Nest Valley Bulletin Board

Weekly Publication Serving Sheridan, Willamina and Grand Ronde

Staci Coker & Nicole Pugh • Email: bulletinwestvalley@gmail.com • (503) 687-3000 • 136 E. Main Street, Sheridan, OR 97378

State Parks Day With Free Parking and Free RV and Tent Site Camping June 3

Oregon Parks and Recreation Department (OPRD) will waive day-use parking fees at the 25 locations that charge them on June 3 and June 4. OPRD will also waive camping fees for all tent, R.V., and horse campsites on June 3.

State Parks Day has been a tradition since 1998 to thank Oregonians for supporting the state park system over many decades.

"Oregon has one of the best state parks systems in the country, and it's because you have invested in parks, cared for them, and preserved them for everyone to enjoy. Thank you," said OPRD Director Lisa Sumption.

Several free special events and service projects are planned for June 3 to celebrate State Parks

 Cove Palisades: Festival of the Land is a free festival that celebrates the diverse history, food, and culture of Central Oregon from 10 a.m. to 3 p.m. The event includes archeology hikes, kids' games and activities, a petting "zoo," a mini farmers market, pollinator, wildfire and fish displays, fry bread, and more.

•Smith Rock: Trail Keepers of Oregon will lead a group of volunteers on some trail maintenance projects on trails in the park from 8:30 a.m. to 3:30 p.m. Bring snacks, lunch, water, and work gloves. Free. Registration required.

Valley of the Rogue: Veteran's Powwow 10 a.m. to 6 p.m. June 3 and 10 a.m. to 4 p.m. June 4. The event includes a powwow ceremony with gourd dancing and vendor booths. It is open to all veterans, tribal members or not.

Honeyman: An educational film screening will be held at the amphitheater located in B Loop overnight campground from 1 to 3 p.m. Park at the Sand Dunes Day use parking area and walk to the amphitheater or find limited parking by the campground registration booth. This event is weather dependent.

• L.L. Stub Stewart: The Friends of Stub Stewart State Park will have booths and tables around the Welcome Center building dedicated to local fire departments, state forestry agencies, and volunteer organizations. The friend's group provides Free snacks and refreshments, arts and crafts activities, and interpretive displays from 9 a.m. to 3 p.m.

•Luckiamute: Discover the birds that call Luckiamute Natural Area home by participating in Bird Bingo from 9 a.m. to noon. Register online. Participants who pre-register will receive a bingo card on the day of the event consisting of birds and plants common in the park. The activity begins with a Ranger-led casual stroll along the tered participants.

•Sitka Sedge: Join Park staff for a guided hike at Sitka Sedge State Natural Area to learn about the local plants and wildlife 10 a.m. to 12:30 p.m. Meet at the Sitka Sedge State Natural Area Parking Lot off of Sandlake Road. Dress for the weather. Bring water and a snack. The first half mile is flat on packed gravel that is accessible for strollers and wheelchairs.

Fishing is also free statewide on June 3 and 4, courtesy of the Oregon Department of Fish and Wildlife (ODFW). Learn more at https://myodfw.com/ articles/2023-free-fishing-daysand-events.

For camping availability, please check oregonstateparks.reserveamerica.com or visit firstcome-first served sites: https:// stateparks.oregon.gov/index.

Soup By The Sign To Serve Free Soup

Free soup is available for those in need from 4-6 p.m. every Tuesday, at the Church of the Nazarene, 8775 Grand Ronde road.

The Soup by the Sign group welcome everyone in need.



Small Breakfast

8-9:15 am Friday, May 19

Coldwell Banker

430 S. Bridge Street • Sheridan

Come meet Lucinda Hage and Kim Greene with Coldwell Banker and learn what they do in our community!

All Chamber members and potential Chamber members are invited to join this fun group of business owners, managers, and citizens who want to strengthen our business community by building stronger relationships.

> **Breakfast sponsored by** Coldwell Banker

Get ready for great trivia, food and networking. Help make our community stronger by working together.



BULLETIN BOARD CLASSIFIEDS

503-687-3000 bulletinwestvalley@gmail.com 136 E. Main Street • Sheridan

Driver Needed

Volunteer driver needed. NWSDS is looking for a volunteer driver to deliver meals in the Sheridan area. This position would be one to two days a week and approximately one hour each day. Mileage is reimbursed monthly. Northwest Senior and Disability Services, Call (503) 843-2000 and leave a message. (17)

For sale

2003 Ford F-150. No rust, no dents, and almost everything works. Les Schwab tires, good brakes, rebuilt transmission, Nice interior, and floor mats. Does not currently run. Call Ted 971-241-2000.

2008 Northwood Nash fifth wheel R.V. with rear kitchen slide out. Excellent condition \$11,200. Call 503-843-4479 or 503-474-7199.

For Rent

2 br, 2 bath mobile home in Sheridan Park. Single wide with carport and storage. \$995/500 deposit. Excellent rental references please. Text 971-237-7745



Services

Flawless Pressure Washing. Revitalize your home's appearance with our driveway cleaning and exterior house washing services. Say goodbye to stubborn mold and dirt, and hello to a fresh clean appearance. Contact us today @ 503-779-5030. (c)

Home health care, retired nurse has availability for a new client. If interested call Candie 425-343-2549

Lost Keys

Looking for keys lost in the Sheridan/Willamina area. Keys include one transponder key, one fob, and a 6mm snap-on wrench. If found, call Jackie at 541-286-8589.

Free

Motorized hospital bed. Bed works no mattress. Call Ursula 503-843-9075.

Kiwanis to hold fishing derby June 3, at the Willamina Pond. Look for more information in next weeks issue.



JOIN OUR TEAM

Applications available online: www.hamptonlumber.com

Check for openings and apply online.

Now Hiring!

Administrative Assistant

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- Competitive Pay
- General office
- HR Support
- AP/AR
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- Stackers Needed
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- Fun Work Environment!

Interested? Contact Katie in our office. 503-843-4455 • katie.mwlinc@gmail.com Pacific Fir Lumber, Inc.

Red Cross Blood Drives Planned May 17 and 23

The American Red Cross will hold a blood drive from 9 a.m.-2:30 p.m. on Wednesday, May 17, at the Willamina Middle School campus, located at 1100 Oaken Hills Drive, in Willamina. Willamina's VFW will host a second blood drive for the American Red Cross from 12:30-5:30 p.m. on Tuesday, May 23, at the VFW Hall, located at 771 East Main Street, in Willamina.

To schedule an appointment call 1-800-RED-CROS or visit Red-CrossBlood.org and enter sponsor code WillaminaSheridan.

NOTICE OF CITY OF WILLAMINA BUDGET COMMITTEE MEETING

A public meeting of the Budget Committee of the City of Willamina, Yamhill County and Polk County, State of Oregon, on the budget for the fiscal year July 1, 2023 to June 30, 2024, will be held at West Valley Fire District Station 8, 825 NE Main Street, Willamina, Oregon.

The meeting will take place on Thursday May 25, 2022 at 6:00pm.

The purpose of the meeting is to receive comment from the public on the budget. This is a public meeting where deliberations of the Budget Committee will take place.

The meeting can be attended via remote access, the link and phone number are on the City of Willamina website at www.willaminaoregon.gov.

An additional meeting will be held at 6:00pm on Tuesday, June 6, 2023 at West Valley Fire District Station 8, 825 NE Main Street, Willamina, Oregon.

A copy of the budget document may be inspected or obtained on or after May 19, 2023 on the City of Willamina website www.willaminaoregon.gov or at the City of Willamina City Hall at 411 NE "C" Street, between the hours of 9:00am and 5:00pm



Warm Tuzzies

Thank you to our generous guests and participants at the Mother's Day Fashion Show held by the Fendall School Community Center.

