

FREE
Take One!

West Valley Bulletin Board

West Valley Bulletin Board, LLC

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Staci Coker & Nicole Pugh • Email: bulletinwestvalley@gmail.com • (503) 687-3000 • 136 E. Main Street, Sheridan, OR 97378

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McMinnville Opens New Bottle Drop To Serve Yamhill County Residents

The Oregon Beverage Recycling Cooperative (OBRC), parent organization to BottleDrop, today announced the opening of its brand new BottleDrop Redemption Center at 1250 NE Lafayette Ave. in McMinnville. This new facility will allow area residents to return up to 350 beverage containers per day, participate in the popular Green Bag program, and will make fundraising opportunities easier for local nonprofits through the Blue Bag program. The redemption center will also feature OBRC's rapid, state-of-the-art bulk counting device, the Stream Count AI, which uses advanced technology to instantly count container returns, reducing lines and saving

time for customers. Local leaders have long advocated to bring the BottleDrop network to the community. City Councilor Zack Geary first reached out to OBRC in 2020 to push for a BottleDrop Redemption Center in McMinnville. "Combining far better recycling outcomes with peak consumer convenience means a win for the environment, and precious time saved for our residents," Geary said. "It's exciting to see the most modern technology and the most convenient container return options right here in McMinnville. The Green Bag program is incredibly easy for consumers, and the Blue Bag program for nonprofits is a fundraising powerhouse."

WILLAMINA FREE METHODIST CHURCH 253 NE D ST. WILLAMINA

FREE community event
You get to be the judge!

CHILI COOK OFF

Saturday, September 23
4-7 p.m.

Live Music by
Janet & Joe
and Line Dancing



us bank

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Enjoy the benefits an Elite Money Market account offers:

- No ATM transaction fees at U.S. Bank ATMs.
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1. A minimum opening deposit of \$100 is required to open a new U.S. Bank Elite Money Market account. Interest rates are determined at the bank's discretion and can change at any time. Between July 28 until September 25, 2023, open a new Elite Money Market account and receive a 4.50% Annual Percentage Yield (APY) on balances starting at \$25,000 or more. Balances below \$25,000 will receive the standard variable interest rate in effect at the time. The following total account balance tiers and APYs are accurate as of 7/28/2023: Under \$10,000: 0.05%; \$10,000 to \$24,999.99: 0.05%; \$25,000 to \$49,999.99: 4.50%; \$50,000 to \$99,999.99: 4.50%; \$100,000 to \$499,999.99: 4.50%; \$500,000 and above: 4.50%. Interest will be compounded daily and credited to your savings account monthly. Fees could reduce earnings on the account. Other restrictions may apply. All regular account opening procedures apply.

For a comprehensive list of account pricing, terms and policies, see the Your Deposit Account Agreement and the Consumer Pricing Information disclosures. These documents can be obtained by contacting a U.S. Bank branch or calling 800-872-2657. Deposit products offered by U.S. Bank National Association. Member FDIC. ©2023 U.S. Bank 1027001 7/23



Sheridan Volunteer Firefighters Association

Pancake Feed

7am-1pm • Sunday, Oct. 1

Sheridan Fire Station

Donations Accepted



BULLETIN BOARD CLASSIFIEDS

bulletinwestvalley@gmail.com
136 E. Main Street • Sheridan • 503-687-3000

Employment

Pacific Fir Lumber has several great mill jobs for people who will come to work every day, on time, and put in a solid day. Great work environment. Apply in person at 355 SW Mill St, Sheridan. (c)

Northwest Senior and Disability Services, NWSDS is looking for a volunteer driver to deliver meals in the Sheridan area, one day a week. Picking up meals and delivering takes approximately 1.5 hours a week. Your mileage is reimbursed and you are entitled to a meal on the day you work. If you are interested in serving our community, call (503) 843-2000.

River Park Senior Living is now hiring caregivers, and med-techs. Wage DOE, come in to apply, or email your resume to bailey.west@agingways.com.

For Sale

For sale, Cybex upper extremity ergo-meter, aka, arm bike. Used, good condition. Good for cardio, shoulder and arm rehab. \$200. Call 971-237-3383 (c)

Firewood for sale. Seasoned Oak, split, delivered to Sheridan or Willamina. \$350 per cord. Call 503-437-3442. (4)

Puppies for sale. Border Collie/Blue Healer mix, two female one male. Born June 24, wormed, first and second shots done. Well socialized, kid raised, ready now \$250. Call 503-435-7197

China cabinet for sale 47" wide, 18" Deep, 76" tall. Two pieces make up height. \$80 call 503-472-3042

Services

Flawless Pressure Washing. Revitalize your home's appearance with our driveway cleaning and exterior house washing services. Say goodbye to stubborn mold and dirt, and hello to a fresh clean appearance. Contact us today at 503-779-5030. (c)

Simplify Life. I organize, run errands, and house sit. Text or call me to assess your needs and see how I can assist. Karen 503-560-0680.

J.C. Handyman - Sheridan and Willamina. Repair, replace, patch, paint, installs, etc. Steam clean, grout, tile showers, counter tops, floors, and pressure washing. Call 971-267-4931.(27)

Classifieds in the
West Valley Bulletin Board
are only 20¢ a word!

Garage Sales

Estate sale: 9 a.m.-5 p.m. on Friday, Saturday, and Sunday, Sept. 21-23, located at 126 Harrison, in Sheridan. Lots of new and like-new items that have been in well-kept storage.

Looking to Buy

WANTED: video games, manga, and action figures. Call Brittany, 971-506-8450 (10/11)

Signs of

"SPKE"

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503-899-8537

Pinstripe Repair • Mobile
Service
Car Waxing • Lawn Mowing

BINGO
EVERY FRIDAY
3 FREE SPECIAL CARDS
with this coupon
AMERICAN LEGION
Doors open 5:30pm • Bingo 6:30pm
125 N. Bridge Street Sheridan

AMERICAN LEGION
POST 75 SHERIDAN

Submitted by
Commander
Martin Attebery

On September 11 (9/11) the American Legion co-hosted the 9/11 Tribute Ceremony with the V.F.W.

I'd like to thank everyone that participated and helped us show our appreciation for all local law enforcement officers, firefighters, paramedics and EMTs.

