



# West Valley Bulletin Board

West Valley Bulletin Board, LLC

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Staci Coker & Nicole Pugh • Email: bulletinwestvalley@gmail.com • (503) 687-3000 • 136 E. Main Street, Sheridan, OR 97378

## Memorial Mass to be Held For Jerry Papen

At 11:00 am on Saturday, February 10, a Memorial Mass for Jerry Papen, Sheridan High School class of 1954, will be offered at Good Shepherd Catholic Church. A luncheon reception will follow in the parish hall. Father Jerry, C.S.C, served in the Santiago, Chile area from 1959 until his death on October 6, 2023 in Santiago. He was two months short of his 88th birthday. Jerry was one of 14 Papen children born to Joseph and Victoria. Papens lived in Sheridan for over 60 years.



## GUEST SPEAKER

Date: January 20, 2024  
Time: 1:00 - 2:00 pm - Presentation  
2:00 - 3:00 pm - Fossil Feedback

MIKE FULL will talk about 50,000 years of history in our backyard. Mike is a member of the Yamhill River Pleistocene Project, and he will be sharing some information about fossils of the Ice Age.

The presentation will be from 1-2 pm. Attendees may bring fossils/rocks. From 2-3pm, Mike will share his knowledge about what you bring.

Sheridan Museum of History - 142 S. Bridge Street - Sheridan, OR



The Sheridan Museum of History is pleased to welcome Mike Full from the Yamhill River Pleistocene Project for a presentation on "50,000 years of history in our backyard." From 1-2 pm on Saturday, Jan. 20th. He will examine some of the dinosaur fossils that have been found along the Yamhill River. Everyone is welcome to bring fossils/rock findings and questions. Mike will share his knowledge following the presentation from 2-3 pm. Children are welcome to attend.

## WEST VALLEY MERCANTILE & SHERIDAN BUILDING MATERIALS

### CAN HELP YOU



### WEATHER



### ANY STORM

### FOR CRITTERS



HEAT LAMPS



TANK DE-ICER

HEATED POULTRY FOUNTAINS

### FOR HOME



SPACE HEATERS



CANDLES - PROPANE

FLASHLIGHTS - LANTERNS

FAUCET PROTECTORS

FOOTWEAR WATERPROOFING

MERCANTILE OPEN  
TUE - FRI 9AM - 5:30PM  
SATURDAY 9AM - 4PM

BUILDING MATERIALS OPEN  
MON - FRI 8AM - 5PM  
SATURDAY 8AM - 4PM

## Sheridan Chamber of Commerce

### Continental Breakfast

8-9:15 am  
Friday, Jan. 19



**Sheridan Museum of History**  
142 S. Bridge Street • Sheridan

Come meet the Sheridan Chamber of Commerce board and friends. A great opportunity to learn more about what is offered in the community.

All Chamber members and potential Chamber members are invited to join this fun group of business owners, managers, and citizens who want to strengthen our business community by building stronger relationships.

Breakfast sponsored by

## Sheridan Chamber

Bring your business card to drop in the box for a chance to win a fun prize!

# BULLETIN BOARD CLASSIFIEDS

bulletinwestvalley@gmail.com

136 E. Main Street • Sheridan • 503-687-3000



## Employment

### CITY OF SHERIDAN JOB ANNOUNCEMENT Code Enforcement Officer and Emergency Management Coordinator

The City of Sheridan is seeking a qualified individual to serve as a Full Time Code Enforcement Officer and Emergency Management Coordinator.

The primary responsibility of this position is code enforcement. Under the general supervision of the City Manager, the Code Enforcement Officer operates and is the primary contact for the City's local code enforcement program to ensure compliance with the Sheridan Municipal Code. The Code Enforcement Officer coordinates and develops the City's emergency management processes and procedures.

For details and a complete Position Description, visit the City's website [www.cityofsheridanor.com](http://www.cityofsheridanor.com). Open until filled.

## Employment

**Pacific Fir Lumber** has several great mill jobs for people who will come to work every day, on time, and put in a solid day. Great work environment. Apply in person at 355 SW Mill St, Sheridan. (c)

**River Park Senior Living** is now hiring for caregivers, med-techs, and a housekeeper. Wage DOE, come in to apply, or email your resume to [bailey.west@agingways.com](mailto:bailey.west@agingways.com). (c)

## Volunteer Needed

NWSDS is seeking a volunteer driver to help deliver meals to homebound seniors here in the Sheridan area. This would be one day a week and take approximately one to one and a half hours, mileage is reimbursed and eligible for a hot meal. Please call the local Sheridan Meals on Wheels at (503) 843-2000 (c)

## For Sale

**For sale:** Barn stored firewood. Mixed hardwood/maple, \$300/cord, \$200 half cord. Delivery in Sheridan/Willamina. 618-751-2044.

**For sale:** Mobile home axles/wheels from new house. 2 axles, 1 with brakes, tires and tongue \$300. 3 axles \$400. Sheridan 971-237-7745. (c)

## Services

**Sheridan Auto Detailing 148 N. Bridge St.**, in Sheridan is now offering full details. Interior details, exterior details, and ceramic coating. We also detail farm equipment including tractors and combines, and we do RVs and boats. Call 971-237-9649.

**Flawless Pressure Washing.** Revitalize your home's appearance with our driveway cleaning and exterior house washing services. Say goodbye to stubborn mold and dirt, and hello to a fresh clean appearance. Contact us today at 503-779-5030. (c)

## Garage Sale

**Garage Sale/Fundraiser** 8am-5pm, Feb. 2 - 3. 850 SW Hill Dr. Willamina. Cedar chest, \$0.25 DVDs, dining room table, lots of free stuff, donations accepted.

**Call today to place your FREE classified ad up to 30 words! 503-678-3000**



**The Bulletin Board 503-687-3000**

Post Your FREE Garage Sale Ad

**ARE YOU DRINKING KANGEN WATER?**




**CALL/TEXT 503.376.6620**

**THE HYDRATION STATION**

Well, happy New Year! Some folks didn't learn from or read last year's column I wrote concerning headlights! I am tired of saying the same thing over and over again and again. If you were my kid, you'd go to bed without dessert.

It doesn't take more than a couple of seconds, if that long, to turn on your headlights when you start your car, truck, semi, or whatever you drive. However, an accident caused by driving without headlights will take much longer to heal or fix your body and vehicle.

In this dark time of winter, it doesn't matter what color vehicle or how big it is; it may not be seen by oncoming traffic. With the heavy clouds and sometimes wet roads, plus shadows on the road, many vehicles tend to blend in. You might be able to see others, but that doesn't mean they see you.

Please, please, turn on your headlights whenever you drive somewhere. Even in sunny weather, it helps to be safe. Taking an extra small step to stay safe and keep others safe is "What's Up in Willamina."

## Volunteers Still Needed for the 2024 PIT Count in Sheridan on January 24

Scan here to go directly to the sign-up link!



Volunteers are needed. Consider helping!