~Naomi Kelly

Find us on the web! www.bulletinboardwv.com

Willamina's Fourth of July Committee Seeking RSVP's for Downhill Races

The races will be open to all youth aged 8-17. The parents are encouraged to help construct the racers with their children. Sheridan Building Supply is donating wood and materials. To ensure the proper amount of materials are available, the committee asks those who wish to participate to contact Jack Scott at 971-241-7132.

The VFW Will Hold Services on Monday, May 29, Memorial Day

The services will be held at the Grand Ronde cemetery at 8:30 a.m., followed by The Willamina cemetery at 9:30 a.m., then the Buck Hollow Cemetery at 10:30 a.m., and concluding at the Sheridan cemetery at 11:30 a.m.

Community Clean-up Volunteers Needed

A community clean-up event will be held from 9 a.m.-1 p.m. On Saturday, May 20, at Buck Hollow Cemetery. All who wish to help are appreciated.

The American Legion Offers Programs For High School Students

The Jim Willis Law Enforcement Career Camp Oregon offers high school students aged 15-17 a residential five-day, four-night program where youth experience all aspects of law enforcement.

The program is held at the Camp Rilea Training Facility in Warrenton, ORE. All students must be in good academic standing to qualify for the program. The high school they attend should recommend them to the American Legion.

The second program is Boys State. It is offered to high school seniors to promote leadership skills and political education.

For more information about these programs, contact Zeek Linn at 503-583-5582.

Obituary



Elizabeth Joann Leno Nov. 9, 1952 - May 2, 2023

Elizabeth "Liz" Joann Leno (Brown), an amazing wife, mother, grandma, daughter, sister, aunt, and friend to many, passed away on May 2, 2023, at 70.

She was born November 9, 1952. to Richard and Darlene Brown (Hill).

She grew up in Willamina, graduating from Willamina High School in 1970.

On October 23, 1971, she married Reynold "Reyn" Leno. They raised a family in Willamina, and she loved her hometown and enioved attending events such as the 4th of July celebration, Christmas activities, and Art tour.

For the past 31 years, Liz worked as a member benefits specialist for the Confederated Tribes of Grand Ronde, where she met and became friends with Tribal Members all over the Country.

Liz's first love was Reyn and her children and grandchildren, having often said that being a wife, mother, and grandmother was all she ever wanted in life.

Liz also adored her family and spending time with all of them while reminding her nieces and nephews who their favorite aunt was. Her other loves included Disneyland family vacations, Christmas, planting flowers, and Elvis music.

She was a friend to all who met her, giving her time to listen and also to give advice and encouragement when needed. Liz's presence in life was felt by all as she gave her all to the people she cared about. She has impacted so many lives and will be deeply missed.

She is survived by her mother, Darlene of Sheridan; husband Reyn, daughter Angela (Ariah) Fasana, and sons Shonn (Egypt) Leno and Dustin Leno, all of Willamina; brothers Tom Brown of Grand Ronde, Ray (Diana) Brown of Albany, and Wayne (Phyllis) Brown of Dallas; grandchildren Cheyanne (Tyler) Heidt, Justin Fasana, Nikia Mooney, Darien Leno, Bayleigh Leno, Koana Leno, Maleah (Tomas) Espinoza, and Bryson Leno; great-grandchildren Bentley and Calvin Stauffer and Palmer Heidt. She was preceded in death by her father, Richard.

At Liz's request, there will be no services but a celebration of life later this summer. Bollman Funeral Home, Dallas, Ore., made final arrangements.

In place of flowers, consider donations to the Willamina 4th of July Celebration or the City of Willamina for purchase and upkeep of Christmas lights and decorations.



24-hour surveillance 1231 W. Main St., Sheridan

503-435-9322







Let's get Sheridan Looking its Best for Hometown Days on June 17

It takes the hard work and community pride of every resident of Sheridan to keep our city a great place to live. It also takes this same spirit to be good neighbors. While Sheridan works hard to be a great community to call home, and while most properties are well-maintained, there are always exceptions.

The City of Sheridan's Code Enforcement Officer receives the complaints when an unsightly property is observed, such as properties with trash, high weeds and grass, or derelict cars on the property, in the streets, or abandoned around town. These concerns are usually referred to the City by neighbors - or they are noted by code enforcement staff during their normal work throughout the City.

Unfortunately, some of the exceptions within the City can become problematic. Residents should feel free to report unsightly properties, even those in foreclosure. There are procedures Code Enforcement can take to get the property cleaned up.

One of the City's goals is to head off these nuisances before they get too unsightly. If properties are observed with tall grass and weeds or with an accumulation of trash or junk, Code Enforcement will notify the owner/resident of the violation and give them a reasonable period of time to correct the matter. If violations are not corrected in the time allotted, citations may be issued for failure to comply and in setting a court date with Municipal Judge Coukoulis.

Keeping up one's property in accordance with Sheridan's laws works best for everyone. Voluntary compliance means a better looking community that everyone can take pride in. Allowing weeds, high grass, and trash to accumulate on a property is a serious detraction from the neighborhood and the City. Being a good neighbor means taking pride in one's own property, and maybe even helping neighbors to do the same.

The City of Sheridan operates in compliance with hundreds of written codes that are designed to maintain a healthy, safe, and clean environment for all to enjoy in our community. For many, the easiest way to report violations is through the City's website at https://www.cityofsheridanor.com. Once there, click on the box "Report a Concern." If you do not have access to this website you can call Sheridan Code Enforcement at (503) 843-2347 or stop by City Hall Monday-Friday, 8 a.m.-4 p.m. (Please note: Sheridan City Hall closes for lunch from noon-1 p.m.) Please be prepared to provide the location (address) and the nature and a description of your concern.

The City of Sheridan code compliance officer can address concerns and issue citations regarding trailers, RVs, or automobiles parked illegally on our streets. Concerns such as expired plates or speeding vehicles should be reported to law enforcement via YCOM at (503) 434-6500.

As residents of Sheridan, you should always be able to reach out to your elected officials and ask questions about what is happening in Sheridan. Having open communications is important to me. Thank you for reading, and please remember, I can be reached via email at mthomson@cityofsheridanor.com.

Community Shred Event

Monday, May 22 •Noon-1 p.m. Grand Ronde Recycling Depot

(On Tyee Road near Tribal Housing)

Free •Open to the public • Drive-thru

Not just for confidential documents:

- File Folders Old fax documents Junk Mail Magazines
- Newspapers
 Photos
 Negatives
 Books (no hardcovers)
- No 3-ring binders •Limited plastic & metal Paperclips & staples OK



A Message from the Sheridan Superintendent

Dear Sheridan Families,

It is hard to believe that we are halfway through May! Over the coming weeks, we have an opportunity to listen to our students perform, celebrate scholarship awards, our FFA, and students earning the Oregon Diploma. The following are events currently on the district calendar:

- •May 23 Band Concert, Grades 5-12, FCS Gym, 6:30 pm
- •May 24 SHS Senior Awards Night, SHS Cafeteria, 6:00 pm
- •May 25 Choir Concert, Grades 5-12, SHS Cafeteria, 6:30 pm
- •June 1 FFA Banquet, Barbara Roberts CTEC 540 SE Jefferson Street, 5:00 pm
- •June 3 Sheridan High School Graduation, SHS Football Field, 2:00 pm
- •June 9 8th Grade Promotion, FCS Gym, 7:00 pm

These events are open for the community to attend, and I encourage you to do so!