It is imperative we remember the many lives lost by the actions of the terrorists. Many that we lost were first responders. Let us never forget their sacrifice.

Thank you first responders for being ever ready.

WHAT'S UP IN WILLAMINA
by mary jane

Some things may look the same, but they aren't until you get a good look.

I am talking about Coyote Joe's. It looks the same as it has always looked, except for the sign that says restrooms for customers only.

You'll feel the difference when you walk in but not necessarily see it until you look around. The diorama of old Willamina is gone, along with most of the pictures that hung on the wall. The placements have also disappeared.

The wait staff, as are the folks who do the food, are still the same.

Oh, the menu is still the same good old stuff, the change being the specials are Italian.

The big change, actually a huge change, is the back room used by so many for meetings. It's got a new look. It is now an arcade! Weee!

I didn't see any age limit signs, so I guess we can all go and give it a try. There are a bunch of machines twinkling different colors. Very festive. It should be fun, especially on a rainy day if you get bored at home.

Welcoming a big change to an ole standby is "What's Up in Willamina."



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Mill Production: Seeking dedicated mill employees to join our dynamic team. If you are eager to contribute to the lumber production process, we want to hear from you. No experience necessary - we provide training.

Sheridan Building Materials

Attendance Bonus Benefits*

Are you passionate about home improvement and construction projects? Seeking dedicated individuals who thrive in a customer-focused environment and are excited to assist customers in finding the perfect materials for their projects.



HOMECOMING




Willamina High School 2023 Royalty Court

Freshman: Eli Rust, **Hadley Hughes** **Sophomores:** Dominic Shaw, Kelsea Gray **Juniors:** Kai Mercier, Evelyn Anderson **Seniors:** Rhyne Nelson, Kaylee Elliott, Ethan Sabin, Mae Townsend

2023 Theme: Traveling through time with the Bulldogs

Grand Ronde

Water Association
26690 Hwy 18 · Grand Ronde
503-879-5624

Techtonics Tuning

21805 SW Rock Creek Rd.
Sheridan
503-843-2700

Sheridan Pharmacy

103 E Main Street · Sheridan
503-843-2422

Sheridan

Chamber of Commerce
Email: SheridanChamber
ofCommerce@gmail.com

City of Sheridan

120 SW Mill Street · Sheridan
503-843-2347

Hofenbredl Realty

322 Main Street · Willamina
503-876-9004

IGA Markets

135 S Bridge Street · Sheridan
503-843-3374

Sheridan Fire District

230 SE Mill Street
Sheridan 503-843-2467

Hampton Lumber Mills
Willamina Division

Dress Up Days:

- Monday: Stages of life day
- Tuesday: Water Safety Day
- Wednesday: Rhyme without reason
- Thursday: Black and Orange

Hallways/Floats

For Each Class:

- Seniors: Wild Wild West
- Juniors: Prehistoric
- Sophomores: Future
- Freshmen: Renaissance

Rotary Club

of Sheridan
PO Box 322 · Sheridan

Green Crest

Memorial Park
office@greencrest
memorialpark.net
503-379-1969

Skyberg's

Lumber & Hardware
121 E Main Street · Willamina
503-876-3092

West Valley Mercantile

342 S. Bridge Street · Sheridan
503-843-9088

Sheridan

Building Materials
345 S Bridge Street
Sheridan
503-843-7150

Stuck Electric

147 W Main Street
Sheridan 503-843-2322

Sheridan

Family Chiropractic
639 W Main Street · Sheridan
503-843-3888

Davison Auto Parts

317 S Bridge Street · Sheridan
503-843-2211
1717 NE Baker · McMinnville
503-472-6114

- Homecoming Parade: Sept. 21,
at about 1:15 downtown
- Football Game: Sept. 21,
at 7 p.m. Coronation at half-time

Willamina Coastal Hills

Chamber of Commerce
PO Box 411 · Willamina

City of Willamina

411 NE C Street · Willamina
503-876-2242

West Valley

Funeral Home
108 NW Lincoln St · Sheridan
503-843-2525

Hurricane Coffee

201 E Main Street · Sheridan
971-241-2564

Angel

Bookkeeping
421 Main Street
Willamina · 971-237-1230

West Valley

Veterinary Hospital
711 W Main Street · Sheridan
503-843-4011

West Valley Bulletin Board

136 E Main Street · Sheridan
bulletinwestvalley@gmail.com
503-687-3000

American Market

Sheridan
503-843-3722
Grand Ronde
503-879-2857

Ruff Life Rescue

29795 Salmon River Highway
Grand Ronde
503-879-5003



HAMPTON LUMBER
Willamina Division
WILLAMINA DIVISION

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Applications available online:
www.hamptonlumber.com

Check for openings and
apply online.

The Tips for Carving the Perfect Jack-o-Lantern This Season

Jack-o-lanterns are one of many memorable symbols of Halloween. It's hard to pinpoint the precise origins of jack-o-lanterns, but many historians trace the tradition to 19th-century Ireland. This instantly recognizable staple of Halloween decor gets its name from an Irish

folktale character named Stingy Jack. Jack-o-lanterns are ubiquitous in October, but a refresher course on carving can help those who haven't dusted off their carving skills since last fall. Don't carve too early. Though it can be tempting and fun to

carve a jack-o-lantern once the calendar turns to October, it is unlikely the finished product will make it all the way to October 31. Horticulturists indicate that jack-o-lanterns have a shelf life of roughly five to ten days, though an especially cold October could shorten that life expectancy even further. If you want your jack-o-lantern to greet trick-or-treaters on Halloween, wait to carve it until a few days before the big day. Use a dry-erase marker to outline the design. It is easy to make mistakes when carving a jack-o-lantern, especially if this is your first time using a carving knife since last year. Use a dry-erase marker to trace the design onto the pumpkin before you cut. Avoid severing the stem. When many people envision jack-o-lanterns, the image in their minds is one in which the top of the pumpkin is removed so candles or lights can be effortlessly placed inside. However, the custom pumpkin carving experts at New York-based Maniac Pumpkin Carvers note that removing the top cuts off the vine, which supplies the pumpkin with nutrients and moisture, even after it has been cut. A hole in the back of the pumpkin can provide easy access when placing candles or lights inside, and cutting there won't cut off the nutrient and moisture supply a pumpkin needs to avoid drying out. Scoop everything out. The interior of a pumpkin will be loaded with seeds, which can be removed and later roasted to make a savory snack. In addition to removing the seeds, be sure to get all the pulp out. The pulp left in the pumpkin will soon get moldy, and that can shorten the lifespan of the jack-o-lantern. In addition, when removing the interior, try scraping the front inner wall of the pumpkin thin, which may make it easier to carve. Avoid candles when lighting the interior of the jack-o-lantern. Candles might seem like the most authentic and spooky way to light the pumpkin's interior, but the heat produced by a burning candle can shorten the life expectancy of the jack-o-lantern. An LED light won't give off much heat and will provide ample illumination. A few simple tips can help Halloween celebrants ensure their jack-o-lanterns make it to the big day at the end of October.



