

**FREE**  
Take One!

# West Valley Bulletin Board

West Valley Bulletin Board, LLC

August 23, 2023 Weekly Publication Serving Sheridan, Willamina and Grand Ronde Vol. 9, No. 27

Staci Coker & Nicole Pugh • Email: bulletinwestvalley@gmail.com • (503) 687-3000 • 136 E. Main Street, Sheridan, OR 97378

## Sheridan Chamber of Commerce Continental Breakfast

8-9:15 am  
Friday, August 25

Hosted at the Sheridan School District  
435 S. Bridge Street • Sheridan



Join the Sheridan Chamber of Commerce this Friday for networking and fun!

All Chamber members and potential Chamber members are invited to join this fun group of business owners, managers, and citizens who want to strengthen our business community by building stronger relationships.

**Breakfast sponsored by Sheridan School District**  
Be sure to bring your trivia knowledge and a business card for chances to win fun prizes!

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## Sheridan High 50th Class Reunion This Saturday August 26

Sheridan High Schools class of 1973 will celebrate its 50th year reunion at 4 p.m. on Saturday, Aug. 26, at the Cooley home on Gopher Valley. For more information call 971-237-2164.

# 2023-2024 Back to School!

## Start Dates

Willamina 6th grade-12th grade .... Aug. 28  
Willamina kind. - 5th grade ..... Aug. 29  
Sheridan Kind. - 6th and 9th grade .Sept. 5  
Sheridan 7,8,10,11, and 12th grade Sept. 6

# HOT AUGUST NIGHTS

All ages welcome

Hosted by Total Destruction Racing Team

**Kids Carnival**

August 26, 2023

12 – 4 pm on C street behind Dillons Bar in Willamina

**Powerwheel Drag Racing**

Ages 3-10 only; 2 classes  
Bracket style racing @1pm, 2pm & 3pm w/ trophies  
Bring your own Power wheel or borrow one of ours  
Helmets required (some available for use)  
Sign-ups start at 12pm racing starts @1pm

**Touch a Mud Truck**

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- Fishing game
- Pin the Tire on the Truck
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Contact Jazmin Dawkins with questions @ 971-261-9787  
Mud Trucks are by invite only

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# BULLETIN BOARD CLASSIFIEDS

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## Employment

### City of Willamina

#### Office Coordinator/Library Clerk

The City of Willamina seeks an experienced and dedicated individual to fill the office Coordinator/Library Clerk position. If you are passionate about working with people and are interested in starting a career in city government, this is the perfect opportunity. This position will allow someone willing to learn three separate areas within the City. This position allows the opportunity to learn about the front office, administrative needs for Public Works, and our Library's functions. This position is an integral part of the City of Willamina team, and exceptional customer service is a must. As a part-time office coordinator, this person is responsible for maintaining the front office, answering the telephone, greeting the public, and providing requested information. They will also perform a variety of administrative support functions of considerable complexity and process a number of various payments, fees, and other tasks on utility accounts.

This person will assist with daily library services and youth programming as a part-time library clerk. Engage with patrons emphasizing youth services by planning and performing library programs and events.

Starting wage for this unique position allows for a full-time dual rate wage with the benefits of a full-time job. Approximately 16-20 hours will be as a part-time office coordinator at \$19.51/hour and 16-20 hours as a part-time library clerk with a starting wage of \$14.20/hour, and is a union-represented position. The work schedule is 40 hours/week with occasional evening/weekend shifts. The City provides excellent health benefits, generous vacation/holiday/personal days, and a supportive work environment.

This position is open until filled. Applicants must submit a letter of interest, resume, letter of reference, and a completed City of Willamina employment application form to City Hall, ATTN: Bridget Meneley, 411 NE C Street, Willamina, OR 97396, or via email to meneleyb@ci.willamina.or.us. Full job description and applications can be found on the City of Willamina website at www.willaminaoregon.gov.

## Employment

**Pacific Fir Lumber** has several great mill jobs for people who will come to work every day, on time, and put in a solid day. Great work environment. Apply in person at 355 SW Mill St, Sheridan. (c)

**River Park Senior Living** is now hiring a cook, caregivers, and med-techs. Wage DOE, come in to apply, or email your resume to bailey.west@agingways.com.

**Northwest Senior and Disability Services**, NWSDS is looking for a volunteer driver to deliver meals in the Sheridan area, one day a week. Picking up meals and delivering takes approximately 1.5 hours a week. Your mileage is reimbursed and you are entitled to a meal on the day you work. If you are interested in serving our community, call (503) 843-2000.

## Workers Wanted

**Workers needed** - Need 1-2 guys to build 1,000 feet of barbed wire fence on property in Grand Ronde. Must have a truck or high clearance vehicle to get to site. All materials are provided. Job duties include digging holes, pound posts, stretch wire, and more. Temporary job starting now. Will last 4-6 week or until job is finished. Work alone or in pairs. Bring a buddy to earn extra summer cash. Contact Glen at 831-235-5467 (text preferred) (16)

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## For Sale

**For sale**, Cybex upper extremity ergo-meter, aka, arm bike. Used, good condition. Good for cardio, shoulder and arm rehab. \$200. Call 971-237-3383 (c)

**For sale**, Western Red Cedar tables and benches: 6ft \$150, 4ft \$125. 3-Tier bbq table \$125. Cedar coffee and end tables, birdhouses and feeders, wishing wells and windmills, tin-man, and animals. 215 SW Harrison, Sheridan. Call 971-221-5595. (c)

**Firewood for sale**. Mixed species seasoned, split delivered to Sheridan or Willamina. \$300 per cord. Call 503-437-3442. (6)

**Gravenstein apples** 75¢ per pound. 417 SE Edison St., Sheridan. Call Mary or Frank at 503-843-4072 or 503-857-7532. (9)

## Services

**Flawless Pressure Washing**. Revitalize your home's appearance with our driveway cleaning and exterior house washing services. Say goodbye to stubborn mold and dirt, and hello to a fresh clean appearance. Contact us today at 503-779-5030. (c)

**Simplify Life**. I organize, run errands, and house sit. Text or call me to assess your needs and see how I can assist. Karen 503-560-0680.

**Home health care**, retired nurse has availability for a new client. Call Candie to set up a meet and greet to see if it's a fit. 425-343-2549.

## Garage Sales

**Moving sale**, 9 a.m.- 3 p.m. on Saturday, Aug. 26 at 509 West Main Street. Sheridan.

## Kelli's Kuts

New Location: 144 E. Main



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HOURS  
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10am - 5pm  
Saturday  
10am - 2pm  
CLOSED  
Sun. & Mon.

## AMERICAN LEGION POST 75 SHERIDAN

Submitted by  
Commander  
Martin Attebery

The American Legion will host breakfast from 7-11 a.m., on Saturday, Oct. 7, at 125 N. Bridge Street in Sheridan.

Breakfast includes scrambled eggs, sausage, ham, flapjacks, biscuits and gravy, coffee, and juice. The cost is \$10, and breakfast is open to the public.

The Legion will hold a tribute ceremony to firefighters and law enforcement starting at 3 p.m., on Patriots Day, Monday, Sept. 11, in front of the Legion building. There will be a chili feed with cornbread. Let us never forget, never again.

The insurance has come through for the cooling center at the Legion. The cooling center cooperates with the City of Sheridan, Churches United for the West Valley, and the Grand Sheramina Food Bank. The cooling center will open when the temperature is 90 degrees and above. Hours for the cooling center will be from noon-6 p.m. A special thank you to everyone who worked hard to make this a reality.

The Legion is looking to see if there is an interest from the community for a weekly Pinochle tournament. The tournament would be held on a weekday at the Legion. If interested, call Jill at 971-237-5974.

