

# The Bulletin Board

Weekly Publication Serving Sheridan, Willamina and Grand Ronde Vol. 7, No. 31 October 13, 2021

Marianne Thomson • Email: bulletin@wavecable.com • (503) 687-3000 • 136 E. Main Street, Sheridan, OR 97378



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#### Little Guy Football Seeking Support

Sheridan Little Guy Football is tackling a fundraiser to purchase new uniforms and equipment. The group is selling \$25 tickets good for a spaghetti dinner for two with all the trimmings from 5-7 p.m. on Friday, Nov. 5, at the Monroe Event Center in Sheridan. Only 200 tickets will be sold. In addition to the spaghetti dinners served by the football players, these same tickets will be entered into a Cabela's gift card drawing to take place at the end of the dinner. Ticket holders may win one of three gift cards: first, \$500; second, \$350; and third, \$150. A silent auction during the dinner is also on tap.

Little Guys Football is open to boys in third, fourth, fifth, and sixth grades. Games for grades 3 and 4 begin at 9 a.m. every Saturday at the Sheridan High School field (when games are played in Sheridan). Games for grades 5 and 6 follow the younger kid's game.

To purchase tickets, send a text to 971-312-2786, or stop by The Bulletin Board office at 136 E. Main Street in Sheridan.



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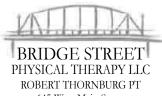
Premium, split and stacked firewood. \$200/cord Leave message 503-879-5146. (11.24)

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Three sex-link laying (1 yr.) hens, \$20; two Araucana laying (1 yr.), \$12. Call 503-876-5111.

Rims, four 5-hole, 15", nice. 503-843-4370.



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#### Live Music Saturday at **Fort Hill Public House**

Adrian Wulff and the Recliners will play from 7-10 p.m. on Saturday, Oct. 16, at the Fort Hill Public House, 8655 Fort Hill Road, Willamina.

Adrian Wulff is a country singer and songwriter who plays a blend of outlaw country, western swing, folk, and old school honky-tonk.

#### **Help Wanted**

Sheridan Family Chiropractic is seeking a LMT Massage Therapist to cover a leave of absence, possibly becoming permanent. For job description and other details, please email Tina at sfccmain@gmail.com. (c)

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#### The Bulletin Board Offers Laminating

Sizes range from business cards to 11x17-inches. 136 E. Main • Sheridan 503-687-3000

#### **Heritage Center Open Fridays and Saturdays**

The Yamhill Valley Heritage Center is now open from 10 a.m.-4 p.m. on Fridays and Saturdays at . 11275 SW Durham Lane in Mc-Minnville. Visitors can view antique agricultural equipment, vehicles, implements, and displays depicting the area's history.

#### NA Meets Mondays

Narcotics Anonymous meets at 7 p.m. on Mondays at 339 NW Sherman Street in Sheridan.

# Freebies

Free leather couch with recliner on each end. 503-843-4479.

#### Cribbage and Mahjong **Played at Senior Center**

Weekly cribbage games begin at 9:30 a.m. on Wednesdays; and Mahjong at 9:30 a.m. on Thursdays at the McMinnville Senior Center, 2250 NE McDaniel Lane. For more information call recreation coordinator Erin Guinn at 503-474-4965.

#### **Youth Center Open** Open on Sundays

The Tina Miller Teen Center is open from 3:30-6:30 p.m. on Sundays at 172 NW 4th Street in Willamina. For more information visit the Tina Miller Facebook page at https://www. facebook.com/tinamillercenter or call 503-876-6011. The center offers games and entertainment for youths. Masks are required.

#### WHS Grad Night **Fundraiser Underway**

Willamina High School is raising funds for graduation night with a raffle for a \$500 Visa gift card. Only 100 tickets will be sold at \$10 per ticket. For more information, contact a member of the Senior Grad Night Committee or call Brandy Allen, 503-302-0756.

#### **Mammography Van** Scheduled Oct. 21

The OHSU Hillsboro Medical Center mobile mammography van will be in Sheridan from 9 a.m.-3 p.m. on Tuesday, Oct. 21, at Sheridan High School, 433 S. Bridge Street.

To schedule an appointment, call Tuality Healthcare, 503-681-4108, or Adventist Health Sheridan, 503-843-1535.

Mammography van services include both 2D and 3D imaging.

#### **Soroptimist Offering Live Your Dream Award**

The Soroptimist's "Live your Dreams: Education and Training Awards for Women" program has been helping women around the world since 1972. The program provides cash grants to women who are working to better their lives through additional schooling and skills training.

To be eligible to apply you must be a woman with primary financial responsibility for yourself and your dependents and you must be attending an undergraduate degree program or a vocational skills training program. You must be able to show

a financial need.

To apply for a Live Your Dream Award go online to bit.ly/LYDA -apply or contact Marilyn Salter via email SIMcminnville@soroptimist.net or call 503-472-3840. The deadline to apply is Nov. 15, 2021. The amount of the club award can be up to \$4000.



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## Firefighter's Union President Presents Statement to Sheridan Fire Board

Michaela Woods, president of the International Association of Firefighters Local 4861, read the following statement on behalf of the union at the Oct. 4 Sheridan Fire Board meeting:

**Michaela:** The following is a report on the union's business and voted upon public stance by the union as a whole.

Many of you are aware that Local 4861 made a motion for a vote of no confidence against Chief Hertel. The union expects this motion to be honored as a public stance in opposition to Chief Hertel's leadership and his decisions. Although numerous concerns brought this motion to the table, the most alarming are as follows:

- First and foremost, decisions are being made that directly and negatively impact the service level provided to citizens. For example, on more than one occasion, the priority has been to staff a medic unit in SW Polk over Willamina, using West Valley and Sheridan employees, which causes an increased response time and is an ill use of resources.
- Second, Chief Hertel has made decisions that detrimentally affect staff. An example of this is refusing to implement staffing solutions such as hesitation in initiating hiring processes or conducting interviews in a timely fashion, sending out employees on conflagrations (an extensive fire which destroys a great deal of land or property) while the district underwent severe staffing crisis, temporarily promoting an employee which resulted in further short staffing.
- There is a significant concern held by the union of the conduct of Chief Hertel and the apparent motives he has when making

decisions. In September, Chief Hertel accepted a conflagration deployment (in the middle of the above-mentioned staffing crisis) and later recanted his acceptance when threatened by his administrative assistant that she would quit if he went through with the deployment. He was later heard expressing that he lost a significant amount of money by not deploying. Multiple line staff attests to hearing Chief Hertel state that if he couldn't get these three agencies together, he would "blow it up" and make it to where it could not be put back together. This, coupled with the fact that his entire administrative team has resigned and multiple members have stated ethical concerns, is proof to this union that Chief Hertel is not living up to his oath to serve and protect the districts and protect their hest interests.