WILLAMINA CITY MANAGER'S REPORT

FROM THE DESK OF
WILLAMINA CITY MANAGER
BRIDGET MENELEY

Zig Ziglar once said that "You can have everything in life you want if you will just help enough other people get what they want". In this, he showcased exactly why networking is powerful. It connects you to people that you can help and who can eventually help you.

One of the many goals of the staff working for and serving the City of Willamina is to network with as many individuals as possible to improve our community continuously. As we continue to learn what each entity has to share with us, we can begin working with our community members to enhance current businesses and projects while exploring new ideas and growth options.

Recently, we have met the following individuals who have a passion for serving their State or their counties and the small cities of Oregon, including Willamina.

Beth Wytoski – Mid-Valley Regional Solutions Coordinator from the Office of Governor Tina Kotek

We met with Beth to discuss how she may be able to assist our community if she didn't already know a contact; within a few days, she was able to provide answers and share resources for us regarding our questions about additional funding for emergency generators through Oregon Emergency Management, Oregon Parks and Recreation, sewer lift station funding, and more. As the regional solutions coordinator, she is one of five team members who, as outlined on the Oregon State website, "approaches community and economic development by learning what the unique needs of each region in the State are. She will work at the local level to identify priorities, solve problems, and seize opportunities to get specific projects completed. Leveraging all funding opportunities to address the highest regional priorities is necessary for sound and long-term economic growth. To grow Oregon's economy and create jobs, all resources in the community – public, private, and civic – must join forces to shape the State's future and to successfully accelerate and complete on-the-ground projects."

Gioia Goodrum – Economic Development Manager for Yamhill County

As shared on the Yamhill County website, "The Yamhill County Economic Development Department is a resource for businesses in Yamhill County. We provide a variety of services and resources that support economic growth within the County. The Economic Development Department manages the County's Strategic Investment Grants..."

Gioia was excited to introduce herself and the new position of Economic Development Manager to the City Staff and in a later meeting to the attendees at the combined Willamina and Sheridan Chamber meeting. She brings a wealth of knowledge, experience, and energy to us as a valuable resource as we begin to navigate communication with our local businesses.

We will continue to engage with entities across our region to explore ways to bring ideas to our community, all while maintaining established traditions like Trunk-or-Treat, where hundreds join together from our local communities to celebrate with friends and family.

Save the Date: Trunk or Treat October 31, 2023

Each year on Halloween, the City of Willamina hosts Trunk-or-Treat in front of City Hall. Organizations and businesses may register to participate in creating a fun, safe Halloween activity for kids. The event is typically held from 5:30 to 7 p.m. Registration forms are available online on the City of Willamina website or at the City Hall.



CITY OF WILLAMINA

411 NE C STREET • WILLAMINA
(503) 876-2242

HOURS: 8 A.M. - 5 P.M. • MONDAY-FRIDAY

Fun Facts About the Origin of Oktoberfest

Oktoberfest is a celebration that transcends geographical boundaries. Much like people in various pockets of the globe celebrate St. Patrick's Day and Cinco de Mayo even if they have little or no connection to Ireland or Mexico, respectively, Bavarian heritage is not a prerequisite for participation in Oktoberfest revelry.

According to Oktoberfest.de, each year millions of people are attracted to the festival of Oktoberfest. It's not hard to see why so many people attend Oktoberfest, which is synonymous with fun, food, music, and, of course, beer. But the chance to engage in what might be best characterized as living history undoubtedly is part of the appeal of Oktoberfest as well. Oktoberfest is indeed steeped in tradition, and understanding the history of the beloved festival can make the celebration even more enjoyable.

The first Oktoberfest occurred as part of a wedding. Kronprinz Ludwig of Bavaria, who later became King Ludwig I, was set to marry Princess Therese of Saxe-Hildburghausen on October 12, 1810. The couple's nuptials were deemed a cause for great celebration, and a horse race was held in their honor on October 17. The inspiration for the races and the subsequent celebration of Oktoberfest remains a topic of debate. But there's no debating that Ludwig's decision to invite the people of Munich to join in the festivities had a lasting effect, inspiring many of the city's wealthiest residents to decorate the city. But even the less well-to-do joined in the cele-

brations. In fact, according to Oktoberfest-guide.com, 32,065 buns; 3,922 pounds of swiss cheese; 400 kilos of mutton; 8,120 cervelat sausages; and 13,300 pairs of smoked sausage were distributed for free. Alcohol and music also featured prominently during the inaugural Oktoberfest, as 232 hectoliters of beer and four hectoliters of Austrian white wine were served during a celebration that also featured 150 musicians.

Though the festive atmosphere of Oktoberfest is known across the globe, the celebration has not been without its tragic moments. For example, Oktoberfest 1980 was shaken by a bomb that exploded at the festival entrance on September 25. Thirteen people were killed and more than 200 were injured, and the bombing remains under investigation more than 40 years later. World wars also affected the beloved festival, which was suspended between 1914 to 1918 due to World War I and then again from 1939 to 1945 due to World War II. The years immediately following both wars also featured toned down events that were not characterized as Oktoberfest but rather autumn celebrations. Celebrations in 2020 and 2021 were canceled due to the COVID-19 pandemic.

Oktoberfest remains a popular celebration more than 200 years after the inaugural event. Though devotees insist nothing can match the annual celebration in Munich, those who can't make it to Germany can likely find some Oktoberfest festivities close to home, wherever that home happens to be.



