green Crest Memorial Park office@greencrestmemorialpark.net 503-379-1969

Davison Auto Parts 317 S Bridge Street · Sheridan 503-843-2211 1717 NE Baker · McMinnville 503-472-6114

City of Sheridan 120 SW Mill Street • Sheridan 503-843-2347

Sheridan Pharmacy 103 E Main Street · Sheridan 503-843-2422

Sheridan Family Chiropractic 639 W Main Street · Sheridan 503-843-3888

Center Market Sheridan · 503-843-9077

American Market Sheridan • 503-843-3722 Grand Ronde · 503-879-2857



Back row: Nicholaus Sanchez, Kaihdan Trombla, Max Blakeman, Alonzo Cervantes, Brandon Diehl, Asher Maxwell Front Row: Lily Martinez, Bailey Diehl, Lilly Barnes, Abigail Matlack, Chloe Ayala, Alondra Casillas

Willamina Coastal Hills Chamber of Commerce PO Box 411 · Willamina

Hofenbredl Realty 322 Main Street. • Willamina 503-876-9004

Skyberg's Lumber and Hardware 121 E. Main Street. • Willamina 503-876-3092

West Valley Mercantile 342 S. Bridge • Sheridan 503-843-9088

Stuck Electric 147 W Main Street • Sheridan 503-843-2322 West Valley Funeral Home 108 NW Lincoln St • Sheridan 503-843-2525

> Rotary Club P.O. Box 322 • Sheridan

IGA Markets 135 S Bridge Street · Sheridan 503-843-3374 112 NW Main Street · Willamina 503-876-9082

Hampton Lumber Mills Willamina Division

Sheridan Building Materials 345 S. Bridge St. • Sheridan

5 S. Bridge St. • Sheridan 503-843-7150 Country Bargains 136 S Bridge Street · Sheridan 503-843-9095

The Bulletin Board 136 E Main Street · Sheridan bulletin@wavecable.com 503-687-3000

City of Willamina 411 NE C Street · Willamina 503-876-2242

Techtonics Tuning 21801 SW Rock Creek Road Sheridan 503-843-2700

Hurricane Coffee 201 E Main Street · Sheridan 971-241-2564

West Valley Veterinary Hospital 711 W Main Street · Sheridan 503-873-4011

Sheridan Chamber of Commerce P.O. Box 644 · Sheridan sheridanchamberofcommerce

@gmail.com Grand Ronde Water Association

26690 Hwy 18 · Grand Ronde 503-879-5624

G&M Insurance Dennis Ulrich, Owner 451 NE Main Street · Willamina 503-876-4222

Angel Bookkeeping 930 SW Bales Ave · Willamina 971-237-1230



Interested? Contact Katie in our office. 503-843-4455 • katie.mwlinc@gmail.com



Sheridan Public Library Is An Open Book

It's also magazines, newspapers, CDs, public computers, wi-fi, hotspots, photocopies, printing, faxing... and more! Whether you want to write a school paper about space, learn more about the worlds of art and music, or read a mystery just for the fun of it, the library's the place.

Children's story time• 11 a.m. Tuesdays Crafts • 2 p.m. Saturdays

Don't see what you need? Just ask. We're here to help.

Sheridan Public Library

Saturday through Thursday 10 a.m.-6 p.m. 142 NW Yamhill • Sheridan

Trunk-or-Treat Event Set October 31 in Willamina

The City of Willamina will host a Halloween trunk or treat event from 5:30-7 p.m. on Monday, Oct. 31, in front of Willamina City Hall on C Street.

Those handing out candy from their decorated trunks are required to use commercially made and wrapped treats. No scary or violent designs will be permitted for decorating. No toy weapons (knives, guns, etc.) and no open flames. Vehicles must be turned off throughout the event and participants must stay with their cars. No smoking or alcohol will be permitted.

Completed registration forms must be submitted to Willamina City Hall at 411 NE C Street, or emailed to Mardette Cook at CookM@ci.willamina.or.us. Forms can be found on the city website, https://www.willaminaoregon.gov/. For more information call Sarah Frost at 503-876-2242 or email frosts@ ci.willamina.or.us.

Adventist Health to Host Mammography Van

The OHSU mobile mammography van will visit Sheridan from 9:30 a.m. until 3 p.m. on Tuesday, Oct. 25, at Adventist Health Clinic's Sheridan office, 222 SE Jefferson.

The mobile van offers both 2D and 3D imaging.

For more information or to schedule an appointment, call the Adventist Health reception desk, 503-843-1535.

NEW PATIENT exam + cleaning

Obituary

Pamela Ann Coblentz Nov. 25, 1947-Oct. 4, 2022

Pam was born in Eugene on Nov. 25, 1947. She was adopted when she was three days old by her parents Norlan and Veda Stephens.

Pam met Fred Coblentz in Walla Walla, Wash., and after a three month courtship, they were married on Aug. 12, 1967.

Fred was drafted soon after and went to Vietnam for service. Pam went home to live with her folks. Fred and Pam had a son, Cory Allen, born in September of 1971, who drowned at age 8.

Pam and Fred were involved with missionary work for two years with the Navajo Indians in Arizona.

Pam is preceded in death by her parents, Norlan and Veda Stephens, grandparents Bill and Gladys McCallum, and son Cory Allen.