Bingo continues every Friday evening. Doors open at 5:30 p.m., and Bingo starts at 6:30 p.m. The kitchen offers hot dogs, chili, nachos, baked spuds, and more goodies. Everyone is welcome to come and join in the fun.

I want to give a special thank you to everyone supporting the American Legion and its programs.

## ARE YOU DRINKING KANGEN WATER?



CALL/TEXT  
503.376.6620

THE HYDRATION STATION

# City of Sheridan A Message From Code Enforcement

## Fire Safety Prevention and Preparedness Safety information to know and share with everyone.

- No backyard burning.  
Yamhill County Burn Line:  
(503) 472-3344
- **Keep your landscape lean,  
green, and clean:**  
**Lean:** plants are spaced apart  
**Green:** healthy and watered often
- Keep your landscape clean,  
free of flammable debris.

### Sign up for:

- Everbridge Emergency Alerts Go to: [www.co.yamhill.or.us/emergency-management](http://www.co.yamhill.or.us/emergency-management)
  - "Yamhill County Alerts-Emergency Notification System" Click "Sign Up/Login Here" and follow the instructions.
  - Learn the difference between heat stroke and heat exhaustion.
- Visit these websites:**
- Oregon Wildfire and Response: [wildfire.oregon.gov/prevention](http://wildfire.oregon.gov/prevention).
  - PGE Public Safety Power Shutoffs (PSPS)
  - Register your medical devices.
  - Stay up to date on any planned outages in our area.

### Follow on Facebook:

- The City of Sheridan
- Oregon Department of Emergency Management
- Portland General Electric
- NOAA

### Stay hydrated:

- Make an emergency "Go Bag" for your household.  
Visit: [www.ready.gov/kit](http://www.ready.gov/kit) to find out what to put in it!

# WHAT'S UP IN WILLAMINA

by mary jane

F-I-R-E! Now there are four letters that, when put together, scare the heck out of me!

In case you haven't heard, it's "fire season."

If you look around, you will see the smoke in the air. Ugh. You might even be able to smell it too. That is also an ugh.

With school starting soon, families and friends are gearing up for one more bar-b-q. That's all good fun, but please, oh please, be very careful. Make sure you have a big cleared area around the fire pit. Ensure you have a pail of water handy "just in case." If you have a fire extinguisher, that's better yet. It doesn't take much for a spark to burn everything within the fire's reach, which could be acres and acres.

We want Oregon to stay green and everyone and their property safe.

Being careful with fire is "What's up in Willamina."

## Warm Fuzzies

On behalf of the Grand Sheramina Food Bank we would like to thank Louis Wardrip of LAW Fabrication and Mobile Welding for installing new steps on the food bank van. Thank you Louis! Louis can be reached at 509-439-1456 for your welding and fabrication needs.

-Eric Wagner



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## Obituary



### Jefferie James Tucker Oct. 8, 1958 - April 29, 2023

Jefferie James Tucker, 64, of Milton Wash., went to be with the Lord on April 29, 2023. He passed peacefully in his sleep after a long battle with cancer. Jefferie was born in North Bend, Ore., to Edwin Stuart Tucker and Lora Arlene Olsen Tucker on Oct. 8, 1958. He had nine siblings and grew up in Willamina, graduating from Willamina High School in 1976. Jefferie entered the Air Force at age 17 and remained enlisted for 18 years specializing in plumbing and electrical. He completed his associate of science degree and many medals, including a Meritorious Service medal, AF Commendation medal, AF Good Conduct medal, National Defense SVA medal, and a small arms marksmanship ribbon. He served Aug. 1990-June 1994 in support of Operation Desert Shield/Storm. He retired as a Master sergeant from the Air Force in 1994 at Fairchild Air Force base in Spokane, Wash. Jeff loved everything outdoors; hunting, fishing, clam digging, and crabbing. Jeff met his wife Janice in Westport on a crabbing trip. Something just clicked, and they knew they were meant to be. He was an avid Oregon Ducks fan. He and Janice shared a passion for college football and basketball. Jeff loved the Oregon Coast. He loved to hunt, both archery and rifle. Jeff also loved animals. Jeff was a loving husband and a born-again Christian who loved God and never lost faith. He is survived by his wife of 20 years, Janice Tucker; brother, Ron Tucker; three sons, Michael Tucker (Teresa), Brian Tucker (Christina), and Adam Tucker; stepsons, Michael Bellack and Kevin Bellack; five grandchildren, Jeremy Tucker, Cameron Tucker, Jake Tucker, Sierra Tucker, and Alexa Beldin Tucker.




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4-8:00pm Fri. & Sat.

**Lasagna \$16<sup>95</sup>**  
**With Meatballs \$18<sup>95</sup>**

**Prime Rib \$19<sup>95</sup>** (Reg. Cut)  
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 every other Friday from 8-9:15 a.m.  
**Everyone is welcome!**  
 Email for further information:  
 SheridanChamberofCommerce@gmail.com  
**Check Us Out at**  
[www.sheridanoregonchamber.com](http://www.sheridanoregonchamber.com)

# City of Sheridan Secures Grant Funds To Work Towards a Community Shelter

## City of Sheridan Press Release on HB-3115

The City of Sheridan is proud to announce the successful acquisition of a \$225,000 courtesy of SB 5506, aimed at bolstering efforts to address homelessness within the community. This substantial funding will enable the City's leadership to take significant strides toward establishing a much-needed homeless community shelter, reaffirming their commitment to the welfare of every resident.

This action was spurred by House Bill 3115 which applies a heightened standard applicable to any city or county law regulating the act of sitting, lying, sleeping, or keeping warm and dry outside on public property. Essentially, HB 3115 requires any local regulation related to these activities to be "objectively reasonable," resulting with any local regulation which is not objectively reasonable, unenforceable. The City Council decided that the best way to ensure compliance with this requirement would be to proactively seek sheltering and transitional housing resources, which will allow the City to enforce more stringent regulations on where and when individuals may sit, lie, sleep, or keep themselves warm and dry. The Council has worked hard to understand the needs of community members and balance that with the requirements of the State housing regulations. In the last 18 months, the Council has held two open houses. One was to share the new State rules and to hear from residents and businesses regarding issues surrounding homelessness. This is a recurring topic at Council meetings. The meetings and community input led to the Council submitting a request for direct funding from the State Legislature for a managed community site to help our local homeless population have direct access to treatment, health, or therapy that is needed to get them off the streets. The Council wants to provide an option that eliminates barriers for people to get back on their feet.

The Council recognizes that this is a sensitive topic, which can bring a host of emotions and opinions. The Council is committed to providing a site that is managed 24/7 by trained professionals that will ensure

a secure, clean, and stable environment for both the tenants and our residents and business owners. The tenants will be limited to a manageable number of existing Sheridan homeless population. The shelters are minimalistic with a cot and a lock box.

It is the commitment of the Council to continue to hold public meetings on this topic to build transparency in the community. You are encouraged to visit the City's website to read past minutes or request a copy of them at City Hall to understand the progression of this discussion. At this point, no location for the community shelters is selected, but the Council is considering sites that will balance the interests of residents, businesses, and the local individuals who live in the shelters. The site should also be secured to allow for privacy, wellness, and growth of the individuals who live in the community shelters. Additionally, the Council is committed to finding a location that is secure for all of our community members.

The new State laws allow the Council to enforce its no camping ordinance at the Hebert Memorial Plaza, Chester Moore Park, and Morgan Street Park.

The City's initiative aligns perfectly with the bill's core objective — to empower local governments to make a tangible difference in the lives of their most vulnerable citizens. With the grant, Sheridan's leadership is now better equipped to navigate the complexities of addressing homelessness comprehensively, working towards practical, effective, and sustainable solutions.