For archived issues
and more about
our services
Visit us on the Web

www.bulletinboardwv.com

West Valley Resource information brought to you by The City of Sheridan & Churches United of the West Valley

Yamhill County has an incredible one-stop shop organization to assist you and your family's needs. Lutheran Community Services Northwest is in McMinnville. This organization has Behavioral Health Services, Family and Community Support Services, Refugee and Immigrant Services, Parenting Classes and Child Welfare, and Crime Victim Services.

The family centers they operate are welcoming places in the community. In Yamhill County, they offer multiple family support programs providing basic needs assistance, resource navigation, mental health counseling, and scheduled and emergency respite care so parents under stress can take a break to focus on personal and family stabilization.

If you are interested in inquiring about their services, accepted insurance, and a program that could be a potential fit for your family's needs, contact 503-472-8630.



Please join us for the Annual CHILI COOK-OFF October 1st, 2023

Church of the Nazarene
917 S Bridge Street
Sheridan, OR 97378



Noon


all proceeds benefit youth of
the West Valley

Each church makes a batch of chili. The competition is judged by YOU. Vote for your favorite chili with cash and checks and use coins to vote against!



Churches United for West Valley

COYOTE JOE'S




Weekend Specials

4-8:00pm Fri. & Sat.

Spaghetti
\$14⁹⁵
With Meatballs
\$17⁹⁵

Prime Rib
\$19⁹⁵
Reg. Cut
\$25⁹⁵
Large Cut

**Captains
Platter**
\$18⁹⁵



142 NW Main Willamina 503-876-3003

WILLAMINA COASTAL HILLS

CHAMBER OF COMMERCE

EID meets at 8 a.m. on the first Wednesday of Every Month
Chamber meets at 8 a.m. all other Wednesdays

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C: 503.560.8009 E: dmbowers1@outlook.com

A MESSAGE FROM THE WILLAMINA SCHOOL DISTRICT

Top Trends in Education 2023

1. Social and Emotional Wellbeing

In 2023, we will see more schools working to improve mental health programs, provide new academic support systems and resources for students, and implement technologies and programs focused on social-emotional learning and student wellbeing. Schools will embrace new ways to improve teachers' work-life balance and wellbeing, including implementing new edtech tools, offering mental health resources, or even redesigning school spaces to better support educators in the classroom.

2. Personalized and Self-led Learning

Learning gaps widened during the pandemic, and as students continue to work to recover this learning, they will benefit from individualized learning opportunities. Self-led, active learning will also see a rise as teachers enable students to work at their own pace and make more decisions about their learning—from what types of assignments they complete to how they want to work in the classroom.

3. Game-based learning and Esports

Ninety-seven percent of adolescents play at least one hour of video games per day, so bringing games into the classroom is intuitive for students. Gamified learning motivates students to engage with educational content in a different way, keeping students excited about their progress and helping to synthesize learning. Bringing games into the classroom also gives students an opportunity to explore social-emotional principles, increasing their adaptability and communication and improving their ability to work with others.

4. Micro & Nano Learning

This bite-sized learning technique targets small chunks of learning content, which are presented to students in short, easily digestible tutorials or mini-lessons. Lessons focus on repetition of the same concepts spaced out over time, with the goal of increased retention.

5. AR, VR, and AI

Augmented reality (AR), virtual reality (VR), and artificial intelligence (AI) are all projected to become more prevalent as educational tools and resources in 2023. These technologies will be working behind the scenes in some of the ways they will benefit education, such as AI being used to target students' learning through edtech tools and platforms. In other applications, AR, VR, and AI will be used directly by students. Students will participate in VR and AR experiences, gaining access to more immersive learning experiences through these tools.

With great Bulldog pride,
Carrie Zimbrick, Superintendent

Willamina Elementary School 503.876.2374
Willamina Middle/High School 503.876.2545
School District Office 503.876.1500

Sheridan Fire District to Hold Training November 1

Sheridan Fire District will be holding an Emergency Medical Responder Course beginning Nov. 1. Classes will be held on Wednesday evenings and Saturdays. All classes will be held at Station 9, 230 S.W. Mill Street in Sheridan. The cost, TBD, will cover the textbook and the testing fees. All participants who successfully complete the course early in January will be eligible for national and state licensure testing as an EMR. For more information or to sign up for the class, contact Donna at Sheridan Fire District, 503-843-2467 or dhammer@sheridanfd.org. Space is limited, so early registration is recommended.

BINGO • THURSDAYS

DOORS OPEN: 5:30PM

BINGO: 6:30PM

EVERY THURSDAY
VFW



771 NE MAIN • WILLAMINA

List events for free in the Community Calendar

The calendar will post meetings and events to be held on-line or in-person.

And, it's published on the last Wednesday of each month.

The deadline is the Friday before publication.

Email the date, time, event name, and location to:

bulletinwestvalley@gmail.com

Can and Bottle Fundraiser Set by WES for Sept. 30

The Willamina Elementary School Parent, Teacher, Student Organization (WES) will hold a can and bottle fundraiser from 8:30-11:30 a.m. on Saturday, Sept. 30, 2023, at the Willamina Elementary School parking lot during the WV football home game.

All proceeds of this fundraiser will go towards field trips, classroom supplies, special activities, and more.

Supporters can bring bags of cans and bottles to donate.

Volunteers Wanted

Volunteers Wanted

Grand Ronde Tribal Emergency Services is looking for Volunteer Firefighters

If you are interested in helping to service your community, please apply by visiting

[Emergency Services](http://www.Grandronde.org)

at

www.Grandronde.org



Confederated Tribes of Grand Ronde

Emergency Services

9615 Grand Ronde Rd. Grand Ronde, OR 97347 503-879-3473

FCS Open House Set For Thursday, Sept. 21

Falconer-Chapman is set to host its annual open house event from 6-7:30 p.m. on Thursday, Sept. 21 at the school, located at 332 SW Cornwall Street in Sheridan.

Families are invited to come and meet the teachers and other faculty, and tour the school and classrooms.

Blood Drive Set Sept. 26

The American Red Cross is hold a blood drive from 12:30-5:30 p.m. on Tuesday, Sept. 26, at the VFW Hall, 771 East Main Street in Willamina.

Appointments can be made online at www.redcrossblood.org, using sponsor code WillaminaSheridan.

Quilt Raffle Tickets for Sale

The Sheridan Museum of History is holding a quilt raffle. The quilt was made and donated by Velma Bottenberg for a fundraiser. Tickets are \$5 each or three for \$10.