Adam Diesburg, DDS DENTISTRY 1927 NE Baker Street, McMinnville 97128 www.macdentalcare.com (503) 472-2222 FREE Whitening with



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Obituary

Clara May (Bass) Tucker Aug. 25, 1923 – Sept. 30, 2022 Clara May (Bass) Tucker born Aug. 25, 1923, passed away peacefully on Sept. 30, 2022, surrounded by family.

She was preceded in death by her husband Roy Tucker and grandson Beau Tucker. Clara leaves behind her children Ray Tucker, and Judy (Bob) Parks; two grandchildren, Steven (Angi) Parks and Lori (Don) Perry; nine great grandchildren, Steven Jr., Alex (MaryLynn), Nathan (Trisha), Nicole (Jimmy), Rebecca (Tanner), Danielle (Lynn), Courtney, Zo, and Kaitlin; and seven great-great-grandchildren, Makenna, Ryan, Isabel, Wyatt, Ethan, Bennett and Charlotte.

Clara was an avid gardener throughout her life. She loved to can the rewards of her gardening efforts for the years to come and she was always willing to share her knowledge of how to do so with others.

She is known for her garden art as she was always changing up her "vard people."

She loved to camp with her family, even if it meant that her family put up tents in her backyard.

She picked up the love of painting and shared her treasured art with everyone.

She was always up for a game of progressive rummy and it was not uncommon for her to say "is it time to shuffle up and deal." Clara was the pillar of her family



and outlived her younger three siblings, Charles Bass, June Robinson and LeRoy Bass. She will be missed terribly by her family and friends and all those she touched with her gentle loving soul.

Graveside services will be held at Hopewell Community Church, 21600 SE Church Road, Dayton, at 11 a.m. on Oct. 15 followed by a service in the chapel at 11:30 a.m. A potluck will follow the service. To leave condolences, visit www.macyandson.com

Word Test: How many English words do you know? With the test at this site you get an estimate of your English vocabulary size within four minutes and you help scientific research. http:// vocabulary.ugent.be/





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Homemade Coffee Candles: If you love the scent of coffee, use your old grounds to make coffee-scented candles. Homemade coffee candles tend to smell better than commercial versions, as homemade candles use real grounds. And if you carefully layer the grounds in the candle, they're also quite attractive. One other perk: When the coffee grounds become exposed as the candle burns down, the heat will release even more of that soothing coffee aroma.



A Message from the Sheridan Superintendent

Sheridan Families,

Very soon those of you living in Yamhill County will receive the County's Voters Pamphlet. Here are some key points regarding the 2022 Sheridan School District November Board. This information comes from questions we have received from community members.

• The 2022 November Bond basically replaces the previous bond. The District was able to refinance that bond and pay it off this last spring.

• The amount of \$16 million was determined by an analysis of property values and taxes. The annual tax rate is estimated to continue at last year's rate of approximately \$2.66 per \$1,000 of taxable assessed value.

• Funds generated from the passing of a bond can only be used for capital improvement projects. We cannot use the funds to hire staff or purchase curriculum.

• Should the bond pass, the District has secured a \$4 million grant which would make the total project budget \$20 million.

The Bond projects include the following:

Safety and Security. Create a more secure school campus, FCS and SHS. This includes an entrance where an individual must have a conversation with office staff before having access to the main building. When I recently attended a meeting at Dayton High School, from the outside, I pressed the buzzer and was allowed into an area the size of a typical waiting room. Once I talked with office staff, and told them of my purpose for being in the building, I was then allowed to enter the main hallway. This type of school entrance is becoming more common, along with increased security cameras and intercom system.

SHS Science Classroom

Our high school science classroom is unable to function as a full science lab, the hands-on learning experience that is a major part of high school instruction. The renovation includes updating all cabinets, sinks and classroom storage.

Our district website, November Bond tab, shows current pictures of the SHS science classroom.

SHS & FCS Old Gymnasiums

The SHS old gymnasium is in need of renovation in order to provide a space for sports and large community events. The renovation includes the old locker rooms becoming team rooms.

The FCS old gym building also needs renovation. This includes the gym, locker rooms, choir and band classrooms. The renovation would allow the FCS old gym building to become a community emergency facility for use during power outages and extreme weather conditions.

Expand Career Technical Education

Funds will be used to expand our ability to offer students training in Ag Business, Manufacturing, Firefighting, and Auto Tech (heavy equipment operation and truck driving). This is the heart of workforce development, providing our students with the training necessary to enter the workforce or attend college to receive trade certifications. These project areas were selected by our bond committee, having reviewed the long-range facility plan and touring both schools. If you have any questions or would like more information, please contact the Sheridan School District office.

> Dorie Vickery Ed. D, Superintendent Sheridan School District School District Office: 971-261-6959 Sheridan High School: 971-261-6970 Faulconer Chapman School: 971-261-6960

What To Expect For Our Third Winter Living With COVID-19

Autumn has arrived in Oregon, with leaves beginning to change color to reds, oranges and yellows. This signals the coming of our third winter living with COVID-19. A news release published by the Oregon Health Authority (OHA) says officials are optimistic that this winter will not be like the last, when Omicron rapidly spread around the world, or the first COVID-19 winter, before vaccines were available and gatherings were discouraged. However, health experts predict COVID-19 cases will begin increasing next month, and the flu will return after a two-year lull.

While many have returned to life as normal, COVID-19 has continued to kill about 400 people per day over the past few months in the United States. It remains the third leading cause of death in the country behind heart disease and cancer, noted OHA.