## HIRING NOW!

### Pacific Fir Lumber

**\*Signing Bonus\* Attendance Bonus\* Benefits\***

**Millwright:** Do you have a passion for maintaining and repairing machinery? If you are experienced in diagnosing and fixing mechanical issues, we invite you to apply.

**Mill Production:** Seeking dedicated mill employees to join our dynamic team. If you are eager to contribute to the lumber production process, we want to hear from you. No experience necessary - we provide training.

### Sheridan Building Materials

**\*Attendance Bonus\* Benefits\***

Are you passionate about home improvement and construction projects? Seeking dedicated individuals who thrive in a customer-focused environment and are excited to assist customers in finding the perfect materials for their projects.

## Fundraiser for Museum Returns After Long Hiatus

Willamina's Museum of Local History will celebrate its annual fundraiser, "For the Love of History and Chocolate," from 6-8 p.m. on Saturday, Feb. 3, 2024, at 188 NE "D" Street in Willamina.

The event has been on hiatus for three years, but is now back and ready to celebrate its 14th anniversary. The idea for the fundraiser originated through the Historical Group and the Wildwood Restaurant & Hotel. The Historical Group and Skyberg's Lumber & Hardware will sponsor this year's chocolate tasting. The festivities include the museum's unique historical exhibits and the Andrew Jepson Trio, who will be entertaining throughout the evening. The public is invited to attend and sample a delicious buffet of chocolate and savory treats. Admission is free, and donations are appreciated. All proceeds will go to the museum for various projects.

# THANK YOU FOR SHOPPING

## Local

# WEST VALLEY BUSINESSES THANK YOU FOR YOUR SUPPORT

When you shop locally and support small businesses,  
you help build strong communities.

### Skyberg's Lumber & Hardware

121 E. Main • Willamina  
503-876-3092

### Sheridan Family Chiropractic

639 W. Main • Sheridan  
503-843-3888

### Green Crest Memorial Park

office@greencrest  
memorialpark.net  
503-379-1969

### Davison Auto Parts

317 S. Bridge • Sheridan  
503-843-2211  
1717 NE Baker • McMinnville  
503-472-6114

### West Valley Bulletin Board

bulletinwestvalley@gmail.com

### Butler Travel, LLC

503-879-5005

### Butler Foods, LLC

503-437-9133

### Sheridan Museum of History

142 S. Bridge • Sheridan  
Open Saturdays 10 am-3 pm

### Angel Bookkeeping

421 Main • Willamina  
971-237-1230  
angelbookkeepingllc@gmail.com

### Stuck Electric

147 W. Main • Sheridan  
503-843-2322

### Hofenbredl Realty

322 Main • Willamina  
503-876-9004

### Sheridan Rotary

P.O. Box 32 • Sheridan  
sheridan.rotary1@gmail.com

### Grand Ronde Water Association

26690 Highway 18  
Grand Ronde • 503-879-5624

### Sheridan Building Materials

345 S. Bridge • Sheridan  
503-843-7150

### West Valley Veterinary Hospital

711 W. Main • Sheridan  
503-843-4011

### West Valley Funeral Home

1108 NW Lincoln • Sheridan  
503-843-2525

### Sheridan Chamber of Commerce

P.O. Box 644 • Sheridan  
sheridanchamber  
ofcommerce@gmail.com

### Delphian School

20950 SW Rock Creek  
Sheridan • 503-843-3521

### Best Stop Market

313 E. Main • Willamina  
503-876-9091

### American Markets

Sheridan • 503-843-3722  
Grand Ronde • 503-879-2857

### Hampton Lumber Mills

Willamina Division

### Tectonics Tuning

21801 SW Rock Creek  
Sheridan • 503-843-2700

### Ruff Life Rescue

29795 Salmon River Hwy  
Grand Ronde • 503-879-5003

### Edward Jones

Katina Mayrose, CFP®  
Financial Advisor  
McMinnville • 503-474-3180

### City of Sheridan

120 SW Mill • Sheridan  
503-843-2347

### City of Willamina

411 NE C St. • Willamina  
503-876-2242

### Hurricane Coffee

201 E. Main • Sheridan  
971-241-2564

### Sheridan Fire District

230 SW Mill • Sheridan  
503-843-2467

### Sheridan Pharmacy

103 E. Main • Sheridan  
503-843-2422

### West Valley Mercantile

342 S Bridge • Sheridan  
503-843-9088

### Willamina Coastal Hills Chamber

P.O. Box 411 • Willamina

### G&M Insurance

Dennis Ulrich, Owner  
451 NE Main • Willamina  
503-876-4222



LOCAL BUSINESSES ARE INVESTED IN OUR COMMUNITY - JUST LIKE YOU!



# Sheridan Family Chiropractic

639 W. Main Street  
Sheridan  
503-843-3888

*May improve digestive health.*

## A MESSAGE FROM THE WILLAMINA SCHOOL DISTRICT

**Growing for the Future: Vote YES on May 2024 Bond renewal**

### What You Need to Know:

- \$2.5 Million would come from community bond funding.
- \$2.5 Million would come from matching state grant funding.
- \$5 Million total for Willamina Schools to improve safety and build new classrooms.
- Lower than 2014 Bond Rate: Vote YES for a \$0.53 per \$1,000 levy rate, lower than the current rate you pay of \$0.64 per \$1,000.

### How Does Our Proposed Rate Compare with Neighboring Districts Bond Cost per \$1,000?

- Central SD \$3.69
- Amity SD \$3.00
- McMinnville SD \$2.43
- Dayton SD \$2.15
- Nestucca SD \$1.52
- Perrydale SD \$1.45
- Newberg SD \$1.41
- Yamhill-Carlton \$1.08
- Tillamook SD \$1.08
- Willamina SD \$0.53
- Neah-Kah-Nie SD \$0.49



### Why We Need Your Vote:

- New Classrooms:** Five new classrooms to accommodate future growth to our student body and also move classes that are currently in the stand alone modulares into the main building. These classrooms would be an in-fill project and be located in the courtyard behind the high school office.
- Enhanced Programs:** New classrooms will allow us to expand course offerings, including Culinary Arts and World Languages.
- Improved Safety:** Address traffic flow and congestion issues, upgrade security systems, improve exterior walkways, parking and lighting. Expand covered play space for elementary students.

With great Bulldog pride,  
Carrie Zimbrick, Superintendent

Willamina Elementary School 503.876.2374  
Willamina Middle/High School 503.876.2545  
School District Office 503.876.1500



### Last issues crossword solution

I	C	E	D		E	L	L	A		A	L	P	H	A
N	O	M	E		N	E	O	N		C	O	L	O	R
C	O	I	L		T	A	N	T	A	M	O	U	N	T
A	L	T	E	R	I	N	G		T	E	N	S	E	S
				T	O	T	S		S	O	S			
R	E	P	E	A	L		P	E	P		A	D	D	S
O	D	E		R	E	R	A	N		F	R	E	T	
A	D	A	M		D	E	N	S	E		T	A	C	O
S	I	R	E		S	E	E	D	S		M	A	N	
T	E	L	L		E	E	L		U	N	S	A	F	E
				R	A	T		S	C	O	T			
L	E	S	S	E	R		R	E	A	W	A	K	E	N
A	D	O	L	E	S	C	E	N	T		P	E	R	U
P	E	D	A	L		O	B	O	E		L	E	A	D
S	N	A	P	S		W	A	R	D		E	L	S	E

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## CRYPTO FUN

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Determine the code to reveal the answer!