- Furthermore, Chief Hertel has, in multiple instances, ill-informed the boards and employees by withholding facts and pieces of information that would allow either party to make educated decisions and plan ahead. Examples of this would be downplaying the staffing crisis to the board, tardiness and reluctance in budget and financial reports to committees and employees alike, misguiding future employees about opportunities for employment at specific agencies, and failure to notify union leadership of staffing issues and efforts to relieve
- Lastly, but of no less concern, Chief Hertel has been resistant to work with Sheridan Fire District Chief Les Thomas. Not only has Chief Hertel refused to work in cohesion with Chief Thomas, he has also prevented Chief Thomas from beginning business. In

doing this, he has halted staffing solutions and created logistical obstacles for Sheridan Fire Districts' new administration. This alone creates turmoil for staff and, more globally, the union, as contracts, MOU's (Memorandums of Understanding), negotiations, and policies all must be upheld universally. Chief Hertel has proven to be unneighborly to Sheridan Fire District and its employees, directly impacting community service and operations. The union feels this to be a breach of his oath as a firefighter and chief.

The union has reached out to Chief Hertel multiple times using multiple means of contact and has had minimal effort returned.

This board must understand that these things aforementioned variably impact every bargaining member in different areas at some level or another.

With all this being said, and understanding that the employees of all these agencies are represented by one bargaining group, Union Local 4861 requests that this board consider carefully the impact of a partnership with a fire chief whose actions so detrimentally impact the community and halt the ability of the district's current leadership. The union leadership is open and willing to discuss our concerns further and in more detail with board members if the board sees



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Sheridan Rotary Club

#### YAMHILL COUNTY **CULTURAL COALITION**

The Yamhill County Cultural Coalition is composing a comprehensive list of all cultural resources and assets in Yamhill County.

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All artists are asked to contact YCCC: Website: yamhillcountyculture.org PO Box 493, McMinnville OR 97128



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# U.S. Air Force Crews Delivered Tons of Life-Saving Supplies During Berlin Airlift

Information courtesy of Mark Dolan

At the height of the Cold War, the union of Soviet Socialist Republics, occupying Eastern Germany following World War II, blockaded the Allied portions of Berlin, cutting off all transportation by land and water. Following this, East German authorities began building the Berlin Wall. As a result, the western part of the city was now completely isolated. Joseph Stalin hoped to force Britain, France, and the United States, to abandon Berlin, giving the communists complete control of the devastated country.

General Curtis Lemay was asked to transport the needs of the city by air. Calculations indicated they would need to supply 1,700 calories per person per day, giving a total of 646 tons of flour and wheat, 125 tons of cereal, 64 tons of fat, 109 tons of meat and fish, 180 tons of dehydrated potatoes, 180 tons of sugar, 11 tons of coffee, 19 tons of powdered milk, 5 tons of whole milk for children, 3 tons of fresh yeast for baking, 144 tons of dehydrated vegetables, 38 tons of salt, and 10 tons of cheese. In total, 1,534 tons were needed daily to keep the two million-plus people alive. Additionally, the city needed heat and power, which would require another 3,475 tons of coal and

gasoline. At the height of the airlift, one airplane was landing every 30 seconds. By the end, more supplies were arriving by air than had previously come by rail. The airlift ended on Sept. 30, 1949. A total of 2,326,406 tons of food, medicine, and coal, had been delivered. 101 Aviators lost their lives.



Richard C. Kennedy Nov. 13, 1946-Feb. 5, 2021 Richard Kennedy served in the Vietnam War. He retired from the Air Force in 1974. Richard lived in Sheridan from 2004 until his death in 2021.

Richard's father, William J. Kennedy, 1922-1973, flew in the Berlin Airlift in 1948. He retired from the Air Force in the 1960s.

#### Provoking Hope Open on Tuesdays

Provoking Hope is open from 2-4 p.m. at the Odd Fellows building in Sheridan. They provides a safe and sober environment, along with a team to help transition from drug and alcohol addiction to sobriety. Recovery support services are offered by peers who are now in successful long-term recovery. For further information, call 971-261-2259.

#### Free Diapers Available Through A Family Place

A Family Place Relief Nursery of Yamhill County operates a diaper bank and clothing closet, which is open to the public from 10 a.m.-noon on Thursdays at the First Baptist Church, located at 125 SE Cowls Street in Mc-Minnville.

For general information call Lutheran Community Services at 503-472-4020.





http://emspatient.com/sheridanfiremed/



#### **Obituaries**

#### Sandra Jean Roselle Jan. 25, 1951-Sept. 27, 2021

Sandra Roselle of Grand Ronde left us to be with her Lord on Sept. 27, 2021, at age 70.

Sandy was born Jan. 25, 1951, in San Diego, Calif., to Lee E. Doss and Judy E. Doss (Judy E. Hall). Lee and Judy moved from California to Grand Ronde, where they purchased land in approximately 1957.

Sandy attended school in Grand Ronde and Willamina. She grew up with two brothers and a sister. She also grew up around lots of horses and other farm animals. She especially loved horses and spent much time with them. In



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her teen years, she trained several horses for her parents and others and cared for the sick and injured ones. Some of her friends called her "Dr. Sandy" because she was not afraid to stitch them up or whatever it took. She understood horses so well.

Sandy was married to Cliff Roselle on Aug. 12, 1978, in Salem, and they spent the next 43 years together. Cliff and Sandy raised five children together.