According to OHA, the best thing to do to prevent severe COVID-19 illness is to remain up to date on COVID-19 vaccinations and take steps to protect yourself. Pay attention to community transmission, and consider wearing a mask in indoor public settings, or avoiding large indoor gatherings, especially when transmission is high.

"Most of us have some immunity against severe disease, which is good," said Dr. Paul Cieslak, medical director for Communicable Diseases and Immunizations at Oregon Health Authority. "But viral transmission remains brisk in Oregon. Wherever a lot of people are gathered indoors, the virus will be there, too."

OHA recommends that those at risk of severe COVID-19 illness, including being immunocompromised or over 65, you should make a plan now on how they will access treatments if they are infected with COVID-19.

What to expect this winter

Infectious diseases spread more easily when people spend more time indoors. Cases of COVID-19 and the flu are both expected to increase starting in November. The virus that causes COVID-19 mutates rapidly, so OHA can't know with confidence what variants or sub-variants will be spreading this winter.

Predicting future strains of COVID-19 is an imperfect science. Delta represented almost 90 percent of cases in October last year. Omicron was not identified until late November in southern Africa. It then raced around the world, maybe faster than any virus in human history. Sub-variants of Omicron have dominated since and now comprise more than 98 percent of cases globally.

It remains to be seen if one of the strains the World Health Organization (WHO) is monitoring will take over and dominate or if multiple strains will compete around the globe. It's possible a new strain not yet identified will emerge this fall, as Omicron did last year.

While it's nearly impossible to predict how the virus will behave this winter, our tools to limit the impact of COVID-19 remain the same.

"The updated vaccine induces antibodies against a broader array of COVID-19 variants. It should provide better protection against whatever variant hits us next," Cieslak said.

OHU reports that Oregon is well-positioned this year

• Updated bivalent booster doses are designed to induce antibodies for Omicron BA.4 and BA.5 as well as the original COVID-19 strain.

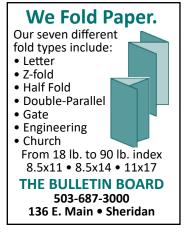
• Effective treatments are widely available, especially for those age 65 and older.

• Prior infection and vaccinations provide some level of immunity and protection from COVID-19.

• Flu shots are available and are safe to receive at the same time as a COVID-19 vaccination.

• OHA anticipates the updated booster dose will be authorized for emergency use for children ages 5-11 soon.





Bands Needed to Play Patriotic Tunes In McMinnville's Veterans' Day Parade

Attention all bands, including big bands, little bands, pep bands, three-piece garage groups, it all works, says Jim Connelly, who is organizing a Veteran's Day Parade in McMinnville. Staging for the parade will begin at 9:30 a.m. on Nov. 12 in the Praise Assembly Church on the corner of NE 3rd and NE Johnson streets in McMinnville.

The parade will get underway at 10 a.m. making its way to the Mutual of Oregon Insurance building.

Jim is extending invitations to Willamina High School, Sheridan High School, Sheridan All-Prep, McMinnville High School, Linfield College, George Fox, Dayton High School, Amity High School, Perrydale High School, Yamhill-Carlton High School,

WILLAMINA COASTAL HILLS CHAMBER OF COMMERCE EID meets at 8 a.m. on the first Wednesday of Every Month Chamber meets at 8 a.m. all other Wednesdays 503-876-4222 • PO Box 411 • Willamina

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Three bed, 2.5 bath home with big fenced backyard. Covered back patio, Gas f/p in living room, Oak cabinets in kitchen, skylights in full bathrooms, walk-in closet in master, two car garage. Nice neighborhood on a dead end street. Willamina.

with county. Buyers to do due diligence. Very private on dead end road FOR SALE

Investors opportunity 2.34 acre with one duplex on it. 3 bed. 2 bath on each side. Come do a development add more duplex's or residential homes. Willamina.

NEW LISTING

cabinets, updated bathrooms, bedrooms

new carpet and padding, new trim and

paint throughout the house. New interi-

or doors, vinyl windows, storage shed 2

yrs old. Extra lot possibly buildable check

and all other bands who may like to join the parade.

Jim said, "Any band that can play a few patriotic songs for 30 minutes, we'd love to have you join us. Maybe you only have five songs in your repertoire, simply play them over and over. It all works," said Jim.

Interested bands who would like further information are asked to call Jim, 503-550-7451.

Senior Center **Hosts Weekly Games**

The McMinnville Senior Center hosts games on a weekly basis at the center, 2250 NE McDaniel Lane.

Cribbage

(Intermediate / Advanced) Every Monday1-3 p.m. Mexican Train Every Tuesday..... 1-3:30 p.m. Bunco Every First Wednesday......2 p.m. Cribbage Every Wednesday.....1- 3:30 p.m. Mah-Jongg Every Thursday...9:30 a.m. - Noon **Dimes and Daubers** Every Thursday....10 a.m. - 3 p.m. For further information call 503-



NEW LISTING

Country living at its best 5.26 ac with amazing view of the valley hills. 4 bed 3.5 bath. Kitchen dale water, two wells, seasonal with large island, pantry, oak cabinets, living creek, shop is around 50x36, room with woodstove, sitting room, office, family room. In basement kitchen, bath, bedroom, washer/dryer & 2 hot water heaters. Pellet stove in basement. 3rd floor has 2bed 1 bath. 24x36 shop,2 big doors, lean-tos on each side. Dog kennel stays. 930 a.m.-7 p.m. showing

COMING SOON Coming soon for Sheridan, 3 bed, 2 bath with oak cabinets in kitchen, laundry room and deep 2

car garage.