Solve the code to discover words related to New Year's celebrations.  
Each number corresponds to a letter.  
(Hint: 17 = N)

- A. 1 9 13 23 24 13 5 17 4**  
Clue: Bubbly drink
- B. 23 26 25 17 26 5 9 16**  
Clue: Twelve a.m.
- C. 12 4 22 7 20 3 16 26 7 17**  
Clue: Plan to change
- D. 24 13 12 16 2**  
Clue: Fun event

Answers: A. champagne B. midnight C. resolution D. party

## SHERIDAN POND STOCKING SCHEDULE

Week of	Legals	Trophy	Total
Jan. 29, 2024 - Feb. 02, 2024	232	0	232
Feb. 26, 2024 - Mar. 01, 2024	666	0	666
Mar. 11, 2024 - Mar. 15, 2024	466	0	466
Apr. 01, 2024 - Apr. 05, 2024	666	0	666
Apr. 15, 2024 - Apr. 19, 2024	798	0	798
May. 06, 2024 - May. 10, 2024	566	0	566
May. 20, 2024 - May. 24, 2024	800	0	800
Jun. 03, 2024 - Jun. 07, 2024	998	0	998

## HUDDLESTON POND STOCKING SCHEDULE

Week of	Legals	Trophy	Total
Feb. 26, 2024 - Mar. 01, 2024	1,001	0	1,001
Mar. 11, 2024 - Mar. 15, 2024	466	0	466
Apr. 01, 2024 - Apr. 05, 2024	932	25	957
Apr. 15, 2024 - Apr. 19, 2024	500	1,025	1,525
Apr. 29, 2024 - May. 03, 2024	732	0	732
May. 06, 2024 - May. 10, 2024	0	25	25
May. 13, 2024 - May. 17, 2024	800	0	800
May. 27, 2024 - May. 31, 2024	132	0	132
Jun. 03, 2024 - Jun. 07, 2024	800	1,025	1,825



**KIM GREENE REALTOR/PRINCIPAL BROKER**  
CELL 503-434-0472

**COLDWELL BANKER**  
PROFESSIONAL GROUP

OFFICE 503-843-1300  
430 S. BRIDGE STREET  
SHERIDAN, OR 97378  
GREENEKIM@MSN.COM  
LICENSED IN THE STATE OF OREGON




**AMAZING PRICE! A MUST SEE!**



**\$289,900! Can you believe this price?**  
**AFFORDABLE RENTAL PROPERTY OR STARTER HOME!** Hard-to-find move-in-ready 4-bedroom, 2-bathroom home. Large galley kitchen with lots of counter space, living room off of the kitchen, small dining area with a slider to the large backyard. Appliances stay, spacious utility room with a sink and tankless gas water heater, gas furnace plus mini split with heat and AC, gas dryer set up, gas range, great covered front porch, partially fenced yard. Many recent updates in most of the house: arc fault breakers in the panel, wiring, electrical, sheetrock, insulation, vinyl windows, pex plumbing and more!




**NEW LISTINGS WANTED!**



**MESSAGES FROM THE MAYOR**  
**MARIANNE THOMSON**

Do you have questions or comments?  
 Email [mthomson@cityofsheridanor.com](mailto:mthomson@cityofsheridanor.com)  
 or mail correspondence to .....  
 City of Sheridan, 120 SW Mill Street  
 Sheridan, OR 97378



Celebrating Christmas Day  
 at Sheridan's  
 River Park Senior Living

Oh, what fun it was to spend Christmas Day surrounded by the smiling faces of our elderly friends at River Park in Sheridan.

We shared goodies, gifts, stories, lots of hugs, and even belted out a hardy rendition of "We Wish You a Merry Christmas."

Santa Claus (alias Bob Luoto) joined Mrs. Claus' family of elves - Denny, Son Dan, Cousin Doug, and friend Penny to distribute tons of gifts and goodies at the party.





Mrs. Claus would also like to thank Elf Charlyn Pranger for her gift contribution and Aaron and Joanna McElroy, who helped with shopping, gift wrapping, created handcrafted tags and cards, and helped with organization for the party in advance.

Thank you to Deer Park activities director Kimberly Campbell for talking Santa into joining us and for setting up tables and cheering us on with your wonderful smiles.

*Thank you to all the residents who attended the party. You made our Christmas merry and bright with your hugs, smiles, singing, and holiday spirit.*

*Your friend, Mayor Marianne Thomson*

E G G D C M                      Y A K M E V  
 O R I I W A I L                    T P H I C S M A  
 L A L B B B L J U D                H M F G V R O M G W  
 S N E R Z Q G G U Q Y Q            W B X L M E F D T L T Y  
 A L G Z A N I T N O F X H        C C V X K G B C Q A T P F  
 U C A N R T P M Y I H N K P S    D P A D U O G F E P E W C A V K  
 T V W Y W U R S A Y C J I M O Z Z A R E L L A E I B W S M G N  
 J Q U Z O B Y E C N V H T M J W D D A O R X C C O O R G D W E  
 Z M E D B D T R B T C T P A R M I G I A N O R E G G I A N O D  
 H O P O U T A H E M K H O A M Z V B U R R A T A H J N X R L T  
 B L U E C H E E S E E B E Y S K T F S I R Z G S N F Z W A G A  
 H L Y S B F W A A E D M M G N I C T N Z J O I S S R V T G U I  
 R E T S N E U M D H V A L O A A O S J A M H I R X T Y Y E  
 N J S S X L I V A A Z U C H N R G Z T X A O W E O A O I C  
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 J Z A M E R I C A N E U M U D O V A B N F I A O B E B  
 V D L B C H E D D A R A V G E N R Y T G R J G L M W C  
 O F F L C R W C M N R C C C T J I I G E P Y K Y R  
 M Z C A F E Q A O A B G U I E M P T O E B K H E F  
 V P B J E N E M M G H O C R T H C U N D A A T  
 Z I C K T O H D L Y E A E P O O D A O M Y  
 J Y F Z A L V H I D P Y F P U A P C T  
 Y G J H X P O A Z M V J A F P H H D F  
 G R A P Q D V R Y E A Y E A E M X  
 P O J Q I W O M F C M L E A C  
 M X I E U F R A K L S V M  
 B K T C C O P O E E U  
 X O V Y U B Z  
 X C M V R  
 I K H  
 N

**AMERICAN ASIAGO**  
**BLUE CHEESE**  
**BRIE**  
**BURRATA**  
**CAMEMBERT**  
**CHEDDAR**  
**COTIJA**  
**COTTAGE**  
**CREAM CHEESE**  
**FETA**  
**FONTINA**  
**GOAT**  
**GOUDA**  
**GOUDA**  
**GRANA**  
**GRUYERE**  
**HALLOUMI**  
**HAVARTI**  
**MANCHEGO**  
**MANCHEGO**  
**MONTEREY JACK**  
**MOZZARELLA**  
**MUENSTER**  
**PANEER**  
**PARMIGIANO REGGIANO**  
**PECORINO ROMANO**  
**PROVOLONE**  
**RICOTTA**  
**SWISS**

**SWEET DREAMS**  
**ARE MADE OF CHEESE**

NATIONAL CHEESE  
 LOVERS DAY  
 JANUARY 10

## Horoscopes Jan. 17-23

**ARIES - Mar 21/Apr 20**  
 Aries, if resolutions seem slow-going, give it time to get into a groove and become part of your routine. You can handle anything when you put your mind to it.