The City of Sheridan acknowledges the generous support provided by SB 5506 and appreciates our State Representative Lucetta Elmer for her stewardship of this important funding. The Council is committed to providing sustainable and comprehensive solutions to solve homelessness in the community.

Mayor Marianne Thomson is encouraging the community to come to the City Council Meeting on September 18, 2023, or October 16, 2023, to learn more about the City's efforts to work with non-profits and other local government jurisdictions to manage the community shelter.



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## A MESSAGE FROM THE WILLAMINA SCHOOL DISTRICT

I am always surprised by how quickly the new school year is upon us. Every year it seems to arrive a little sooner than expected. This year's beginning is especially difficult. It will be my last official "Welcome Back" to all of our staff, students, and community! As I prepare for my final year with the Willamina School District, I am filled with gratitude for all the wonderful colleagues, students, and families that have shared my journey. Our school community is something I find great joy and pride in. I have been truly blessed to be in this district for so many years.

As we approach in-service week for our staff, we will have a few new faces to welcome to the district; Rachel Wallace in kindergarten, Nicole Hillyer in elementary special programs, David Lettenmaier in ms/hs PE, the return of Shawn Draper as our new Behavioral Health Director, and Gil Grams our middle school math teacher. We also welcome Brande Elston, Sarah Bacon, and Miranda Hendrickson to our instructional assistant staff. Brande will support our title one program, and Miranda and Sarah will be working in our special needs programs.

Our facility crew was very busy over the summer with a multitude of projects. Some highlights include a refinished gym floor, additional seating for football/track, new entryways for our modular building and health clinic, new carpeting, new classroom furniture, and routine deep cleaning. The MS expansion project started off slowly due to permit delays, but things have been progressing quickly in the last few weeks. Framing should be well underway when teachers return, and interior work will soon follow. We want to welcome David Williams to our facility crew as well!

Middle and High School students will return to school Monday, August 28. This will also be a family conference day for families with students in the Elementary School. All k-5 students will begin school Tuesday, August 29.

In the meantime, I hope you enjoy the rest of your summer break, and I look forward to seeing everyone soon.

**With great Bulldog pride,**  
**Carrie Zimbrick, Superintendent**

**Willamina Elementary School 503.876.2374**  
**Willamina Middle/High School 503.876.2545**  
**School District Office 503.876.1500**



Dancing and fun were had by all who attended the Buell Grange Dessert Social on Saturday Aug. 19. The event featured two full tables of dessert options including sugar and gluten free options. Joe Justin and Janet Kay kept the dancing going with their music. Joe and Janet play every Thursday at the Grange.



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You're invited to  
**Walking Wednesdays**



A weekly walk around Huddleston Pond at Hampton Park for citizens to share ideas and concerns with City Manager Bridget Meneley.

@ 6:30 a.m. & 5:30 p.m.  
 July 26th - Sep. 27th



**NEW LISTING**



Nice corner lot with 3bed, 1bath home. Freshly painted inside with some updating. New carpet in bedrooms, newer washer and dryer in utility room, vinyl windows, huge three car garage/shop.



**NEW LISTING**



Hebo Rd- River front property with a 45x50 shop/barn. House was removed. Water and power on property. Shop/Barn has 200amp power supply. North property line is in the River. Semi secluded surrounded by private timber property. \$350,000.



**NEW LISTING**



1930 Farm house with wrap around porch (55 feet) on almost 2 Ac. in town. 3 bay shop 2 roll up doors. 5 bedroom 2 bath with large family room, large laundry room, large kitchen, Slate Appliances. Two islands and quarts counters. Heated Pool, garden area, fire pit, play ground, outside covered bbq, hot tub area, park like setting. Huge circle driveway. Per county you may have 2 large animals such as cow/horse. Land can be developed per county. Too much to list must see!

Thinking about buying or selling?

**NEW LISTING**



Ash Ave- 4bed, 2.5bath stick built home. Woodstove in LR, Pellet stove in Family room, bonus room, large utility room, open concept. Storage shed, yard, garden, fruit trees and chicken coop.

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# Applications for Paid Leave Oregon Began August 14

August 14, 2023, the state of Oregon began accepting applications for the new paid leave. Paid Leave Oregon covers paid family leave, medical leave, and safe leave for working Oregonians. Benefits will start Sept. 3, but the program is accepting applications in the Frances system now to make sure there's enough time to review initial claims. Benefit payments will begin to go out within two weeks of Sept. 3. Employees can apply through Frances Online for the following reasons:

- To care for themselves or members of their family during the birth of a child, or to bond with a child after birth, adoption, or placement of a child in their home through foster care
- To care for themselves during a serious health condition
- To care for a family member when they have a serious health condition
- If they or their child experi-

ence sexual assault, domestic violence, harassment, or stalking

By starting the application process ahead of time, Oregon employees can take leave after Sept. 3, when the program benefits start. After sending in their application, employees should expect a two-week wait before they start to receive benefit payments. Employees must notify their employers 30 days in advance for planned paid leave. They cannot apply earlier than 30 days before the start date of their paid leave for benefits.

Paid Leave has more than 250 employees ready to help employees who may need help applying for the new program. "Strong customer care principles are at the core of Paid Leave Oregon. We have multiple ways we can serve Oregonians, including our Contact Us form, email, and phones," said Karen Madden Humelbaugh,

director of the program. "Training our front-line staff to be prepared to help customers has been one of our top priorities." Agency and program leadership are looking closely at call wait times, numbers of applications, and other metrics. They're ready to make any changes necessary to make sure Oregonians can use the program easily.

"With any new program of this size, along with a launch of a new modernized benefits portal, we know there will be bumps as we roll things out," said Employment Department Director David Gerstenfeld. "We will be watching the data closely and making adjustments as quickly as possible as we identify issues."

Signed into law in 2019, Oregon is one of 11 states (plus Washington D.C.) to offer a paid family and medical leave program. In January 2023, employers and employees started contributing to the trust fund that will pay for employee paid leave benefits.

Oregon's unique program covers safe leave in addition to family and medical leave. Safe leave supports survivors of sexual assault, domestic violence, harassment, or stalking so they can take time to seek safety. Detailed information for employees, including eligibility requirements, tutorial videos, a benefits calculator, and much more, is on the Paid Leave website at [paidleave.oregon.gov](http://paidleave.oregon.gov).

## Quilt Raffle Tickets On Sale to Benefit Museum

Sheridan Museum will raffle a quilt made by Velma Bottenberg during the Christmas season. Tickets for the quilt are \$5 each or three for \$10. Tickets can be purchased at the Sheridan Museum of History, 142 S. Bridge Street in Sheridan, or The West Valley Bulletin Board, 136 E. Main Street, Sheridan.

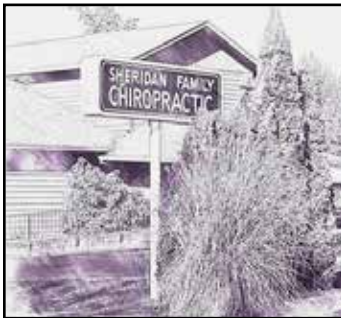
All proceeds of the ticket sales benefit the Sheridan Museum. The Sheridan Museum of History is open Saturdays from 10 a.m.-2 p.m.

## Cards for Charity is a Great Way to Give Back

At 10 a.m. every Thursday at the West Valley Community Campus (WVCC), Zach Widemark hosts Cards for Charity. It is free and open to the public. The cards made are donated to local hospitals.

Zach is also interested in starting an Artist Trading Card Club. For more information or to help boost these two activities, email Zach at [Zwidemark@gmail.com](mailto:Zwidemark@gmail.com) or text or call 602-769-6055.