Beautiful area to build your dream home. 44 acres, Perrymanufactured home no value, no value on old barn, some fencing for animals. Could plant filberts, grapes or Christmas trees, etc. Apple, oak and some fir trees on property. Sheridan.

PRICE REDUCED! 3.15 acre. Three

bed, one bath fixer upper. Great investment opportunity. Shop #1 30'x60'. Shop#2 19'x50'. Dallas.







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Calvary Chapel Church Food Ministry volunteers gather a tremendous selection of food weekly and distribute these quality groceries to all who need a helping hand. Doors open at 10:30 a.m. every Thursday at 121 NE Yamhill Street in Sheridan. Customers can come inside to browse and select the items they need. Shoppers are limited to three regular plastic shopping bags (which they are asked to bring with them) per visit. Several small groups are admitted, one at a time, and volunteers replenish supplies in between groups of shoppers. The variety of these quality groceries varies weekly but includes a lot of frozen meats, dairy, bread, bakery items, produce, and other miscellaneous items. Ministry volunteers said they would like to reach out to more of the area's senior citizens who may not be aware that this food is available. The volunteers realize that meat has become quite expensive, which may cause some seniors to go without it. The church has nine freezers filled and ready to go. Calvary's eight volunteers travel to four different Safeway stores in Portland, King City, Lake Oswego, and Sherwood every Monday, Tuesday, Wednesday, and Thursday to pick up donations. The ministry serves from 40 to 70 people each week. When they have food left over, they take it to Grand Sheramina Food Bank or the Salvation Army, ensuring that no food will go to waste.







Green (rest Jemorial Park Email: office@greencrest memorialpark.net (503) 379-1969

Sheridan Family Chiropractic 639 W. Main Street Sheridan 503-843-3888

Treat the causes of pain, not the symptoms

Wortman Park Gallery Features Phyllis Mills

Located within the McMinnville Senior Center, the Wortman Park Art Gallery is a space created to showcase the work of local artists, to encourage local artists with recognition and community support, and to provide an aesthetically pleasing and artistic environment for center users and the general public.

Phyllis Mills will be the featured artist through October.

Artists interested in participating should call Erin Guinn at the Mc-Minnville Senior Center, 503-474-4965.

Gallery Hours are 9 a.m.-noon Monday through Thursday. The McMinnville Senior Center is located at 2250 NE McDaniel Lane in McMinnville.

I named my dog "5 miles" so I can tell people I walk 5 miles every day. I failed my driver's test today. The instructor asked me "What do you do at a red light?" I said, "I usually check my emails and see what people are up to on Facebook."

I love how people say they're "expecting" a baby, as if it might be something else, like a penguin.

I'm naming my TV remote Waldo for obvious reasons.



Murder Ballad's History Presentation Set at YVHC

Yamhill Valley Heritage Center will host "Secrets of the Past: Murder Ballad Traditions," from 6-7:30 p.m. on Tuesday, Oct. 18, at the Heritage Center, 11275 SW Durham Lane in McMinnville.

The public is invited to join David Sumner and Bootleg Jam for a musical presentation on the history of murder ballads in American folk music. Discover the roots of this tradition. Find out why people are so attracted to such violent, and often misogynistic, songs. Learn how a 19th-century Oregon murder inspired the penning of one such ballad, "The Ballad of Charity Lamb."

Charity Lamb was the first woman convicted of murder in the Oregon territory. It was a complicated tale involving domestic abuse, a love triangle, and an ax delivered to the back of Mr. Lamb's head. When asked about the murder, Charity told the constable that she "did not mean to kill the critter... only intended to stun him." This incident was the inspiration for "The Ballad of Charity Lamb."

Admission will be \$5 per guest. Members of the Yamhill County Historical Society may attend for free. For further information about the event, call 503-434-0490, or e-mail events@yamhillcountyhistory.org.



Legion Post 21 to Launch First Annual Chile Cook Off

American Legion Post 21 will host its first annual "All Comers Chili Cook off" from noon-4 p.m. on Saturday, Oct. 29, at Post 21, 126 SE Atlantic Street in McMinnville. The cook off is open to all cooks in Yamhill County, including Army, Navy, Marines, Coast Guard, SAL and Auxiliary members. One entry per person will be permitted. A \$5 fee, payable at the front entrance, allows competitors to enter the contest and post their prize-winning recipes.

Contestants must be ready to serve their chili at high noon, as that is when the doors will open to the public.

The public is invited to taste at will for a \$5 fee. The public will vote and winners will be selected by majority vote.

Winners will be selected in several categories, including one that will consider display and decorations from floor to ceiling in the contestant's area.

For more information call Jim Connelly, 503-550-7451.

Marianne Thomson for Sheridan Mayor



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Monster House



Free Family Movie 7 p.m. Saturday • Oct. 15 Sheridan High School (inside) Concessions Available for Purchase

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ANIMATION BABYSITTER BREATHING CHARACTERS COLORFUL COLUMBIA PICTURES COMEDY CONCESSIONS FAMILY FANTASY HAUNTED HOUSE KIDS LIVING

MONSTER MONSTER HOUSE NEIGHBORHOOD PRETEENS ROTARY SCARY SHERIDAN HIGH **SUPERNATURAL SUSPENSE TOP-NOTCH CREW** TREATS TRICYCLE TWISTY-TURNY **WISCONSIN**

Quick, Easy, Tasty Air Fryer Recipes



Basic Air Fryer Hot Dogs Preheat air fryer to 400 degrees.

