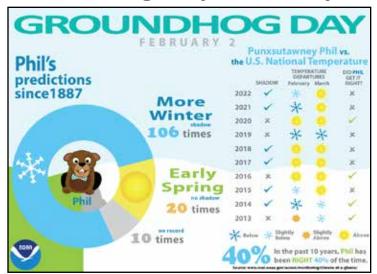
West Valley Bulletin Board

January 31, 2024 Weekly Publication Serving Sheridan, Willamina and Grand Ronde

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Staci Coker & Nicole Pugh • Email: bulletinwestvalley@gmail.com • (503) 687-3000 • 136 E. Main Street, Sheridan, OR 97378

Groundhog Day February 2, Fun, Facts, History and More



Groundhog Day offers a touch of whimsy during the often bleak midwinter chill. Across the country, eager celebrants await a rascally rodent to determine if there will be six more weeks of winter or if the nation will receive an early reprieve from the cold.

It is fun to guess if an early spring

is coming, and even more so to rely on a large ground squirrel to play meteorologist. To further enhance the Groundhog Day experience, burrow into these interesting facts about the holiday and the animal itself.

- The world can thank the Germans for the Groundhog Day tradition. The see-his-shadow concept was adapted from a German Candlemas Day tradition in which clergymen would bless the candles they needed for the cold season. If the candles brought a sunny day, there would be six more weeks of winter. However, clouds and rain signified that winter would end soon. Germans who settled in Pennsylvania in the 1700s brought the custom to America.
- Germans once used a hedgehog as their animal forecaster.
 When relocating to Pennsylvania, groundhogs were used because they were more common than hedgehogs.
- Punxsutawney Phil is perhaps most revered for his forecasting abilities. However, more than a dozen states have their own prognosticating groundhogs. These include Buckeye Chuck in Ohio, Birmingham Bill in Alabama and General Beauregard Lee in Georgia.
- Phil has been predicting the weather at Gobbler's Knob for more than 130 years. This is quite a feat considering groundhogs typically live between six and eight years. Folklore indicates Phil sips a magical drink that will prolong his life for seven more years.

- Phil's full name is Punxsutawney Phil, Seer of Seers, Sage of Sages, Prognosticator of Prognosticators, and Weather-Prophet Extraordinary.
- Groundhogs also are called woodchucks and are a species of rodent known as marmots. They typically weigh between 12 and 15 pounds. Woodchucks really have nothing to do with wood or chucking. The name stems from an Algonquian name wuchak.
- The National Oceanic Atmospheric Administration says Phil has seen his shadow more times than not between 1887 and 2019. Statistically speaking, six more weeks of winter is often the norm.
- Groundhogs prefer to live in open country or at woodland edges. They are never far from a burrow made in well-drained soil. Most have summer and winter dens.
- Groundhogs are adept at predicting the arrival of spring, just not in the way people have come to know from Groundhog Day. Since they hibernate, when groundhogs emerge from their burrows, it's a sure sign spring is on its way.
- The 1993 movie "Groundhog Day" starring Bill Murray helped solidify Punxsutawney Phil as a national hero and household name. Since then, crowds numbering as high as 30,000 have made the pilgrimage to see Phil in person.

Groundhog Day brings some levity to an otherwise uneventful time of year.



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Employment

CITY OF SHERIDAN JOB ANNOUNCEMENT Public Works Maintenance Worker I/Parks Maintenance

The City of Sheridan is seeking a qualified individual to serve as a full-time Public Works Maintenance Worker I/Parks Maintenance. The Public Works Maintenance Worker I/Parks Maintenance performs a variety of manual labor associated with the operation, maintenance, and repair on city land and buildings, with a focus on parks and landscaping. For details and a complete Position Description, visit the City's website www. cityofsheridanor.com. Open until filled.

River Park Senior Living is now hiring for caregivers, med-techs, cook, and a housekeeper. Wage DOE, come in to apply, or email your resume to bailey.west@agingways.com. (c)

For Sale

Fun Valentine's gift: new in-box chocolate treat-maker. Removable melting pot with Scratchguard surface has convenient spout for easy pouring into molds. Kit includes cooling rack, 10 small dipping forks, large dipping fork and spoon, spatula, molds and 32 lollipop sticks. Recipes included. \$20. (503) 474-7991.

Brand new BodyGym Core System: portable resistance trainer workout system includes high-quality resistance bands, carrying bag, instructional DVD, and more. Original price: \$65. Asking \$25. 503-474-7991.

NEW Indoor/Outdoor 46" wire weave hanging lantern with timer: flameless candle sits inside enclosure. 6-hour timer automatically turns the candle on and off. Includes shepherd's hook stand, iron lantern, flameless candle, and U-shaped ground stakes. \$30. 503-474-7991.

Free

Free Craftsman 12" bandsaw. Call (503)876-8980. (31)

Employment

West Valley Community Campus Administrative Assistant

The West Valley Community Campus (WVCC) is seeking a qualified, part-time, 20 hour a week, administrative assistant. Must be familiar with Mac computer, Google Suite, Excel, Word and PowerPoint. Examples of job duties (not all inclusive): answering phone and emails, handling correspondence, managing rentals, monitoring security cameras, managing social media and potentially creating an online newsletter.

Starting pay: \$18-\$22 an hour, depending on qualifications and experience. Send resume to WVCC, Box 491, Willamina, OR 97396 or email us at info@west-valleycommunitycampus.org. (c)

Pacific Fir Lumber has several great mill jobs for people who will come to work every day, on time, and put in a solid day. Great work environment. Apply in person at 355 SW Mill St, Sheridan. (c)

For Sale

New Jewelry Box features rich antique cherry finish with six lockable drawers and antique brass drawer pulls, top-hinged lid opens to built-in mirror and divided compartments, both side doors swing open to offer four hooks each for hanging necklaces, etc., 12" W x 9.25" D x 14.5" H. (Similar items priced at \$150-plus) Asking \$50. 503-474-7991.

St. Tropez Pro Light Spray Tan Device: New, salon-quality hand-held spray tan with Pro Light, a flawless streak-free spray tan experience made easy. Natural-looking tan, no matter your skin tone, this machine features Micro-Whirlwind technology that delivers a continuous stream of smooth air. Paid \$192.24, asking \$65. 503-474-7991.