**TAURUS - Apr 21/May 21**  
 Taurus, there is a lot going on in your life at the moment, and you may need to accept that you can't do it all alone. Start farming out tasks to people you trust.

**GEMINI - May 22/June 21**  
 How will you know if you can do something unless you give it a try, Gemini? Be adventurous this week, whether it is enjoying a new ethnic cuisine or trying a new activity.

**CANCER - June 22/July 22**  
 Cancer, you may have a few plans on the horizon but aren't sure how to get started. Just like walking, take it one step at a time and soon you'll find that you're on your way.

**LEO - July 23/Aug 23**  
 Leo, you may think you're being humble and putting others' needs before your own this week. But if you look a little deeper, you may discover you have room to improve.

**VIRGO - Aug 24/Sept 22**  
 Virgo, if you commit to something, follow through this week. Others are counting on you for your portion of the work and letting them down now is not an option.

**LIBRA - Sept 23/Oct 23**  
 Health issues may have you taking inventory of your habits, Libra. It's a new year and the perfect time to start to make changes for the better. Ask for help if you need guidance.

**SCORPIO - Oct 24/Nov 22**  
 You're not one for being bashful about things, Scorpio. But something could occur this week that leaves you a little red in the face and perhaps wanting to hide in the shadows.

**SAGITTARIUS - Nov 23/Dec 21**  
 Someone new in your life is causing all types of changes to your schedule, Sagittarius. You're not quite sure if you enjoy it or not right now. Stay the course and wait to see.

**CAPRICORN - Dec 22/Jan 20**  
 Capricorn, you will not make inroads with family or friends if you continue to play the victim. You must own up to any mistakes you've made and start making amends this week.

**AQUARIUS - Jan 21/Feb 18**  
 Sometimes the best defense is remaining quiet and letting others dig themselves into a deeper hole, Aquarius. Others will see your positive efforts for all they are.

**PISCES - Feb 19/Mar 20**  
 Think about planning a getaway in the next month or so, Pisces. It doesn't have to be a grand voyage. Even a weekend retreat can be a way to rest and recharge right now.

## CROSSWORD PUZZLE

- Across**
1. Book leaf
  5. Comfort
  9. Equals
  14. Is unwell
  15. \_\_\_ of passage
  16. Actress \_\_\_ DeGeneres
  17. Phony
  19. Cut bread
  20. Sailor's yes
  21. Bambi, e.g.
  22. \_\_\_ of Liberty
  23. Brother's sib
  24. At rest
  26. Blunder
  27. Least
  30. Ogles
  32. \_\_\_ acid (nutrient)
  33. Forward
  34. Semiprecious stone
  38. Doomed ship
  40. Separate
  42. Medical "at once!"
  43. Campus residence
  45. Beauty shop
  46. Wed on the run
  48. Receive willingly
  49. NNW's opposite
  52. Bullring shouts
  53. Actress \_\_\_ West
  54. Annoy
  56. Wide-mouthed pitcher
  58. Contains
  61. Limber
  62. Carry
  64. Room theme
  65. Ardent
  66. "\_\_\_ dead people!" (2 wds.)
  67. 19th letters
  68. New Jersey team
  69. Group of players

1	2	3	4		5	6	7	8		9	10	11	12	13			
14					15					16							
17				18						19							
20				21				22									
				23				24	25				26				
27	28	29						30				31					
32								33				34	35	36	37		
38								39				40		41			
42								43				44		45			
				46	47							48					
49	50	51										52					
54				55								56	57		58	59	60
61												62			63		
64												65			66		
67												68			69		

- Down**
- |   |  |   |
|---|--|---|
| <ol style="list-style-type: none"> <li>1. Mama's man</li> <li>2. Breezy</li> <li>3. Delight</li> <li>4. NY time zone</li> <li>5. Writer ___ Hemingway</li> <li>6. Staff officer</li> <li>7. Free from germs</li> <li>8. Poet's eternity</li> <li>9. Ardent</li> <li>10. She, in Barcelona</li> <li>11. Upper crust</li> <li>12. Happen again</li> <li>13. Show contempt</li> <li>18. Light bulb inventor</li> </ol> | <ol style="list-style-type: none"> <li>22. Winter toys</li> <li>23. Legislative body</li> <li>25. Jeans fabric</li> <li>27. Gym pads</li> <li>28. Give forth</li> <li>29. Film legend ___ Hayworth</li> <li>31. Consolation</li> <li>33. Range</li> <li>35. Colorless</li> <li>36. Upon</li> <li>37. Fasting period</li> <li>39. Adored ones</li> <li>41. Hollywood awards</li> <li>44. Set aside</li> </ol> | <ol style="list-style-type: none"> <li>47. Defeated ones</li> <li>48. Changes for the better</li> <li>49. Window blind</li> <li>50. Wise ones</li> <li>51. Clapton and Roberts</li> <li>55. Burn-soothing plant</li> <li>57. Pause</li> <li>58. Sprinkler attachment</li> <li>59. ___ code</li> <li>60. Mushroom part</li> <li>62. Light brown</li> <li>63. Hole</li> </ol> |
|---|--|---|

# Sheridan Revitalization Movement a Great Volunteer Opportunity

**Liz Hodgins**

The Sheridan Revitalization Movement (SRM) formed in 2016 with the goal of bringing citizens and businesses together to revitalize Sheridan, particularly the downtown commerce area. The Sheridan Revitalization Movement's mission is to "organize a group of persons interested in revitalizing the City of Sheridan to explore and implement solutions to improve the image and vitality of Sheridan, thus enriching the lives and experiences of Sheridan property owners, merchants, residents and tourists." Sheridan Revitalization Movement gained 501(c)(3) non-profit status in 2020, with a five-member board supported by a large group of volunteers who participate in annual events sponsored by SRM.