Also, we wrapped up our spring sports, and I would like to highlight the middle school track. Here are some numbers from Mr. Hart:

We had 31 athletes from three grades compete in 71 events against ten schools. Personal Records were set in 48 of the 71 events. They brought home 43 Ribbons. Of the 43 ribbons, 19 were for finishing in the top three.

Additionally, eight of the ribbons were first-place individual champions.

The boy's team completed an undefeated season where they did not lose to any team in any of the five meets in which they competed. The Boys also won a team championship for the third time in our school history. Go TITANS!

Good things are happening in Sheridan School District.

Thank you for supporting our students!

Dorie Vickery Ed. D, Superintendent Sheridan School District School District Office: 971-261-6959 Sheridan High School: 971-261-6970 Faulconer Chapman School: 971-261-6960

Dolly Parton Tribute Show, Saturday June 3, Benefits the Willamina Library

The event is being hosted by Siren Nation a non-profit, and will be held at 8 p.m. Saturday June 3, at the Alberta Rose Theatre in Portland. Doors open at 7 p.m. and minors are allowed when accompanied by a parent or guardian. Tickets are \$25.

Performers include Western Edition Band, Kingsley, The Hackles, Alexa Wiley, Shorty and the Mustangs, Amanda Richards and the Good Long Whiles. The musicians pay tribute to Dolly Parton, one of country music's most prolific songwriters. She is the most honored female country performer of all time.

A portion of each ticket goes to support the Willamina Public Library. They have chosen the Willamina Public Library in honor of Dolly's devotion to literacy, specifically in rural areas. The Willamina Public Library is a resource hub and gathering place for the local community. The resources and services offered



at the library create opportunities for learning, support literacy and education, and help shape new ideas and perspectives central to a creative and innovative life. This is their 2nd year donating proceeds to the library. Last year they received a check for \$525.36, representing 25% of their net proceeds from the 16th Annual Dolly Parton Hoot Night. For more information about this show, contact December Carson: at decembercarson@gmail.com.

City of Sheridan Asks Citizens for Help To Gain Funding to Improve Speed

Willamina has high-speed internet access that the City of Sheridan currently needs to get.

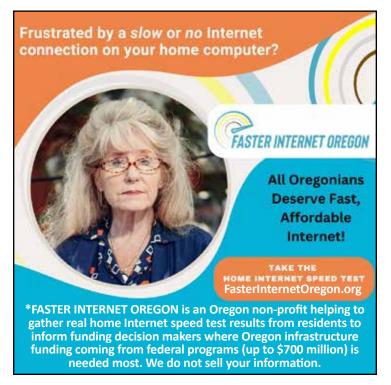
If 1,000 people either take the speed test or report no internet access to the library or city hall, Sheridan could be eligible for funding from state and federal programs to get high-speed internet

Faster Internet Oregon, is a

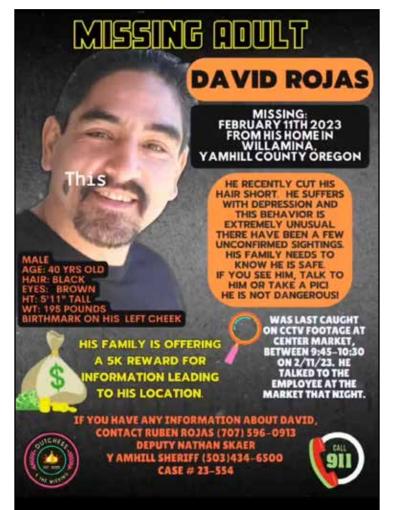
non-profit consortium helping to gather actual home internet speeds.

All you have to do is be connected to wi-fi and go to fasterinternetoregon.org to take the speed test.

If you have questions or do not have wi-fi access, you can contact City Hall at 503-843-2347 or the Sheridan Library at 503-843-3420.









The annual Stamp Out Hunger postal food drive, last Saturday, gathered a total of 813 lbs of donated food. The food was donated to the Grand Sheramina Food Bank. Pictured (left to right) Sheridan Postmaster Steve Siemers, Louise Rosenberry, Gina Kinnamon, Diana Schmauder, and Daphne Carter.



Tkeisha "TK" Wydro

West Valley Community Volunteer Spotlight

TK has lived most of her life in this area and was born in Willamina. "I love the small-town life. I have worked at Delphian School for 13 years and have two children. I am, in general, a goofball and love animals, reading, music, and being outdoors."

She is the President of the Sheridan Revitalization Movement and A Sheridan Chamber Board member.

Tk helps run town clean-ups and projects to help revitalize the downtown area and works with downtown business owners to improve properties.

When asked, Why do you volunteer? She said. "I love this area and community. I was born and raised here and have seen Sheridan looking really amazing and full of happy families. I've seen it looking less than wonderful in more recent years, so I feel I have a responsibility to my community to try and get it back to the family-friendly and beautiful little town it can be.

"Volunteering brings people together from all walks of life, ages, and experiences. I've made some wonderful friends by volunteering. It's a great way to give back to the community and a great way to teach your children the benefits of being a responsible citizen. I believe if children can contribute to improving their environment at a young age, it's a lifelong lesson that stays with them. If children learn that it's THEIR town, THEIR park, THEIR environment, they are much less likely to disrespect all of that when they are older."

The volunteer spotlight highlights community members who go above and beyond for the West Valley. If you know someone who deserves recognition, email Bulletinwestvalley@gmail.com. Include their name and contact information and why you feel they deserve recognition.

Services in Grand Ronde Open to Entire West Valley

Oregon Department of Human Services is available in Grand Ronde and is open to all community members.

Benefit eligibility workers are available from 9 a.m.-4 p.m. (closed noon-1 p.m. for lunch), on Wednesdays at the Confederated Tribes of Grand Ronde Community Service Center, Building B, at 9615 Grand Ronde Road, in Grand Ronde.

Family coaches for TANF-approved participants are available from 9 a.m.-4 p.m. (closed noon-1 p.m. for lunch) on Mondays at the Community Services Center. The ODHS assists community members who need help filling out forms for Oregon Health Plan, SNAP, and TANF.

Art Conspiracy's Brochure and Registration Available

The Art Conspiracy's Summer Arts 2023 brochure listing classes being offered and instructors' biographical information is now available. Registration for this year's program has begun. Brochures are available in area libraries and on campuses for schools in Amity, Sheridan, Willamina, and Grand Ronde. These students are given preference, but Yamhill and Polk Counties students are eligible. The program is being held at Sheridan High School classes being offered are:

Watercolor, Drawing, The Art of Sign Painting, Photography, Mural Painting, Shakespeare, Musical Theatre, Embroidery and Basic Sewing, Printmaking, Creative Construction, and Exploring Music on a Recorder. The first week of classes runs from June 20th thru June. 23rd. The second-week runs from June 26th thru 29th, with a presentation of student work and performances on the evening of June 30th. The program begins at 5:30 p.m. and is open to the public.

A student may choose one morning and one afternoon class for the full two weeks. It is also possible to take only one class and attend half day.

Tuition for a full day is \$200, with a deposit of \$50 due with registration. Half-day tuition is \$100, also with a deposit due with registration. The Art Con-

spiracy has never turned a student away due to insufficient funds. Student financial aid is available, and a materials fee of \$25 is due with registration along with a recommendation from a teacher or an unrelated adult. The Sheridan School District will provide free lunches to any student requesting them during the Summer Arts Program. Bussing is available to and from both Amity and Willamina. The brochure and registration forms are available online at www.artconspiracywestvalley.org. Questions can be directed to artconspiracy98@gmail.com

Willamina 4th Of July Committee is Seeking Vendors for Events

The mud drags will begin at 10 a.m. on Saturday, June 24, at the corner of Adams and Lincoln Streets in Willamina.