The West Valley Bulletin Board office is open 10 a.m. - 5 p.m. Monday through Thursday and 10 a.m. - 4 p.m. on Fridays



## Sheridan Family Chiropractic

639 W. Main Street  
Sheridan

503-843-3888

*Helps reduce headache pain*

## WEST VALLEY COMMUNITY CAMPUS Spaces For Rent

**FOR RENT**



**Commercial Space For Rent**  
3,840 Sq. Ft. \$1,600/ Mo. Rent  
Located in Willamina at  
Washington St. & Barber St.

**Storage Units Available**  
Unit A - 10 Ft. x12 Ft.  
\$75/Mo. Rent  
Unit E - 10 Ft. x18 Ft.  
\$115/Mo. Rent

**CONTACT WVCC FOR DETAILS**  
[info@westvalleycommunitycampus.org](mailto:info@westvalleycommunitycampus.org)

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# HIRING NOW!

## Pacific Fir Lumber

**\*Signing Bonus\* Attendance Bonus\* Benefits\***

**Millwright:** Do you have a passion for maintaining and repairing machinery? If you are experienced in diagnosing and fixing mechanical issues, we invite you to apply.

**Mill Production:** Seeking dedicated mill employees to join our dynamic team. If you are eager to contribute to the lumber production process, we want to hear from you. No experience necessary - we provide training.

## Sheridan Building Materials

**\*Attendance Bonus\* Benefits\***

Are you passionate about home improvement and construction projects? Seeking dedicated individuals who thrive in a customer-focused environment and are excited to assist customers in finding the perfect materials for their projects.

# The Nutritional Benefits of Peaches

Pies, cobblers and smoothies might be the first things that come to mind when people think of peaches. Perhaps nutrition needs to muscle its way into that discussion?

Peaches are typically viewed as a sweet treat, particularly in summertime. But peaches also provide a host of health benefits, which can make anyone who enjoys a peach-based sweet treat feel a little better about their indulgence.

## Peaches and heart health

Peaches are rich in vitamins and minerals, including potassium. The potassium content in peaches, though moderate, is still significant, as the American Heart Association notes that potassium plays an important role in the management of high blood pressure. In addition, a 2014 animal study published in the Journal of Nutritional Biochemistry found that consumption of peach and plum juice provided protection against cardiovascular disease.

## Peaches and body weight

One of the keys to long-term health is the ability to maintain a healthy weight from childhood through adulthood. The Cleveland Clinic estimates that a single large peach contains just 68 calories. Peaches also do not contain any saturated fats, making them a good low-calorie snacking option that can help people maintain a healthy weight.

## Peaches and cancer risk

A report from the American Institute for Cancer Research linked fruits with a lower risk for cancers of the mouth, pharynx, larynx, esophagus, lung, and stomach. Peaches are rich



in free radical-fighting vitamin C. That could explain their link to reducing cancer risk, as free radicals are unstable atoms that often contribute to cell damage that is a hallmark of cancer. In addition, MedicineNet reports that peaches are high in polyphenols, which studies have found prevent the formation and spread of cancer cells in lab tests.

## Peaches and vision

Peaches also can have a positive impact on vision. According to the New Jersey Agricultural Experiment Station at Rutgers University, a medium-sized peach provides roughly 6 percent of the daily recommended value of vitamin A. That's helpful for vision, as the American Optometric Association notes that vitamin A supports functioning of the conjunctival membranes and cornea. In addition, the AOA reports that vitamin A deficiency is the leading cause of preventable blindness in children.

Peaches have a well-earned reputation as a sweet treat. However, the powerful peach is more than just a post-meal palate cleanser, and in fact can play a vital role in promoting long-term health.



Jon Pierson has owned this show-winning, 1932 Ford Roadster since 1987. The engine is a bored 454 Chevy, built by Trayco of L.A., Calif., makes 518 horse-power. The transmission is a B and M, 400 shifter. A Lincoln Versailles rearend transfers the power to the aftermarket wheels and tires. The front end is from Kuggle with independent suspension. (Photo and information courtesy of Gary Meyer.)

**KIM GREENE** REALTOR/PRINCIPAL BROKER  
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LICENSED IN THE STATE OF OREGON

## NEW LISTING!



**Traditional one level home built in 2017** boasts 3 bedrooms, 2 full baths, and an open great room floor plan! Usable covered back deck, kitchen includes eating island, SS appliances included, cabinets w/ self-closing drawers/doors. Insulated and finished 2 car garage with opener & exterior door, ceiling fans, custom blinds on windows/patio door, tile entry & accents, spacious walk-in closet in main bedroom, digital heat pump water heater and ductless heat pump-mini split heating & air conditioning system with remotes. \$385,000.



## NEW LISTINGS WANTED!



**Yamhill**  
COMMUNITY CARE  
Early Learning

### 2023 Parent Survey

Thank you for taking our 2023 Parent Survey.

Your responses will help inform the work and investments of YCCO's Early Learning Hub.

All those who complete this survey will be entered to win one of 15 \$50 gas cards.

Winners must live in Yamhill County AND have a child age 0-6 years old.

Survey Link:

[bit.ly/2023\\_Parent\\_Survey](https://bit.ly/2023_Parent_Survey)



Questions? Contact Traci Porter [tporter@yamhillcco.org](mailto:tporter@yamhillcco.org) | 503-376-7436

# National Dog Day History and FAQ's

Colleen Paige, pet lifestyle expert, founded National Dog Day in 2004.

A happy dog will hold its tail high and wag it. Other signs that a dog is happy include:

- Relaxed ears and body posture
- Leaning on you
- Initiates play

There may be many reasons for a dog licking a human. Licking may be a sign of affection (awe, he likes you). It might also be because you just ate that piece

of jerky or you taste a little salty. Licking can also be a way to get your attention. Is it mealtime? Do they need to go out? They might also be telling you, "Hey, don't stop scratching that spot." We humans love our pets and love to celebrate them. The entire month of August is National Dog Month. We also celebrate National Dog Mom's Day, National Rescue Dog Day, and National Make A Dog's Day among many others.



R A V E Y O B H H S L N D A N Y E L P  
 V J U M C T E A E E B Y P H U A P L V  
 E K K A Q V R V R N C T B A U R S D I  
 H D N D E G F P I K I G R O W L D P T  
 O I F L H T R Q M T V A X A T N H Z N  
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 Y K S I R F O J E U I O F L U F F Y N  
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 E H O Y S Q I S N I F F Q L O D T K K  
 L T J D N P G R C I T S E M O D H Q V

- BALL
- BARK
- BRAVE
- CANINE
- COMPANION
- DOMESTIC
- FETCH
- FLUFFY
- FRISBEE
- FRISKY



- FURRY
- GAURD
- GROOM
- GROWL
- LEASH
- LOYAL
- OBEDIENT
- PANT
- PET
- PLAYFUL



- POOCH
- PROTECTIVE
- PUPPY
- SHAGGY
- SIT
- SMART
- SNIFF
- STAY
- TRAINED
- YELP

## Transform Bananas Into a Moist Dessert

Bananas are a versatile fruit that can be eaten right off the bunch or utilized in a bevy of recipes. Despite being characterized as the first "superfood" endorsed by the American Medical Association in the early 20th century, bananas are avoided by some people. Some claim that bananas make people gain weight or develop constipation, but many medical organizations point to the nutritional benefits of bananas, which contain potassium, magnesium, vitamin B6, fiber, and manganese. A banana's flavor starts out as mildly sweet and gains more sweetness as it ripens. Very ripe bananas, or those that have brown speckled skins, don't need to be discarded. They make perfect additions to baked goods, notably banana bread. Before tossing out brown bananas, consider this recipe for "Chocolate Chip Banana Bread" courtesy of Jenna Barnard and the Butternut Bakery Blog.



top

Preheat your oven to 325 F and grease and line a 9x5 loaf pan with parchment paper.