The most noticeable SRM-sponsored event is the bi-annual city-wide clean-up in which 60-100 volunteers: residents, chamber and council members, boy scouts, and students from local schools, work in teams to clean up the litter and trash on city sidewalks and streets. There is a Spring clean-up as well as a Fall clean-up. SRM collaborates with SOLV in order to accomplish the clean-ups. Additionally, SRM fund raises for

public art and other projects, like the bridge lighting and holiday decorations, that brighten the downtown area during the holidays. One project example is the new mural on the Figaro's building. Sadly, due to structural issues with the building a large part of it was removed, but it will be re-painted and restored when the weather warms up. Another on-going project in which SRM helped was to get an Oregon Main Street grant to oversee the restoration of the Heider building.

In the past, the Oregon Main Street funding was under the auspices of the Chamber of Commerce, but when Sheridan Revitalization Movement attained nonprofit status, the SRM board took over the reigns of writing grants for Oregon Main Street funding for local projects. Likewise, SRM oversees that OMS grant guidelines are being followed and milestones are being met. Oregon Main Street sets aside funding for historical buildings and downtown revitalization throughout Oregon. There are specific guidelines for these grants, so SRM works directly with building owners to ensure they are following guidelines, meeting milestones such as following the established

timeline. Grants are written with milestones that must be reached before any money is distributed. In the case of the Heider building revitalization grant, the milestone has not been met yet for reimbursement, so no funding has been released.

The Revitalization Movement have many goals for Sheridan's future: more murals, more public art, and more community-involvement in decision-making regarding public art. According to Tkeisha Wydro, President of SRM, "We would like to have more buildings in the downtown core revitalized through support from Main Street grants...helping to promote economic opportunities for the downtown core, which

can bring in new businesses. We would like to work with the city and local non-profits in supporting downtown revitalization projects like the waterfront park and plaza project. Ultimately, we would love to fund raise or get a grant for permanent bridge lighting."

If you are interested in working toward a reinvigorated, revitalized Sheridan, you are welcome to attend one of their monthly meetings on the first Thursday of the month, from 6-7:15 p.m., at the Sheridan Museum of History, 142 S. Bridge St. Or, you may volunteer for the upcoming Spring clean-up on Saturday, April 20. For more information, visit the SRM website at: [www.revitalizesh Sheridan.com](http://www.revitalizesh Sheridan.com) or email [revitalizesh Sheridan@gmail.com](mailto:revitalizesh Sheridan@gmail.com).



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# West Valley Bulletin Board

On Feb. 11, 2015, the first issue of The Bulletin Board was delivered to Sheridan, Willamina and Grand Ronde.

In 2023 The Bulletin Board became the West Valley Bulletin Board. The paper is about to begin its tenth year.

We'd like to thank everyone who makes it possible to continue publishing the paper, even during trying times. We offer heartfelt thanks to our advertisers and readers, and those who share news, information, community interest items, photos, and so much more. We also thank those who allow us to distribute the paper through their stores, offices, schools, and other places of business.

We are grateful to those who lend a hand and those who brighten our days with words of encouragement and support. We feel extremely fortunate to live and work in the West Valley among such kind and supportive people. ~ Staci & Nicole

## ENTER TO WIN \$50

Please score the blow sections. 1 being the most liked, down to 3, your least favorite.

- 1 2 3 Word Search Puzzle
- 1 2 3 Crossword Puzzle
- 1 2 3 Finding "Corky and Bubbles"
- 1 2 3 Classified Ads
- 1 2 3 Monthly Community Calendar
- 1 2 3 Archive page
- 1 2 3 Word Scramble
- 1 2 3 Local people stories
- 1 2 3 Local business news
- 1 2 3 School news
- 1 2 3 Recipes
- 1 2 3 Horoscopes
- 1 2 3 Live music events
- 1 2 3 Random facts and humor
- 1 2 3 Church events

- 1 2 3 School Board Reports
- 1 2 3 City Council Reports
- 1 2 3 Obituaries
- 1 2 3 This day/week in History
- 1 2 3 Birthday stories
- 1 2 3 Activity notices
- 1 2 3 Fundraiser information
- 1 2 3 Information about services and food for those in need.

Suggestions and/or Comments?

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We appreciate all feedback, and encourage you to tell us what you want to see from the West Valley Bulletin.

Name \_\_\_\_\_ Phone \_\_\_\_\_

**The fine print:** One entry per reader. Entries may be dropped off or mailed to 136 E. Main in Sheridan, or snap a photo of your entry form and email it to: bulletinwestvalley@gmail.com. Winner will be drawn on Friday, Feb. 16, 2024, and announced in the Wednesday, Feb. 21, 2024, issue of West Valley Bulletin.

### Sheridan Rotary Club Meets Every Wednesday

The Sheridan Rotary Club meets at noon every Wednesday, at the Sheridan School District office, located at 435 S. Bridge Street in Sheridan.

Sheridan's Rotary Club welcomes any one interested in learning more about Rotary to attend.

The local Rotary spends much time fundraising for scholarships and community projects. Every year they hold a coat-drive for our local community members in need and our schools. Rotary facilitates the donation of toys for all kids that come to see Santa each year after the parade.

If you would like to learn more about our local Rotary and what it stands for attend a meeting or find them on Facebook.

### WIC Support and More Available in Grand Ronde

WIC enrollment and support are available from 10 a.m.-2 p.m. on the first and last Fridays of every month at the Grand Ronde Early Education building at 9615 Grand Ronde Road in Grand Ronde.

WIC provides healthy food for families. The WIC program is available to pregnant and postpartum people, infants, and children. In addition, WIC offers food, nutrition education, and breastfeeding support.

OHP cards or 30 days of pay stubs, valid identification, and proof of residency in Oregon are required.

For more information, call WIC at 503-434-6740.

### Sheridan Chamber to Start Meeting in 2024 on Jan. 19

The Sheridan Chamber of Commerce is set to begin meeting again from 8-9:15 a.m., on Friday, Jan. 19, at the Sheridan Museum of History, 142 S. Bridge Street in Sheridan.

For the 2024 year, Sheridan Chamber will meet the first and third Fridays of each month. The Chamber is looking for members to host the first meeting of the month at their location, and members to host the second meeting at the museum.

Hosting a morning meeting is simple and the Chamber is ready to help.

For more information on how to host a Chamber meeting or more information on joining Chamber, email sheridanchamberofcommerce@gmail.com.



It's never too early to send your event for the West Valley Bulletin Community Calendar!

The calendar is printed the last Wednesday of each month. Send in your events to be listed for FREE, by the Friday before. Email the time, date, location and event details to [bulletinwestvalley@gmail.com](mailto:bulletinwestvalley@gmail.com).