Warm^* Tuzzies

Jerry George, thank you for all the firewood.

~ Gerorge LaBonte

Services

Sheridan Auto Detailing 148 N. Bridge St., in Sheridan is now offering full details. Interior details, exterior details, and ceramic coating. We also detail farm equipment including tractors and combines, and we do RVs and boats. Call 971-237-9649.

Flawless Pressure Washing. Revitalize your home's appearance with our driveway cleaning and exterior house washing services. Say goodbye to stubborn mold and dirt, and hello to a fresh clean appearance. Contact us today at 503-779-5030. (c)

Garage Sale

Garage Sale/Fundraiser 8am-5pm, Feb. 2 - 3. 850 SW Hill Dr. Willamina. Cedar chest, \$0.25 DVDs, dining room table, lots of free stuff, donations accepted.

Space For Rent

Commercial Space Available

Looking for a spacious and versatile commercial space? Look no further. Our property is located in a prime location in downtown Willamina on the West Valley Community Campus.

With 4,800 square feet of space, this \$1600 property features three phase electric, water, high trussed ceilings, concrete flooring, sensor LED lighting, 12 x 12 overhead door & man door, loft storage and off street parking. Contact us today to schedule a tour and see for yourself why this property is the perfect fit for your business. West Valley Community Campus, 503-929-4037. (C)

DOORS OPEN: 5:30PM BINGO: 6:30PM EVERY THURSDAY

771 NE MAIN • WILLAMINA



It used to be that you could always tell when you were driving along a road or highway in Oregon that the sides of the roadway were always clear of trash. Sadly, that sure doesn't seem to be the case anymore. Just look at the pile of bags of litter that get stacked up whenever there's a litter crew at work. Horrid and embarrassing.

It's really sad when you see something fall out of a car in a parking lot, and the person who dropped it just leaves it where it fell and goes into the shop. I've seen people step over fallen signs and keep walking. I ask them, "Aren't you going to put it back up?" Their comment was, "What are you talking about?" I'd say, "You just stepped over it, so put it back up." They'd mumble something, put it back up, and walk on.

I think if you bought it (a coffee cup or cigarette pack) and brought it here, then you might just as well take it home. I can't understand people spending 10 cents for a can or bottle deposit and just fling it to the roadside. Talk about "throwing money away." It's really a shame to mess up our countryside with litter when we live in such a pretty state. Keeping Oregon pretty is

"What's Up in Willamina.'













You can add a picture with up to 30 words or a no-picture shout out to your loved one using 60 words. Valentines will be published in the Feb. 14 edition, and are available for pickup at the Sheridan Post Office, or Sheridan IGA after 4 p.m. on Feb. 13.

Entries must be received by Feb. 9 at 5 p.m.

(A 50¢ transaction fee will apply If using a debit or credit card)



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\$32

Dessert

Strawberry Shortcake

House made shortcake smothered in fresh strawberries

and topped with whipped cream.

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A MESSAGE FROM THE WILLAMINA SCHOOL DISTRICT

WILLAMINA SCHOOL DISTRICT MAY 2024 BOND PROPOSAL INFORMATION

Good to know.....

\$0.69

\$0.49

Tillamook SD

Willamina SD

W	hat	you	need	to	know:

• \$2.5 million in bond funds	2024 Bond Rate Comparisons				
 \$2.5 million in matching funds 	Central SD	\$3.69			
 \$5 million for Willamina Schools 	Amity SD	\$3.00			
 New classrooms & programs 	Dayton SD	\$2.15			
Improved Safety	McMinnville SD	\$2.43			
	Nestucca Valley SD	\$1.52			
By the Numbers:	Dallas SD	\$1.58			
• \$2.5 million cost to taxpayers	Perrydale SD	\$1.45			
 \$2.5 million to grant funding 	Yamhill-Carlton SD	\$1.08			

 Total \$5 million for WSD Lower levy rate...2014 rate was .64 the new rate would be approximately .49

Project Proposal

New Classrooms:

A five-classroom addition to the existing high school will allow for new programs; Culinary Arts and World Language have been identified as priorities by students.

Improved Safety:

Address traffic flow and congestion issues, upgrade security systems, improve exterior walkways, parking, and lighting. Expand covered play space for elementary students.

WILLAMINA SCHOOL DISTRICT **CAPITAL PROJECTS PAST AND FUTURE**

2014 Bond Projects \$2,000,000 @ \$.64/\$1000

Elementary Modular

• Five classrooms; houses three 5th grade classrooms, title one reading program, and a behavior support classroom

Career Technical Education Center

- Two classrooms; supports innovation technology and agricultural science courses
- Two "maker spaces" (shops) support metal fabrication, automotive, woodworking, construction, and design courses.
- Industry standard CTE/CNC equipment

General & Special Fund Projects

funded through grants, general budget, and emergency relief funds

Middle School Expansion

- Six new classrooms, administrative office, staff room, and restrooms
- Full track renovation
- Upgrade water line
- Baseball/Softball field-house/batting cage
- New Football/track stadium seating for 600 with ADA access and lighting
- New gymnasium seating with ADA access
- New HVAC system for multipurpose gym
- Relocation of softball and baseball fields to Oaken Hills Campus
- New elementary playground structures
- New walkways & fencing

2024 Bond Projects \$2,500,000 @ apr. \$0.49/\$1,000

++ \$2,500,000 matching grant

New Classrooms

• Five new classrooms would be added to the existing high school building, allowing for new programs

Improved Safety

- Address traffic flow to improve safety at pickup/dropoff times
- Upgrade security systems
- Repair and replace outdoor walkways and lighting
- Expand covered outdoor recreation spaces for all students k-12
- Update existing restrooms & classrooms

Many projects were completed through generous donations of time, money, and equipment by Hampton Lumber, Skyberg Lumber & Hardware, Boise Cascade, Spirit Mountain Community Fund, Scholten Construction, O'Neil Construction, and many many individual community members.

> With great Bulldog pride, Carrie Zimbrick, Superintendent

Willamina Elementary School 503.876.2374 Willamina Middle/High School 503.876.2545 School District Office 503.876.1500

Sheridan City Council Awards Local Grants

At the Sheridan City Council meeting held on Monday, January 22, five community grants for \$500 each were granted to the following: Sheridan Rotary, Sheridan Hometown Days, Friends of Sheridan Parks, West Valley Cheer, and Sheridan High School Cheer.