Tickets may be purchased at the Sheridan Museum of History, located at 142 South Bridge Street in Sheridan, or the West Valley Bulletin Board, located at 136 East Main Street in Sheridan.

The museum is open on Saturdays from 10:30 a.m. - 2 p.m.



2005 Ford Expedition Eddie Bauer Sport Utility

For sale: V8, 5.4 liter, automatic. Clean, no dings, well-maintained.

Keyless entry. Tow package.

Seats up to 8 people.

Back seats fold down for large cargo carrying capabilities.

Sunroof. Built-in video player to entertain kids in the back seats.

Tags valid through April 2024.

\$7,000.

For further information call 907-617-1694.

SATURDAY NIGHT BINGO
Doors Open: 5:30pm
Bingo: 6:30pm
EVERY SATURDAY
Odd Fellows Lodge
143 SW Monroe St.

West Valley Mercantile Straw Bale Sale
\$13/Bale or \$10 each if you buy 10 or more
Full size - Two String Bales
So many uses!
Halloween ~ Fall Decor
Erosion Control ~ Animal Bedding

SALE! Employee pricing on Dickies brand clothing until the end of September

Retailer
342 S. Bridge Street Sheridan
Open Tues-Fri 9am-5:30pm Sat 9am-4pm
Closed Sunday and Monday

Annual Churches United for West Valley Invites Public to Chili Cookoff and More

Churches United for West Valley will hold its annual Chili Cookoff Fundraiser at noon on Sunday, Oct. 1, 2023, at the Church of the Nazarene, 917 S. Bridge Street in Sheridan.

Chili, desserts, and drinks are free. Paper money, credit cards, or checks are used to vote for your favorite chili.

Change (coin) donations count against the chili. Food and fellowship are always free.

Sheridan United Methodists, Trinity Lutherans, and the Sheridan Nazarenes will make chili. Other local churches are working with Churches United for West Valley.

Good Shepherd Catholic, New Hope Assembly of God, Sheridan Baptist, and Willamina Free Methodist are also associated with Churches United.

This past August, Churches United handed out 215 backpacks filled with school sup-

plies. The average cost of each backpack (including shipping) is about \$34. This year alone, over \$7,000 was spent on the school supply giveaway. Community support is needed and appreciated to continue this program.

Churches United is planning a community Thanksgiving service at 2 p.m. on Sunday, Nov. 19, at the Sheridan United Methodist Church.

The yearly pie and dessert auction (with free Irish stew) at Trinity Lutheran Church will start at noon on Sunday, March 17, 2024.

Churches United will have homemade corn dogs, walking tacos, snow cones, and funnel cakes at the 2024 Hometown Days celebration.

"We are a bunch of imperfect people trying to share God's perfect love. We welcome everyone who would like to take part," Churches United for West Valley.

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ZONED R-1, 3.5 ACRE BUILDABLE & DIVIDABLE PARCEL FOR SALE! EDGE OF TOWN LOCATION, but still many country luxuries, privacy, animals, trees and plenty of nature. Divide into several lots with city services? Build 1 house for you & 1 for someone else next door? Future development? Some brush cleared and several areas for potential homesites. \$169,900.	Fixer home (no value) on platted 31 lot subdivision "Sheridan Village". Sale waiting on approvals and close this year. Map says it's out of the flood plain. Buyer should always investigate costs involved w/development and do their own due diligence. \$450,000.
SALE PENDING	SALE PENDING
Next door to new construction home built by Lumar Homes! Fabulous floor plan has 4 BD/2 BA on 1 level. PLUS a bedroom and bathroom with a separate entrance for family, friends, guests or a tenant. Great new subdivision in Woodburn. Comes with all the bells and whistles! Buyer represented. \$533,900.	Gorgeous edge of town location! 68 acres of farmland near Hunters Glen Sheridan. Buyer Represented \$530,750.
NEW LISTINGS WANTED!	

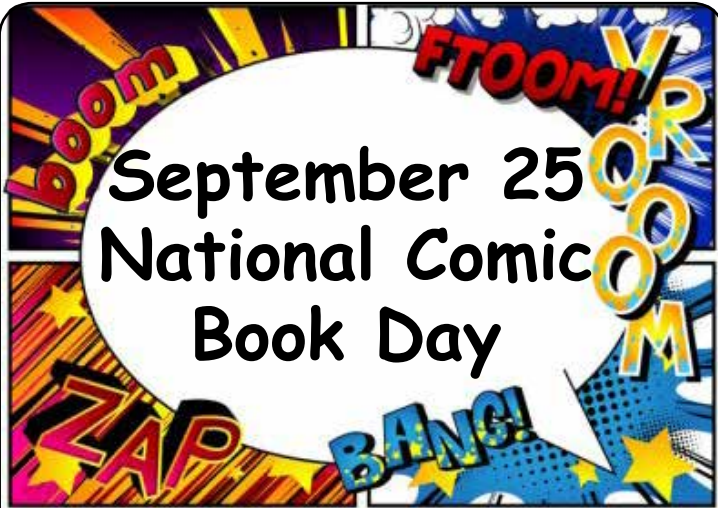


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THIS DAY IN HISTORY



- 1692-** Last people hanged for witchcraft (8) in the US, 19 hanged overall, with six other deaths during Salem witch trials.
- 1789-** The US Congress passes act requiring the first Postmaster General to report to the President through the Secretary of the Treasury.
- 1817-** John Quincy Adams becomes US Secretary of State.
- 1862-** US President Abraham Lincoln issues preliminary Emancipation Proclamation, threatening to free all enslaved people in the rebel southern states if those states fail to re-join the Union by January 1, 1863.
- 1911-** Boston Rustlers' future Baseball Hall of Fame pitcher Cy Young beats Pittsburgh Pirates, 1-0 at Forbes Field for his final career victory, number 511.
- 1920-** Chicago grand jury convenes to investigate charges that 8 White Sox players conspired to fix the 1919 World Series.
- 1927-** "The long count" - in a famous boxing rematch, Gene Tunney beats Jack Dempsey by 10-round unanimous decision at Soldiers Field, Chicago to retain world heavyweight title; crowd 104,943; gate \$2,858,660.
- 1957-** Western comedy series "Maverick" premieres on ABC television starring James Garner.
- 1975-** Second assassination attempt on US President Gerald Ford by Sara Jane Moore fails in San Francisco.
- 1976-** TV dama "Charlie's Angels" starring Farrah Fawcett, Kate Jackson, Jaclyn Smith and John Forsythe debuts.
- 1981-** Sandra Day O'Connor is the first woman appointed to US Supreme Court.
- 1994-** "Friends" TV sitcom created by David Crane and Marta Kauffman debuts on NBC, starring Jennifer Aniston, Courteney Cox, Lisa Kudrow, Matt LeBlanc, Matthew Perry and David Schwimmer.