Sandy loved horses and missed being around them so much that she, Cliff, and their five children moved back to Grand Ronde and settled on a small parcel of land where she could have her own horses. She and some of her neighbors spent many years riding together all around the Grand Ronde area.

She loved the Lord and became a Christian very early in life. She shared her love for the Lord in every way she knew how.

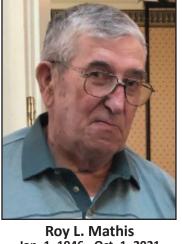
She had many health issues throughout her life and was bedbound at home for the past seven years, but her faith, love, trust, and hope in the Lord never wavered.

She was very talented, not only with horses; she always had projects in the works, either for school, church, herself, or children. She took painting classes in her spare time, if she had any, and painted a few pictures. If she didn't have her own projects going on, which was rare, she would be helping someone else. She had a few jobs, but she spent most of her time as a homemaker and raising her children. She loved her children and spent any spare moments she could to help them grow in life. She loved all her grandchildren and spent as much time as she could with them as well. She loved seeing them grow and nurtured them any way she could, including spoiling them whenever she had the opportunity.

Sandy was preceded in death by her father, Lee Doss, mother, Judy Doss, and grandson, Austin Roselle.

She is survived by her husband Cliff; brothers David Doss and Frank Doss (wife Emily); sister Diana Huff; son Raymond (wife Sophie), son Jeremy (wife Michelle), son Bradley (fiance Helen Blakeslee), stepdaughter Carol, stepdaughter Sue Bicknell, ten grandchildren and five great-grandchildren.

Her family will host a celebration of her life at 2 p.m. on Oct. 23 at the Church of the Nazarene, 8775 Grand Ronde Road.



Jan. 1, 1946 - Oct. 1, 2021

Roy L. Mathis passed away at home on Oct. 1, 2021. Roy was born in Sedro Woolley, Wash., on Jan. 1, 1946, to Hubert and Myrtle (Killian) Mathis. He was one of seven children.

Roy served in the U.S. Navy from 1964-1970.

He worked at the Wepster's Tree Farm in Sheridan for many years. When Roy was younger, he was an avid hunter and enjoyed the outdoors. He also liked a good cup of coffee, telling stories, and talking about the weather.

Roy is survived by four sisters, Iva Walker, Dollie Budlong, Donna Peters, Rachel Rhine, and brother Glenn Mathis.

He was preceded in death by his parents and younger brother Robert Mathis.

A celebration of life will be announced at a later time.

#### **Grand Ronde Art Guild Extends Invitation to Join**

Moms and grandmas: Do you have extra time on your hands? Are the kids off at school? Want to explore your artistic side? The Grand Ronde Art Guild is looking for new members. The current members would be glad to help new members learn new ways to paint. Call Alice at 503-879-5927 or Bev at 503-876-4616 for more information. The guild meets from 10 a.m.-1 p.m. on Wednesdays at the Grand Ronde Methodist Church in Grand Ronde.



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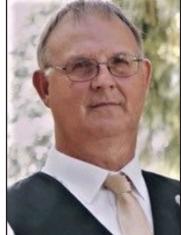
#### **Obituaries**

#### Scott Kevin Pond April 6, 1962 - Oct. 6, 2021

Scott Pond, beloved husband, father, and grandfather, died on Oct. 6, 2021, at the age of 59. Scott is survived by his mother, Gladys Dalgity, and stepfather, Gordon; wife Sandy Pond; his children Michelle Pond, Mychal Pond, Bret Pond, and Jenn Pond; sister Sherene Moore; brother Rick Pond; and seven grandchildren - Sadie, Sienna, Wyatt, Cohlman, Hudson, Zoey and Ryder. He was preceded in death by his brother Troy Pond, father Walter "Bud" Pond, and his grandparents.

Scott was born in McMinnville on April 6, 1962, to Bud and Gladys Pond. He graduated from Willamina High School in 1980. On Oct. 10, 1980, he married Sandy Butler, his high school sweetheart. Scott and Sandy welcomed their three children into the world in 1980, 1982, and 1984.

Scott was an avid hunter and traveler. He enjoyed taking his grandchildren with him on his hunting trips which included both domestic and international trips. He also enjoyed traveling to many National Parks and places of historical significance. Scott was a fan of Davy Crockett, and one of his greatest thrills was standing atop the Cumber-



land Gap, the spot Davy Crockett and Daniel Boone crossed paths. A grave site service will be held Oct. 13, 2021, at 1 p.m. at Buck Hollow Cemetery in Willamina.

# by mary jane

Well, it seems that the Willamina Coastal Hills Art Tour will be put off for another year. It's such a shame, because it's a great way to kick off the holiday season. We have so many great artists in this area. They work in all kinds of mediums... clay, fabric, wood, wires, and stones... just to mention some of them. It's great to get a chance to talk with them about their hobby and learn a bit more about it.

It's a very good way to pick up something that's not one of a hundred that you'd find at a big store in town.

Hoping to have an art tour next year is "What's Up in Willamina."

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All students will be required to sign a COVID 19 waiver.

\$45 - all materials will be provided

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# **New Statewide Program Further Protects Youth From Tobacco**

Preventing commercial tobacco sales and marketing to youth will be easier across Oregon beginning in January.

In 2021, the Oregon Legislature passed Senate Bill 587, which requires retailers to get a license to sell tobacco products and e-cigarettes starting in 2022. The Oregon Department of Revenue and Oregon Health Authority are developing the program as part of a comprehensive strategy to reduce youth tobacco use and strengthen enforcement of state tobacco laws.

"Everyone deserves a fair and just opportunity to be as healthy as possible – and that includes a life free from addiction to commercial tobacco," said Rachael Banks, director of the OHA Public Health Division. "Our kids deserve strong protection from commercial tobacco products, like cigarettes and e-cigarettes. Oregon's new statewide tobacco retail license will reduce youth access to commercial tobacco by helping retailers follow tobacco sales laws and holding retailers accountable if they make illegal sales."