Vendors for the drags will setup Saturday morning from 7:30 to 9:30 a.m. The fee is \$40. No electricity will be provided for this event. However, you are welcome to bring your own generator.

For more information, contact Sherry Dawkins at 503-879-5676 or Donna Nelson at 971-241-7031.

Vendors for the 4th of July celebration set up from 7 a.m. to 9 a.m. Tuesday, July 4. The north end of "B" is for non-electrical participants, and the south end (across Main St.) is set up for those needing electricity. The vendor space provided will be 10x10. The 4th of July celebration for vendors will begin at 9 a.m. and close at 4 p.m.

General Liability Insurance must be carried for all food vendors naming the City of Willamina as additional insured and must be returned with the application. In addition, at least one worker in each stand must have a current Food Handlers Card.

If you are interested, contact Jency at 971-237-3230.





FredsAutoRemoval.com

(EAA) Offers Free Flights For Youth

The Experimental Aircraft Association (EAA) Young Eagles program is holding an event at 8:30 a.m., Saturday, June 10, at the Independence State Airport EAA Hangar 4803 Airport Rd., Independence. The program allows youth aged 8-17 to learn about aviation and take flight in a private plane. The program started in 1992 and has hosted 2.3 million youth nationwide.

Eagles certificate and logbook. In addition, Sporty's Pilot shop offers high school students a code to access Sporty's complete flight training course free of charge.

The parent or guardian must be present to sign a waiver.

The event is free and paid for by EAA Chapter 292 member pilots and volunteers.

To register online, go to https:// youngeaglesday.org/?6122 For questions about the event, you can email cindyworth1@





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SATURDAY · MAY 20

WEST VALLEY COMMUNITY CAMPUS

266 SE Washington Street in Willamina

DOORS WILL OPEN AT 5 PM

Food sales, no-host bar, silent auction bidding, and a preview of some of the live auction items

LIVE AUCTION WILL BEGIN AT 7PM

All proceeds will support Chamber projects and activities to benefit Sheridan.

Do you have items to donate to the auction? Please give us a call at 503-687-3000. The Sheridan Chamber is seeking goods and services for both the live and silent auctions. For further details call 503-687-3000.





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WEDNESDAY'S ONLY LUNCH SPECIAL 11 a.m. - 4 p.m.



French Dip with fries & sauce & 20 oz fountain drink

All For Only \$8.99! (staring May 3)



Terrific Tender Box Only \$7! Includes 3 tenders, wedge or fries & 1 sauce



BREAKFAST ITEM!

Bagel piled high with sausage, ham, egg, and two slices of cheese.
Only \$5.99

Cold sandwiches made in-house!

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May is National Mental Health Awarness Month; Facts and Signs

Mental Health Awareness Month was established in 1949 to increase awareness of the importance of mental health and wellness in Americans' lives and celebrate mental illness recovery.

May is a time to raise awareness of and reduce the stigma surrounding behavioral health issues and highlight how mental illness and addiction can affect everyone, patients, providers, families, and our society at large.

Now is a good time to pause and reflect on a difficult truth: According to the National Institute of Mental Health, nearly one in five Americans lives with a mental health condition.

Facts & Figures about mental health and substance use in America:

- •One in five adults (57.8 million adults) in the U.S. experienced mental illness in 2021.
- •46.3 million people aged 12 or over had a substance use disorder in 2021.
- •47.2% of U.S. adults with mental illness received treatment in 2021
- •65.4% of U.S. adults with serious mental illness received treatment in 2021.
- •33.5% of U.S. adults with mental illness also experienced a substance use disorder in 2021 (19.4 million individuals).
- •Suicide is the second leading cause of death among people



aged 10-14 and the third leading cause of death among those aged 15-24 in the U.S.

- •46% of people who die by suicide have a diagnosed mental health condition.
- •At least four million people in the U.S. provide care to an adult with a mental or emotional health issue.
- •The average delay between symptom onset and treatment for mental illness is 11 years.
- •Three million Americans live in recovery after some form of substance use challenge.
- •Three out of four people who experience addiction eventually recover.

Awareness is crucial in identifying if someone you know or love is experiencing a mental health crisis. Unfortunately, no easy test can tell someone if there is mental illness or if actions and thoughts might be typical behaviors of a person or the result of a physical condition.

Each illness has its own symptoms, but common signs of mental illness in adults and adolescents can include the following:

- Excessive worrying or fear
- •Feeling excessively sad or low
- •Confused thinking or problems concentrating and learning
- •Extreme mood changes, including uncontrollable "highs" or feelings of euphoria
- Prolonged or intense feelings of irritability or anger
- Avoiding friends and social activities
- •Difficulties understanding or relating to other people
- •Changes in sleeping habits or feeling tired and low energy
- Changes in eating habits, such as increased hunger or lack of appetite
- Changes in sex drive
- Difficulty perceiving reality

(delusions or hallucinations, in which a person experiences and senses things that don't exist in objective reality)

- Inability to perceive changes in one's feelings, behavior, or personality ("lack of insight" or anosognosia)
- •Overuse of substances like alcohol or drugs
- Multiple physical ailments without obvious causes (such as headaches, stomach aches, vague and ongoing "aches and pains")
- Thinking about suicide
- •Inability to carry out daily activities or handle daily problems and stress
- •Intense fear of weight gain or concern with appearance

Mental health conditions can also begin to develop in young children. Because they're still learning how to identify and talk about thoughts and emotions, their most obvious symptoms are behavioral. Symptoms in children may include the following:

- •Changes in school performance
- Excessive worry or anxiety, for instance fighting to avoid bed or school
- Hyperactive behavior
- Frequent nightmares
- •Frequent disobedience or aggression
- Frequent temper tantrums
- If you know someone who needs help, you can call the Yamhill County Crisis Line (503) 434-7523 24 hours a day, seven days a week.

WEST VALLEY COMMUNITY CAMPUS



WHO WE ARE

We are a nonprofit community organization.

Our mission is to provide a place to foster community and individual growth through educational, recreational and cultural activities.

GET INVOLVED!

We rely on the support of volunteers and community donations to operate our facilities. Get involved by donating or volunteering at our monthly work day on the third Saturday of every month.

LOCATED AT 266 SE WASHINGTON STREET | WILLAMINA (503) 929 - 4037 | WESTVALLEYCOMMUNITYCAMPUS.ORG

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Devin's Helping Hands Provide Much Needed Support for Local Families

Devin's helping hands is a nonprofit organization founded to assist community members after a sudden death. Michelle Skjei, its founder, had her life changed forever on September 22, 2013, when her son Devin passed away in a tragic accident at the age of 21. Devin had this quote from Maria Robinson tattooed on his arm "Nobody can go back and start a new beginning, but anyone can start today and make a new ending." It provided her inspiration that while what happened to him cannot be changed, she can "make a new ending" by having Devin's name and memory go on while helping local families after the



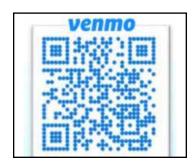


Amazon Wishlist

shock of losing a child or family member unexpectedly.