Free Class Offered at the McMinnville Library

Join the Plastic Project for "How to be great doing good, the joy of volunteering," at 6:30 p.m. on Monday, Feb. 5, in the McMinnville Library Carnegie Room. The Plastic Project will discuss how to create a ripple effect in the community with thoughtful activism for non-profits—sponsored by the Zero Waste Monthly Speaker Series. For more information, call 503-207-5482 or theplasticprojectzwm@ email gmail.com.







Obituary



James Henry York Jr. March 19, 1965 – Jan.19, 2024

Jim York, a resident of Willamina, Oregon, passed away on Jan. 19, 2024, at 58.

Jim was born in Eureka, Calif., before moving around frequently as an Air Force child to Syracuse, N.Y., Merced, Calif., Beale AFB, and Minot, N.D.

Jim graduated from high school in Pendleton, Ore., before attending college in Seattle.

Jim was known for his love of the Lord, his family, and anyone who knew him. He was a gentle giant who made sure everyone in the room felt included and welcomed.

Jim's biggest strength was his wit and laughter, which made him easy to be around and put everyone at ease. He was highly engaged in the community, participating in the city events, the Chamber of Commerce, and all the local activities to grow the church and help it become more involved in the neighborhood.

Jim is survived by and will forever be in the hearts of his children Conner James, Dylan Thomas, and Ryan William York.

Jim was the middle son of the late Major James Henry York Sr. and is survived by his mother, Diana Jo Porter. His brother Nathan William York II and his spouse Linda also survived him. Jim will be loved and cherished by his niece, Emma Louise York, and nephew, Aidan James York. He was also preceded in death by his elder brother, Nathan William York.

Jim was a Pastor at Willamina Free Methodist Church after being a minister for churches in Everett, Wash., San Diego, Calif., and Corvallis, Ore.

Jim was an Air Force veteran, proudly serving his country, just like his father. Jim graduated from Northwest Bible College in Kirkland, Wash.

A memorial service will be held at 2 p.m. on Feb. 3, 2024, at Willamina Free Methodist Church, 253 NE D Street, Willamina, Oregon 97396, followed by a reception in the church social hall. Condolences for the church family may be sent to WFMC, P.O. Box 957, Willamina, OR 97396.

For information, message https://www.facebook.com/willaminafmc





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Gardening Class Offered

OSU Extension Service and the Yamhill County Master Gardeners Association will host educational gardening classes from 8:45 a.m.-4 p.m. on Saturday, March 16, 2024, at the Church on the Hill, 700 NW Hill Road in McMinnville.

There is a registration fee of \$25 per person; snacks are included. An optional lunch can also be purchased for \$12. A raffle will also be held.

The classes include keynote speaker Darren Morgan on Grow What You Will Eat, Eat What You Can Grow; Bruce Gavens, Growing Tomatoes and Peppers, Growing Garlic, Onions, Shallots, and Leeks, and Saving Tomato and Pepper Seeds; Carol Walsh, Food Preservation Made Easy; Todd Anderson, Broadening Your Plant Palette; Jeff Cope, Growing Fruits in Small Spaces; Alanna Lambert, Incorporating Edibles in Your Containers; Erica Chernoh, Growing Strawberries in the Home Garden; and Linda Brewer, Easy Backyard Composting - No Turning Required.

Registration can be completed online at YCMGA.org.

Wet Season Music Set To Support Willamina Library

Wet Season Music will support the Willamina Library at the upcoming concert starting at 6 p.m. on Saturday, Feb. 20, 2024, at the West Valley Community Campus in Willamina.

The Willamina Library staff will serve food as a fundraiser for ongoing library projects at the concert.

On the menu are pulled pork, made-from-scratch mac and cheese, salad, and various desserts. Dinner will be \$8 per plate.

Food and drinks will be available throughout the evening or until the goods are gone.

The Joanne Broh Band will take the stage at 7 p.m. for an evening of blues and R&B with a splash of funk.



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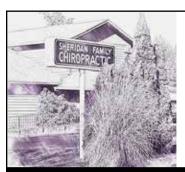
Hebo Rd- River front property with a 45x50 shop/barn. House was removed. Water and power on property. Shop/Barn has 200amp power supply. North property line is in the River. Semi secluded surrounded by private timber property. Has new permtted septic. \$300,000.



Beautiful 3 bedroom, 2 bath single-level home on five acres. Home built in 2022, kitchen with SS appliances, vaulted ceilings, large island, open concept, large pantry, two car garage, spacious main bedroom with walk-in closet and bathroom. Room for RV/Boat parking and animals. Grand Ronde \$525,000



Beautiful three bed, 2.5 bath home in a great neighborhood. SS appliances in kitchen, wood flooring throughout, granite countertops, pine cabinets, with soft close doors and pull outs, living room with gas fireplace, office/library with lots of shelves, both family room and living room have carpet, a few skylights to let the natural light in, big walk-in closet in MB. Home has forced gas furnace heat and AC last serviced Sept.7th. Two car garage with garage openers, large back yard with deck and patio. Gresham \$625,000.

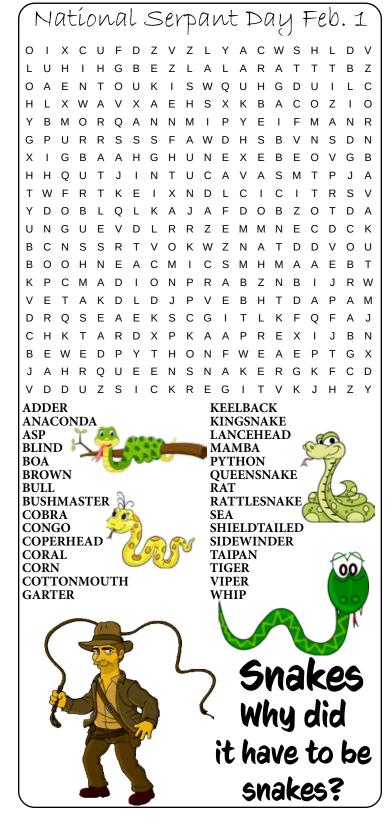


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POST 75 SHERIDAN

Submitted by Commander Martin Attebery

On Wednesday, Jan. 24, volunteers gathered at the American Legion, working in shifts, and held a "Point in Time Count" aimed at getting an accurate count of the local homeless people in the Sheridan area. Several people came in and shared ideas on the needs and what could be done to help.