Licensing allows the state to monitor the number, location, and density of tobacco retailers in a community. The state can then educate retailers about tobacco sales laws; mount an inspection program to check compliance; and enforce penalties if a retailer repeatedly violates the law, including removing the retailer's ability to sell tobacco. In 2019, 23% of Oregon 11th-graders reported using an e-cigarette product with nicotine, and one in five retailers the state inspected sold e-cigarettes illegally to a person younger than 21. Effectively enforced licensing programs can reduce youth tobacco use, according to the Centers for Disease Control and Prevention and the U.S. Surgeon General. A study of 33 communities showed dramatic decreases in youth tobacco sales since requiring tobacco retail licenses. Before SB 587, Oregon was one of just seven states in the U.S. that did not require retailers to have a license.

"Protecting youth from starting to use vape and other tobacco products is critical," said Nadia LeMay, Health Strategist with the Crook County Health Department, which was part of the coalition advocating for the passage of SB 587. "Oregon finally has a way to enforce sales and marketing laws and prevent tobacco from getting into the hands of people under 21."

OHA is developing rules to start

**OHA Offers Free Help to Quit Smoking** one pack a day smoker the cost The OHA understands that with

all the stress of living during a pandemic, it's hard to remember to think about other aspects of caring for your health. You may have taken the time to get vaccinated against Covid-19, to mask up and avoid large gatherings. Those are all ways to take care of your health. One other sure way to prioritize your health is by getting help to quit smoking and vaping.

Being a current or former cigarette smoker can make you more likely to get severely ill from Covid-19. If you currently smoke, quitting is another step toward protecting yourself from Covid-19. If you don't smoke now, don't start.

Quitting is different for everyone. There are a variety of options such as counseling, patches, gum and other tools that you might find on your own.

Here are some tips you can try to get through a craving:

- Take slow, deep breaths. List your reasons for quitting.
- Calculate how much money you'll save (\$9 per pack x packs per day x 365 days a year. For a

would be about \$3,285 per year.) Here are some resources to help you quit:

- The Oregon Tobacco Quit Line is free and available to all Oregonians. This is answered by real people who have helped others quit for good—no judgments, just help.
- Text "READY" to 200-400
- Call 1-800-QUIT-NOW (1-800-784-8669)
- quitnow.net/oregon

There are plenty more reasons to quit smoking. Your lung function will improve, you will smell better, your skin will look healthier, you'll have decreased cancer risk, you'll likely live longer, your risk of heart attack will decrease, food will taste better, you may even sleep better. And then there's your freedom. Think about it. Once you're no longer tied to your smoking habit, you'll feel a sense of freedom. No more going out in the rain to grab a quick smoke: no more dreading long flights; no more making excuses. You can breathe easier and enjoy your newfound freedom from smoking.

the new tobacco retail license program and seeks community partners to serve on a rules advisory committee. People from communities that will be affected most by these rules, including those from the tobacco industry, are encouraged to apply. The new law will go into effect on Jan. 1, 2022.

## A MESSAGE FROM THE **WILLAMINA SCHOOL DISTRICT**

#### **Long Range Facility Planning**

An ongoing requirement for the Willamina School District is to review and revise our Strategic Long Range facility plan regularly. With the help of board members, community members, and school staff, we determine priorities for our school facility; repair and maintenance, improvements, and expansion due to increased enrollment and/or new programs.

In the Fall of 2003, the high school on Washington Street was vacated due to repairs and maintenance that could not be completed within the general operating budget. In 2008 when the recession was upon us, the district made a tough decision to sell our Grand Ronde facility and consolidate all schools on the Oaken Hills campus.

We were fortunate to pass a bond in 2014 that added much-needed space; a new five-classroom modular building that replaced two very old modular buildings and our Career Technical Education space.

Over the past seven years, we have continued to maintain and improve the Oaken Hills campus: new roofing, new HVAC systems, upgraded technology infrastructure, new bleachers (gym and FB field), road paving, expanded parking, new floor coverings, added security systems, and many landscaping improvements.

The current long-range plan includes: upgrading our water pressure and flow to meet current fire codes, expanding our middle school to accommodate all 6, 7, and 8 grades teachers and students (6 classrooms and office space), renovate our track, expand our covered play area for k-5 grades, pave the student parking area, upgrade outdoor lighting, install covered breezeways between modular buildings and the main building, and improve our library/media space to accommodate current k-12 needs.

We have been encumbering funds in a capital improvement account to ensure our greatest district asset is maintained for future generations. However, it is difficult to maintain buildings and have the funds to expand. Passing bonds is critical for school districts, so they may grow and offer much-needed programs. Our current bond will expire in 2024; I hope that the community will commit to renewing it. This will not increase taxes; the cost may, in fact, decrease due to the addition of new homes in the district. In addition, the renewal of this bond would allow the district to make improvements prioritized in our Long-Range Facility Plan.

The passing of the 2014 bond was a blessing to our district and the community. It allowed us to create much-needed space as well as a state-of-the-art CTE facility.

When the time comes, I hope we will continue to support the students of the Willamina School District through the renewal of our current school bond.

> With great Bulldog pride, **Carrie Zimbrick, Superintendent**

Willamina Elementary School 503.876.2374 Willamina Middle/High School 503.876.2545 School District Office 503.876.1500

# **Sheridan City Hall Posts Signs on Front Door Advising Citizens of Closures and Reduced Hours**



Warm Tuzzies

I wish to thank everyone who checked on me while I was stuck at home. I couldn't get out and tell folks that I wouldn't be around, but they eventually figured it out. I got flowers, lots of cards, and it seemed like tons of food!

I want to thank one neighbor in particular for checking on me every morning. First, to make sure I woke up, and second, to see if I needed anything. I thank her and everyone else who cares. Thank



Covid-19 for most walk-in customers. However, an employee said that if she sees a customer at the door who

needs assistance beyond making a payment, who's wearing a mask, she will let them come in on an individual basis.

Otherwise, payments are to be made by phone, 503-843-2347, or dropped into the mailboxes outside the front door at City Hall, or mailed to 120 SW Mill St., Sheridan, OR 97378.

A concerned customer (who has no phone) was rebilled for a payment he'd already made. He wanted to prove he had paid his bill by showing a copy of his canceled check and a bank statement showing the payment was processed. He was frustrated at being unable to connect with anyone at City Hall.