In a bowl, whisk together the flour, baking soda and salt. Set aside.

In a separate bowl, mix together the melted butter and sugars until you reach a paste-like consistency. This may take some vigorous whisking for a minute or two. You can either use a whisk or an electric mixer with the paddle attachment.

Add in your mashed bananas followed by the eggs, yogurt and vanilla.

Once all of your wet ingredients are mixed together, fold in the dry ingredients. Then, fold in the chocolate chips.

Pour the batter into your prepared loaf pan and spread it evenly. Sprinkle extra chocolate chips on top if you like.

Bake for 1 hour to 1 hour 15 minutes, or until a toothpick comes out with a few moist crumbs. Let it cool completely before removing from the pan. Store at room temperature in an airtight container.

### Chocolate Chip Banana Bread

1 1/2 cups ripe and mashed banana (3 to 4 medium bananas), measured

1/2 cup packed light brown sugar

1/2 cup granulated sugar

1/2 cup unsalted butter, melted

2 large eggs

1 teaspoon vanilla extract

1/2 cup 2 percent Greek yogurt (sour cream also works)

1 1/3 cups all-purpose flour

1 teaspoon baking soda

1/2 teaspoon salt

3/4 cup mini chocolate chips, plus a handful more for sprinkling on

### Last weeks crossword solution

C	H	I	N	A		C	A	M	P		S	P	A	T					
L	O	S	E	S			O	D	O	R		T	A	L	E				
A	N	N	E	S			S	O	R	E		I	S	L	E				
D	E	T	R	O	I	T			E	M	E	R	S	O	N				
						C	R	A	B			I	N	S	E	T	S		
S	E	L	F				A	R	R	E	S	T							
C	L	A	R	A					O	V	E	R	C	O	A	T			
A	L	T	E	R					M	A	E			E	A	G	L	E	
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A	R	A	R	A	T					N	E	E	D						
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A	L	P	S						R	E	S	T			E	R	O	D	E
G	A	L	E							E	A	C	H		S	A	L	E	S
E	Y	E	S							E	R	I	E		S	P	E	N	T



# Horoscopes Aug. 23-29

## ARIES - Mar 21/Apr 20

It is time to recharge your batteries this week, Aries. It may be challenging to slow down, but that is just what you need to do or you are going to run out of steam on your next project.

## TAURUS - Apr 21/May 21

Early on this week you may start out in a bit of a funk, Taurus. That all will change with some words from a friend that will help your mood bounce in the other direction.

## GEMINI - May 22/June 21

Gemini, the side of your brain responsible for pragmatism has been working overtime. You are ready to solve any problems and find answers to most questions.

## CANCER - Jun 22/Jul 22

Cooperation from others has been hard to come by lately, Cancer. That could lead to some conflicts along the way. Collectively you will have to find some middle ground.

## LEO - Jul 23/Aug 23

You could be focused on things in the past this week, Leo. This could start you on a trek to track down mementos in a home or to visit an antiques shop to make some purchases.

## VIRGO - Aug 24/Sept 22

Virgo, there is still a lot to learn, but you have the time right now to pay attention to everyone around you to glean what you can. Never stop gathering information.

## LIBRA - Sept 23/Oct 23

Even if others make suggestions, use your own judgement regarding how to spend time this week, Libra. You may want to eschew all responsibilities for something fun.

## SCORPIO - Oct 24/Nov 22

Seek new places for any sort of inspiration, Scorpio. You never know what you may uncover unless you visit new places instead of your old haunts. Start exploring this week.

## SAGITTARIUS - Nov 23/Dec 21

Some outside energy has muted your normally boisterous personality, Sagittarius. You may want to skip out on social scenes and spend some time at home in the coming days.

## CAPRICORN - Dec 22/Jan 20

Strong opinions rule the day, so convincing others could be especially difficult in the days ahead. Wait some time and they try again, Capricorn.

## AQUARIUS - Jan 21/Feb 18

Aquarius, there will be some measure of public speaking or performance in your near future, and it is likely giving you a bit nervous. No one will judge you, so try to lighten up.

## PISCES - Feb 19/Mar 20

Pisces, you could encounter more oddballs than normal in your daily routines. From customers making scenes to quirky coworkers, you might need to be patient and open-minded.

# Word Scramble



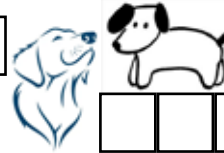
Use the letters below the boxes to unscramble the dog breeds. Place the letters from the circles on the dashes above the riddle then unscramble them to solve the riddle at the bottom.

□ □ □ ○ □ □ □ - □ □ □ ○ □ □ □ □ □

S K A N L O C C I E E R P

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N O P E N I M A R A



D L U B L G O

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F I T F A M S

What type of market do dogs hate?

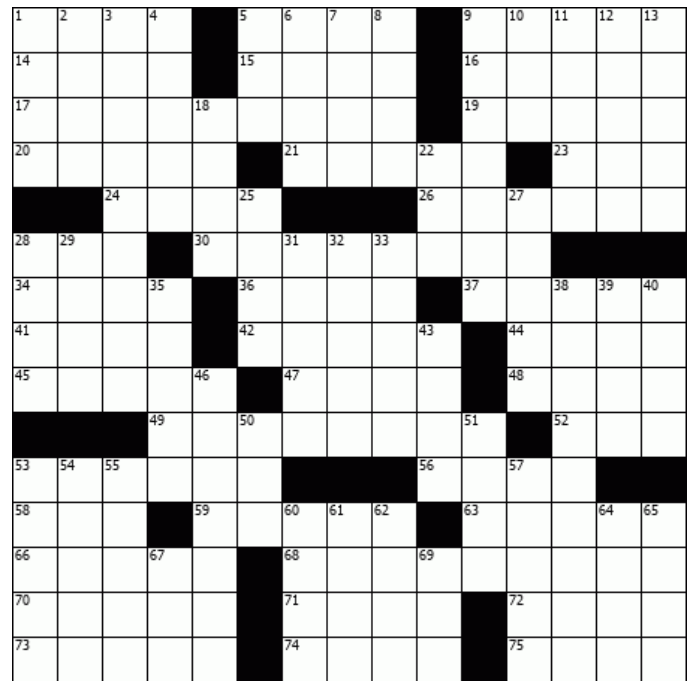
○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○

Last weeks answers:  
Curriculum, Academic,  
Chalkboard, Flunk, Literature,  
and Ruler.

# CROSSWORD PUZZLE

### Across

1. Soap bubbles
5. Pillar
9. Telegraph inventor
14. Enclose
15. Water pitcher
16. Shackles
17. Lack of knowledge
19. Truckers' vehicles
20. Newspapers and TV, e.g.
21. Swipe
23. Summer drink
24. Other than
26. Fishing nets
28. Actor \_\_\_ Gibson
30. Neverland resident (2 wds.)
34. Citric \_\_\_
36. Exist
37. Coffee type, for short
41. Display
42. Slow mover
44. Knight's assistant
45. Copier's need
47. Rim
48. Factual
49. Made less tight
52. Butter portion
53. Skin decoration
56. Heavy cord
58. Become old
59. Window blind
63. Heavenly dish
66. Slightest
68. Synthetic fabric
70. Follow
71. \_\_\_ Fitzgerald
72. Athletic group
73. Ranch animal
74. Smell bad
75. Humanities