Last weeks crossword solution

E	L	L	A		L	A	N	C	E		B	R	A	T	
D	E	E	P		A	L	O	U	D		L	O	B	E	
G	A	S	P		P	A	R	T	I	C	U	L	A	R	
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R	E	S	E	T			T	E	D		T	H	O	S	E
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					S	O	N	A	R		P	R	E	S	S
I	R	A			T	R	A	P		S	I	P			
T	A	R	T	A	R			R	A	C	E	C	A	R	
A	D	D	I	T	I	O	N	A	L		N	O	S	E	
L	I	O	N			E	R	U	P	T		E	R	I	E
Y	O	R	E			R	E	N	T	S		D	E	A	F

Oregon Issues its First Tobacco Suspension To Sheridans Center Market on Sept. 12

The license will be suspended for Center Market in Sheridan, as of Sept. 12. This is due to three violations, including twice selling tobacco products to someone under the age of 21. As a result, the retailer may not sell tobacco products for 14 days.

A list of all licensed tobacco retailers, including those with suspended licenses and associated timelines, can be found at <https://www.oregon.gov/dor/programs/businesses/pages/statewide-tobacco-retail-license.aspx> Retailers face suspension when

they receive three or more civil penalties for violating tobacco retail sales laws. OHA's Tobacco Retail License (TRL) program works with DOR to monitor tobacco retailers and ensure they follow the law in their selling of commercial tobacco products, including vaping products and e-cigarettes.

"Oregon takes violations to tobacco sales laws seriously," said OHA's TRL Program Manager Sarah Wylie. "Too many violations can result in losing the ability to continue to sell commercial tobacco products."



Chuck Johnson, a Willamina resident, found this gem of zucchini in his home garden this last week. This solid, 9.6 pound and 19-inch long zucchini went to the West Valley Bulletin Board office. The question remains: exactly how many loaves of zucchini bread will this make? Thank you for sharing, Chuck!

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SALE PENDING!	PRICE REDUCED!	NEW LISTING	PRICE REDUCED!
Nice corner lot with 3bed, 1bath home. Freshly painted inside with some updating. New carpet in bedrooms, newer washer and dryer in utility room, vinyl windows, huge three car garage/shop.	Hebo Rd- River front property with a 45x50 shop/barn. House was removed. Water and power on property. Shop/Barn has 200amp power supply. North property line is in the River. Semi secluded surrounded by private timber property. Has new permited septic. \$300,000.	1930 Farm house with wrap around porch (55 feet) on almost 2 Ac. in town. 3 bay shop 2 roll up doors. 5 bedroom 2 bath with large family room, large laundry room, large kitchen, Slate Appliances. Two islands and quarts counters. Heated Pool, garden area, fire pit, play ground, outside covered bbq, hot tub area, park like setting. Huge circle driveway. Per county you may have 2 large animals such as cow/horse. Land can be developed per county. Too much to list must see!	Ash Ave.- 4bed, 2.5bath stick built home. Woodstove in LR, Pellet stove in Family room, bonus room, large utility room, open concept. Storage shed, yard, garden, fruit trees and chicken coop. \$400,000.

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Roy Zimmerman to Play At Mac Grange on Oct. 7

The public is invited to a rousing live concert with troubadour Roy Zimmerman at 7 p.m. on Sunday, Oct. 1, at the Grange, 1700 Old Sheridan Road, McMinnville.

The concert is sponsored by the Unitarian Universalist Fellowship of McMinnville. Entry is \$25 or what you can pay, no one turned away.

Roy Zimmerman's signature blend of heart, hilarity, and satire has never been more necessary as we confront the challenges of our world. Check out this new song 'Traitor' <https://www.royzimmerman.com/videos.html> and hear more at royzimmerman.com. For more information contact Edie Jessup, ediejessup@gmail.com, 707-616-1596.

Free Tai Chi Classes Focus on Balance and Strength

Beginning Oct 3, a twelve-week course in Tai Chi, Moving For Better Balance, will be offered at the Sheridan United Methodist Church. This is a free course provided by NW Senior & Disability Services.

Over the twelve weeks, participants will learn this eight-form of Tai Chi developed at the Oregon Research Institute specifically to help improve balance and strength. With better balance and strength, the risk of falling is decreased. The movements are slow and gentle and are generally practiced standing, but can also be practiced seated. Classes will be on Tuesdays and Thursdays, and two time slots are available. Although the course is free, registration is required. Call 833-673-9355 to register.

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First Federal Bank Explains Consumer Pre-authorization Holds at Gas Stations

First Federal Bank would like to provide more information about recent changes in pre-authorization holds at gas stations as they have received many questions from customers regarding higher hold charges.

They have found that increased gas prices and the shift towards self-serve gas stations in Oregon have led merchants to raise their debit card pre-authorization hold amounts.

A pre-authorization hold occurs when a debit card is used to pay for something. It can be used to hold hotel rooms and rental cars and is common at gas stations. The temporary hold is meant to protect the merchant in case the charge doesn't go through.

When a card is swiped at the gas pump, the card issuer is sent a request for a predetermined amount that may be more than the purchase amount. The amount is set by merchants and can be as little as \$1 and up to \$175.

For instance, if a motorist spends \$40 on fuel using a debit card, a \$150 transaction hold could occur. However, the purchase amount isn't final until your gas tank is filled, which is why a high hold amount is charged. You won't be able to access the hold amount (\$150) and the purchase amount (\$40) until the hold dis-

appears. The transaction has the potential to be declined if there is not enough money in the checking account. In the scenario that there are not enough funds in the account to place the full hold, it will place a hold for whatever is available in the account to be released a few days later and then decline the purchase as the hold was unsuccessful in holding their full hold amount.