Michelle started Devin's helping hands in 2015 under the wing of the Sheridan Oddfellows and began assembling grieving baskets with items in them that she knew would be immediately helpful, such as gift cards to local restaurants for when cooking seems overwhelming, household products, and some comforting items such as candles, soft blankets, journals, puzzles, windchimes, and photo frames. After seven years of providing these care baskets, as well as helping raise funds for funeral expens-

es, burial plots, or headstones when families need assistance, in 2022, Devin's helping hands formed its nonprofit with an independent board and the goal of supporting the local community even further by providing ongoing free group grief counseling. After the initial loss of the family, their needs go on far past what a gift basket can help with, and Devin's Helping Hands want to make sure they know that our small community cares for and embraces them not only at the beginning of their journey, But all along the way, and through all the changes. Michelle was fortunate to have a vast support group of





family and friends when her life changed forever, and they want Devin's helping hands to be the helping hand that others may need during this difficult time. You can donate directly to Devin's Helping Hands by scanning either the PayPal or Venmo QR code or their Amazon wish list link and purchasing some items for the gift baskets. Anything that gives you peace could do the same for others; they take donations in person. You can contact them at Devinhelpinghands@gmail.com Facebook by scanning the QR code. Follow them on Facebook to keep up on other fundraising





JUNE 10TH 8 AM - 2 PM **500 SE ADAMS STREET**

Help keep Willamina beautiful! One-day only drop off your debris and scrap at the City Shops. Must reside in city limits and provide proof of residence.

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WIC Support and More Available in Grand Ronde

WIC enrollment and support are available from 10 a.m.-2 p.m. on the first and last Fridays of every month at the Grand Ronde Early Education building at 9615 Grand Ronde Road in Grand Ronde.

WIC provides healthy food for families. The WIC program is available to pregnant and postpartum people, infants, and children. In addition, WIC offers food, nutrition education, and breastfeeding support.

OHP cards or 30 days of pay stubs, valid identification, and proof of residency in Oregon are

For more information, call WIC at 503-434-6740.

Open 7 a.m. to 8 p.m. 7 days a week

thick of things. CANCER - Jun 22/Jul 22 Cancer, you may have to change your way of thinking to get on the same wavelength as some others this week. Be open-minded to

Horoscopes May17-23

Aries, try to rectify an imbalance

in a relationship with another

person close to you this week. It's

never too late to make amends,

and the rewards are fully worth it.

Taurus, friction can be overcome

with patience and perseverance.

Take an even-keeled approach

and give things time to simmer.

The brighter you shine, the more

things will come your way this

week, Gemini. Wear a big smile

on your face and get out into the

TAURUS - Apr 21/May 21

GEMINI - May 22/Jun 21

Change will come.

ARIES - Mar 21/Apr 20

new experiences. LEO - Jul 23/Aug 23

Important lessons about balance could come your way soon, Leo. You need to find that happy medium between work and home responsibilities.

VIRGO - Aug 24/Sept 22

Events this week could leave you a little dazed and bewildered, Virgo. Nothing seems to be going to plan and that could get on your nerves. Figure out a way to de-

LIBRA - Sept 23/Oct 23

Libra, your urge to take action comes on strong this week. Figure out a project you can put your efforts behind as soon as possible and then dive in with maximum effort.

SCORPIO - Oct 24/Nov 22

Use this week as an opportunity to tend to your own needs, Scorpio. Indulge in a spa treatment or play hooky and go on a road trip all by yourself.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, your desire to get ahead is very strong over the course of the next few days. Now you only need to figure out the venture that you will take on.

CAPRICORN - Dec 22/Jan 20

Others may be begging for your attention, Capricorn. But this week is all about self-healing for you. Focus inward to bring about any personal change you desire.

AQUARIUS - Jan 21/Feb 18

You can accomplish a great deal when you happen to get moving, Aquarius. This week the struggle may be finding the motivation to take the first step.

PISCES - Feb 19/Mar 20

Pisces, take a break from reality by reading a good fantasy book, watching a movie or enjoying a stage show. You can use the re-

facebook) WEST VALLEY BULLETIN BOARD IS ON

CROSSWORD PUZZLE

- 1. Seloons
- S. Deduce
- 18. Esmest request
- 14. A Beldwin brother
- 18. Col
- 14. Diving tird
- 17. One who fibs
- 14. Use a broom
- 19. Uncle's spouse
- 20. Tranquilize
- 12. Literary exposition
- 34. From now on
- 26. Pub potables
- 27. Georgie city
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- **III.** Recorded
- 87. Picnic beverage
- FS. Gerden pest
- ee. Filing
- 61. Wooden pin
- 62. Singles
- 68. Corel bland
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- 66. Escapa
- 67. Male cat
- 68. Assisted a criminal
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- NJ. Magazine officials
- FB. Scenic view N2. Kind of type
- M. Ages
- MA. Conves covers
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- Heymorth
- FF. Flank
- 99. Kitchen hot spot
- 76. Some poems
- 71. Hogysyreight Mike
- 72. Exam

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- 2. Poreign
- 3. Propered
- 4. Boot ki
- B. Put in
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- 7. Worry
- B. Continuelly

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- 34. Passunger vehicle
- 38. Square dence figure 36. House addition
- 39. Election mo. 64. Animei's den

- 46. Runise text
- 48. Get losti (2 veds.) 80. Phonograph Inventor
- **82. Thorny blooms**
- 84. Portunateller's card SU. Coak's all
- l. Caramonias
- 86. Mexicus coin i. Like the Sakura
- CL. Liberai

Festival Chorale Oregon Performed In Salem, April 16, Led by SHS Graduate

On April 16, 2023, Festival Chorale Oregon performed Alzheimer's Stories, a musical performance based on real stories by ordinary people whose lives have been touched by Alzheimer's disease.

Dr. Solveig Holmquist is the founding artistic director of Festival Chorale Oregon. Under her leadership, the chorale has developed a reputation throughout the Northwest for musical excellence.

Dr. Holmquist was born Solveig Magnuson in McMinnville to Ralph and Barbara Magnuson, who were Sheridan High graduates. Her father died in World War II. She was raised by her mother, Barbara, and her stepfather, Ken Knutson. She and her sister Emily lived and went to school in Sheridan schools living on their family farm outside Sheridan. Solveig graduated from Sheridan High School in 1962

Dr. Holmquist is professor emerita at Western Oregon University, where she served as director of choral studies for 18 years while teaching conducting at both the undergraduate and graduate levels. She is a certified adjudicator and has been a guest conductor for five performances at Carnegie Hall and a performance at New York's Lincoln Center.

In 2021, Dr. Holmquist was named by the American Choral Directors Association as one of 15 U.S. and Canadian "Women Choral Conductors You Should Know." The previous year, she was named to the Choral Hall of Fame for the Oregon chapter of the ACDA in recognition of her



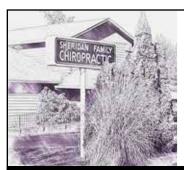
lifetime achievements and contributions to the choral arts.

Dr. Holmquist has served as president of the Oregon chapter and six-state Northwest Division of the ACDA, president of the Oregon Music Educators Association, and delivered educational seminars to the Oregon Chapter of the American Guild of Organists.

From 1985 through 2013, Dr. Holmquist sang as an auditioned member of the professional chorus at the Oregon Bach Festival (Helmuth Rilling, Founder, and Artistic Director). During her time with the ensemble, OBF won the Grammy award for Best Choral Performance for the world premiere recording of Krzysztof Penderecki's Credo.

Dr. Holmquist majored in voice and organ at St. Olaf College, where she sang with the renowned St. Olaf Choir. She has a master's degree in music education from Western Oregon University and a DMA in music education and choral conducting from the University of Oregon. Dr. Holmquist and her husband share six grown children and nine grandchildren.

The West Valley Bulletin Board will be closed on Monday, May 29 to observe Memorial Day. We will reopen normal business hours at 11 a.m. on Tuesday, May 30.



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This Day in History, May 18, 1980, the Eruption of Mt. St. Helens



At 8:32 a.m. on Sunday, May 18, 1980, Mount St. Helens suffered a massive eruption, killing 57 people and devastating some 210 square miles of wilderness. On March 20, 1980, noticeable volcanic activity began with a series of earth tremors centered on the ground just beneath the mountain's north flank. These earthquakes escalated, and on March 27, a minor eruption occurred, and Mount St. Helens

began emitting steam and ash through its crater and vents.