Our Service Officer, Bobbie, is at the American Legion each Tuesday and Thursday to assist Veterans with filing for benefits or any other concerns. She also provides sack lunches for those who need them. Essentials such as socks, some clothing, and sanitary items are also available when in stock. If you have questions about possible benefits or need some helpful advice, come down and speak with her

Bingo is every Friday evening. Doors open by 5:30 p.m. with goodies from the kitchen, such as baked spuds, sloppy joes, nachos, hot dogs, sodas, coffee, etc. Bingo starts at 6:30 p.m. It's a good opportunity to have some fun and a chance to visit with other players and staff. We always have a fun crowd.

Pinochle has just recently started up at the American Legion. The group meets on Wednesday at 1 p.m. It's just a fun time. Coffee is furnished. The players usually take turns bringing goodies such as donuts.

Our next District #2 meeting will begin with the potluck at noon on Saturday, Feb. 3, 2024, at Post 136 in Salem. The meeting starts at 1 p.m. All Post 75 members are welcome and encouraged to attend. This can be very helpful in getting an insight into the organization and provides a great opportunity to meet members from other posts within the district. It's a good chance to share ideas.

Non-profit organizations in the West Valley area wishing to have a charity bingo at the American Legion can request it in a letter addressed to the American Legion Post 75, P.O. Box 566, Sheridan, OR 97378 or better yet, come by the American Legion on a Friday evening while bingo is going on and discuss it with a staff member. We're all trying to make the area a better place. Let's work together

I want to thank the many supporters of The American Legion Post 75. By taking part in our bingo program, the once-a-month breakfast, and other fund-raising events, you keep us going and able to reach out to the local veterans and assist in community efforts. You are the greatest, thank you.

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February is American Heart Month, Surprising Facts about Heart Health

There are many muscles in the body that people desire to exercise so they can look and feel their best. However, one of the most important muscles may be overlooked in terms of healthy living plans.

The heart is an essential muscle. Without it, life would cease to exist. It is vital to learn all one can about the heart in order to keep it healthy. Consider these facts about the heart and heart health in general.

Being inactive might be worse than smoking

Johns Hopkins Medicine notes that a sedentary lifestyle marked by sitting for long periods of time each day puts a person at higher heart health risk than smoking. Only about 40 percent of people are getting enough exercise to meet health guidelines. Even those who are exercising regularly should decrease sitting time throughout the day to improve heart health.

Fast heart rate can indicate age or gender

A newborn's heart rate is around 70 to 190 beats per minute. The average adult has a resting heart rate between 60 and 100 beats per minute. Athletes will have even lower resting heart rates. Women also have faster heart rates on average than men because their hearts are smaller in size and need to beat more to pump the

same amount of blood.

Heart size

Having a large heart is often equated with being a compassionate person. However, a healthy adult heart is about the size of two hands clasped together. An enlarged heart can be a symptom of an underlying health problem, such as coronary heart disease or high blood pressure.

Family history matters

Johnston Health says having a male family member under the age of 55 with heart disease or a female family member who is under the age of 65 with heart disease can double a person's risk of developing heart disease.

Monday, Monday

Research presented at the British Cardiovascular Society Conference found serious heart attacks are more likely to occur on a Monday compared to other days of the week. While it's not fully known why, it may be linked to circadian rhythm disruptions. Mondays also may cause more stress.

Laughing helps

Laughter certainly may be the best medicine in many situations. Studies have shown that blood vessels relax when a person is laughing, which sends more blood through the body. Also, relaxed blood vessels mean the heart doesn't have to work as hard to pump the blood.

SHERIDAN'S HOMETOWN

DAYS

New Year New Theme!
Last year we had a blast in the
Wild Wild West.
Give us your 2024 theme idea for
a chance to win \$50. You can
submit your entry by email to
Bulletinwestvalley@gmail.com or
message us on Facebook. Deadline
for entry is February 20th

WILLAMINA COASTAL HILLS

CHAMBER OF COMMERCE

EID meets at 8 a.m. on the first Wednesday of Every Month Chamber meets at 8 a.m. all other Wednesdays

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Last issues crossword solution

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Р	I	L	Е		S	0	I	L		Α	В	I	D	Е
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WEST VALLEY **COMMUNITY** CAMPUS



WHO WE ARE

We are a nonprofit community organization.

Our mission is to provide a place to foster community and individual growth through educational, recreational and cultural activities.

GET INVOLVED!

We rely on the support of volunteers and community donations to operate our facilities. Get involved by donating or volunteering at our monthly work day on the third Saturday of every month.