Ways to avoid declined transactions include ensuring there is enough money in the account, using cash, or using a credit card. Since these holds are being placed by merchants, First Federal cannot release these funds back to customers early. The amount of this pre-authorization hold varies by merchant, and they prefer for customers to be aware of this when using a debit card to make transactions at gas stations.

Contact First Federal with any questions you may have at customerservice@firstfedweb.com or (503) 472-6171.

Cubscouts Sign-up Night At City Park on Sept. 25

Cubscout Pack 215 will host a Cubscout Join Night from 6-8 p.m. on Monday, Sept. 25, at the Sheridan City Park.

All are welcome to come learn about the local Cubscout pack.

WEST VALLEY COMMUNITY CAMPUS Important Update

The West Valley Community Campus is moving to limited operations while conducting architectural studies. We are pursuing these studies to allow for a better understanding of where repairs are needed and for proper permitting of the entire property. Once this process is completed, it will allow for greater use of the community center, benefitting the entire West Valley Community. During this time, ongoing activities, events and rentals may be canceled or postponed. We will continue to keep the community informed and give updates on when we expect to resume normal operations. Thank you for your support and understanding as we go through this process.

Current postponed activities include:

- | | |
|---------------------------------|------------------------|
| Beginner Ukulele Sessions | Sing Along Music Group |
| Cards for Charity | Art Classes |
| Coastal Hills Quilters Sessions | Indoor Walking Group |

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Story Time • 10:30 a.m.

Friday, Sept. 22

Friday, Sept. 29

Adult Book Club

Saturday, Sept. 23 @ 4pm

Activities

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Fall Flavors Shine in a Chewy Cookie

Fall is a season of cooler temperatures and changing leaves, and it also marks the return of autumn flavor profiles. Root vegetables, roasts and heartier fare are prime cooking ingredients this time of year. In terms of baking, treats spiced with ginger and cinnamon are in demand each fall.



Carrot cake and oatmeal cookies are familiar favorites this time of year. In this recipe for "Carrot Cake Oatmeal Cookies" from "Live Well Bake Cookies" (Quarto Group) by Danielle Rye, delicious, spiced carrot cake is transformed into a soft and chewy cookie.

Carrot Cake Oatmeal Cookies

Makes 22 cookies

1 cup all-purpose flour, spooned and leveled

1/2 teaspoon baking soda

1/4 teaspoon salt

1 teaspoon ground cinnamon

1/4 teaspoon ground nutmeg

1 teaspoon ground ginger

1 1/2 cups old-fashioned rolled oats

1/2 cup (1 stick) unsalted butter, softened

1/2 cup packed light brown sugar

1/4 cup granulated sugar

1 large egg, at room temperature

1 teaspoon pure vanilla extract

3/4 cup lightly packed freshly grated carrots

1/3 cup raisins

1/3 cup chopped walnuts

1. Preheat the oven to 350 F. Line two large baking sheets with parchment paper or silicone baking mats and set aside.

2. In a large mixing bowl, whisk together the flour, baking soda, salt, ground cinnamon, ground nutmeg, and ground ginger until well combined. Stir in the old-fashioned rolled oats and set aside.

3. In the bowl of a stand mixer fitted with the paddle attachment or in a large mixing bowl using a handheld mixer, beat the butter, brown sugar and granulated sugar together for 1 to 2 minutes, or until well combined.

4. Mix in the egg and vanilla extract until fully combined, making sure to stop and scrape down the sides of the bowl as needed.

5. Mix in the dry ingredients until just combined, then fold in the grated carrots, raisins and chopped walnuts until fully incorporated.

6. Using a 1 1/2-tablespoon cookie scoop, scoop the cookie dough onto the prepared baking sheets, making sure to leave a little room between each one. Gently press each ball of cookie dough down to slightly flatten it.

7. Bake for 12 to 15 minutes, or until the tops of the cookies are set and the edges are lightly browned. Remove from the oven, and allow the cookies to cool on the baking sheets for 5 to 10 minutes, then carefully transfer the cookies to a wire rack to cool completely.

8. Store the cookies in an airtight container at room temperature for up to 3 days.

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The Confederated Tribes of Grand Ronde Tribal Veterans Service Office invites all Veterans to the



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Veterans Benefits Administration personnel, Oregon Department of Veterans Affairs personnel, the Tribal Veterans Service Officer, and VA examiners will be on hand to process benefits claims, conduct exams (in some scenarios), and help answer any questions you may have regarding VA compensation and pension benefits. Please bring copies of your DD-214 and/or any relevant documents needed for your claim. No appointment needed. Walk-in between 9 a.m. and 4 p.m.

For more information please contact:
Ramona Quenelle, CTGR Tribal Veterans Service Officer: 503-879-1484
Terry Bentley, VA Office of Tribal Government Relations: 541-537-0213



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Tips for Parents to help Prevent Bullying

Bullying affects children from all walks of life. Whether the student is on the receiving end of bullying or is the aggressor, parents and other adults will sometimes need to step in to provide assistance.

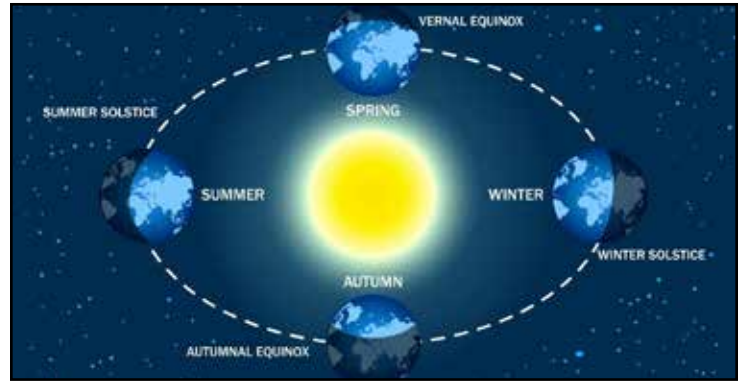
- Be knowledgeable and observant: Parents, teachers and administrators should keep their eyes peeled for bullying behaviors and reactions. Various signs indicate bullying is taking place, and these include being introverted, commonly reporting illness, withdrawing from daily activities, or having trouble sleeping.
- Nurture a positive household climate: Parents and other family members can work together at home to create an organized and

predictable environment. Parents should model the type of behavior they want their children to express.