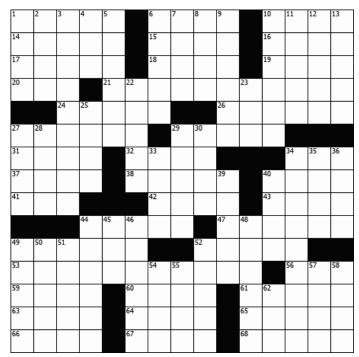
The cause of the repeat billing could be that Sheridan sends its water billing information to an outside company to process and distribute. If a payment is received at the City after the data is sent out for billing, this payment will not show on the customer's bill until the following month.



#### Across

- 1. Used money
- 6. Wilts
- 10. Tethered
- **14**. \_\_\_\_ bear
- 15. Curdle
- 16. At leisure
- 17. Defendant's offering
- \_ McEntire 18. Singer
- **19**. Bog fuel
- 20. Actor \_\_\_\_ Cruise
- 21. Rain or snow
- 24. Spouse's kin (hyph.)
- 26. Not as tight
- 27. Frontiersman Boone
- 29. Locale
- 31. Track shape
- 32. Petition
- 34. Female pig
- **37**. Jot down
- 38. Valentine symbol
- 40. Land measure
- 41. Flock mother
- 42. She, in Lyon 43. Persia, now
- **44**. Jobs
- 47. Early car (2 wds.)
- 49. Most unusual
- 52. Buying frenzy
- 53. Business activity
- 56. Zilch
- **59**. Songstress \_\_\_\_ Turner
- **60**. Shout
- 61. Stand up
- 63. Balanced
- 64. Test answer
- 65. Prongs
- 66. Relax
- **67**. Gels
- 68. Borders

#### CROSSWORD PUZZLE



#### Down

- 1. Squabble
- 2. Horseback game
- 3. Do away with
- 4. Apprehend
- 5. Three-base hit
- 6. Metal fastener
- **7**. Actor \_\_\_\_ Guinness
- 8. Asian desert

- 9. Paper fastener 10. Walk cautiously
- 11. Notions
- 12. Make ecstatic
- 13. Discourage

- Waldo Emerson
- 23. Electrified atom
- 25. Cleopatra's river
- 27. Completed
- 28. Declare openly
- 29. Official stamps
- **30**. Scientist \_\_\_\_ Sagan
- 33. Onionlike veggie
- **34**. Movie showing
- **35**. Kind of exam
- **36**. Left
- 40. Staff officer
- 39. Musical speed

- 44. Renter
- 45. Mule's kin
- 46. Begins
- 48. Elaborate
- 49. Aquatic animal
- 50. Golf stroke
- 51. Copenhagen natives
- 52. Fathers
- 54. Earth's center
- 55. Tense
- 57. Got it! (2 wds.)
- 58. Not so much
- 62. Free (of)

# CDC Says It's Flu Vaccine Time, Even If You've Had Your COVID Shots

Amid all the focus on COVID-19 vaccinations, U.S. health experts have another plea: Don't skip your flu shot.

Flu cases have dropped to historically low levels during the pandemic. The U.S. and Europe experienced hardly any flu last winter, and the Southern Hemisphere just ended its second flu season of the coronavirus pandemic with little to report.

But with U.S. schools and businesses reopened, international travel resuming and far less masking this fall, flu could make a comeback. The big question is whether it will trickle in or roar back and put extra pressure on hospitals already struggling with Covid-19 surges.

After 18 months of little influenza exposure, "we probably as a population don't have as much immunity against this virus as we typically might," Webby said. "It makes absolute sense to go on out and get that vaccine and at least prepare for something that, you know, could be quite severe." Here are some things to know:

#### Q: Who should get a flu vaccine?

A: The Centers for Disease Control and Prevention says just about everybody needs an annual flu vaccination, starting with 6-month-old babies. Influenza is

most dangerous for adults over age 65, young children, pregnant women and people with certain health conditions, such as heart or lung disease.

# Q: Why do I need one this year, since flu hasn't been a threat during the pandemic?

A: COVID-19 restrictions including masking and staying home, especially for children, who are flu's biggest spreaders, clearly had a side benefit of tamping down influenza and other respiratory bugs. But as soon as masks started to come off, the U.S. experienced an unusual summer surge of children hospitalized with a different virus, named RSV, that usually strikes in the winter. That's a worrying sign of what to expect if flu returns.

# Q: What's the forecast for flu this winter?

A: Flu is notoriously difficult to predict. But there's a little more circulating in some countries this fall than last, including a recent uptick in China, said Webby, who directs a World Health Organization flu center. And people may be a little more vulnerable: Before the pandemic, 15% to 30% of the population was exposed to flu each year, a missing bump in immunity, he said.

"If flu does at least get a foothold

in, it's going to have more opportunity of spreading this season," he said

#### Q: When should I get a flu vaccine?

A: Now. The CDC encourages people to get their vaccine by the end of October. Doctors' offices, retail pharmacies, and local health departments have millions of doses in hand. And most Americans with health insurance can get it with no co-pay.

# Q: I already got a COVID-19 vaccine. Do I really need a flu shot, too?

A: COVID-19 vaccines prevent the coronavirus and flu vaccines prevent influenza. They don't overlap. But you can catch both viruses at the same time, or one after the other.

"Avoid the double whammy" and get both vaccines, advised the American College of Emergency Physicians. For now, COVID-19 vaccines are available for anyone 12 and older.

Flu vaccines aren't as powerful as vaccines against some other diseases but if people do get influenza anyway, they tend to have a much milder illness.

# Q: Can I get a flu vaccine and a COVID-19 vaccine at the same visit?

A: Yes, the CDC says it's fine to pair a flu vaccine with either

a primary COVID-19 shot or a booster dose.

# Q: What's the best flu vaccine to get?

A: Flu constantly evolves, and each year's vaccine is made to fight the strains that international experts deem most likely to circulate. This year all the flu vaccines offered in the U.S. offer protection against all four of those strains. Options include traditional shots or a nasal spray vaccine. There also are shots specifically designed to rev up seniors' age-weakened immune systems, either with a higher dose or an added immune booster. There are also options for people allergic to eggs, which are used to make some flu shots.