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February 2024

Thursday			
Thursday Feb. 1	6pm	Sheridan Revitalization	142 S. Bri
Friday		Sheridan Revitalization	142 3. 011
Feb. 2	8-9:15am	Sheridan Chamber Breakfast - First Fe	d 246 S Bri
Saturday			.u 240 3. bii
Feb. 3	7-11am	American Legion Breakfast	125 N. Bri
Feb. 3	4pm	•	37515 Tindle
Feb. 3	6-8pm	Willamina Museum 14th Anniversary	
Monday		y	10014
Feb. 5	7pm	Sheridan City Council	120 SW
Tuesday	, biii		120 300
Feb. 6	noon	Kiwanis Club	825 NE Ma
Feb. 6	2-4pm	Free pet food (Ruff Life Rescue)	421 N. Ma
Feb. 6	6:30pm	Friends of the Lirary Board	382 NI
Saturday			302 111
Feb. 10	4:30pm	Will. Library: Book Club for Adults	382 NE
Monday			JOZ IVL
Feb. 12	2-5pm	West Valley Fiber Enthusiasts	382 NI
Feb. 12	6pm	Sheridan Boosters	433 S. Bri
Feb. 12	6:30pm	Art Conspiracy	244 N. Bri
Feb. 12	7pm	American Legion meeting	125 N. Bri
Feb. 12	7-8pm	Willamina School Board	125 N. DI
Tuesday	7-ορπ	Willamina School Board	
Feb. 13	10am	Sheridan Municipal Court	120 SW
Feb. 13	6pm	Sheridan Fire Board	230 SW
Feb. 13	6pm	Willamina City Council	825 NE M
Wednesday-	•	Williamina City Council	OZJ INL IVI
Feb. 14	6pm	Prime Rib dinner @ Wilamina Christian	200 SE Ba
Thursday		Trinic Rib diffici & Wildrinia Ciristian	200 31 00
Feb. 15	6pm	West Valley Fire Board	825 NE Ma
Friday			023 142 141
Feb. 16	8-9:15am	Sheridan Chamber Breakfast - Museu	m 142 S Bri
Feb. 16	5pm	Free Fish Dinner - Churches United SU	
Saturday			
Feb. 17	11am	Will. Library Story Time Volunteer Tra	ining 382 NI
Feb. 17	6pm	Wet Season Music: Joanne Broh Band	
Monday			
-		VWF meeting	771 NE M
Feb. 20	noon	Kiwanis Club	825 NE M
Feb. 20		Free pet food (Ruff Life Rescue)	Bridge & Sh
Feb. 20	7pm	Sheridan City Council	120 SW
Feb. 21		Sheridan Housing Task Force	120 SW
	6-8pm	Sheridan School Board	District Off
		Grief Counseling	Swa
	•		
		Hometown Days Meeting SUM	1C. 244 N. Bri
Saturday			
Feb. 24	5pm	Rotary Free Movie: Super Pets/Ticket to	
1 CD. 27	Shiii	notary free wovie. Super rets/ ficket to	, i di dalse 3



Monday:

Scout's Meetings

Wednesday

Thursday

Bingo

Friday

Saturday

Willamina Library, Story Time

Grand Sheramina Food Bank.

Sheridan Rotary Meeting

Willamina Chamber of Commerce

Willamina Food Pantry, Civic Club,

Grand Ronde Food Bank Distribution

American Legion Bingo

Celebrate Recovery, Willamina

Sheridan Museum of History,

Willamina Museum of History,

Tina Miller Youth Center

Tina Miller Youth Center

Odd Fellows Bingo

Sunday

Open Mic Night

Grand Ronde Community Clothes Closet

Celebrate Recovery, Sheridan

Weekly

Sheridan All Prep, Sheridan7pm

Tina Miller Youth Center, 172 NW 4th, Willamina noon

Bridge Street, Sheridan 2-4pm

235 NE D St., Willamina8am

Sheridan School District Office, Sheridan Noon

340 B Street, Willamina 4-6pm

Sheridan Nazarene Church 6:30pm

VFW Hall, Willamina 5:30pm

9765 Grand Ronde Rd, Grand Ronde 10am-2pm

9765 Grand Ronde Rd, Grand Ronde9am-Noon

125 N Bridge St., Sheridan 5:30pm

Willamina Free Methodist Church6pm

142 S. Bridge St, Sheridan 10am-3pm

188 D St, Willamina...... 1-4pm

172 NW 4th Street, Willamina 3-6pm

143 SW Monroe Street, Sheridan 5:30pm

315 W. Main St., Willamina 7-8pm

172 NW 4th Street, Willamina 1-4pm

Wildwood Hotel and Lounge6pm

Narcotics Anonomous (Emmanuel Lutheran)

idge St., Sheridan
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Creek, Willamina
. D St., Willamina
Mill St., Sheridan
ain St., Willamina
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Web Meeting
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E C St., Willamina
WVCC, Willamina
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ain St., Willamina
nerman, Sheridan
Mill St., Sheridan
Mill St., Sheridan

ice/Web Meeting

n Hall, Willamina

idge St., Sheridan

HS Gym,Sheridan

Sheridan Library Story Time! Make fun crafts after each story

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Don't Forget!

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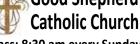
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Email:

0229vich@gmail.com



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Calendar

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Cherries are the Star in this Valentine's Day Treat a pie, but a pound cake with a ing. It's fine if the cherries show



Tart, red cherries and Valentine's Day seem to be the perfect pair. Not only do cherries align with a Valentine's Day color scheme, they even resemble little hearts when hanging from their stems. Celebrating Valentine's Day involves many different traditions, and enjoying decadent desserts is among them. Purchasing ready-made treats from a local bakery is one way to indulge in a sugary confection, but crafting a recipe at home is another way to show that special someone how much you care.

"Cherry Pie Bars" are not exactly

cherry pie filling swirl. They can be made for many different occasions, but make for something sweet on Valentine's Day. Whip up this recipe from "Butter, Flour, Sugar, Joy" (Sourcebooks) by Danielle Kartes.

Cherry Pie Bars Yield: One 9-by-13-inch pan

2 cups sugar

1 cup butter, softened

4 eggs

2 cups all-purpose flour 1 teaspoon baking powder

1/2 teaspoon salt

1 21-ounce can cherry pie filling Preheat oven to 350 F. Line a 9-by-13-inch pan with parchment paper.

In a stand mixer, or with a hand mixer, cream sugar and butter on low. Add the eggs one at a time. Beat until just combined. Add the flour, baking powder and salt. Spread a little over half the cake batter into the pan. Evenly spread the pie filling over the top, and spoon the rest of the cake batter over the pie fillthrough.

Bake 35 minutes or until the top has turned slightly golden. Do not overbake. Allow to cool and slice into squares. Enjoy!