• Place buns in a single layer in the air fryer basket; cook in the preheated air fryer until crisp, about 2 minutes. Remove buns to a plate.

 Place hot dogs in a single layer in the air fryer basket; cook for 3 minutes. (Add a minute or so for crispier results.) Serve hot dogs in toasted buns.



Air Fryer Pork Chops

Ingredients 1/2 cup grated Parmesan cheese

- 1 teaspoon paprika
- 1 teaspoon garlic powder
- 1 teaspoon kosher salt
- 1 teaspoon dried parsley
- 1/2 teaspoon ground black pepper

4 (5 ounce) boneless pork chops 2 tablespoons extra virgin olive oil

Directions

Preheat air fryer to 380 degrees. Combine Parmesan cheese, paprika, garlic powder, salt, parsley, and pepper in a flat shallow dish; mix well.

Coat each pork chop with olive oil. Dredge both sides of each chop in the Parmesan mixture and set on a plate.

Place two chops in the basket of the air fryer and cook for 10 minutes; flipping halfway through cook time.

Transfer to a cutting board and let rest for 5 minutes. Repeat with remaining chops.

Note: For easy cleanup and less mess, mix the Parmesan mixture

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in a long flat-lidded plastic to-go container. Place one chop in at a time, snap the lid, and shake. Transfer to the plate and repeat with remaining chops. Perfectly coated chops every single time.

Air Fryer Bacon

Preheat air fryer to 390 degrees. Lay bacon in the air fryer basket in a single layer; some overlap is okay. Fry for 8 minutes. Flip and continue cooking until bacon is crisp, about 7 minutes more. Transfer cooked bacon to a plate lined with paper towels to soak up excess grease.

Cooking times may need to be adjusted for your air fryer. Line drip pan with foil for easier cleanup.



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Cozy updated 3/1 home with a newer detached garage/shop 20x20, 10ft door & loft, fully fenced yard with front gate, wired for hot tub, new exterior paint, updated laminate flooring, countertops & bathroom. Gas furnace & water heater, pantry, large upstairs attic style bedroom, large semi private spacious backyard, raised garden beds, front & back decks. Kitchen appliances stay. \$325,000.



COMMERCIAL LOT available! Level 50x126. Main Street/Hwy 18B frontage location. Maybe a mom & pop retail store w/living quarters above or an adult foster care home? Previous home removed, water meter there, water and sewer still hooked up, so should cut down on SDC costs. Not for industrial or residential use. Always verify building/uses. \$49,900.



BEAUTIFUL 3.5 ACRES ON THE EDGE OF TOWN new survey done & annexation/ zone change in process. Divide into several lots with city services? Build 1 house for you & 1 for someone else next door? Future development investment? Portions of the land is rolling, cleared, sloped, woodsy and much wildlife! Not in the flood plain. \$184,900.



Platt pre-thome is a tear down). "SHERNAN VILLAGE" is on the edge of town and outside the flood plain. Buyer should verify buildability, wetland & development costs. Previous plat approval has expired. \$450,000.



COLDWELL BANKER

M&Ms Take First Place as Oregon's Favorite Halloween Candy of 2022

Candy Store, a fun online candy sales business, compiles sales each year to determine each state's top three Halloween candies. The company updated these lists in September.

Oregonians ranked M&M's as its number one Halloween treat by purchasing 81,982 pounds of them last year. Reese's Cups took the number two spot, 76,829 pounds; and candy corn came in third with 62,803 pounds.

Ranking of the entire country resulted with Reese's Cups taking the number one spot, followed by Skittles, M&Ms, Starburst, Hot Tamales, Sour Patch Kids, Hershey Kisses, Snickers, Tootsie Pops, and finally, candy corn.

The ten worst Halloween Candies are also ranked nationally. Circus Peanuts edged out candy corn as the number one worst across the country. These were followed by Peanut Butter Kisses, Necco Wafers, Wax Cola Bottles, Smarties, Mary Janes,



October is National Popcorn Poppin' Month

National Popcorn Month celebrates the wholesome, economical, natural food value of popcorn, America's native snack. Popcorn can be part of a healthy, low-fat diet.

Popcorn is a separate species of corn and is a member of the grass family, scientifically known as Zea mays everta. Popcorn differs from other types of maize/ corn in that it has a thicker pericarp/hull. The hull allows pressure from the heated water to build and eventually bursts open. The inside starch becomes gelatinous while being heated; when the hull bursts, the gelatinized starch spills out and cools, giving it its familiar popcorn shape.





Tootsie Rolls, Black Licorice, and Good and Plenty.

Statistics show that 172 million Americans celebrate Halloween each year. Of these people, 95 percent will purchase candy, spending about \$27.55 on average.

In Oregon, full-sized candy bars are the norm for trick-or-treaters to receive.

Overall Halloween spending is expected to be \$10.6 billion this year.

Fifty percent of parents will stash some Halloween candy to enjoy later in the year.

Ruff Life Rescue Offers Free Pet Food Locally

Ruff Life Rescue, with help from community partners, distributes free pet food for those in need. Distribution of pet food is from 2-4 p.m. on the first Tuesday of each month at 421 N. Main St. in Willamina; from 2-4 p.m. on the second Tuesday of each month at 201 E. Main St. in Sheridan; and from 2-4 p.m. on the third Tuesday of the month at 29795 Salmon River Hwy. in Grand Ronde.