#### Pasta con Salsiccia by Seth Alcorn

Seth Alcorn lives in Sheridan and has been a chef for nearly 20 years. He was once the sous chef at the Painted Lady in Newberg and was invited to serve dinner at the James Beard House. The Bulletin Board welcomes Seth as a new contributing writer who will share recipes, photos, and more.

# Ready in 20 minutes with preparation ahead of dinner time.

Serves 4-5 people

#### **Ingredients**

Penne Pasta ½ lb.
Italian Sausage ⅓ lb.
Fresh Mozzarella in water
(Ciliegine) 8oz.
Cherry or Grape tomatoes 1 pint
Fresh Basil 6-8
Parmesan or Asiago Cheese
(to your tastes)
White wine ¼ cup
Heavy Cream ½ -¾ cup
Butter 1 tbsp.
Olive oil 2 tbsp.
Vegetable oil 1 tsp.

#### Preparation

- 1. Cut tomatoes and mozzarella into halves and reserve them separately for cooking; this can be done up to a day in advance but is an excellent job for enthusiastic young helpers in the kitchen, depending on their knife skills.
- 2. Pluck basil leaves from the stems and rip the leaves into bite-size pieces; this will prevent the basil from overpowering our other flavors and create more contrast in the flavor profile. If you prefer a more robust basil profile, cutting the leaves is fine, but use a very sharp knife to avoid bruising the leaves.
- 3. Also, "pluck" the sausage into pieces, aim to make the pieces about the size of the tomatoes and mozzarella, but a little larger or smaller is no cause for concern. Mix red pepper flake into the Italian sausage if you want the heat to be a prominent part of the flavor profile.
- 4. You can grate the hard cheese you select (Parmesan or Asiago) or make larger shavings off it with a vegetable peeler. Shavings can make a lovely presentation



and add more contrast to the "bite" of the dish if we desire it. **Cooking** 

We will start by boiling water

and adding 2 tablespoons of salt

1. If we are using dry pasta:

to the water as it boils; this will season our pasta as it cooks and results in a more flavorful bite. Generally, dry pasta requires about 7-8 minutes of a gentle "rolling" boil to become "Al Dente," which is Italian for "done to the tooth." This is a great time to include children as our testers! They will enjoy the inclusion, and the pasta itself will reveal its level of doneness visually as well. After biting a piece of penne in half, look for a ring along the interior;

ideally, this will be a pencil-thin line of uncooked pasta that will finish "carry-over cooking" after we drain the pasta and finish the dish. Drizzle a small amount of olive oil over the pasta as it drains and toss it in the colander to prevent sticking, and add a gentle nuance to the flavor profile 2. Add a thin layer of vegetable oil to a hot saute pan and sear the Italian sausage on all sides.

oil to a hot saute pan and sear the Italian sausage on all sides. When you have even caramelization, add the white wine and deglaze any crispy bits of sausage. Allow the white wine to simmer away with the sausage until the wine is almost dry, or "au sec" if you want to be fancy with your French terms.

3. As the last of the white wine bubbles away and before it begins to brown, add the heavy cream and allow this to reduce as well, we want this to reduce until it is thick enough to coat the back of a spoon, or "nappe" if we

want to be even fancier with our French terms.

4. After we achieve a nappe consistency with our sauce, add the cherry tomatoes and mozzarella and toss gently to combine the ingredients. Then remove it from the heat and add salt and pepper to taste. If you want to add a subtle level of heat, you could add red pepper flake at this stage. Finish by adding cold butter and gently stirring the sauce as the butter melts; this should give our sauce a velvety finish which looks great and tastes even better!

5. Toss the pasta into the sauce directly in the pan. If you're not confident of your tossing technique, you can feel free to fold the elements together with a spatula. To fold efficiently, scoop

from the bottom of the pan to the edge, then over the pasta, and back to the center.

6. Now for the most challenging and nerve-wracking part! Bowl or Plate!? All jokes aside, this part is entirely up to you, but a wider surface area will be better for our finishing ingredients. After you have dished up the pasta, it is time to add our basil and hard cheeses.

#### **Tips**

- 1. For 1-2 servings, an 8-inch saute pan will do, but if you're expanding the recipe, you will need to expand your pan to prevent overcrowding of our ingredients and allow for a faster reduction.
- 2. We will want to start with a hot pan before we add oil or the sausage. This will prevent sticking in a stainless steel pan, but adding the oil or sausage too early will diminish caramelization even with a Teflon pan. As brave home cooks, we always want good caramelization, caramelization = Flavor!
- 3. Parmesan and Asiago cheeses are both delicious and salty Italian hard kinds of cheese that are perfect for finishing many pasta dishes. They both add quite a bit of salt to a dish, so keep that in mind when you're seasoning a sauce in the finishing stages. And always season AFTER the reduction!







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## Old Gas Station Demolished; New One in the Works



TJ's Gas Station, 107 W. Main in Sheridan, on Saturday, Oct. 2, prior to its demolition.



Property owner Vic Singh contributed the dramatic photo shown above.



Central Service Inc., an Oregon-based company that specializes in all aspects of petroleum construction, tackled the demolition in full force on Wednesday and Thursday, Oct. 6 and 7.



By Friday, Oct. 8, the shop building and pumps were removed and the debris had been hauled away.

#### Sheridan Community Asked to Contribute For Christmas Lights

Stuck Electric could use a hand from the community with lighting up Sheridan this Christmas season. The company will continue the tradition of lighting up the bridge and Bridge Street, but contributions for new lights and decorations would be appreciated.

Many of Sheridan's old decorations are no longer in working condition. All donations received will be used solely to finance lights and decorations.

Every donation will be appreciated. The Treetop level is for donors who give \$500 or more; Ornament level, \$250 to \$499; Poinsettia level, \$100 to \$249; Gingerbread level, \$25 to \$99; Candy Cane level, any amount up to \$25.

Donations may be mailed to Stuck Electric, 147 W. Main, Sheridan, OR 97378.