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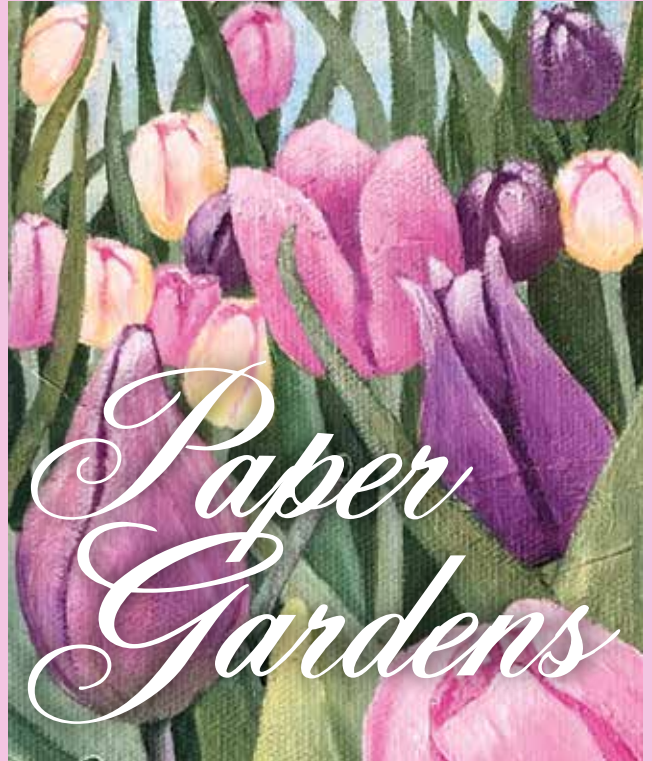
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# Nachos Make the Ideal Quick and Easy Game Day Snack

Big games dot the college and professional football landscapes each year beginning in late summer and ending in mid-winter. But no games are bigger than those that take place once the calendar turns to a new year. That's when the postseason begins in both college and professional football.

Game watches with fellow fans, family and friends are a great way to make playoff football even more enjoyable. With so many big games on the horizon, football fans would be wise to ready their culinary arsenal. Whether you're hosting at home or going to a game watch at a fellow fan's house, keep in mind that food and football are a great match. Certain dishes have long since staked their claim on the game watch dinner and snacking tables, and nachos certainly need no introduction to football fans. As this year's playoffs kick off, football fans can try this recipe for "Loaded Beef Nachos"



courtesy of AllRecipes.com.

## Loaded Beef Nachos

Serves 4

### Taco Seasoning:

- 5 teaspoons paprika
- 1 1/4 teaspoons garlic powder
- 1 1/4 teaspoons ground cumin
- 1 1/4 teaspoons onion powder
- 1 teaspoon chili powder
- 1 teaspoon oregano leaves
- 1 1/2 teaspoons salt

### Nachos:

- 2 tablespoons vegetable oil
- 1 pound ground beef
- 1 cup diced onion
- 1 cup diced green bell pepper
- 1 10-ounce can diced tomatoes with green chiles (such as ROTEL®)

- 1 15-ounce can Mexican-style corn (optional)
- 1 16-ounce can refried beans
- 1 cup shredded Cheddar cheese, or as needed
- 4 ounces tortilla chips, or as needed

### Toppings (optional):

- 1/2 cup sour cream (optional)
- 1/2 cup salsa (optional)
- 1/4 cup sliced black olives (optional)
- 1/4 cup sliced jalapeños (optional)
- 1/4 cup green onion

For taco seasoning: Stir paprika, garlic powder, cumin, onion powder, chili powder, oregano, and salt together in a small bowl; set aside.

Heat oil in a large skillet over medium-high heat; cook and stir ground beef in the hot skillet until browned and crumbly, 5 to 7 minutes. Stir in onion and green pepper; cook and stir with oil and juices from browned meat until much of the liquid has evaporated, about 2 minutes more.

Stir 1/2 can diced tomatoes with chilies and Mexican-style corn into skillet. Season beef mixture to taste with prepared taco seasoning mix.

soning mix.

Stir together the remaining 1/2 can diced tomatoes with chilies and refried beans in a microwave-safe bowl. Microwave on high until heated through, stirring every 30 seconds, 1 to 3 minutes.

**To assemble nachos:** Lay half of tortilla chips in a single layer on a microwave-safe plate, then drop teaspoons of refried beans onto chips, followed by meat mixture and shredded cheese. Repeat with remaining chips, beans, meat, and cheese to make a second layer.

Microwave on high until cheese is melted and nachos are warm, 2 to 3 minutes. Top with sour cream, salsa, olives, jalapeños, and green onion as desired.

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Check out these upcoming movie events sponsored by the Sheridan Rotary Club



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Beautiful 3 bedroom, 2 bath single-level home on five acres. Home built in 2022, kitchen with SS appliances, vaulted ceilings, large island, open concept, large pantry, two car garage, spacious main bedroom with walk-in closet and bathroom. Room for RV/Boat parking and animals. Grand Ronde \$525,000

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Beautiful three bed, 2.5 bath home in a great neighborhood. SS appliances in kitchen, wood flooring throughout, granite countertops, pine cabinets, with soft close doors and pull outs, living room with gas fireplace, office/library with lots of shelves, both family room and living room have carpet, a few skylights to let the natural light in, big walk-in closet in MB. Home has forced gas furnace heat and AC last serviced Sept. 7th. Two car garage with garage openers, large back yard with deck and patio. Gresham \$625,000.

## Garden Club to Present Beautiful Tree Slideshow

The Sheridan/West Valley Garden Club will meet at 1 p.m. on Tuesday, Jan. 23, and will feature a slideshow of beautiful trees that grow well in our climate. All are welcome and refreshments will be served.

New members are welcome. For location and more information call or text 503-720-9589.

## January is School Board Recognition Month

January is School Board Recognition Month, a time to express appreciation to these dedicated volunteers. They work hard behind the scenes to guide the West Valley School Districts in providing a quality education for all students. You may take a few minutes to thank them for advocating on behalf of the communities collective interests, which often includes making difficult decisions for the betterment of all students

## All Church Community Sing-Along Planned Jan. 21

An all-church community sing-along will begin at 6 p.m. on Sunday, Jan. 21, at the Sheridan Church of the Nazarene, 917 S. Bridge Street in Sheridan.

The sing-along is open to all churches and community members who enjoy singing. The all-church sing-along began back in 1968.

For more information call Maxine at 503-843-5097 or 971-241-2408.

## Local Cornhol Games



Cornhole can be played at 5:15 p.m. every Sunday in Willamina. Download the Scoreholio app on your smart phone to register to play.

All proceeds from the cornhole games are donated to the Old Fashioned Willamina 4th of July Committee in support of the annual fireworks show.



## Oregon and the IRS are Set to Start Processing Returns on January 29

The Oregon Department of Revenue will begin processing e-filed 2023 state income tax returns on Jan. 29, 2024, the same day the IRS will begin processing federal returns. Paper filed returns will be processed starting in mid-February.

E-filed returns will be processed in the order they are received. However, as in years past, the department won't be issuing personal income tax refunds until after Feb. 15. A refund hold is part of the department's tax fraud prevention efforts and allows for confirmation that the amounts claimed on tax returns match what employers report on Forms W-2 and 1099.