- Teach children coping skills: Practice scenarios at home where a child learns how to ignore a bully or develop assertive strategies for coping with bullying. Share who children can go to for help, apart from you, such as teachers or administrators, if they're worried about being bullied.

- Set technology boundaries: Bullying can take place on social media, and by monitoring online activity, parents may be able to head off potential bullying problems. Document online bullying so it can be addressed with administrators or law enforcement.

Autumn Equinox, What and When



Fall begins slightly after the midpoint of September. The arrival of fall may be met with joy that cooler temperatures and vividly colored leaves will soon be the norm. For others, the arrival of fall is met with some trepidation that shorter days will soon pave the way for less sunlight and the inevitable arrival of winter.

Fall begins on Saturday, September 23, 2023, in the Northern Hemisphere on what is known as the autumnal equinox. The National Weather Service reports that the 2023 autumnal equinox will arrive at 2:50 a.m. EDT on September 23. Those who are especially anxious for fall to begin can wake up in the wee hours of the morning and enjoy their first comforting spiced treat of the season.

Equinoxes are days during the year when the hours of sunlight and darkness are just about equal, or lasting 12 hours each. At the moment the equinox occurs, the sun will be directly over the Earth's equator, which contributes to this even distribution of day and nighttime hours. National Geographic describes the equinox as "the event in which a planet's subsolar point passes through its Equator. It is when solar declination is 0 degrees." Solar declination refers to the latitude of Earth where the sun is directly overhead at noon. The equinoxes are the only times when both the northern and southern

hemispheres experience roughly equal amounts of daytime and nighttime.

After the autumnal equinox, the subsolar point continues to move south as the southern hemisphere tilts toward the sun. Around December 21, the subsolar point hits the Tropic of Capricorn (23.5 degrees S), which marks the winter (December) solstice, or the day with the fewest hours of daylight during the year in the northern hemisphere.

It's important to note that the equinoxes and solstices are opposite in the hemispheres. The northern hemisphere's fall equinox occurs on the same day as the southern hemisphere's vernal (spring) equinox.

The autumnal equinox is a time when hours of daylight and nighttime are equal, something that will not occur again until the arrival of spring.



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Grand Ronde News



Mrs. Howard Swope of Grand Ronde, shows the size of a very tiny pitcher, from her collection of 40, in comparison to the size of plate. They range in size from 5/16 of an inch to more than six inches. They are made of glass, porcelain, china, redwood, and sea shells.

Nearly everyone likes to collect something and Mrs. Grace (Howard) Swope of Grand Ronde is no exception. Forty cream pitchers ranging in size from 5/16 of an inch to more practical five or six inches, make up her collection.

Mrs. Swope recalls the history of her collection and said it probably began when she was a child, although at the time a collection was the furthest thing from her mind.

As a child her father gave her a fragile china tea set which, piece by piece became broken, all but the tiny, hand-painted cream picture.

The collection itself was started when her daughter, Eunice, working on her first job after finishing school, decided to take a trip. "What shall I bring you, mother, for a souvenir?" She asked "Oh, another cream pitcher to go with my little one," Grace answered.

However, when her daughter returned she brought a cup and saucer, as well as the pitcher. Now Eunice, has changed her name to Mrs. Don Butler, has moved from Grand Ronde to Milwaukee, and has two boys

and a girl of her own. The children love to wash "Grandma's toys" when they come to visit, and in the process much of their printed legend has been lost from some of the pictures.

A tiny, deep blue brown glass pitcher is an antique, as well as a gold one which has been given to her by her mother. A miniature tea set for two, including two plates, cups, saucers, and a tea pot and tray was sent from Tokyo, when her daughter and husband were stationed there. The set arrived with the teapot broken into little pieces. Grace and her husband set about gluing the bits back together, and succeeded, except for the handle, which resists even their determined efforts. But only close scrutiny will disclose that the pot has been repaired, and the set holds a place of honor near the front of the shelf.

Other items include two pictures made a miniature shells which have been left in their natural state, except for the handles which have been added; one of redwood, and four toby-types. They sit near a "left-handed" pitcher which her mother gave her. Colors range

from white to blue, orange to green, and are made of glass, china and porcelain, as well as wood and shells.

In addition to the collection of pitchers and tiny dishes, the cabinet holds a cobalt blue and white plate, made for the Lewis and Clark centennial in 1905, and is now a collectors item; a plate with a picture depicting "A Christmas Dream" which belonged to her husband as a child; and an old cup from Germany of very large size. The old cup belonged to her father-in-law, a Spanish American war veteran who lived in Sherwood until his death in 1948. The deep saucer, used for cooling hot liquids, was used by him every morning at breakfast time.

The collection is placed in an old oak china cupboard. It is deserving of fame in its own right for its ability to fold to a mere three inches wide for moving. This is accomplished by hinges which are placed along the side at intervals, three inches from the back, and by shelves which fold so that the cupboard folds nearly flat. This was an essential quality when moves were made by covered wagons and many a couple undoubtedly wish for such versatility today.

GEOLOGY PROGRAM PRESENTED

Elmer Werth, Grand Ronde area 4-H geology leader, and Robert Soules, junior leader, headed to a training session for geology leaders, junior leaders and members from Polk, Marion and Yamhill counties Monday night at Rickreall.

Young Soules exhibited many different specimens of quartz and calcite, two common minerals that are often confused with one another and told of simple tests that can determine one from the other.

Werth presented a display of our three basic rocks, igneous, sedimentary and metamorphic, and told of many reference guides that would help in identification. Also on display were two successful ways of exhibiting specimens for the fair.

DAVIDSON PROMOTED

Harry V. Davidson, son of Mr. and Mrs. Loran C. Davidson, Rote 1, Grand Ronde, has been promoted to the rank of Private First Class.

PFC Davidson is presently assigned to Battery B, 2d Battalion, 83rd Artillery as a cannoneer in Vuedingen, Germany. Davidson graduated from Willamina High School in 1967.



A hike in the woods brought this snow scene as the trees stood like silent sentinels dressed in their winter finery. Not a whisper of breeze or the flutter of a bird on the wing broke the peaceful stillness, only the crunching of feet, plodding through the snow.

You're invited to
Walking Wednesdays

A weekly walk around Huddleston Pond at Hampton Park for citizens to share ideas and concerns with City Manager Bridget Meneley.

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