Congratulations, Winners!

Congratulations are extended to Charlyn Pranger and TJ Sullivan, each a winner of Kiwanis' half-hog drawing. Each will receive a half-hog locally raised by FFA members, then butchered, packaged, frozen and ready to fill their freezers.





Fall into fitness at "the gym in Sheridan" with this deal. Join now through October 31, 2022, and receive your 13 month FREE, up to a \$55 value!



Included with all memberships:

- -Free virtual coaching -Free 1:1 customized workout and instruction
- -Access to fitness app that includes: Workout and nutrition tracking
- Exercise library and goal tracking -Virtual classes
- -Virtual classes -Support and encouragement
- -Support and encouragement -1 free group class each month
- -Instructions on machines and equipment

Premium offerings also available: - Personal training - Wellness programs Fat loss · gut health · corrective movement training -Small group training (sport specific or outcome focused) -Wellness programs for organizations and businesses -Home gym set up - Equipment sales -Lifestyle coaching -Personal development -Mindset training



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The City of Sheridan Public Notice and Notice of Public Hearing

The City of Sheridan is eligible to apply for a 2022 Community Development Block Grant COVID-19 Program from the Oregon Business Development Department. Community Development Block Grant funds come from the U.S. Department of Housing and Urban Development. This is a grant program to help mitigate the impacts of COVID-19 on low and moderate-income beneficiaries. Assistance is available for food banks. including the Grand Sheramina Food Bank to accommodate for expanded services to low and moderate-income families caused by COVID-19. The maximum grant that can be received by an Oregon city, county, or tribe is \$250,000.

The City of Sheridan is preparing an application for a 2022 **Community Development Block** Grant from the Oregon Business Development Department for the Grand Sheramina Food Bank, located at 120 N. Bridge Street, Sheridan, OR 97378. The purpose of the project is to increase capacity for services to the beneficiaries of the Grand Sheramina Food Bank, by expanding services including home delivery in the city of Sheridan and the rural areas through the purchase of a refrigerated van, purchasing more food, adding temporary labor, and other permanent facilities to accommodate for the increased demand due to the impacts of COVID-19. The proposed project is estimated to benefit over 4,000 people of which approximately 70% will be low or moderate income.

The City Council will hold a public hearing at 7:00 pm on October 17, 2022, at Sheridan City Hall, 120 SW Mill Street, Sheridan, Oregon. This meeting can be attended in-person or virtu-

> The Bulletin Board publishes obituaries at no cost. Email: bulletinwestvalley @gmail.com



Matt Huegli

(971) 237-9837 Email: matt.huegli@comcast.net

Visit us online at: http://www.mobilecomputersolutions.org ally. The link and number are on the city website at www.cityofsheridanor.com/

The purpose of this hearing is for the City Council to obtain citizen views and to respond to questions and comments about the proposed project:

• Grand Sheramina Food Bank assistance to accommodate for expanded services for the needs of low- and moderate-income persons caused by COVID-19. Written comments are also welcome and must be received by 7:00 pm on October 17, 2022, at Sheridan City Hall, 120 SW Mill Street, Sheridan, Oregon. The City Council will consider both oral and written comments in deciding whether to apply.

The location of the hearing is accessible to persons with disabilities. Please contact Heidi Bell at 503-843-2347 if you will need any special accommoda-

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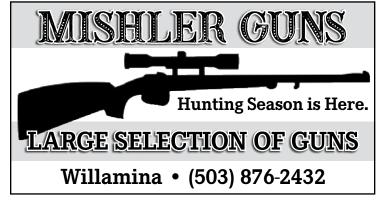
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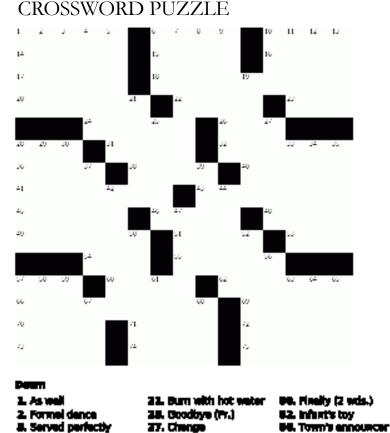
tions to attend or participate in the meeting.

More information about Oregon Community Development Block Grants, the proposed project, and records about the City's past use of Community Development Block Grant funds is available for public review at City Hall during regular office hours.

Permanent involuntary displace-

ment of persons or businesses is not anticipated due to the proposed project. If displacement becomes necessary, alternatives will be examined to minimize the displacement and provide required/reasonable benefits to those displaced. Any low- and moderate-income housing demolished or converted to another use will be replaced.





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City of Sheridan to Pay \$50 To Remove Junk Vehicles

In an effort to help citizens remove old junky cars from the streets and their yards located within the city limits of Sheridan, the City of Sheridan, in partnership with Gale's Towing and Recovery, Inc., will pay \$50 to tow away the first 30 vehicles for residents who contact the City to request this service. Vehicle titles are helpful, but not required.

It is unlawful to park, store or leave, or permit the parking, storing or leaving, of any licensed or unlicensed motor vehicle of any kind for a period of time in excess of 72 hours, which is in a rusted, wrecked, junked or not, upon any private property within the city, unless the same is completely enclosed within a building. That "motor vehicle" may be deemed to include major parts thereof, including but not limited to bodies, engines, transmissions, and rear ends. For more information call the City of Sheridan, 503-843-2660, or stop by Sheridan City Hall at 120 SW Mill Street.