E-filing is the fastest way for a taxpayer to get their refund. On average, taxpayers who e-file their returns and request their refund via direct deposit receive their refund two weeks sooner than those who file paper returns and request paper refund checks.

The department reminds taxpayers that taking a few easy steps in the next few weeks can make preparing their 2023 tax return easier in 2024.

Oregon resident taxpayers pre-

paring their own returns in 2024 can file electronically at no cost using one of Oregon's free file options. Free guided tax preparation is available from several companies for taxpayers that meet income requirements. Free fillable forms are available for all income levels. Using links from the department's website ensures that both taxpayers' federal and state return will be filed for free.

Free tax preparation services are available for low- to moderate-income taxpayers through AARP and CASH Oregon. United Way also offers free tax help through their MyFreeTaxes program. Visit the Department of Revenue website to take advantage of the software and free offers and get more information about free tax preparation services.

Taxpayers can verify their estimated payments through their Revenue Online account.

Through Revenue Online, individuals can also view letters sent to them by the department, initiate appeals, make payments, and submit questions. Visit Revenue Online on the Revenue website to learn more.

To check the status of your refund after February 15, or make payments, visit Revenue's website. You can also call 800-356-4222 toll-free from an Oregon prefix (English or Spanish) or 503-378-4988 in Salem and outside Oregon. For TTY (hearing or speech impaired), we accept all relay calls.

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## Reading Enthusiasts Are Wanted for Local Author

A local author is looking to have constructive feedback on novels prior to publishing. The writer is looking for someone who enjoys reading and has a passion for Horror, Fantasy, Sci-fi, Movies, and Entertainment.

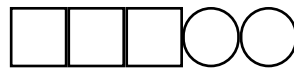
The enthusiastic volunteer will need to know how to navigate through Google Drive for digital reading. Most importantly, the writer is looking for volunteers that have the ability to give constructive feedback in a positive, respectful manner.

For those you who love to read, are interested in getting a first look at a book and want to have a hand in the finish product, email NasturtiumMedia@gmail.com.

Use the letters below to unscramble the words related to winter. Place the letters from the circles on the dashes above the riddle then unscramble them to solve the question at the bottom.



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**What do you get when you cross a vampire with a snowman?**



## DID YOU KNOW?

Live sports can be wildly entertaining, giving viewers lots of ups and downs to enjoy (or endure). That emotional roller coaster has made live sports, and football in particular, especially popular among television viewers. Data from Nielsen indicates that the National Football league was responsible for 45 of the 50 largest Nielsen-measured sports audiences in 2022. In fact, the top 32 events were all NFL games, with the 2021-22 College Football Playoff National Championship Game between Georgia and Alabama coming in at no. 33 among the year's most watched sporting events. Even the thrilling World Cup Final between Argentina and France was no match within the United States for the NFL, garnering 22.32 million viewers. By comparison, that year's Super Bowl between the Rams and Bengals attracted 99.18 million viewers. Curiously, despite baseball's designation as "America's pastime," Major League Baseball did not have a single game place among the 50 most watched sporting events of 2022.



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## Five Signs You Might Have a Thyroid Issue

The human body is vulnerable to a host of health problems. Some issues garner ample attention, while others may slip under the radar. Thyroid issues likely fall into the latter group, though that could change in the years to come.

A 2013 report in the journal *The Lancet Diabetes & Endocrinology* estimated that roughly 200 million people across the globe are affected by diseases of the thyroid. The same report indicated 40 percent of the world's population are at risk of iodine deficiency. That's significant to note, as iodine is essential for the production of thyroid hormones. Though no one knows what the future holds, it may not prove too great a surprise if thyroid issues garner more attention among the general public in the years ahead. With that in mind, individuals can learn to spot signs that they might be developing a thyroid issue. Various signs may point to thyroid problems, but these five indicators are easy for anyone to spot.

- 1. Unexplained changes in body weight:** The thyroid is a gland in the front of the neck that helps control the body's metabolism. Metabolism can affect body weight, so individuals who are experiencing thyroid issues may gain weight (hypothyroidism) or lose weight (hyperthyroidism) even if they have not made any changes to their diets or fitness routines. WebMD reports that hypothyroidism is much more common than hyperthyroidism.
- 2. Swelling in the neck:** WebMD notes that a swelling or enlarge-

ment in the neck indicates something might be wrong with your thyroid. Though swelling in the neck does not always indicate a thyroid problem, any swelling or enlargement in this area merits a phone call to a physician.

**3. Changes in heart rate:** Harvard Medical School reports that excess thyroid hormones cause the heart to beat harder and faster. This change is linked to hyperthyroidism, which also can cause abnormal heart rhythms. But a reduction in heart rate also can indicate a thyroid issue, namely hypothyroidism.

**4. Unexplained changes in energy levels:** Noticeable changes in energy levels also may indicate the presence of thyroid issues. Hypothyroidism can zap individuals' energy, leaving them feeling tired and sluggish. People with hypothyroidism also may experience depression. WebMD notes that hyperthyroidism can contribute to anxiety, difficulty sleeping, restlessness, and irritability.

**5. Hair loss:** While hypothyroidism and hyperthyroidism often produce opposite effects (i.e., weight gain or weight loss), each condition can cause people to lose their hair. The British Thyroid Foundation reports that thyroid-associated hair loss affects the entire scalp as opposed to discreet areas.

Thyroid issues could garner greater attention among the general public in the coming years. That's one reason why learning to spot potential warning signs of thyroid issues is so important.

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## YAMHILL COUNTY CULTURAL COALITION

The Yamhill County Cultural Coalition  
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## Injury Recovery Tips for Seniors



There is no escaping the fact that the human body changes as it ages. Some changes associated with aging are beneficial, such as increased wisdom and knowledge from past experiences. Others, particularly changes to health and wellness, can be disconcerting.

Generally speaking, recovering from any injury can be a time-consuming process. For those over the age of 60, the process of recovering from injury can be especially lengthy.

According to Restorative Strength, a fitness and personal training service for seniors, elderly adults generally heal from injuries slower than young people. Caring Senior Services says there are a few reasons why healing can be delayed:

- Having diabetes is one of the most common reasons why seniors have delayed healing. The disease can negatively impact wound healing because elevated glucose levels narrow the blood vessels and harden the arteries.
- The inflammatory response in seniors drastically slows down as people age. This response is the first phase when blood vessels expand to let white blood cells and nutrients reach wounds. When delayed, the wounds heal much more slowly.
- Reduced skin elasticity and diminished collagen fibers in seniors can contribute to the body's tissues not being able to return to a normal state after injury.

- Sedentary seniors may have lost muscle mass and flexibility, which help physically active individuals regain mobility after an injury. Bones also may be more brittle, particularly if osteoporosis is present.

Although it's impossible to reverse the hands of time, there are steps seniors can take to recover from injuries more quickly, and potentially avoid them as well.