### Down

- |                     |                    |                         |
|---------------------|--------------------|-------------------------|
| 1. Dog paddle       | 22. Horned viper   | 50. Impressed utterance |
| 2. Egg on           | 25. Congers        | 51. Rounded roof        |
| 3. Common weed      | 27. Bungling       | 53. Fables              |
| 4. Ruin             | 28. Sail holder    | 54. CIA employee        |
| 5. Green vegetable  | 29. Resound        | 55. Tantalize           |
| 6. Has              | 31. Prongs         | 57. Spaghetti, e.g.     |
| 7. Faction          | 32. Avoid          | 60. Copycat             |
| 8. Family chart     | 33. Royal rule     | 61. Distribute          |
| 9. Deceive          | 35. Resided        | 62. She, in Lyon        |
| 10. Mineral source  | 38. Woodworker     | 64. Not messy           |
| 11. Holy ___ Empire | 39. Water (Sp.)    | 65. Tentacles           |
| 12. Insulting       | 40. Tootsies       | 67. Bring to court      |
| 13. 19th letters    | 43. Malicious look | 69. Chatter             |
| 18. File            | 46. Male chicken   |                         |

# Harvest Festival Held August 19-20 Hosted a Fun Event For All Ages



**BINGO**  
**EVERY FRIDAY**  
**3 FREE SPECIAL CARDS**  
with this coupon  
**AMERICAN**  
**LEGION**  
Doors open 5:30pm • Bingo 6:30pm  
125 N. Bridge Street Sheridan

# Willamina City Manager Bridget Meneley Speaks on House Bill 3115

Over the recent days, the City of Willamina has been asked, "What will Willamina be doing regarding HB 3115?"

First, the City would like to encourage every community member to become familiar with this House Bill, ask questions of others who are familiar and well versed with this House Bill, and then join your City Council as everyone continues to become educated about this very important and sensitive topic.

One thing to do is visit the state source; a Google search using the following language "Oregon Legislative Information 2021 Regular Session HB 3115 - Camping Ordinance" will lead you to the Oregon State website, where you can read about the overview, measure history, and scheduled events.

Below is a basic summary of the history behind HB 3115 - Martin v. Boise

In the April 2019 Martin v. City of Boise decision, the U.S. 9th Circuit Court ruled that homeless persons cannot be punished for sleeping outside on public property in the absence of adequate alternatives or unless the law imposes "reasonable time, place and manner" restrictions on the regulated activities in public space. For now, this is the law in Oregon, and as a result, Oregon cities have updated their ordinances following the 2019 Martin decision and the August 2020 federal district court in Oregon's opinion in Blake v. Grants Pass.

Another resource is to check out the League of Oregon Cities (LOC) conference session links to the right for more information on recent case law.

In the early months of 2022, the Council for the City of Willamina was presented with a drafted camping ordinance, and it failed, followed by a request for a work session to become further educated about the new law.

Since that time, the City has experienced a transition from the previous city manager to the interim city manager and a new city manager. Throughout the transition, Interim City Manager/Library Director Sarah Frost has been instrumental in networking, creatively problem-solving, and providing monthly updates to the Council & City staff about this very sensitive topic.

In the previous few months, Library Director Frost has assisted with coordinating the City's Code Enforcement & Community Support Officer, Mardette Cook, to

begin connecting with neighboring cities and local support agencies. Library Director Frost will remain the key point of contact for the cooling/warming center and the connection to local resources.

City Manager Meneley will also continue transitioning into the lead role to navigate the next steps with the City Council to address how the City of Willamina will address HB 3115.

Over the previous 16 months, City staff has connected with resources from Polk County and Yamhill County and, most importantly, established and fostered positive working relationships with our neighbors; the City of Sheridan and the Confederated Tribes of Grand Ronde.

Willamina City Council has also recently held work sessions with the League of Oregon Cities Executive Director Patty Mulvihill, City Attorney Emily Matasar, and Encompass Yamhill Valley.

By July 1, 2023, City Council was required to decide how the City of Willamina would move forward with the law outlined in HB 3115.

## Option #1

Requires updating ordinances and/or removing penalties to reflect that "homeless persons cannot be punished for sleeping outside on public property in the absence of adequate alternatives, or unless the law imposes 'reasonable time, place and manner.'"

## Option #2

Requires that any city or county law regulating the acts of sitting, lying, sleeping, or keeping warm and dry outside on public property must be "objectively reasonable" based on the totality of the circumstances as applied to all stakeholders, including persons experiencing homelessness. What is objectively reasonable may look different in different communities. The bill retains cities' ability to en-

act reasonable time, place, and manner regulations, aiming to preserve the ability of cities to manage public spaces effectively for the benefit of an entire community.

Currently, the City Council has decided that option #1 is best suited for the City of Willamina.

As stated above, what is objectively reasonable may look different in different communities. What is appropriate for each City will look differently. Moving forward, City staff and City Council will continue to work alongside the amazing partners from the City of Sheridan, Confederated Tribes of Grand Ronde, law enforcement, agencies from both Yamhill and Polk County, and the community members within the City of Willamina.

We currently share information in monthly water bill newsletters, publications in the local Bulletin notices & agendas posted at the Willamina Post Office, kiosks located near the Galloping Goose and City Hall Parking lot, City of Willamina social media platforms, but the best place to find information is our City of Willamina website <https://www.willaminaoregon.gov/> where email addresses and contact information is also provided.

This law is new to everyone, to our educators, professionals, le-

gal experts, police departments, elected officials, and City staff. No one has the perfect solution, the regulations with this new law are continuously changing and being modified as the Martin v Boise court case continues to move through the litigation processes.

Also, please remember that this law addresses the basic needs of human life. The subject matter isn't about something superficial. This subject matter is about the visible homeless, the homeless that are currently in our communities who have encampments outside our purview, friends who are "couch surfing," family who may be living with yourselves or other loved ones, a working co-worker living in their vehicle, and surprisingly this may pertain to one of the more than 80 students in our local Willamina school district who do not currently have secure housing.

Everyone is working together to seek the best solutions for their communities, and working together to find solutions is key. We ask that you make sure that the information chosen to share is fact-based and share the source.

For additional questions, please email [meneleyb@ci.willamina.or.us](mailto:meneleyb@ci.willamina.or.us) or call 503.876.2242.

## Sheridan Public Library

Tuesday - Saturday 10 a.m.-6 p.m.  
503-843-3420 • 142 NW Yamhill • Sheridan

Story Time Every Friday at 10:30 a.m.

Crafts and activities follow each reading!

## August Activities

Aug. 24 Balloon Hoover Craft 11am-12:30pm

Aug. 26 Family Game Day 11am-3pm

Aug. 30 National Beach Day Craft 1pm

Adult Writing Group

Aug. 25, 3pm

COME ON IN!

Check out books  
Play some games  
Bring the family  
Use our computers

Summer reading check-ins every Thursday.

Check out our WiFi Hotspots!

## BINGO • THURSDAYS

DOORS OPEN: 5:30PM

BINGO: 6:30PM

EVERY  
THURSDAY  
VFW



771 NE MAIN • WILLAMINA

# Sheridan High School Students Participated at the 2023 Polk County Fair

Sheridan High School students fared well at the 2023 Polk County Fair. Below are the results for Sheridan winners.

## Keylee Bagby

Market chickens: Overall Reserve Grand Champion Market Pen of three chickens.  
Market goats: Overall Reserve Grand Champion Market goat; Overall Grand Champion Bred and Owned Market goat; Overall Grand Champion Pair of Market goats.  
Meat goats: Overall Grand Champion Doe in Show; blue in Showmanship.  
Pygmy goats: Overall Grand Champion Showman; Overall Doe in Show.



Cavies: Overall Grand Champion Showman.

## Jacob Vandergrift

Swine: Blue ribbon in Showmanship; blue ribbon in Market Lightweight Class - heavy pig.