Sheridan Tree of Giving Applications Available

Sheridan Tree of Giving applications may be picked up at the Sheridan Public Library. Once completed they can be returned to the library with a copy of applicants proof of residency.

Completed applications with proof of residency attached may also be mailed to Sheridan Tree of Giving, P.O. Box 272, Sheridan, OR 97378.

Nov. 1 is the deadline to submit applications. Applications will not be accepted in person or online after Nov. 1.

For more information, email sheridantreeofgiving@gmail. com.





— CRAZY GOOD FRIED CHICKEN — Delicious fried chicken, sandwiches, tenders, dippers, bowls, served with your choice of jojos, mashed potatoes, or mac and cheese. Chicken by the piece or great combo meal deals!

TRY OUR DELICIOUS HANDCRAFTED PIZZAS

Now serving biscuits & gravy, breakfast sandwiches, and other breakfast items starting at 5 a.m.

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Carrot Cake: A Halloween Party Favorite

So many sweets are on display around Halloween that it can be difficult to pick a favorite. When hosting a gathering of trick-ortreaters or the adults waiting for their hordes of candy mongers to return, it's handy to have plenty of desserts available to tempt various palates. Carrot cake boasts an antioxidant-rich main ingredient and offers some semblance of nutrition amid the sugar rush of other offerings. Plus, its orange hue fits in perfectly with the season.

This recipe for "Carrot Cake" yields two cakes, perfect for feeding a crowd.

Carrot Cake

Makes 25 servings • Two cakes

4 cups sugar

- 8 eggs
- 2 cups oil, canola or safflower
- 2 1/2 teaspoons vanilla
- 4 cups flour
- 4 teaspoons baking powder
- 2 teaspoons salt
- 2 teaspoons cinnamon
- 2 pounds carrots, grated
- 2 cups nuts, chopped 2 1/2 raisins (optional)

Beat the sugar and eggs together until well blended. Stir in the





oil and vanilla. In a separate bowl, mix the flour, baking soda, salt, and cinnamon. Combine the egg mixture. Fold in carrots, nuts and raisins.

Divide the batter between two (9-x13-inch) greased baking pans. Refrigerate the batter between baking times. Bake the cakes in a moderately hot oven (350 degrees) for approximately 40 minutes. Let cool completely. Frost with cream cheese frosting. The cakes may be left in the pans for ease of serving.

Cream Cheese Frosting

- 8 ounces cream cheese
- 5 ounces butter
- 1 1/2 pounds powdered sugar
- 1 1/2 teaspoons vanilla

Bring the cream cheese and butter to room temperature. Cream the two together until smooth. Add sugar gradually, shaking it through a strainer to get rid of the lumps and beat until smooth. Add the vanilla. Cover and refrigerate until it has a good spreading consistency.

Successful GARAGE SALES Start with your <u>FREE</u> listing in THE BULLETIN BOARD



Deadline: Ads should be submitted by Friday for the following Wednesday's issue. Email: bulletinwestvalley@gmail.com You can also mail your ad or stop by 136 E. Main Street in Sheridan. We're open from noon-6 p.m. Monday through Friday.

Sheridan Sun Archives • 1953

Mrs. Ritner Buys Coffee Cup; Grand Opening Set

Mrs. Doris Speer, owner and operator of the Coffee Cup on East Main, has announced the sale of the business to Mrs. Charles Ritner. Mrs. Speer's illness forced her to close the business over a month ago.

Mrs. Ritner plans to have the grand opening of the Coffee Cup Saturday when she will serve free coffee and doughnuts. She plans to feature homemade pies and cakes.



Shower Aids Lady Whose Home Was Damaged In Fire

RED PRAIRIE - A shower was held Monday night at the hall by the Buell Grange for Mrs. Elva Smith whose home was nearly destroyed by fire on August 22nd. Quite a nice assortment of household items and a small amount of money was gratefully received by Mrs. Smith. The Grange ladies served refreshments of cake, cookies, jello and coffee.

This was the third time Mrs. Smith has lost her home by fire; twice in the same place on Red Prairie. One room wasn't touched by the fire this time, but was severely damaged by water.

Mrs. Smith is now living in this room. Several of her married children have extended invitations to live with them, but Mrs. Smith, who has worked hard all her life, likes to be independent and keep up a home of her own.

Hyder Converts Building Into Auction House

Luther Hyder, well-known Sheridan building material and appliance dealer, has announced he has sold his building material stock, and is converting the building on Railroad Street into an auction house, which will be known as the "Sheridan Bargain Center." The firm will continue in the appliance business in their South Bridge Street building. Auction sales, which have been operated by Mr. Hyder for over a year, have been quite successful, and with the expanded facilities he expects their volume to increase. Auction sales are held

HAMMONS' Hi-Way Market "THE FRIENDLY STORE" OPEN EVERY DAY Including Sunday -- 8 A. M. to 9:30 P. M. You Can Always Find Specials Here. The Friendly Store That Appreciates Your Business. We Give S & H Green Stamps Hammons' Hi-Way Market 836 East Main

every Friday evening.

Mrs. Cole Lands 43 Pound Salmon



When Mrs. Warren Cole, 745 E. Main, caught her first salmon Friday she really hit the jackpot. She landed the 43 pound Chinook on light spinning tackle in the Salmon River. Mrs. Cole said it took only about 10 minutes to land the large fish.