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CROSSWORD PUZZLE

Across

- 1. Relieve
- 5. Sunbathe
- 9. Civic group (abbr.)
- 14. Influence
- **15**. Sign
- 16. Like old bread
- 17. Cooking herb
- 18. Three squared
- 19. Wall board
- 20. Rubs out
- 22. Moines, Iowa
- 24. Pause
- 25. Spanish women
- 27. Fired a gun
- 29. Banisters
- 31. Reluctant
- 35. Choir gown
- 38. Count
- 40. "___ Got a Secret"
- 41. More inexperienced
- 43. Hair goo
- 44. Soaked
- 46. Makes a dress
- 47. Delighted
- 48. Transplant
- **51**. Tiny stick
- 53. Restoration
- 57. Gentle
- 60. Rowing tool
- 62. India's Mother ___
- **63**. Warn
- 65. Perjurer
- 67. Siestas
- 68. Termite, e.g.
- 69. Singing voice
- 70. Nights before holidays
- 71. Shabby
- 72. Close securely
- 73. Nevada town

Down

- 1. Curvy letters
- 2. In the know
- 3. Astronomer Carl
- 4. Unpleasant sight
- 5. Tiny tree
- **6**. French buddy
- 7. Broadcast
- 8. Leg joints
- 9. Nile snake
- 10. Appetizer 11. Rational
- 12. Bullring cheers
- 13. Highland Scot
- 21. Period of note

- 23. Dishonor
- 26. Ice pellets
- 28. Concluded
- 30. Disdainful look
- 32. Frenzy
- 33. Fret
- **34**. Slippery creatures
- **35**. Move upward
- Office **36**. The
- 37. Greek letter
- 39. Beneath
- 42. AM-FM
- 41. Got bigger
- 45. Spoke

- 46. Stricter
- 49. Gasoline, in England
- 50. day at a time 52. Festive occasions
- 54. Manufacture cloth
- 55. Type of poplar
- 56. Rodeo rope
- 57. File labels
- 58. Lily species
- 59. Nothing more than
- 61. Annov
- 64. Effort
- **66**. ____ standstill (2 wds.)

Horoscopes Jan.31-Feb.6

ARIES - Mar 21/Apr 20

Something will occur this week that surprises you, Aries. You may even wonder if it is a trick being played on you. It is no trick, so buckle down for an adventure.

TAURUS - Apr 21/May 21

You have pushed your mind and body quite far over the last several days, Taurus. Now you have to slow down or pay the consequences. Do not add anything else to your list.

GEMINI - May 22/Jun 21

Gemini, you may believe you have discovered a good thing and it could be right. But don't wait too long to act since this good thing has an expiration date. The clock is ticking.

CANCER - Jun 22/Jul 22

Cancer, you might not be able to control what is happening this week, but you can control how you react to different situations. Keep your distance if an altercation arises.

LEO - Jul 23/Aug 23

Something you discover about a friend this week could leave you reeling, Leo. The signs have been there for awhile and you really should have seen it coming.

VIRGO - Aug 24/Sept 22

Virgo, if you are on the move this week, there is a chance that you will experience some interesting people along the way. At least one person might be a good networking contact.

LIBRA - Sept 23/Oct 23

More than anything right now, this week you need to relax and unwind, Libra. Take things at a slow pace, and spend more time at

home with family then at work.

SCORPIO - Oct 24/Nov 22 Try not to take any financial risks right now, Scorpio. If you are planning to invest, then you may want to get all of the facts before gambling too much in the stock market.

SAGITTARIUS - Nov 23/Dec 21

This week you will be back to your best, Sagittarius. Things will work out, so use your positive attitude to the benefit of yourself and others.

CAPRICORN - Dec 22/Jan 20

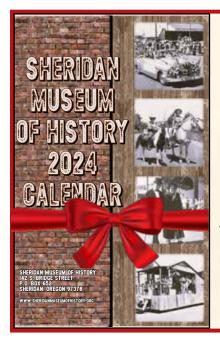
Capricorn, even though you are conservative by nature, this week you are ready to take a chance of some sort. Enjoy the journey even if the efforts do not bring you enormous success.

AQUARIUS - Jan 21/Feb 18

Aquarius, a kind word from you may be all that is needed to bring a smile to someone's face. Do not underestimate the power of a kind and simple gesture.

PISCES - Feb 19/Mar 20

You don't usually lack confidence, Pisces. But you may not want to push ahead with a project for fear of failure. You should be more adventurous and not worry too much.



The Sheridan Museum of History's

2024 Calendar a Tribute to

Phil Sheridan Days featuring photos from the

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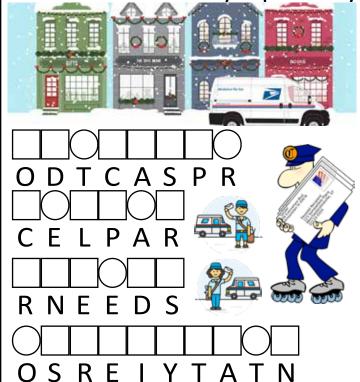
Now just \$10

Word Scramble

Use the letters below to unscramble the words related to Postal Couriers (National Thank A Mail Carrier Day, Feb 4). Place the letters from the circles on the dashes above the riddle then unscramble them to solve the question at the bottom.

Last weeks answers:

Cabin - Palace - Fortress - Skyscraper - Library



Politicians speak it, each house has it, and the Internet is full of them. What am I?





THIS DAY ISTORY



1644 - 1st US livestock branding law passed, by Connecticut.

1783 - Sweden recognizes US independence.

1846 - "Oregon Spectator" is 1st newspaper to be published on the West Coast.

1850 - Adding machine employing depressible keys patented, New Paltz, NY.

1870 - 1st motion picture shown to a theater audience, Philadel-

1897 - 1st showing of a motion picture in Hawaii at the Hawaiian Opera House.

1900 - The United States and the United Kingdom sign treaty for Panama Canal.

1904 - American occupation of Cuba ends.

1918 - 1st US pilot to down an enemy airplane. (Stephen W. Thompson)

1921 - Yankees purchase 20 acres in Bronx for Yankee Stadium.

1922 - Reader's Digest magazine 1st published.

1924 - 1st Winter Olympic Games close at Chamonix, France.

1944 - "Captain American" serial film premieres starring Dick Purcell, first appearance of a Marvel superhero outside a comic.

1948 - Eighteen year old Dick Button becomes first American men's figure skating Olympic gold medalist at the St. Moritz Winter Games; first to complete a double axel in competition; retains title in 1952.

1953 - "Peter Pan", animated film by Walt Disney opens at Roxy Theater, NYC.

1958 - Clifton R Wharton confirmed as 1st US African American foreign minister (to Romania).

1967 - "The Smothers Brothers Comedy Hour" variety show premieres on CBS TV.

1969 - United States population reaches 200 million.

1971 - Apollo 14, 3rd US manned Moon expedition, lands near Fra Mauro. Alan Shepard & Edward Mitchell (Apollo 14) walk on Moon for 4 hrs.