Small eruptions continued daily, and in April, people familiar with the mountain noticed changes to the structure of its north face. A scientific study confirmed that a bulge more than a mile in diameter was moving upward and outward over the high north slope by as much as six feet per day. The bulge resulted from magma below the surface, and authorities evacuated hundreds of people. However, a few people refused to leave.

On the morning of May 18, Mount St. Helens was shaken by an earthquake of about 5.0 magnitude, and the entire north side of the summit began to slide down the mountain. The giant landslide of rock and ice, one of the largest recorded in history, was followed and overtaken by an enormous explosion of steam and volcanic gases, which surged northward along the ground at high speed. The blast stripped trees from most hill slopes within six miles of the volcano. Approximately 10 million trees fell from the explosion.

The landslide debris surged down the mountain at over 100 miles per hour. The avalanche flooded Spirit Lake and roared down the valley of the Toutle River for a distance of 13 miles, and floods added to the destruction, destroying roads, bridges, parks, and thousands more acres of forest. Along with the avalanche, a vertical eruption of gas and ash formed a mushrooming column over the volcano more than 12 miles high. Ash from the blast fell on Northwest cities and towns like snow and drifted around the

globe for two weeks. The eruption of Mount St. Helens killed fifty-seven people, thousands of animals, and millions of fish.

By late afternoon of May 18, the eruption subsided; by early the next day, it had essentially ceased. However, the volcano produced five smaller explosive eruptions during the summer and fall of 1980 and remains active today.

Mount St. Helens became active again in 2004. On March 8, 2005, a 36,000-foot plume of steam and ash was expelled from the mountain, accompanied by a minor earthquake. Another minor eruption took place in 2008. earthquakes are frequent, scientists do not expect a repeat of the 1980 catastrophe anytime soon.







THEELNPA

the circles on the dashes above the riddle then unscramble them to solve the riddle at the bottom.





Puppet Play 1 p.m. Saturday, May 20

Story Time 10:30 a.m. Story Time with Roxy AcuffFriday, May 19 Story Time with Brooke George.....Friday, May26 **Library Events**

DIY Bird Feeders (All Ages) 10:30 a.m. Saturday, May 20 Family Trivia Night (Ages recomended 13 & Up)

Sheridan Public Library Tuesday - Saturday 10 a.m.-6 p.m. 503-843-3420 • 142 NW Yamhill • Sheridan **Kids Activities** Dinosaur Movie Marathon All-day Wednesday, May 17

3 p.m. Wednesday, May 24

Ask about checking out our wi-fi hotspots!

The library will be closed May 30 for staff training, and May 27 in observance of Memorial Day.

Head Start Has Openings, Parents Encouraged to Apply for Programs

Head Start of Yamhill County has openings for children to participate in its Head Start and Early Head Start programs for the current school year, summer services, and the next school year starting in September 2024. Families have the option of full-year or school-year services. Services are free. Children need not be toilet-trained because they support that process and provide pull-ups. Families who receive SNAP and/ or live with others, friends, family, in a shelter, transitional housing, or without a home automatically qualify. 45% of participants may be over-income, and they recommend everyone apply. A bus and transportation for most children is available. Services are for expectant mothers and children from birth until kindergarten. Enrolling early in these programs guarantees your child and family participation until they transition to kindergarten. Head Start is licensed through the Oregon Early Learning Division for Child Care and boasts a five-Star rating. Teachers have, at a minimum, an Associate Degree in Early Childhood Education.

Head Start is a two-generation development program. First, it supports children and parents. Their partnership with parents focuses on children's development and addresses any concerns parents might have, including parenting supports, parent education (cooking, crafts, dad's days, etc.),

and self-sufficiency and crisis support. Head Starts staff have been parents in the program, and they hire and train parents as a priority. Research shows the positive impact that Head Start has on school and life readiness for children and their families well into adulthood.

Children three - or four years old by Sept. 1 may attend preschool classes, Mondays through Thursdays. The younger children attend for four hours, and those transitioning to kindergarten may attend for six-hour days. Yearlong toddler classes are held twice a week for children at least 24 months of age by Sept. 1. Children receive two to three meals each day along with developmental screening and support to prepare them for the transition to kindergarten. Head Start offers weekly visits and family play times at the center in Sheridan for infants and young toddlers.

To apply, call our administrative office at 503-472-2000, pick up an application outside of our center at 1500 West Main Street, or visit our website for an online application. www.yamhillheadstart.org.



Raffle

at First Federal Sheridan branch to benefit new Athletic Complex

The City of Sheridan is thrilled to have West Valley's support for building an athletic sports complex to serve the community, specializing in Little League fields.

The money raised from our community is used as seed money for grant support.

Several businesses have stepped up to the plate to raffle items for a fundraiser. First Federal Bank put together the raffle prize basket for May, and you can purchase tickets at the Sheridan branch. The tickets are \$1 for one and \$5 for six.



Other businesses that have supported the raffle are West Valley Mercantile, West Valley Realty, and RC Plus (in Salem). Thank you so much for your support and belief in this positive project.

The City is happy to hear your sport/fitness ideas for this sizeable 17-acre spot that is located near the Stella Jones plant on Hwy 18B. Please bring your ideas to City Hall or email hbell@cityofsheridanor.com, or contact us if your business wants to host a raffle!



NEW LISTING!

What an opportunity! Best of both worlds, home with public water and sewer and potentially dividable property, in the UGB! 8.98 Acres with R1 & VLDR zoning for a variety of ns. Includes a freshly renovated one story home, 6 stall barn with feed area and hay loft, 1600sf shop, chicken coop & a Koi pond! Plenty of parking for an RV or farm equipment. There is a well on the property. New in the last 3 years: windows, gutters, furnace, flooring, interior paint, doors, closet doors and garage door, appliances and much more! Buyer to do due diligence regarding dividing & farm deferred status.







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Mothers Day Brunch at Fendall Hall Featured Fashion From the 1800s-1960s



The event, held Saturday, May 13, seated 52 guests for brunch while watching the fashion show. The event was volunteer-driven, with the volunteers providing and cooking the food, serving, modeling, and decorating. Donations were accepted. Recca Maze, who emceed the event, gave the history of each model's clothing (shown left), sitting with Kelsei Amouak and Kelsei's daughter Worthy (pictured right.)



Kim Shipley wore a Victorian-era blouse and skirt while helping to serve and model at the event.



Debbie Hyatt, President, Fendall Community Center. Wearing a dress appropriate for 1860.



Ken Kelley was modeling his Scottish Kilt. He was a volunteer and modeled the pleats.



Emma Mendenhall, and Alyssa Green sported stunning 1920s apparel.



Naomi Kelley lit up the runway in her bustle dress dating to the 1870s.



Trinna Higgs, modeling a dress popular in 1850, and Becky Wolfenbarger rocked an 1865 civil war dress.



Nikia stunned the audience with sophisticated look dating to around 1910.

West Valley Sports

Binford Wins 3 Firsts in Newport Invite

Herb Swett

Six first places, three for Portia Binford, went to Delphian May 9 in the eight-school Newport Invite track and field meet. Willamina was one of the schools. Binford led the girls in the 100-meter and 200-meter runs and 100-meter hurdles, setting a personal record of 27.58 in the 200 meters. Delphian boys finishing first were Zahar Rotman with a personal record of 11.43 in the 200-meter run, Lucas Curry in the 300-meter hurdles, javelin and the 4x400 A relay team coming in first..