Buell Grange Booth Gets Fair Award

Buell Grange was awarded first place with their booth "Production is Growing" at the Polk County Fair. Grange members felt well repaid for their efforts of planning and carrying out their theme, which won the purple ribbon rosette in the community display group, rating a total of 96 points out of a possible 100.

The Grange colors of blue and gold were used to decorate the shelves and tinfoil was placed behind the fancy work and canned food displays. Fresh fruits and vegetables, greens, dairy products, and baked foods were also displayed effectively.

In the background was a tree, from which hung blue and gold apples bearing the names of various crops produced in the vicinity. On one side was a small log truck and a timber setting, and on the other side was a farm. The project carried out the idea of

Mr. and Mrs. J.B. Emerson, Buell Grange members.

Private Kindergarten To Be Established By Mrs. Ritner

Sheridan will have a kindergarten for preschool children this year, it has been announced by Mrs. Jean Ritner, 742 S.W. Second, who will operate the class in her home. The kindergarten will not be associated with the school district and is not under the sponsorship of the district, according to Mrs. Ritner. Tuition will be paid by parents for each child attending.

Mrs. Ritner, who has had considerable teaching experience in the primary grades, plans to have her class in the mornings from 9:00 to 12:00. While it will be conducted along the usual lines of a kindergarten, she prefers to call the class a "preschool adjustment program."

Activities on the agenda will include: games, records, singing, stories, creative expression in crafts, mid-morning snack and rest, personal habit training, supervised play and dramatized play.

If there is sufficient demand for the program Mrs. Ritner plans to set up an afternoon class. If the demand is too great, preference will be given to those whose sixth birthday comes after Nov. 15th, too late to enter the first grade this year.

Principal Rose Gives Dope On Grade School Registration

James Rose, Sheridan grade school principal, announced that the Sheridan grade schools will start September 14th. Registration is to start Thursday, September 10, at 10:00 AM. Working students may wait until Monday, September 14, to register.

All sixth, seventh and eighth grade students are to register at Chapman school, and all lower grades on the south side of the river are to register at Chapman school. Students living on the north side of the river of the grades first to fifth are to register at Faulconer school. All bus students are to register at Faulconer school. Students will be assigned to their schools later.

All first grade students must have a physical checkup prior to registration date, and must bring the form signed by their physician, together with birth certificates or hospital record.



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Confederated Tribes of Grand Ronde & West Valley Fire District: https://client.pointandpay.net/web/grandrondefiremed





All kids in costumes are welcome to this scary, safe, dry, fun

Trick-Or-Treat Event Halloween • Oct. 31 Sheridan High School

Doors open promptly at 5 p.m. Doors close promptly at 6 p.m. For more information call Kim Greene, 503-434-0472, Coldwell Bankers Professional Group.

Grand Sheramina Collects Cans and Bottles

Grand Sheramina Food Bank collects recyclable cans and bottles to raise funds to help feed our neighbors in need. They also collect heavy-duty plastic bags to use for distributing food.

Food Bank Manager Judy Adams also asks people to consider selecting Grand Sheramina Community Services, Inc., as their charity of choice on Amazon Smiles. Amazon will give the food bank .05% of the shopper's total Amazon order at no cost to the shopper.

Here's how: open the Amazon app on your phone and select Main Menu (=) and tap Amazon Smile within programs and features. Select Grand Sheramina Community Services, Inc., as your charity. Follow the on-screen instructions to activate Amazon Smile in your mobile app.

Soroptimist's Offering Live Your Dream Award

The Soroptimist's "Live Your Dream: Education and Training Awards for Women" program has been helping women around the world since 1972. The program provides cash grants to women who are working to better their lives through additional schooling and skills training.

To be eligible to apply you must be a woman with primary financial responsibility for yourself and your dependents and you must be attending an undergraduate degree program or a vocational skills training program. You must be able to show a financial need.

To apply for a Live Your Dream Award go online to bit.ly/LYDA -apply or contact Marilyn Salter via email mcsaltym@onlinenw. com or call 971-237-3334. The deadline to apply is Nov. 15, 2022. The amount of the club award can be up to \$4000.

Toastmasters to Host Open House on Oct. 18

The Willamina-Sheridan Toastmasters will host an open house during the regular meeting at 6:30 p.m. on Oct. 18 in Coyote Joe's meeting room.

All ages are invited to attend, learn more about Toastmasters, and experience an abbreviated meeting. While all ages are welcome, Toastmasters is geared toward those high school age and older.

For more information email Jay at cowboy3013@gmail.com and use the word "Toastmaster" in the subject line.



Oh, boy. Here comes one of my most favorite times of the year.... "Wet Season" at the West Valley Community Campus, known to some of you as "the old high school." It hasn't been a high school since I've lived here, which has been more than 16 years.

Anyhow, "Wet Season" is a very fun evening of music, food, friends and neighbors. It takes place every third Saturday during the months of October through March. Those are usually the wettest months of the year, when everyone gets bored being closed in during the evenings, hence the name.

The music is often local and good. Sometimes, they get lucky and bring in a "big name." No matter, it's all good and it's all FUN.

The music is free There's food that is provided by a local group hoping to raise money for their project. It's never very expensive and usually really good. There's room to dance and the kids can run around to their heart's content.

It's just a few hours of fun, food, music and relaxation. Being prepared for a good time is "What's Up in Willamina."