1972 - Bob Douglas is 1st African American elected to Basketball Hall of Fame.

1972 - US airlines begin mandatory inspection of passengers & baggage.

1977 - Future 5-division world boxing champion Sugar Ray Leonard makes his professional debut with a 6-round unanimous decision over Luis Vega at Baltimore's Civic Center.

1978 - Fred Newman makes 88 consecutive basketball free throws blindfolded.

1987 - Dow Jones avg closes above 2,200 for 1st time.

1988 - First prime-time wrestling match in 30 yrs, André the Giant defeats Hulk Hogan.

1989 - Kareem Abdul-Jabar becomes 1st NBA player to score 38,000 points.

1990 - Notre Dame becomes 1st team to sell its game to a major network (NBC).

1994 - "Where On Earth Is Carmen San Diego," debuts on Fox TV.

2009 - The United States Navy guided missile cruiser Port Royal runs aground off Oahu, Hawaii, damaging the ship as well as a coral reef.

2013 - The US Postal Service announces the cessation of Saturday first-class mail delivery from August 2013.

2017 - Heavy metal band Black Sabbath play their last concert in their home town Birmingham, England.

2018 - American singer-songwriter Paul Simon announces his farewell tour - a retirement from touring, but not necessarily from live performance.

2018 - Dow Jones Industrial Average has largest intra-day point swing, dropping over 1,413 points.







Sheridan Lodge #87 IOOF Supporting the West Valley for Over 100 Years

By Liz Hodgins

Have you ever spent a Saturday night at the Sheridan Odd Fellows Lodge playing Bingo? If not, you are missing out. It is a lot of fun, and there is always the possibility of winning the grand money prize, which is a nice bonus after an enjoyable evening. The Sheridan Lodge #87 IOOF (Independent Order of Odd Fellows) has been in Sheridan since before the fire of 1913, which completely destroyed a major part of the business district. The Sheridan Lodge was started in the late 1800s and has survived the fire, flood, and fluctuating membership over the years to stand strong today in its primary purpose of helping community members during "sickness, distress, and death; the lodge even helps with burial costs" according to Tammy Turpin, Sheridan Lodge member. Likewise, the Lodge strives to support other organizations in town, especially youth, through monetary donations and scholarships for members. Every year, the Lodge sends a high school student on a pilgrimage trip to Washington, D.C., and Canada for a week. The scholarship winner must write an essay on a topic the Lodge provides, and if chosen, they are sponsored by the Lodge on their trip. The money for Lodge donations is raised through the year-round Bingo nights.

The Sheridan Lodge #87 most recently started what will become an annual event to donate financially to local organizations. Last October, the Lodge sent letters to several organizations inviting them to a dinner at the Lodge; if your organization responded to the letter and attended the event to speak about how your organization serves the West Valley community, your organization received a generous donation. Several organizations from the West Valley were in attendance and grateful for the donation just before the holidays. Some of the organizations that attended were the Grand Sheramina Food Bank, Grand Ronde Food Bank, Agile, Devin's Helping Hands, VFW holiday food boxes, Henderson House, West Valley Cheer, and Tree of Giving.

Furthermore, the Lodge generously donates its space to house the activities of different organizations in town, such as the Tree of Giving, at Christmas time, when they distribute gifts out of the Lodge to the families who have applied. The Tree of Giving also uses the Lodge to host Bingo fundraisers/silent auctions a couple of times per year. Likewise, Provoking Hope ran a program out of the Lodge in the past. Every summer, the Lodge hosts the all-year school reunion during Sheridan's Hometown Days. The Sheridan Lodge #87 can be rented out for various events as well. If you are interested in renting out the Lodge, you can contact Noble Grand Mary Wolf, Vice Grand Tammy Turpin, Treasurer Patty Freis, or Secretary Kira Sandoval.

Likewise, if you are interested in becoming a Sheridan Lodge #87 IOOF member, you can contact one of the officers to get an application. After the application is received, you will be interviewed and queried about your intent to become a member. Your membership status is then voted on. If you are voted in, yearly dues are \$54. There are perks to becoming a member: scholarships for members and their immediate family, funding to help out in emergencies, and the Lodge even has a campground available for members who attend 50% of meetings in Florence. The Sheridan Lodge #87 has lifetime members who do not attend meetings, with nine active members currently. Meetings are on the second and fourth Tuesday of the month at 6 p.m. Tuesday is always a potluck, and remember Saturday night Bingo at 5:30 p.m. You never know; you might be a \$300 progressive blackout winner!



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The Yamhill County Cultural Coalition is composing a comprehensive list of all cultural resources and assets in Yamhill County.

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ONE MORE TIME - This 1963 Chevy Corvette was found in Jon Pierson's garage along with (previously seen in earlier WV Bulletin Board issues) a 1970 Chevy Chevelle and a 1932 Ford Roadster. The Corvette is a split-window model Stingray. A 700-horsepower LS engine provides enough power "to set you back in the seat." The stock transmission is strong enough to handle the power and pass it on to the stock rear-ends. Inside is a new interior, custom dash, and a Grant steering wheel. Jon has owned this car for 25 years. It doesn't seem fair that one lucky guy should have three show-winning cars all to himself, but he proudly takes good care of all of them. (Story and photo courtesy of Gary Meyer.)



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Sheridan Chamber of Commerce

Continental Breakfast

8-9:15 am Friday, Feb. 2



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Come meet the welcoming staff of First Federal. great opportunity to learn more about what is offered in the community.

All Chamber members and potential Chamber members are invited to join this fun group of business owners, managers, and citizens who want to strengthen our business community by building stronger relationships.

Breakfast sponsored by

First Federal

Bring your business card to drop in the box for a chance to win a fun prize!

Archives - Sheridan Sun 1966

Exhibits Scheduled for Science Night

Preparations are well underway at Sheridan High School among students in science courses who are preparing experiments, displays and demonstrations for the school's Science Night on Monday, Feb. 28.

Science teachers at the school urged all parents and townspeople to attend the event to gain an insight into the science program in which all Sheridan students will be involved with during the high school careers.

Student projects, which will be situated throughout the high school building, will represent the type of work the students are doing in general science, biology, physics, chemistry, earth science and advanced mathematics classes.