## Madyson Vandergrift

Swine: Blue ribbon in Showmanship; blue ribbon in Market Lightweight Class - heavy pig.  
Rabbits: Overall Reserve Grand Champion Rabbit Showman.

## Isabella Dickey

Swine: Blue ribbon in Showmanship; blue ribbon in Market Class, placing sixth in class.

## Janessa Whitehead

Meat Goats: Blue in Showmanship; blue for Breeding Doe; red for Lightweight Market goat

class (non-sale).

## Meagan Whitehead

Meat goats: Blue in Showmanship; blue in Lightweight Market goat class (non-sale).

## Diamond Steele

Rabbits: Overall Grand Champion Market pen of three rabbits; blue in Showmanship.

## Joshua McCarthy

Meat chickens: Blue for Market Pen of three; blue in Showmanship.



## Lilly Gehrke

Meat chickens: Red for Market Pen of three; blue in Showmanship.

## Alexis Gentry

Turkey: Overall Grand Champion Market turkey; Grand Champion Novice Showmanship.



## TRY OUR DELICIOUS HANDCRAFTED PIZZAS HOT AND READY TO GO!

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## WEDNESDAY'S ONLY LUNCH SPECIAL 11 a.m. - 4 p.m.



French Dip with fries & sauce & 20 oz fountain drink  
**All For Only \$8.99!**  
(starting May 3)



**BREAKFAST ITEM!**  
Bagel piled high with sausage, ham, egg, and two slices of cheese.  
**Only \$5.99**

**Cold sandwiches made in-house!**



**Terrific Tender Box Only \$7!**  
Includes 3 tenders, wedges or fries & 1 sauce

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## WILLAMINA HIGH

## CLASS of 1973

## 50<sup>TH</sup> REUNION

**WHEN:** 1:00 PM Saturday, August 26<sup>th</sup>, 2023  
**WHERE:** Justen Family Park  
23590/23596 Grand Ronde Road  
Grand Ronde, OR.

Come join us for a no-host get together to celebrate the 50<sup>th</sup> anniversary of Willamina High Class of 1973. Burgers will be provided. Bring a potluck dish to share, chairs and what you want to drink. RSVP to Pam Propes 503-949-6373.

# ..... Business Directory .....



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315 S Main St - Willamina  
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**Service at 10:30 a.m.**  
Please leave message at  
503-876-6844 to access Zoom worship.

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MAINTENANCE**

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OWNER/OPERATOR

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Sheridan, OR 97378  
(503) 857-2630  
Email: youvaniring@yahoo.com



**Angel BOOKKEEPING LLC**  
Tax Consultant / Enrolled Agent  
Karen Case  
Tax Consultant - Enrolled Agent  
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(971) 237-1230  
[angelbookkeepingllc@gmail.com](mailto:angelbookkeepingllc@gmail.com)

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Medical Center**

James P. Molloy III, MD, FAAFP

- Personalized Health Care
- Pre-employment, DOT and Sports Physicals
- Medical Massage Therapy

Appointments available Monday thru Friday  
as well as some evenings and Saturdays

**(503) 843-4071**  
149 NW First Street • Willamina

Please Join Us...  
**Sheridan Church  
of the Nazarene**

917 S. Bridge Street  
503-843-3262

Website: sheridannaz.org

Meeting Times:  
Sunday Morning Worship-10:45 am



**Weekly Meetings:**  
Noon • Wednesdays • Sheridan Fire Hall



**Sheridan Rotary Club**  
[sheridan.rotary1@gmail.com](mailto:sheridan.rotary1@gmail.com)

Home Goods  
Books  
Movies  
Clothes  
Toys  
and More

Open  
Tuesday  
Through  
Saturday  
10 am-4 pm

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**Green Crest Memorial Park**  
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WILLAMINA COASTAL HILLS  
**CHAMBER  
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EID meets at 8 a.m. on the first  
Wednesday of Every Month  
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**Sheridan Pharmacy**  
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Jessica Swiderski,  
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Mon.-Fri. 9am-6pm Closed  
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in the Valley**



Store Hours:  
Mon-Sat 7:30am-5:30pm  
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**YAMHILL COUNTY  
CULTURAL COALITION**  
The Yamhill County Cultural Coalition  
is composing a comprehensive list  
of all cultural resources and assets  
in Yamhill County.  
musical-culinary-dance-painters-historians  
writers-animators-theater-jewelers-sculptors  
photographers-pottery-poets-woodworking  
All artists are asked to contact YCCC:  
Website: [yamhillcountyculture.org](http://yamhillcountyculture.org)  
PO Box 493, McMinnville OR 97128

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*Please Join Us!*

**ROTARY  
OPEN HOUSE**

**6PM • AUGUST 30**

**WEST VALLEY  
COMMUNITY CAMPUS**

Auditorium • 266 SE Washington Street • Willamina



**COMPLIMENTARY TACO BAR  
with all the Trimmings**



**FUN! GAMES! PRIZES!**

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FROM SOME OF YOUR FAVORITE ROTARIANS!

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## Need Help? Resources are Available in Yamhill County for the West Valley

Yamhill County offers a multitude of resources for families, adults, teens, and young children. Here is a listing of just some of the resources that are available to all community members in the West Valley.

### YCAP

**Phone:** 503-472-0457  
**Website:** <http://yamhillcap.org/access-all-ycap-services>.  
**Services:** Help with energy and heating bills, food, rental and financial assistance, shelter services, youth programs and more.

### Henderson House

**Phone:** 503-472-0244  
**24/7 Crisis Line:** 503-472-1503  
**Website:** <https://www.hendersonhouse.org/our-services/>  
**Services:** Provides culturally aware outreach, education, and services for victims of domestic and sexual violence through leadership, hope and respect for thriving families.

### Provoking Hope

**Phone:** 971-261-2259  
**After Hours Line:** 971-312-3752  
**Website:** <https://provokinghope.com/>  
**Services:** Addiction and recovery wrap-around services. One on one support for struggles pertaining to mental health and substance abuse. Sponsorship, emotional and spiritual support, information and education along with practical help.

### SATURDAY NIGHT BINGO

**Doors Open: 5:30pm  
Bingo: 6:30pm  
EVERY SATURDAY  
Odd Fellows Lodge  
143 SW Monroe St.**

### Renters Rights

**Website:** <https://ipropertymanagement.com/guides/predatory-lease-agreements>  
**Services:** Self-guided website pertaining to renters rights and predatory lease agreements. Informational website.

### 211

**Phone: 211  
Website:** <https://www.211info.org/>  
**Services:** Informational self-guided website for finding assistance.

### Juliette's House

**Phone:** 503-435-1550  
**Website:** <https://www.julietteshouse.org/>  
**Services:** Child abuse intervention and prevention services.

### Head Start of Yamhill County

**Phone:** 503-472-2000  
**Website:** <https://yamhillheadstart.org/>  
**Services:** Services for children in a comprehensive, family-focused, early childhood development programs.

### Addiction Assistance:

**Alcoholics Anonymous:** (503) 472-1172  
**Better Choices:** (503) 474-2024  
**Gambling:** (503) 695-4648  
**Quitting Tobacco:** (887) 270-7867  
**Celebrate Recovery:** (503) 883-7068  
**Yamhill County Chemical Dependency:** (503) 434-7527

### CURLS, CUTS and MORE

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Open Tuesday through Friday  
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## Initiative Filed to Classify Salmon and Steelhead Game Fish

Salem- An initiative was filed Thursday with the Secretary of State by Save Our Salmon and Steelhead Inc., to close all inland waters of Oregon, including the Columbia River, to the commercial taking of salmon and steelhead. The initiative would also classify salmon and steelhead as game fish in these waters.