A thank you to all donors will be published in a December issue of The Bulletin Board.

# Art Gallery to Showcase Work of Local Artist's

Located within the McMinnville Senior Center, the Wortman Park Art Gallery is a space created to showcase the work of local artists, to encourage local artists with recognition and community support, and to provide an esthetically pleasing and artistic environment for center users and the general public.

Interested artists should contact Erin Guinn at the McMinnville Senior Center, 503-474-4965.

The gallery is open 9 a.m.-noon Monday through Thursday at 2250 NE McDaniel Lane in Mc-Minnville.

#### Weekly Foot Care For Seniors Offered

A weekly foot care clinic for senior citizens will be offered from 9 a.m.-noon weekly on Thursdays. The cost is \$35.

Appointments with Mary Hay, RN, with Healthy Feet, will include a foot assessment, nail trim, sanding, reduction of fungal nails, callus care, circulation enhancement, and moisturizing. Seniors are asked to soak their feet prior to their appointment and bring their own towel. A short health form must be completed prior to the first appointment.

For more information or to make a 30-minute appointment, call the McMinnvile Senior Center at 503-435-0407.

# WVFD and SW Polk Fire Boards Meet Jointly; SWPD Nixes Proposed IGA

Staci Coker

Southwest Polk and West Valley Fire District held a joint fire board meeting last Thursday evening (Oct. 7) at the Salt Creek station on Hwy 22.

Local Union 4861 President Michaela Woods read a statement to the board regarding the union's position and recent no-confidence vote on Chief Fred Hertel. (See Michaela's statement in its entirety on page 3 of this issue.)

Brian, a Willamina citizen, voiced his concerns regarding rumors that West Valley Fire District (WVFD) misused funds for personal gain. He urged the boards to order a forensic audit.

Vern Olson suggested the boards try working together with Sheridan and continue with the idea of a three-way merger.

Steve Warden, chief of emergency services with the Confederated Tribes of Grand Ronde Fire Department (CTGRFD), said the new Grand Ronde fire station opened and began transporting patients on Sept. 18, 2021, two weeks earlier than agreed. He explained that they did this to ensure adequate coverage and patient care for the communities. He said it cost CTGRFD \$38,578.23 to make this happen. Steve added, "I know there's been some finger-pointing going on through email about the Tribe's responsibility, what we owe you back, what equipment we still have. We don't have anything that belongs to you. I want to make that clear right now."



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He continued, "We're here to take care of our neighbors, our community, and it's only through a good relationship with your administrative team that we can do that."

Steve said it costs around \$2,700 per day and reminded the boards that they're operating approximately three months before their originally planned opening date.

Steve said, "When it comes up that you want to charge us for helping you out, make sure you keep that in mind."

WVFD board member Rick Mishler, addressing Chief Fred Hertel, said, "Since the day you started here, you said if you ever became the problem, you would resign. You've been identified as the problem; what is your answer to

SW Polk board member Bob Davis replied, "Who said that he is the problem?"

Rick responded, "The union just said he's the problem."

Bob said, "They have an agenda, and it usually runs in opposition, not necessarily parallel with administration and management." Rick, "I asked him the question, Bob, not you."

Bob, "Well, you said he's been identified as the problem."

Rick, "You think losing union support is not a problem?"

Bob, "I lived through 37 years of unions fighting the chief and votes of no-confidence, and we maintained a fire response, and the administration stayed the

same." Rick, "So can he answer the question now?"

Chief Hertel, "I don't have an answer to your question."

The topic turned to the proposed IGA (Intergovernmental Agreement) for line-staff sharing between WVFD, SW Polk, and Sheridan.

Chief Hertel said that WVFD has four positions filled and is looking to hire two additional firefighters/paramedics. SW Polk has three staff, two are line-staff, and a third was promoted (and does not ride in the units).

During the staffing discussion, Rick brought up a recent incident, "Why was WVFD shut down? The day before yesterday, Sheridan was on a call; a gentleman had a heart attack over by Sheridan. The deputy did CPR, Grand Ronde responded, the man passed away. The deputy is not happy because of the response time it took. It is not CTGRFD's fault; I am not saying that. I am saying we had nothing in Willamina.'

Rick continued, "We took a levy out to fulfill staff positions and for an ambulance, and we aren't doing it."

WVFD board member Connie Brown said, "The business community is up in arms about it, the city is not happy with us, everybody is upset, and we need to do something about it. But, instead, we are here not saying anything and not answering our community. It is not the way to go."

The SW Polk board voted not to approve the proposed IGA to share line staff with WVFD and Sheridan. However, the current IGA allows WVFD and SW Polk to share staff until Dec. 31.

SW Polk Board President Rod Watson expressed his disapproval with the back and forth of the boards and said, "Money can't buy peace."

Another member of the SW Polk board noted that line-sharing between these three districts would require more bookkeeping, making things more complex and confusing, bringing more difficulties and misunderstandings to the table.

The WVFD board members then discussed creating a new IGA proposal to share line staff with Sheridan, excluding SW Polk, that could be presented to the Sheridan board at its next meeting on Oct. 18.



Give a Pet A Reason to Celebrate! **Pet Adoption** and Pet **Supply Drive** 

1-4 p.m. on Oct. 16 Kim Greene's **Coldwell Banker Professional Group office** 430 S. Bridge Street Sheridan

UUKDR Ε EHSNKIU M S Т В Ε RNARBE Τ Т G W B F O T U X H E G XE D F Р LTEAS ΕT LDOG E D Ρ Ε HYARL Κ ONC HTDGM THDUA NSOOADLZEDMTGP J W S O O IROIEARC E D DEILLOCOSN Т S D N E P B NΕ - 1 D O Ν AREMOP ELWELH O W J ZWOLFHOUNDULDSRXJFFZ

BASSET HOUND **BEAGLE BLOODHOUND BOXER BRITTANY** 

**BULLDOG** 

DACHSHUND **DALMATION DOBERMAN** FOX HOUND **GREAT DANE GREYHOUND** 

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# Have You Given Any Thought to Writing Your Own Obituary?