Science Night at Sheridan High was originated in 1962 by William Treadway, a science teach-

Alaska Magazine Features Sheridan Captain

A long-time Sheridan resident, who spends about half of each year in Alaska as a barge captain, is featured in an article appearing in the February issue of the Alaska Sportsman magazine.

Allen Brown, who has lived in the community since he was a small youngster, has been working during the spring and summer months in Alaska for the past 25 years. During the winter months, Brown, his wife, Alvina, and sons, Allen and Lanson, live on their Sheridan farm. Allen Jr. is a sophomore at Oregon State University, while Lanson is a sophomore at Sheridan High school.

Brown will be leaving for Alaska in mid-April to begin his duties of captain of a barge hauling military freight and winter and summer supplies to the trading posts. He first started on a barge as watchman, before becoming a pilot and then a captain in 1960. Mrs. Brown and the couple's boys fly to the northern state when school is out and return in the fall. Brown generally gets back from his captain's duties late in September. While in Alaska, they make their home in Nenana.

Brown's barge is on call 24 hours a day hauling supplies to trading posts and military bases which are hard to reach any other way. The captain and pilot aboard the Alaskan river barges work sixhour shifts 24 hours a day.

Brown was born in Fairbanks,

er at the school. Purpose of the event is to develop and interest among students in the field of science and to permit them to participate with displays, demonstrations and exhibits.

Examples of biological displays are dissections of a fetal lamb, a snake, a crayfish, a frog and a fish to show the internal anatomy.

Also there are several experiments on types of soil and effects of light, gravity and other factors on plant growth.

Other biological displays include the Cyclops, a tiny water-dwelling animal with only one eye; types of bacteria; the Hydra, a tiny, many-tentacled animal related to the jellyfish; and the effects of various chemicals on the heartbeat rate of Daphnia, a relative f the Cyclops which is the size of a pinhead.

Alaska. His father was a miner. His family moved to Sheridan when he was a child and he has maintained his residence here since.

Valley Junction 4-Her Selected To Attend Conference In Capitol

GRAND RONDE —Jim Werth of Valley Junction, was among the four selected Tuesday as to 4-H club members in the state and winner of all-expense paid trip to the annual Washington, D.C. 4-H government conference. Jim is the son of Mr. and Mrs. Elmer Werth of Valley Junction. He attends Oregon State university at Corvallis, where he is a freshman. Announcement was made at the concluding luncheon at the Marion Motor Hotel of the annual 4-H conference, "Know Your State Government." Sixty-seven 4-H club members, representing every county In the state, had a busy round of visits to the various departments of the state government. Speaker at the luncheon was

Robert Straub, State Treasurer. Jim was selected to represent Polk County for his leadership qualities and over-all 4-H record. His many projects have included livestock, fisherman and conservation, bachelor sewing, gardening, forestry, geology, electricity, square dancing and entomology. He has spent many years as a junior leader in various projects and is now the leader of the Entomology Club in Grand Ronde.



Dissecting of a wide variety of animals will be among the many displays and exhibits presented in the annual Sheridan High School Science Night, slated Monday. Working on a fetal lamb are Rod Turnidge and Jim Warren.



Getting Started on the annual Girl Scout Cookie Sale in Sheridan was this group of Scouts selling to Ed Cafarelli at Ellingsworth's. The four different flavors. Scouts will be selling cookies door-to-door in the community and booths will be set up at Ellingsworth's and at The Merc. Salesgirls (left to right) are Patti Owens, Junior troop 468; Connie Bride, Senior Scout; Shelley Denton, Cadette Troop 471; and Sue LeRoy, Brownie. Scout Cookie Sale chairman is Margaret Brudnok.



Department of Revenue Offers Free Tax Filing Options

All Oregon resident taxpayers preparing their own returns in 2024 can file electronically at no cost using one of Oregon's free file options, the Oregon Department of Revenue announced to-

E-filing is the fastest way for a taxpayer to get their refund. On average, taxpayers who e-file their returns and request their refund via direct deposit receive their refund two weeks sooner than those who file paper returns and request paper refund checks.

Free fillable forms and Direct File Oregon

Oregon Free Fillable Forms performs basic calculations and is ideal for taxpayers who don't need help preparing their returns and want the convenience of filing electronically. The IRS offers a similar option for filing federal taxes electronically.

New this year, the department is also offering Direct File Oregon, which allows taxpayers to file their Form OR-40 through Revenue Online. Direct File Oregon is not currently linked with the IRS Direct File. Taxpayers will need to file a separate federal return with the IRS before filing an Oregon return with Direct File Oregon through Revenue Online.

Free electronic filing options

Free guided tax preparation is available from several companies for taxpayers that meet income

requirements. Using links from the department's website ensures that both taxpayers' federal and state return will be filed for

Free help filing Oregon tax returns

The department also announced the availability of free assistance in filing a return through the IRS Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCA) and other community organizations.

The IRS's VITA and TCE programs offer free basic tax return preparation to qualified individuals. Low- to moderate-income taxpayers can also access preparation services through AARP and CASH Oregon. United Way also offers free tax help through their MyFreeTaxes program. More information on these options is available on the department website.

Oregon begins processing e-filed returns today. E-filed returns will be processed in the order they are received. However, as in years past, the department won't be issuing personal income tax refunds until after February 15. A refund hold is part of the department's tax fraud prevention efforts and allows for confirmation that the amounts claimed on tax returns match what employers report on Forms W-2 and 1099.

To further encourage electronic filing, the department is no longer mailing Forms 1099-G to taxpayers. Form 1099-G reports the amount of refunds, credits, or other offsets of personal income, statewide transit individual. TriMet transit self-employment, or Lane transit self-employment tax during the previous year. Only those who itemized deductions on their tax year 2022 federal income tax return will need a Form 1099-G to file their tax year 2023 return. Those taxpayers can view and download their Form 1099-G through Revenue Online. Taxpayers who received unemployment insurance or Paid Leave Oregon benefits in 2023, will receive a separate 1099-G by January 31 from the Oregon Employment Department.

To check the status of your refund after February 15, or make payments, visit the department's website. You can also call 800-356-4222 toll-free from an Oregon prefix (English or Spanish) or 503-378-4988 in Salem and outside Oregon. For TTY (hearing or speech impaired), we accept all relay calls.





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