- Slow and steady physical activity: Exercise, including routine strength-training activities, helps strengthen muscles and bones. According to Pioneer Trace Healthcare & Rehabilitation, when complete bed rest is not advised after an injury, getting up and moving even just a little each day can jump-start recovery. Regular activity prior to any injury also may make the body stronger and more flexible to help reduce the likelihood of injuries.

- Maintain a positive mindset. The mind has a role to play in injury recovery. Minimizing stress levels through meditation, and engaging in positive thinking techniques, can make healing and therapies more successful. Reducing stress can boost the immune system, which also will offer healing benefits.

- Improve diet. The body needs certain vitamins and minerals to function properly. Eating a well-rounded, healthy diet can provide fuel that facilitates healing.

- Work with a qualified professional. Seniors should not take on exercise or recovery efforts on their own. Exercising the right way and following prescribed guidelines can speed up recovery and potentially prevent future injuries.

Recovery from injury could take longer for seniors. But with exercise, positive thinking and guidance from health professionals, there are ways to speed up the injury recovery process.

## THIS DAY IN HISTORY



**1773** - Captain James Cook becomes the first to cross Antarctic Circle (66° 33' S).

**1871** - 1st cable car patented, by Andrew Smith Hallidie in the US (begins service in 1873).

**1899** - US takes possession of Wake Island in the Pacific.

**1920** - First day of prohibition of alcohol comes into effect in the US as a result of the 18th Amendment to the Constitution.

**1928** - 1st fully automatic photographic film developing machine patented.

**1929** - Popeye makes 1st appearance, in comic strip "Thimble Theater".

**1946** - United Nations Security Council holds its 1st meeting, at Westminster Central Hall in Westminster, England.

**1954** - Jacques Cousteau's 1st network telecast airs on "Omnibus" (CBS).

**1955** - US Submarine Nautilus begins 1st nuclear-powered test voyage.

**1966** - Martin Luther King Jr. opens the Chicago Campaign, a nonviolent campaign aimed at achieving fair housing practices.

**1982** - "Cold Sunday" in the United States would see temperatures fall to their lowest levels in over 100 years in numerous cities.

**1984** - Supreme Court rules (5-4) that private use of home VCRs to tape TV programs for later viewing does not violate federal copyright laws.

**1991** - Operation Desert Storm begins, with US-led coalition forces bombing Iraq, during the Gulf War.

**1995** - LA Rams announce that they are moving to St. Louis.

**2012** - LeBron James becomes youngest player in NBA history to record 20,000 career points during the Miami Heat's 92-75 victory over Golden State; James, 28 years, 17 days, passes Kobe Bryant, 29 years, 122 days.

**2017** - Search for missing aircraft MH370 over the Indian Ocean is called off.

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## Plans to Bring Foreign Exchange Pupil for Studies at Sheridan

Plans are underway to obtain and return forms to bring a foreign exchange high school student to Sheridan High School next year, according to Ernest Davenport, principal at the school.

Davenport and Ken Williams, high school counselor and history instructor, have been working to lay the groundwork for arranging attendance of a foreign student through the American Field Service Foreign Exchange program.

Money needed for a school to be considered in the program is \$700, an amount that various groups, through sales and other activities, and the school have nearly accomplished. The comic basketball games at an AFS sports night Saturday brought in \$130 to the AFS fund coffers, while the student body at the high school has pledged another \$50.

Davenport and Williams, working with the Parent-Teacher Organization executive committee at the high school, have said forms must be submitted by the end of January for the school to qualify for an exchange student from a foreign country.

If an exchange student comes to Sheridan High next year, he or she will live with one fami-



Missed ball on a jump saw the girls and the ball hanging in mid-air.

ly in the community. Williams pointed out the local AFS unit is responsible for interviewing prospective families with whom the student might live, although the final selection of the host family is made by the American Field Service in New York.

Transportation arrangements are made for the student to arrive during August. The administrators pointed out that it is important that the student go directly to his family and not to a temporary family. There is not rule that says there must be a child of the same age and sex as the AFS student in the home, Davenport said.



Over the outstretched hands of defenders, junior Judy Keck puts up a long one-hander during the girls' basketball game Saturday night. The pair of games drew a large crowd and put an additional \$130 in the coffers toward the \$700 needed to qualify for an exchange student to attend school here next fall.



New sign installation at the new Sheridan Coast-to-Coast store was brought up short when it was discovered the wrong sign had been sent, according to owner Paul Sydenham.

## Measles May Hit County

An increase in regular measles is expected throughout the county in the next few weeks, according to Dr. Elton Kessel, County Health Officer.

Now that an effective vaccine is available to prevent measles, there is no need for any child to suffer the discomfort of the disease or risk such complications as ear infections, pneumonia or encephalitis, he said.

Measles vaccine should be administered at nine months of age or as soon thereafter as possible to any child who has not had measles.

The vaccine may be obtained from family physicians.

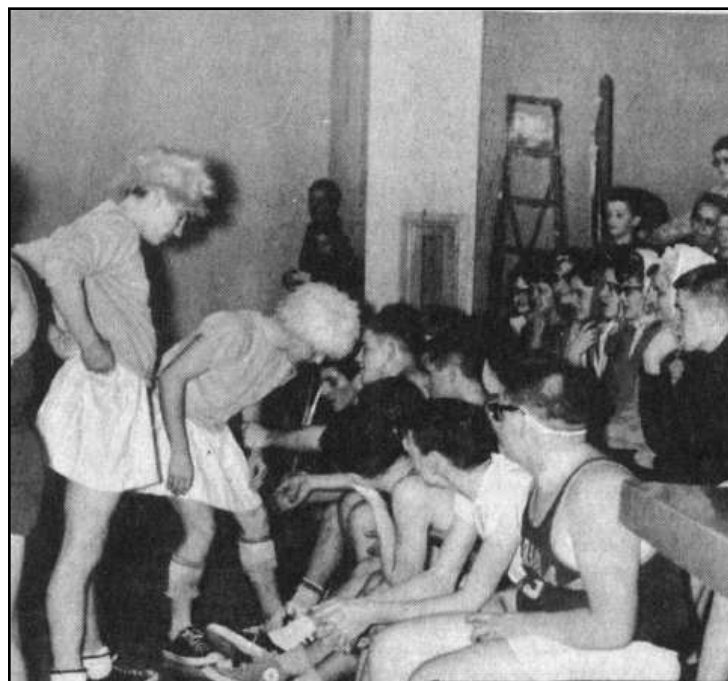
## Mild Quake Hits Area

An earthquake of moderate intensity rattled windows in the Sheridan area Thursday, Dec. 26, but authorities received no reports of damages.

The quake, recorded on seismographs at Oregon State University in Corvallis and University of Washington in Seattle, was centered in the northwest Oregon region.

The trembler, which hit the Sheridan area about 6:35 p.m., lasted several seconds.

No damage was done.



Providing some of the comedy in their skirts were "rally girls" Joe Brickell (right) and Ken Plemmons during the student-teacher basketball game during the AFS sports night Saturday.

# Volunteers Wanted

## Volunteers Wanted

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