According to the announcement made by Allan L. Kelly, president of the newly formed corporation and president of the Oregon Division of the Izaak Walton League, the action as SOSS was taken in order to place the question before the people in the 1964 fall ballot. Kelly stated that closure of these waters to the commercial taking of these species and their classification as game fish is necessary because salmon and steelhead runs are in jeopardy from pressures by the users of the resource, encroachment on spawning areas, upstream power development and pollution.

"It is time that this resource is considered solely for recreational uses," Kelly said. "The personal recreational use of this fishery will bring the greatest benefits to the people of our state," he added.

Kelly explained that filing the initiative is the first act prior to the circulation of petitions to place the question on the voters ballot.

## Extension Unit's 'Come As You Are' Party Draws Unusual Garbs

Mill Creek Extension Unit's annual "Come As You Are" party was held Thursday morning at the Kenneth Knutson home with Mrs. Fred Rhodes serving as co-hostess. Guests brought unawares arrived in shorts, work overalls, housedresses, and even one unsuspecting soul was brought with shampoo suds in her hair. Thirty women and twelve children made up the party and spent the morning in visiting and relaxing from their summer duties.

Present were Mrs. Bill Lalack, Mrs. Homer Hertzler, Mrs. Fred Rhodes, Mrs. Charles Lonsford, Mrs. John and Mrs. Hugh Veach, Mrs. Glenn Lochner, Mrs. Toivo and Mrs. Wayno Simonson, Mrs. Glen Dickey Jr., Mrs. A.C. Thomson, Mrs. Larry Stevens, Mrs. Ralph and Mrs. Dale Kadell, Mrs. Iloff Harris, Mrs. Amos Henton, Mrs. David Robertson, Mrs. John Rogers, Mrs. Otto Trice, Mrs. Stewart Battle, Mrs. Walt Buchholz, Mrs. Robert Guttry, Mrs. W.P. Clore, Mrs. Roscoe Gutbrod, and Mrs. George Daley.

## Rotarians Tour School

Sheridan Rotarians made a tour of the new Sheridan High School building as the program for the regular Wednesday noon program of the club. Conducting the noontour was principal Earnest Davenport. Sponsor of the program was Rotarian Art Hebert, Board of Education chairman.



Observance of 25 years in business in Sheridan will be noted by Bea Curry this weekend at her firm known Bea's Beauty Salon, 113 E. Main. Bea has been engaged in business in Sheridan longer than a majority of business people, and during that time has been active in community affairs and her professional organization.

## Legion Auxiliary News Briefs

Attending the department convention of the American legion Auxillary last week in Pendleton were Bessie Wirfs, Lily Suhs, and Isabella Bosch. These delegates were loud in their praise of the big meeting and the way everyone entered into the spirit of the occasion. Sheridan Unit came in for its share of awards and these were awarded the Sheridan Unit. The top award in Community Service. This is the most coveted award and is won for the first time by the Sheridan group. It will be on display in a downtown store.

No.2: The history award.

No.3: Americanism, from Lois Erickson, a check for \$5 for Americanism with adults.

No.4: History award division 3, \$5 cash.

No.5: Certificate of appreciation to Callie Heider, Secy.

No.6: Certificate of appreciation by Pearl Day civil defense chairman.

No.7 and 8: Certificates of appreciation to the Willamina Times and the Sheridan Sun for

their cooperation in publicizing the work of the Sheridan unit. These were awarded by Lila Edwards, department publicity chairman.

Elected to the office of department president was Mrs. Carmilita Weddle of Salem. our new district president is Tillie Carpenter of Independence.

Efforts this week are directed toward the Phil Sheridan Fellowship tea to be given at the Legion Hall Friday afternoon of this week.

The silver tea is for the benefit of the Legion Hall dining room, its decoration and improvement. Since the unit will have the use of its own dining room when the decoration completed, it seems important that all members support the project.

Bessie Wirfs, unit community chairman through whose efforts the top community service trophy was awarded to Sheridan unit, has served this committee long and well. The unit's vote of appreciation can well be directed to Bessie Wirfs in her devotion to duty.

# FREE DRIVE-IN MOVIE AUGUST 26TH

The first 30 bags of popcorn

FREE courtesy of  
**Terry's Tires & Services**



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Walk-ins  
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**Movie Starts at Dusk**



## TABLE GAMES DEALER SCHOOL

### Learn to deal Blackjack and other games!

- Deadline to apply is **Thursday, September 7<sup>th</sup> at 5pm**
- 6 week training begins on **Monday, September 18<sup>th</sup>**
- **Class Times:** Monday – Friday, 8am-12pm **OR** 2pm-6pm
- Table Games Training Room at Spirit Mountain Casino

*Weekly gas cards and \$1,500 completion bonus for students!*

Fill out an Online Application at:  
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For more information or assistance:  
Please email [employmentteam@spiritmtn.com](mailto:employmentteam@spiritmtn.com)  
or call **503-879-3737**



SMC Careers page

## Five Fun Facts About the Month of August

Summer is in full swing in August. Come the eighth month of the calendar year, temperatures outside tend to be especially steamy and individuals and families are doing all they can to make the most of the last full month of summer. As summer winds down, individuals can ponder these fun facts about the month of August.

1. Not unlike July, August is named after a notable individual associated with ancient Rome. Augustus Caesar, also known as Octavian and sometimes referred to as Caesar Augustus, was the first Roman emperor. Augustus's reign was a lengthy one, beginning in 27 B.C. and lasting until his death in A.D. 14. Augustus's maternal great-uncle was Julius Caesar, who happens to be the namesake of July.

2. August weather can make some people uncomfortable, and that has made the month part of what's become known as "The Dog Days of Summer." The Farmer's Almanac indicates that the moniker is linked to the rising of Sirius, the Dog Star. Ancient Egyptians, Romans and Greeks believed that the rising of Sirius in mid- to late-summer caused the temperatures to rise and conditions to become less comfortable. Though temperatures remain hot and conditions humid in many parts of the northern hemisphere throughout the month of August, the dog days officially end on August 11.

3. Millions of adults feel there's no more refreshing beverage on

a warm summer evening than a cold beer, and that may be even more so on the first Friday of August. That day marks International Beer Day®, which began as a local event in the western United States in 2007 but has since spread globally. More than 200 cities in 80 countries and across six continents now celebrate International Beer Day®, and celebrants can take part by enjoying a cold one and/or giving a loved one a beer. This year's celebration will take place on Friday, August 4.

4. One of the most enduring motion pictures in Hollywood history premiered in August nearly 85 years ago. "The Wizard of Oz" starring Judy Garland premiered at the Orpheum Theatre in Green Bay, Wisconsin, on August 10, 1939. The Hollywood premiere at the famed Grauman's Chinese Theatre occurred just five days later.

5. August is a notable month for one of the world's most accomplished athletes. American swimmer Michael Phelps took center stage at the 2008 Summer Olympics in Beijing when he won a total of eight gold medals, setting a record for the most gold medals by an athlete in a single Olympic Games. Phelps won his eighth gold medal in Beijing on August 17 in the 4 x 100-meter medley relay, officially eclipsing fellow American swimmer Mark Spitz, who had won seven gold medals at the 1972 Summer Olympics in Munich.



# WINE TASTING

Join us for our annual WINE  
TASTING event & fundraiser.  
All Tickets \$20.00

Includes 3 tastings & appetizers.  
Non-alcoholic beverages also served.

**FRIDAY, AUG 25, 2023**  
**5:00 – 8:00 PM.**

Sheridan Museum of History  
142 S. Bridge Street, Sheridan, OR

Marge 971-237-8528  
Marilyn 503-843-2417

[www.SheridanMuseumOfHistory.com](http://www.SheridanMuseumOfHistory.com)



*Tickets may be purchased at the museum from a volunteer or at the West Valley Bulletin Board.*