Willamina had two first places, with Hallie Hughes on top in the discus and

Here are the individual finishes for Willamina and Delphian, from first place through the middle, including personal records and one season record.

Boys

100-meter run:

- 1. Zahar Rotman, D 11.43 PR
- 2. Lucas Curry, D 12.21
- 3. Neal Chinokakufa, D 12.26 PR
- 13. Dylan Graham, W 12.49
- 17. Michael Amiotte, W 13.02

200-meter run

- 6. Jose Cruz, W, 24.84 PR
- 8. Memo Cervantes, D, 25.19 PR
- 9. Austin Carrasco, W, 26.12
- 10. Michael Amiotte, W 26.14 PR

400-meter run

- 2. Lucas Curry, D 52.81 PR
- 3. Jose Cruz, W 53.12
- 4. Zahar Rotman, D 53.72 PR
- 5. London Whitworth, D 54.38 PR
- 6. Emiliano Chaparro, D 59.40 PR
- 7. Sage Dan8ells, D 54.80
- 8. Mujahed Abulohoum, D 57.00
- 9. Neal Chinodakufa, D 58.46

800-meter run

- 4. London Whitworth D 2:12.66
- 5. Mujahed Abulohoum, D 2:20.96 PR

1500-meter run

6. Jim Cao, D 5:10.36

300-meter hurdles

- 1. Lucas Curry, D 42.83
- 2. Memo Cervantes, D 46.17

4x100 relay

- 3. D (Emiliano Chaparro, Neal Chinodakufa, Memo Cervantes, Zahar Rotman), 46.30
- 4. W (Dylan Graham, Jose Cruz, Austin Carrasco, Cohen Haller) 48.21

4x400 relay

- 1. Delphian A (Emiliano Chaparro, Sage Daniells, Memo Cervantes, Lucas Curry) 3:39.68
- 2. Delphian B (Vladimir Bunchuk, Tristan Mathews, Jim Cao, Jack Bowling) 3:49.96

Shot put

9. Kaikanim Mercier, W 34-7 PR

Javelin

- 3. Michael Nolen, W 131-6
- 4. Kaleb Cruickshanik, W 121-0
- 5. London Whitworth, D 116-5

6. Austin Lyons, W 110-1

High jump

2. Cohen Haller, W 5-8

Long jump

5. Adam Atherton, W 16-5.5

Triple jump

Adam Atherton, W 33-3

Girls

100-meter run

- 1. Portia Binford, D 13.09
- 2. Evelyn Anderson, W, 19.06 PR
- 3. Kalena Clark, W 14.57 PR

200-meter run

1.Portia Binford, d 27.58 PR 2. Lauren Klaers, W, 31.40 Sinus rhythm

400-meter run

2. Avery Ott, D 1:06.0

800-meter run

2. Avery Ott, D 2:43.34

3000-meter run

2. Mara Urizarbarrena Frias, D 13:39.13 PR

100-meter hurdles

3. Liv Curry, D19.39 PR

300-meter hurdles

- 1. Portia Binford, D 50.98
- 2. Liv Curry, D 53.56 PR

4x100 relay

1A. D (Avery Ott, Ava Raphael, Allahta, Portia Binford) 53.034A 4A. W (Evelyn Anderson, Kalena Clark, Nichole Goodwin, Aldxis Wertz) 55.50

4x400 relay

3A. D (Avery Ott, Coco Rosa-Coates, Ava Raphael, Liv Curry) 4:39.28

Shot put

- 5. Zoie Sickles, W 26-5
- 6. Eliza West, W 23-7
- 7. Bee Chansuk, D 23-0
- 9. Sylvie Berry, W 22-10

Discus

- 1. Hallee Hughes, W 131-5
- Zoie Sickles, W 92-11
 Bee Chansuk, D 64-0

lavelin

- 1. Hallee Hughes, W 133-0
- 2. Lauren Klaers, W 97-10
- 3. Siona Paden, D 90-10
- 4. Alexis Wertz. W 82-9 5. Mae Townsend, W 69-2
- 6. Bee Chansuk, D, 64-8

7. Zoie Sickles, W 63-8

Pole vault

6. (4-way tie) Evelyn Anderson, W, 13-5

Long jump

- 3. Liv Curry, D, 14-1 PR
- 4. Nichole Goodwin, W 13-5
- 5.Amelia Patterson, D 12-10

WILLAMINA COASTAL HILLS

CHAMBER OF COMMERCE

EID meets at 8 a.m. on the first Wednesday of Every Month Chamber meets at 8 a.m. all other Wednesdays

503-876-4222 • PO Box 411 • Willamina

Whitehead, Bunchuk Place First in Varsity-JV Meet

Herb Swett

Sheridan's Meagan Whitehead took two first places and Delphian's Vladimir Bunchuk one as 11 schools competed at Salem Academy.

It was the 3A/2A/Special District 2 meet, in which varsity and JV athletes were eligible. Here are the results for Sheridan and Delphian participants who finished in first through middle places in each event, with personal records indicated.

Boys

100-meter run

9. Leo Jin, D 13.02

200-meter run

10. Tristan Mathews, D 27.17

400-meter run

4. Jim Cao, D 59.92

800-meter run

2. Vladimir Bunchuk, D 2:32.70

1500-meter run

- 1. Vladimir Bunchuk, D 2:32.70 2. Jack Bowling, D 5:45.02
- 3. Ephrem Dauvin, S 5:48.70 PR
- Long jump 5. Tristan Mathews, D 15-3

Girls

200-meter run 2. Aaliyah Persons, D 33.60

800-meter run

1. Meagan Whitehead, S 3:39.94

300-meter hurdles

1. Meagan Whitehead, S, 1:12.95 Shot put

3.(tie) Emily Dryer, S, 21-0 5. Elaine Kazimierczak, D 20-4

Discus

4. Emily Dryer, S 53-6 Javelin

5. Elaine Kazimierczak, D 54-1 PR

Long jump

3. Meagan Whitehead, S, 11-25 PR



Katina Mayrose

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Bad News Bears Down Dodgers

Herb Swett

The Bad News Bears whipped the Parrish Dodgers 12-5 Saturday in Minor Baseball.

Also Saturday, Junior Softball lost the first game of a doubleheader to Mt. Angel 18-14. Extreme heat stopped the second game in the second inning, and the reschedule was not known at press time.





Odd Fellows Lodge 143 SW Monroe St.





Willamina's East Creek Art Welcomes Art Enthusiasts of All Ages

Guest Writer Marianne Thomson

Joe Robinson and Mindy Gandara's 20-acre East Creek forest art retreat, nestled in the Coastal Mountains, is about eight miles up Willamina Creek Road to East Creek Road, then up East Creek Road, approximately 1.3 miles. Visitors will see their diamond-shaped sign on the right. Joe and Mindy welcome visitors of all ages throughout the seasons. They estimate that they host about 1,000 art enthusiasts per year, including students from kindergarten through college graduate students.

One of the main attractions is a 40-foot-long wood-fired anagama pottery kiln built in 1983 under the direction of the property's previous owner.

Joe and Mindy purchased the property about seven years ago and have been working to transform it ever since. Mindy, the program planner and grant writer, reaches out to foundations such as Ford Family, Miller, Collins, and others to fund and support their art education efforts. Joe and Mindy want to increase their involvement in the local community, especially around education and bringing more lo-



Joe Robinson and Mindy Gandara of East Creek Art

cal kids to their space.

"We have a 5,000 sq. ft. art studio with 20 potters wheels, a welding shop, a glass shop, and a wood shop, so we would like to bring more locals, especially kids, up to our place to learn more about these mediums,"

said Joe.