Writing your obituary may be positive and helpful in many ways. Your loved ones may thank you for saving them a lot of time tracking down dates, places, resumes, diplomas, marriage certificates, etc., especially when they are in the early stages of grief.

You will have the final word and your obituary will probably be the better for it. You can share the details as you see fit. You can also share heartfelt messages

with your family and friends. For example, you can tell the story about how you met your wife or husband or how you felt when your child was born.

You can also choose your obituary photo. It could be an old-time favorite, or you may discover you need to have a new photo taken. Your obituary is all about you, so it should reflect your personality and lifestyle. Obituaries can be humorous, express gratitude to those who've helped or inspired

you along the way, be biographical, or you could even reveal the secret recipe for your much sought-after lemon pie.

Writing your obituary allows you to emphasize relationships, events, and activities that meant the most to you. For example, you can mention the grandmother who raised you, the teacher who inspired you, or the best friend who always had your back.

Some information is standard in obituaries. For example, you should include your full name, first, middle, last, maiden, and nicknames - along with the date and location of your birth, and your parent's names.

You should list the names of other loved ones, spouses, romantic partners, children, grand-children, long-time dear friends, even beloved pets.

Education and career highlights, along with awards or notable achievements, are usually included.

You should add military service, such as branch, service locations, rank, distinctions, and awards.

You can mention civic or religious organizations or hobbies that were important to you.

Writing your obituary can allow you to reflect on your life and accomplishments and tell about a few of your favorite memories and other things that brought joy to your life.

After you've written your obituary, ask someone else to read it to catch any errors and to be sure your thoughts are delivered the way you intended them to be

Then, make sure your family knows you've written an obit and where to find it.

If you've already set up funeral pre-planning, you may want to include your obituary with your funeral documents. Usually, the funeral home staff assists family members with publishing the obituary.





ANNUAL ELECTION PERIOD OCTOBER 15 - DECEMBER 7

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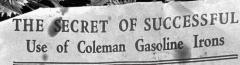


# How to Iron: Throttle it Down and Use a Good Grade of Fresh Gasoline



#### Coleman Cool Blue #4A White Gas Iron

These irons were manufactured from 1929 until 1948. They bridged the gap between old solid irons that were heated on a wood stove and the electric iron. The pump was used to put pressure in the tank when a match was lit underneath the iron to produce a flame. They were lighter and provided a more even heat than the old irons. They were especially popular in rural areas that did not have electricity.



This Iron is designed to meet the needs of all ironers. Its large capacity burner is built to give the heat necessary for the fast ironer on heavy damp material.

· For ECONOMY and SAVINGS it is best to throttle the burner to the correct heat for the type of ironing you are doing.

This gives fuel saving and also prolongs the life of the Generator.

When it is necessary for iron to remain on stand, it should always be throttled down to rry low heat. This does not only save fuel I generators but keeps the handle from bening too hot when iron is not in motion.

o save money and also make your ironmore comfortable, always keep the iron the desired.

#### Coleman Company, Inc.

ral Offices and Factory: WICHITA 1, KANSAS, U.S.A. S. Offices: Chicago 11; Palladelphia 8; Los Angeles 54; Alpholulu. Hawaii.

Printed in U.S.A. Printed in U.S.A.



Coleman, originally known for making lanterns, made over 30 different models of irons from 1929 to 1948. Coleman's fuel iron came in an assortment of enamel colored finishes, such as turquoise, green, red, tan, and black. The best known and most commonly found today is the pictured "Cool Blue" enamel Coleman's 4A gasoline iron. It was much lighter than the previous 'sad irons' and no longer required heating on the stove or by charcoal. Instead, the pump was used to build up pressure in the fuel tank and a match was lit underneath the iron, making a flame inside the iron that would distribute the heat on the surface. Despite these benefits, fuels irons made ironing a potentially dangerous job. They had a very real possibility of causing a fire or exploding. Gas-pressure irons, that had been manufactured as early as 1900, were eventually replaced by electric-powered steam irons, circa the 1970s, providing a more affordable and safer alternative.



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South Bridge Street Sheridan, ŌR

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#### **Great Circle Recovery Offers Opioid Treatment**

Great Circle Recovery is an opioid treatment program provided by the Grand Ronde Tribes. It is a medication-assisted recovery method that uses methadone and Suboxone treatments. The center is located in Salem, but serves the wider community.

On-site labs and health screenings are available. Individual and group counseling support is offered.

Assistance obtaining healthcare coverage is also available.

Treatment is covered by OHP. Same day access and care for the whole person is offered. For more information call 503-983-

#### **Caregivers Resources** Offered at Senior Center

A group offering understanding, support and assistance is available for caregivers of spouses, partners, and parents, whether in-home or in a facility. The group will meet from 10-11:30 a.m. on Oct. 19 at the McMinnville Senior Center, 2250 NE Mc-

The group focuses on helping caregivers find resources and information. Strict confidentiality is adhered to and there are no fees or obligations.

For more information call facilitator John Adams, 503-474-1936; or Peggy Lutz, 503-883-9297, for Homebound Help.

#### **Line Dance Lessons** Offered at Grange

The McMinnville Grange will offer free beginning and intermediate line dance lessons from 2:30-3:30 p.m. every Saturday, at the grange, 1700 Old Sheridan Road in McMinnville.

Live music and dancing is offered from 7:30-10:30 p.m. every Friday at the grange.

Admission is free, but donations will be accepted to benefit the grange. For information about the dance lessons contact Frances Mvers. 503-537-8397 or email 0000frances0000@gmail.com.

#### **Rotary Club Extends** Invitation to Join

Rotary Club meets at noon every Wednesday at the Monroe Event Center in Sheridan. The club welcomes community-minded people from Sheridan, Willamina, and Grande Ronde to join.

Rotarians believe in service above self. Members volunteer to serve the West Valley by providing fun activities, such as the drive-in movies, the talent show and more. Funds raised are used to provide local scholarships and support other community needs such as the installation of a the new camera system in the Sheridan City Park.

#### **Tiny Titan Preschool** Open for 3-5 Year Olds

The Tiny Titan Preschool is open from September-June for ages 3-5. For pricing and further information call Jen, 971-261-6974.



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