"We also are looking to connect with community members and the municipality as we apply for grants because tying in our art programming to these grant applications may open up some new realms of funding to help cover our costs, pay our staff, and benefit our partners in the city, schools, and others, who may benefit from our programs. "Some guests from out of town say that East Creek feels like a beautiful resort where they can escape the city, or whatever their life is, come to the forest, and say, 'Wow, what a beautiful amazing place," said Joe. "I think that's a really good and positive vibe for people coming into town."

When Willamina Chamber President Belinda Ogle asked if they would be open to an early morning combination Willamina and Sheridan Chamber breakfast meeting of approximately 40 people, Joe said, "That would be awesome! We're set up in the studio building to host a sit-down kind of thing. We have chairs and tables and beautiful grounds.

"Guests can take a look at our amazing kilns. If you built a new one of these anagama kilns today, it would probably cost in the neighborhood of \$300,000. It's an incredible resource. I call it my 'Potters Lamborghini.'

"We actually have a big kind of camp kitchen for outdoor cooking, so we can whip up a big old thing of scrambled eggs, make some breakfast burritos, or have some kind of a fun breakfast. We even have a big 100-cup coffeemaker," added Joe with a laugh. "We invite the community, whether for meetings or another format, to visit."

Joe and Mindy are just finishing another unusual artistic project. Joe said the Lake Oswego School District gave them a large storefront door.

"When you drive up to the property, you'll see this crazy beautiful wall of windows with steel doors that leads to a gallery space. We plan to show artwork there and have recurring art shows in the middle of the woods. It looks like a little section of downtown in the forest. We'll invite the community to attend our upcoming art exhibitions starting around July."

Joe said they wanted to participate in Willamina's annual Coastal Hills Art Tour but have been unable to because of a scheduling conflict. He said this is the time of year when they're firing their big kiln. He can't be away from the property during this time because the firing entails having 50 people stocking the wood-fired kiln every three minutes around the clock for five days.

However, he is considering including East Creek Art as a stop on the art tour for those who'd like to see the kiln firing.

Meanwhile, Joe and Mindy have a full schedule of classes and workshops available now and throughout the year for all interested, from beginners to masters - from pottery to woodworking and more.

The East Creek facility includes camping space, tiny cabins, an outdoor kitchen, a wood-fired pizza oven, and more.

You can also book any workshop as a unique gift for the artists in your life. Visit the eastcreek.org website and book the event using your information, and then email joe@eastcreekart.org with the recipient's name and email. They will receive automated emails leading to the workshop, including logistical details.

Also, at their website, those interested in learning more can sign up for East Creek emails (https://www.eastcreekart.org/email-signup) to receive the latest news about events, firings, and shows associated with the East Creek community.

"Come make pottery with us! We're super fun people!" said Joe.



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••••• Business Directory ••••••











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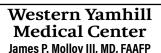


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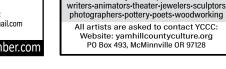
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RUFF LIFE, LLC 503-879-5003

29795 Salmon River Hwy 18 · Grand Ronde rufflifekennels.com

Many Pets are Available For Adoption at Ruff Life Rescue

Contact Ruff Life Rescue at 503-879-5003 to inquire about these and other adoptable animals. You can see more information at Adoptapet.com.

They also distribute dog food to those in need twice a month. Ruff Life is located at 29795 Salmon River Hwy 18 in Grand Ronde.



Maverick is a sweet, smart and loving two year old Pit Bull. He adores all people and loves playing with squeaky toys.



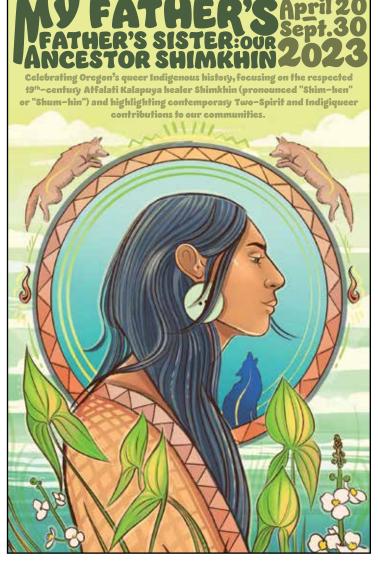
Boyo is a young special need (deaf) American Bulldog mix. He is very sweet and needs a family who will grow with him.



Kobe is a young Shih Tzu/Poodle mix. I know how to sit and know what "down" means. He can be mean to other dogs sometimes.



Dax is an Australian/German Shepherd mix. He is young and gets along with other dogs. A funny, happy, and loving dog.







Sarha Bacon Real Estate Broker Cell: 971-237-7661

Cell: 971-237-7661 sarha.bacon695@gmail.com



322 Main Street • Willamina, OR 97396 Office: 503-876-9004 • Fax:503-876-9115



Established Inn/Motel. Only one in town, great investment property. Inn- 7BR, 6Bath, office, full kitchen, laundry room, sauna, wine cellar, 1 apartment on 3rd floor. Motel-10 rooms, 2 linen closets and laundry room. Two cabins total of 4 rooms, common area building, 8x8 storage shed. All inventory will stay. Schedule a showing today.

PRICE REDUCED!



3.15 acre. 3 bed, 1 bath fixer upper. Great investment opportunity. Shop #1 30'x60'. Shop # 2 19'x50'. Dallas.

NEW LISTING!

Beautiful country setting. 3 bed 2 bath home on 21 acres. Enjoy the elk and deer from the deck on both sides of your new home. Property has forest & pasture areas, garden space (fenced), apple and pear trees. Two large shops, chicken coop, garden, fir and oak trees thinned and replanted last spring. Willamina \$625,000.

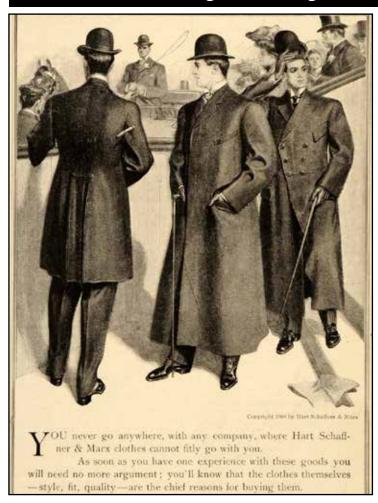
NEW LISTING!

Cute well maintained 2 bedroom, 1 bath home in the heart of Willamina. Main BR Has a walk-in closet, bathroom has been updated, SS appliances. Nice large utility room, garden/storage shed, fenced backyard, 2 car garage/shop, enclosed two car carport. Nicely landscaped with deck, pond, grapes, apple tree, raspberries and blackberries. \$299,000.

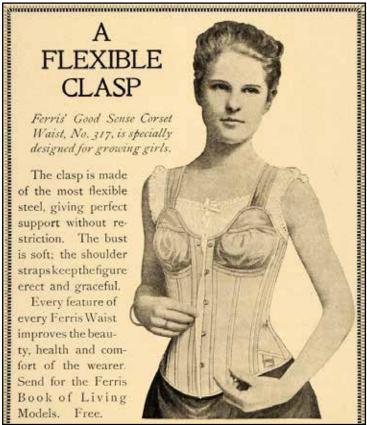


Beautiful area to build your dream home. 44 acres, Perrydale water, two wells, seasonal creek, shop is around 50x36, manufactured home no value, no value on old barn, some fencing for animals. Could plant filberts, grapes or Christmas trees, etc. Apple, oak and some fir trees on property. Sheridan.

Vintage clothing advertisements early 1900s



1904 black and white print ad for Hart Schaffner & Marx.



1900s black and white print ad for Ferris' Good Sense Corset Waists from The Ferris Brothers Company of New York.

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